

sandgate

FREE FEBRUARY 2017

GUIDE

LOVE IS IN THE AIR
VALENTINES 2017

*Sound
Off at Sea*
PIER
YOGA

Foreshore
POP-UP



photo by Paul Neil

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Going Casual

Raise Your Glass and Business Profile

SANDGATE MEETUP NETWORKING GROUP CASUAL DRINKS

Friday nights are for self-starters and industry experts to link arms, swap business cards, forge new alliances, reacquaint, and just plain hang out.

Event organiser Beth Wild also welcomes Sandgate newcomers, business partners and folks starting a home-based business to enjoy some casual Friday night drinks in a fun and friendly atmosphere to network with like-minded people.

Held on the first Friday of each month, the Sandgate Meetup Networking Group Casual Drinks offers a unique opportunity for budding and established businesses to build relationships, sip a glass of wine and tap into the local well of entrepreneurial experience.

**COME TO OUR NEXT MEETUP!
FRIDAY 3 FEBRUARY @ 6PM
FULL MOON HOTEL**

For more information on the Sandgate Meetup Networking Group Casual Drinks, contact Beth on shop@aaaskinsolutions.com.au or phone 0417 792 446.



“ This local Business Networking Group is a great meetup opportunity! Not only socially, at the end of a busy week; but also it's an opportunity to increase awareness of local services and to find ways we can complement each other in meeting local needs. Certainly, another typical community-minded initiative! — **Meg Coonan**



This is a great networking event for anyone looking to meet like-minded professionals that they can learn to know, like and trust, very friendly environment hosted by the lovely Beth Wild. Would recommend this event to anyone looking to grow their professional networks in a safe environment.” — **Ifraaz Ali**



The two meetups we have been to have been excellent. Everyone has been friendly, and I have met and chatted to some great people, made some contacts and definitely enjoyed the evenings. — **Robyn Hodge**





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CRISP SOULFUL SOUND

“The quartet is at the pinnacle of the Australian acoustic country scene.”
— David Costello, *Courier Mail*

“A masterclass in bluegrass.”
— Sean Sennett, *The Australian*

By Donna Phillips

Saturday, 4th February, 7.30pm
The Company (bluegrass band)

Adult \$25, Concession \$ 20

What a stellar start to Music By The Sea's 2017 Concert Series! Boasting two Australian Bluegrass champions, The Company returns to Sandgate Town Hall to kick-off the year with what one critic has labelled 'A masterclass in bluegrass'.

Also known for wry humour and engaging camaraderie, Mick Patrick (vocals, mandolin, fiddle), Jamie Clark (guitar, vocals), Gary Vann (banjo), and Markus Karlsen (double bass, vocals) will perform their latest high-energy, original and traditional music.

This includes their critically acclaimed third album *Six & Five*, released in 2016, showcasing the band's individual style and group virtuosity.

Featured as 'Album of the Week' on ABC Saturday Night Country, it is The Company's most ambitious project yet, featuring 13 all original tracks.

Mick is a National Folk Festival 'Declan Affley' Award winner who grew up playing bush dances in a family band up in North Queensland.

Jamie shapes-up as a CMAA Bluegrass Flatpicking Champion who has been described as a "cracking guitarist" by Rolling Stone Magazine.

Gary is a two-time National Banjo Champion. And Norwegian-born Markus Karlsen has a well-earned reputation as a sought-after session bassist.

Saturday, 4th March, 7.30pm
Manu Delago Trio (Austria)

Adult \$35 - Concession \$30

In between performing with Bjork, The Cinematic Orchestra and Anoushka Sankar, the prodigious Hang player and percussionist Manu Delago will showcase his three piece multi-instrumentalist band at Music By The Sea during their 2017 Australian 'Handmade' Tour. Be prepared to be stunned by an amazing live blend of pop, world and electronic music.

Tickets: www.musicbythesea.com.au

www.sandgate.com.au

BEFORE



AFTER

SKIN LOVES MEDICALLY PROVEN TREATMENTS

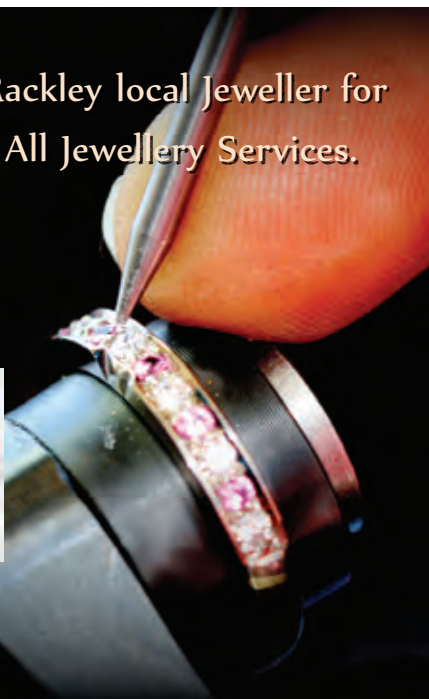
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Om.

Stretch out with your piers

By Emma Harley

There's no place like "om" as yogis from all over Brisbane converge on Shorncliffe Pier with their yoga mats.

Event participants will be able to enjoy the scenic Moreton Bay views at sunset while stretching through a 60-minute silent yoga class on Shorncliffe's iconic pier, which reaches 350 metres out to sea.

Event organiser and owner of Urban Bliss Yoga Nicola Bone says the event is unique as it is the first silent yoga class on the pier and offers an opportunity for 200 yogis to come together en masse.

"As the sun sets, Patty Perlman will guide you through your yoga session, and we supply the wireless headphones, so all you need to bring is a yoga mat," she says.

"Participants can move their bodies with their breath to the beats by DJ Athol and find peace of mind in this stunning seaside haven.

"Using the wireless headphones creates a very

/ photo by Paul Neil

intimate and a deeply spiritual experience — it is also quite a spectacle for anyone looking in from the outside at 200 people moving in time, without a single sound to be heard."

\$10 from every ticket sold will also support Sea Shepherd Australia, a non-profit conservation organisation that works to end the destruction of habitat and slaughter of wildlife in the world's oceans. Nicole says the fund-raising event is shaping up to be a huge hit.

“The positive response from the community is extremely exciting, and the way in which the practice of yoga can bring a community together in peace and harmony is so beneficial to everyone involved,” she says.

"Participants will begin arriving at 5pm to check in, pick up their wireless headphones and be guided to their allocated mat to spend some time enjoying DJ Athol's soothing music as they settle onto their yoga mat," she says.

"Patty Perlman will begin the class at 5.30pm and at the conclusion of the class, participants will return their headphones."

The event is open to all ages and experience levels, and Nicole encourages participants to enjoy dinner in the local area after the yoga class.

■ **For more info on the event or to purchase tickets visit urbanblissaustralia.com.au**



Sound Off at Sea

**February 5th from 5pm
Shorncliffe Pier, Shorncliffe
Tickets \$35**



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ELYSIUM 2017

The Stage is Set for a Theatrical Year Ahead

By Ellen Moynihan

After a busy end to 2016, Sandgate's Elysium Theatre is set to deliver another year of diverse, quality entertainment. The first performance for the year, 'Musings on Love in Theatre', will show in February, followed by 'A Prudent Man' in March.

**Musings on Love in Theatre
Wednesday 15 February, 7pm
Tickets: \$15 online and at the door**

**Contact: Sharyn Henry
elysiumtheatre@gmail.com
ph. 0431296198
www.elysiumtheatre.com**

This year, performances will be held once a month on a Wednesday, during the day. Artistic director of the theatre company, Sharyn Henry says the daytime shows will hopefully broaden the scope of Elysium's performances.

"There will be accessibility to our productions for audiences who may not previously have been able to attend when it was on weekend nights. It also gives us the option to have different modes of performances" Sharyn says.

According to Sharyn, we can hope to see a whole range of performance types this year, including poetry, lectures and comedy, in addition to plays. There is also the scope to have some master classes and workshops that could then be developed into performances, and the possibility of a Slam Poetry competition or some theatre sports.

The February performance, 'Musings on Love in Theatre' is set to be held the day after Valentine's Day, will have a theme surrounding love. It will include a talk by a lecturer in drama and sociology about love in theatre texts and plays, as well as rehearsed readings of excerpts from various plays that discuss different types of love.

“ I wanted the message to be that we mustn't be tied down by the idea that romantic love is the only kind. There are many kinds of love,” says Sharyn.

Overall, Sharyn agrees there are many exciting possibilities for the year ahead, “We look forward to Sandgate community embracing local, professional theatre.”

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Hello From The Other Side

Locals would agree that Sandgate has its own special aura, but an aura of a different kind is coming to the Bayside as psychic medium Tony Davis returns to connect locals with the spirits of their loved ones at his event Hello From the Other Side.

By Emma Harley

Tony says his journey as a psychic began seven years ago when he experienced a significant event.

"One evening in 1999, my wife and I were driving on the Bruce Highway, and it was raining quite steadily," he says.

"We had the car serviced the day prior to this event, so I knew the car was mechanically sound, but the car seemed to slow down and shudder when I tried to accelerate.

"At that point, an image or figure of my cousin, who was tragically taken in a head-on collision, appeared in my window motioning for me to slow down.



We came around a bend and were faced with a car parked across two lanes of the highway, resulting in me braking and fishtailing all over the road, just missing the car.

"I realised my cousin had been looking over us and that we are supported and guided by our loved ones in spirit."

Tony's psychic journey grew from there as he joined a psychic development circle and connected with other like-minded people, eventually breaking out to perform paid readings and attend local psychic fairs.

Tony says his latest event, Hello From the Other Side, is all about communicating with the spirit world and connecting audience members in the Sandgate community with the spirit of their passed-over loved ones.

"The event will begin at 6.30pm, and following a short introduction, I will start my connections with the spirit world, providing as many connections as possible for about 45 minutes to an hour followed by an interval, and then another hour of connections," he says.

"I also endeavour to answer any spiritual-related questions the audience may have at the end of the event."

Tony says it is an honour to stand before his audience and meet their loved ones in spirit form for the first time.

"It truly is a blessing and unique opportunity to help create another special moment for people and their loved ones in the spirit world."

■ For more info on the event or to book tickets visit tonydavispsychicmedium.com

Hello From The Other Side

19th February at 6.30pm

Sandgate Town Hall

Seymour Street, Sandgate

P 0402 207 780

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Foreshore POP-UP

Everybody's Palette:
Full of colour, culture
and creativity

By Kurt Sanders

The Sandgate waterfront is already a work of art, but the popular public space will be painted with a broader, more colourful brush when the Foreshore Pop-Up art exhibition springs to life on Sunday, February 26.



photo by Paul Neil

Facebook: Sandgate Art Society

Up to 40 paintings and 20 sculptural works alongside music performances and live poetry readings will transform the pathway along Flinders Parade into a waterfront wonderland of local artistry.

Artists Jacky Overington and Fiona Meyer are both active members of the Sandgate Art Society. Fiona says the Bramble Bay region is blessed with a rich, highly creative and talented art community.

"Sandgate is privileged to have so many incredibly talented artists living in the area," she says.

"The Pop-Ups not only bring unique and exceptional art directly to the public at bargain prices but provide the public with an opportunity to meet with and get behind their local artists in a spectacular setting.

"The Pop-Ups are free, convivial community art events which bring colour, culture and creativity to the Sandgate Foreshore. They are a celebration of local art and its colourful community."

Fiona says the Foreshore Pop-Up has a huge and broad appeal, and it's not just the works of

art that draw in curious crowds and seasoned art lovers.

“

It has something for everyone — it is an opportunity for the wider community to participate in the positivity and creativity that drives the Sandgate Art Society," she says.

"People can peruse the artwork, engage with the artists, see art in progress, sing along with the musicians and dance like no one's watching."

Jacky, a potter and sculptor, agrees, and says, "The event is suitable for everyone — joggers, bike riders, children and adults.

"It is a casual walk-through environment where people who may not normally get to an art show or exhibition can stop by and look at the beautiful work by the talented artists who live here and nearby."

■ **The Foreshore Pop-Up art exhibition will run from 7am to 2pm on Sunday, Feb 26, adjacent to First Avenue.**

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EVENTS & Notices

FEBRUARY

NOTICES

Laurie's Beach Walks

Next Walk: Friday 3 March

Keep Sandgate Beautiful Inc. also sponsors beach walks on the foreshore. Laurie's Beach Walks are scheduled each month on a weekday starting at 8am.

Discover the soldier crabs, where the stingrays feed, the shell-house worms, moon snails and plenty more.

These walks are free. Bookings are essential. Numbers are limited. For enquiries and bookings contact KSBA info@ksba.org.au or email Pam Verney at pam.verney@bigpond.com ph. 0410327095

Sandgate Business Networking

Next meetup: Friday 3 February 2017 at 6pm at the Full Moon Hotel

Are you a Local Business Owner? Do you want to connect with other business owners in a relaxed and casual setting? Come and meet other local business owners in a casual and social environment. It's free to attend.

The Sandgate Business Networking Group holds a Casual Drinks night on the first Friday of every month.

Contact Beth Wild: Ph 0417 792 446 or email shop@aaaskinsolutions.com.au

Community Guided Walks

Each year the Sandgate Historical Museum presents a program of guided historical walks throughout the local area.

The walks provide an opportunity for young and old to learn about the community, where they live, and about the early settlers and the development of the area.

The series includes:

- The heritage Bald Hills Cemetery – "Discovering History in the Historic Bald Hills Cemetery";
- The Shorncliffe Pier and Moora Park history: Step Back into the past on the Shorncliffe Pier"
- Historic Homes of Sandgate
- Historic Buildings of Sandgate

A new walk for 2017 will explore the lagoons, the bird life, the life of Thomas Dowse, and our historic 1872 monument.

There is a cost for each walk and morning tea is always included. Walks are easy level. Numbers are limited, and bookings are necessary.

For dates, times and further information and bookings contact the museum ph. 3869 2283 or Pam Verney on 0410327095.

Mundine Vs Green 2

The Bracken Ridge Tavern Phoenix Bar will have the Big Screen ready to watch Anthony Mundine fight it out in the ring with Danny Green on Friday, 3rd February from 6pm.

Bramble Bay Mobile Swim School

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February

COMMUNITY

Bracken Ridge Council

What: Harry Potter Book Night

When: Wednesday, February 1
4.30pm – 6pm

Harry Potter fans from around the world will once again celebrate Harry Potter book night. Libraries across Brisbane will celebrate with their own magical Harry Potter events. Come dressed as your favourite witch or wizard and share in themed activities, games and quizzes. Ideal for children aged 5-10 years. Bookings essential. Phone Bracken Ridge Library on 07 3667 6060 to reserve your place. Cost is free.

Sandgate Library

What: New Year, New Garden

When: Saturday, February 4,
10:30am – 12:30pm

Make 2017 a great year for gardening. Learn what to plant, when to prune and fertilise, plus effective ways to prevent seasonal pests. Presented by ABC Radio gardening presenter, Annette McFarlane. Bookings essential. Phone Sandgate Library on 3667 6022. Cost is free.

What: Social Media Basics

When: Thursday, February 16
2pm – 3:30pm

Learn about social media including Facebook, Twitter, Pinterest, Tumblr and Instagram. Discover how these websites help you to connect with family, friends and organisations online. Basic computer and internet skills required. Bookings essential. Phone Sandgate Library on 3667 6022. Cost is free.

A Brisbane Libraries iSkills workshop.

Uniquely Deborah

Learn to create dynamic pieces of art with Uniquely Deborah's Waterfront workshops. Use resin to create a multitude of items from searving boards to jewellery, or learn fabric printing and make beautiful scarves. Workshops are held throughout February. For more info, visit the facebook page "Uniquely Deborah" or ph 0431 216 504.

Womenspace

Wed 1 February – Wise Women's Circle,
7:15pm - Women's Wellth.

Wed 8 February – Cuppa & Chat, 10am -
free morning tea with friends.

Tues 14 February – Active Dreaming
Circle, 7pm – discover the power of your
dreams.

Tues 21 February – Soul & Spirit gathering,
7pm. 'Let's Talk About Sex: A Chinese
Medical Perspective for Women'.

Mon 27 February – New Moon Drumming
Circle, 7pm at Womenspace and by the bay.

11 Second Avenue, Sandgate
More info: www.womenspace.org.au
Contact: coordinator@womenspace.org.au
Phone: 0431 112 721
Email: coordinator@womenspace.org.au
Visit: www.womenspace.org.au

EVENTS

Gem Show

2017 Gem and Jewellery Festival
hosted by the North Brisbane Lapidary
Club

When:

Sat 4 March 8.30am – 4.30pm

Sun 5 March 8.30am – 3pm

Where:

Bracken Ridge State High School

Cost: Adult \$4; Child \$1

Family (2 adults, children under 14) \$8

GIG GUIDE

WEDNESDAY 1

Michael Whitmore
Club Sandgate 11am

THURSDAY 2

Open Mic @ Cardigan Bar
Cardigan Bar 6:30pm
unplugged cafe
Sandgate Community Centre
7pm

FRIDAY 3

Mundine Vs Green 2 Fight
Club Sandgate 6pm
ELBURY at Cardigan Bar
Cardigan Bar 7pm
Peko
Full Moon Hotel 8pm

SATURDAY 4

BERT
Cardigan Bar 5pm
Facin The Crowd
Club Sandgate 7:30pm
Steve Hargreaves
Full Moon Hotel 8pm

SUNDAY 5

Dave Orr
Full Moon Hotel 1pm
Nik Phillips
Club Sandgate 4pm

WEDNESDAY 8

Black Dog Music Jam at
Cardigan Bar 7:30pm

THURSDAY 9

Open Mic @ Cardigan Bar
Cardigan Bar 6:30pm

FRIDAY 10

Systematic Duo
Club Sandgate 6:30pm
Jug O Blooze
Cardigan Bar 7pm
Tyrone Drahm
Full Moon Hotel 8pm

SATURDAY 11

Celtic Sessions - Irish
Cardigan Bar 3pm
Jimi Bevis at Cardigan Bar
Cardigan Bar 7pm
Anthems Band
Club Sandgate 7:30pm
Ben Stewart
Full Moon Hotel 8pm

SUNDAY 12

Jack Bratt
Full Moon Hotel 1pm
Nik Phillips
Club Sandgate 4pm

THURSDAY 16

Open Mic @ Cardigan Bar
Cardigan Bar 6:30pm

FRIDAY 17

Celtic Sessions - Scottish
Cardigan Bar 3pm
Purple Martini Duo
Club Sandgate 6:30pm
Steve Hargreaves
Full Moon Hotel 8pm

SATURDAY 18

Steve Sparrow
Cardigan Bar 5pm
Spectacle Rock Band
Club Sandgate 7:30pm
Andy Ellen
Full Moon Hotel 8pm

SUNDAY 19

Shane Wilkinson
Full Moon Hotel 1pm
Nik Phillips
Club Sandgate 4pm
The Lampreys
Cardigan Bar 4pm

THURSDAY 23

Open Mic @ Cardigan Bar
Cardigan Bar 6:30pm



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FRIDAY 24

Strumpet Duo

Club Sandgate 6:30pm

Danny Jazz Mose and Friends

Cardigan Bar 7pm

Peko

Full Moon Hotel 8pm

SATURDAY 25

Blarney Stone

Cardigan Bar 3pm

Red Cherries Band

Club Sandgate 7:30pm

Gavin Doniger

Cardigan Bar 7:30pm

Reece Freeman

Full Moon Hotel 8pm

SUNDAY 26

Nick Koschel

Full Moon Hotel 1pm

Rub a Dub Kitchen

Cardigan Bar 3pm

Nik Phillips

Club Sandgate 4pm

Vinyl Club @ Cardigan Bar

Cardigan Bar 6:30pm

Blarney Stone

Cardigan Bar

Saturday 25

3pm





.....
Local
**DINING
GUIDE**
.....



SANDGATE | BOONDALL
DEAGON | SHORNCLIFFE
BRACKEN RIDGE | BRIGHTON

The Goat Pie Guy
1/97 Braun Street,
Deagon
P 0411 016 768

PINTS AND PIES

Popular Deagon eatery The Goat Pie Guy has found another way to raise the, ahem, baaa – by becoming Australia's first pie shop also serving beer.

By Emma Harley

Owner and chef Mick Hobson says beer and pies are an Australian tradition so combining the two was an easy decision.

"We have made it a place where customers can take their time over a pie and pint with their mates or celebrate with bubbles and decadent truffled fries," he says.

"We are serving a rotation of craft beers and ciders as well as wine and sparkling."

Mick says the new addition has been a big hit with patrons.

"Our customers are a pretty mad bunch, and they love supporting our crazy ideas, and this one might not have been the craziest we've had," he says.

"The feedback has been sensational — I think you'd struggle to put a negative spin on this."

The bar is the cherry on a sensational five years for The Goat Pie Guy, which started as an idea in 2011.

"My father in law Jim visited us from Tasmania and asked me to cook him some goat and

the slow-braised shoulder with honey and thyme dish I created became the recipe for our signature pie, The Deluxe," he says.

"Jim had the idea for me to take that beautiful dinner and 'put it in a pie'.

“ That dinner was almost five years ago now, and I am very proud of the cult following our pies have gained.

"These days the core business is our Deagon store, and we do Jan Power's Farmers' Market on the weekends, with a very strong following at the Powerhouse, Manly and Mitchelton markets."

The Goat Pie Guy is also kicking off the new year with the Summer of Sundays.

"This year will be our first time opening on Sundays, and we will be doing our especially gorgeous Sunday Best Pies as well as some other delicious new bar snacks, so watch this space," he says.

■ **To check out the range of gourmet pies on offer or for more information on the Summer of Sundays visit goatpieguy.com.au**

Local DINING GUIDE



BAAIA



BE BOLD 131



BRACKEN RIDGE TAVERN



94 Flinders Pde, Sandgate
Foreshore

Modern Australian

3269 7510

BAAIA

Feature: Creative, fresh, seasonal food, coffee and homemade cakes on the water front. Open for coffee, breakfast, lunch and snacks from 7am. Eat in or take away.



131 Rainbow St., Sandgate

Cafe

0499 176 629

BE BOLD 131

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154 Barrett St, Bracken Ridge

Ribs, Surf & Turf, & Steak & Ribs

3269 7011

BRACKEN RIDGE TAVERN

Feature: Panama Jack's Restaurant has a wide variety of meals to suit all tastes, including gluten free dishes. Our signature dishes: PJ'S Ribs, Surf & Turf, & Steak & Rib Combo are legendary.



SANDGATE | DEAGON | SHORNCLIFFE BRACKEN RIDGE | BRIGHTON



ECLECTEA



FISH ON FLINDERS



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2 Queens Parade, Brighton

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0418 183 844

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(opp. Pool)**

Fish & Chips

www.fishonflinders.com.au

FISH ON FLINDERS

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133 Deagon St, Sandgate

Boutique Cafe

0400 246 098

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Local DINING GUIDE



GOAT PIE GUY



IL FORNO PIZZERIA



SANDGATE FISHMONGER



Shop 1, 97 Braun St, Deagon

Gourmet Pies

goatpieguy.com.au

GOAT PIE GUY

Feature: Try something deliciously different and treat yourself to a lunch of goat pie. Gourmet pies available hot to eat or cold to take home and heat.



3 Third Ave, Sandgate

Italian

3269 9766

IL FORNO PIZZERIA

Feature: Il Forno Pizzeria is now considered one of the best pizzerias in Brisbane. Wood-fired pizza, pasta, local craft beers & great wine and cool atmosphere. Fully licensed.



90 Flinders Parade, Sandgate

Fish 'n' Chips

3269 0416

SANDGATE FISHMONGER

Feature: Sandgate Fishmonger is a family run fish and chip shop on the Sandgate foreshore. We have recently moved and renovated 90 Flinders Pde (between 3rd & 4th Ave), and we're thrilled with the result. We look forward to seeing you soon.



SANDGATE | DEAGON | SHORNCLIFFE BRACKEN RIDGE | BRIGHTON



THE WIRED OWL COFFEE CO



VIET STREET EAT



WILD MANNA



227 Rainbow St, Shorncliffe

Specialty Coffee House

0410 456 251

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of Single Origin coffees. Tantalising treats and teas are also on the menu.



121 Brighton Rd, Sandgate

Vietnamese

VIET STREET EAT

Feature: At Viet Street Eat, we offer fresh, MSG free, traditional and popular Vietnamese food like Pho beef, rice paper rolls and bun mee. We also have vegan options as well as Vietnamese coffee and blooming teas.

115 Brighton Rd, Sandgate

Seasonal, café-style food

0451 405 989

WILD MANNA

Feature: At Wild Manna, our Chef is the owner. We have award-winning coffee from Clean Skin, great food, wonderful and friendly staff. Come in and enjoy our *cosy* and welcoming ambience from Tuesday to Saturday for breakfast and lunch, coffees and homemade cakes.

Out 'n' About with Photographer



Pics of people and life

See more pics at
www.paul-neil-photography.com

Follow me on Facebook
Out 'n' About with Photographer Paul Neil
Mob 0449 660 473

Paul Neil



Snap! Brooke Richardson joined my 'Fun Photos of People' Photography class on a beaut afternoon on Sandgate foreshore. More classes coming up soon.



Party on! Caje Goves and his daughter Inez hit the dance floor til late at Cardigan Bar's Peace, Love and Soul New Years Eve party.



A dog's breakfast! Sandgate dogs and their owners Leanne, Rebecca and Kay, meet up for a Christmas breakfast together at Lower Moora Park.



Higher! The Woodgate sisters Rachel, Bethany, Caitlin and friends, Caitlin M and Lucy, get some air rehearsing for the Hawgood Dance School annual dance performance night.



Family fun! Irene Lewis had all her family together for Christmas this year so we went for a walk with the dogs and got some great family pics together in Curlew Park, Sandgate.



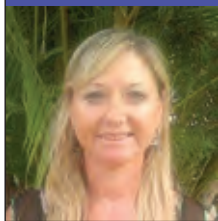
Good times together! Sondra Grainger and friends Fiona McCullough and Lindy Goodall share a drink and a laugh at Heel To Toe Fashions evening Jingle and Mingle.

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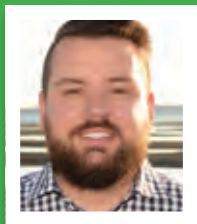
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A WORD FROM OUR REPRESENTATIVES

Cr Jared Cassidy



I hope everyone had a relaxing and safe Christmas/New Year break. 2017 is in full swing with the start of the new school year and sign on days for local sporting clubs for the upcoming season.

I was happy to have supported the Sandgate Vinnies Christmas Hamper project again with a grant, which helped fund Christmas hampers for disadvantaged and vulnerable families living in Deagon Ward.

Have you signed up to Brisbane City Council's Early Warning Alert Service? The service provides alerts for severe storms, flooding and other events. Alerts can be received by email, SMS and voice message. The link to sign up is <https://ewa.brisbane.qld.gov.au/> Alternatively, you can download the Weatherzone app for free from the App Store (iOS) or Google Play (Android).

For any storm emergencies the SES can be reached on 132 500.

Stirling Hinchliffe MP



The 2017 school year has begun, and as a parent, I'm aware this means an increase in traffic around our schools. Remember to take the time to slow down and adhere to the 40 km/h school-zone speed limit and look out for pedestrians. Inside

the classroom, the 2017 school year is already looking bright as schools across the electorate will start to see the benefits of smaller class sizes, as a result of 9 new teachers rolled out across our electorate over the next three years. You may also have noticed some improvements to your local school's infrastructure as part of a \$1.1 million local investment in school maintenance. Schools that have benefited from these funds include Bracken Ridge State High School, Brighton State School, Sandgate District State High School and Shorncliffe State School. On education, 2017 also marks the first year of compulsory prep for Queensland school children. Children must have turned five before 30 June in the year they enrol. More information can be found at by visiting: <https://www.qld.gov.au/education/earlychildhood/prep/pages/enrolments.html>

I want to wish everyone across the Sandgate electorate a safe and happy new year. I look forward to serving our community in 2017!

Cr Amanda Cooper



Welcome to 2017! Hopefully, you've had a chance to unwind and enjoy some well-deserved rest and relaxation in preparation for what will no doubt be a busy year ahead.

There will be a number of exciting projects and events happening around the Ward from early 2017. Something, in particular, to look forward to is the first anniversary of the Emily Seebom Aquatic Centre and Bracken Ridge Skate Plaza that will be taking place later this month. Keep an eye on my Facebook page

([Facebook.com/cr.amanda.cooper](https://www.facebook.com/cr.amanda.cooper)) for details on how we are going to celebrate! We also have a number of projects on track to be delivered in the Bracken Ridge Ward under Council's 16/17 Budget including the installation of gym and fitness equipment into some of our local parks, road resurfacing in a number of streets and major drainage works.

On the topic of budget, I'll be collating my Budget Submissions Wishlist in the coming weeks for consideration under the 17/18 financial year. If there's something you would like to see in the Ward, contact my office on 3667 600 or send an email to brackenridge.ward@bcc.qld.gov.au.

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Feeling Hot, Hot, Hot...

We have really felt it this year! In the garden and almost everywhere else in the Sandgate suburbs, the celsius has soared over this summer!

February has always been one of our hottest months; as the season sails towards its autumnal successor and the relief that March may (or may not) offer, in Brisbane we still seek the shade and lots of water to get us through.



Our gardens also struggle in these times. As the temperature rises in the air, water from the soil evaporates and heads up to the sky, leaving plants with less of the essential elements they need to survive.

You can help to prevent the subsequent stress that plants go through by putting into practice a few tried and true tips in your garden, and even with your potted plants! Plants need increased water consumption on hot days.

You may have noticed your potted Peace Lily (*Spathiphyllum wallisii*) wilting and waning in the increased temperatures. Or maybe you noted that your favourite fruit trees are showing signs of stress as the heat wave hovers oppressively over them?

Did you know that the time that people are most likely to be dehydrated is first thing in the morning? A long sleep with no water, then often a coffee or two to start the day; our bodies need water in the morning and so do our plants!

Here's what to do: look at your plants, look at the soil and the sun/shade ratio, and consider their needs. Is the soil dry? Give it some water. Mulch your plants to recycle the evaporating moisture from the soil. Try to water around the root zone rather than the foliage; on a really hot day the leaves transpire (or give off water) quickly and direct watering can sometimes be harmful to sensitive specimens. Is the plant in direct sunlight? Move potted plants into the shade and try to offer some shade to plants in the ground if you can — set up some shade-cloth over your veggie patch.

Stay cool people, autumn is 'round the corner!

The Garden Gate Nursery and Teahouse is a social business of Sandbag Inc. and is located at 153 Rainbow St, Sandgate.

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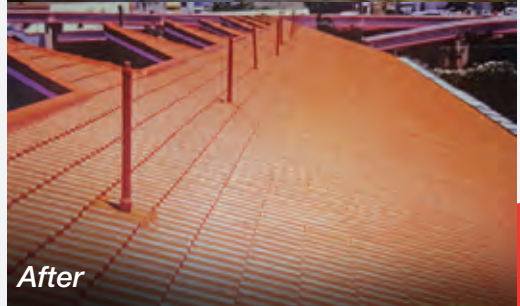
Before



After



Before



After

Forty years on for Sandgate Uniting Church Men's Club

By Susie Laery

**Longstanding men's group
'The Sandgate Uniting Church Men's
Club' has reached forty years of
gatherings this year.**

The initiative started in 1976 to provide men in the 4017 area a place to connect with other local men. While there was plenty of fellowship and community interaction for women it was felt that the men who went off to work each day lacked a social connection in the community.

/ photo by Paul Neil

Sandgate Uniting Church

16 Board St., Sandgate
1st Thursday every month
\$15.00

Contact Lloyd Atkins
Ph: 3269 4523

“The aim of the group has always been to provide an opportunity for men to connect with other men outside of their work and home environment and talk about men's issues in a relaxed atmosphere,” says club member Lloyd Atkins.

Through loyal attendance by locals the club continues to offer a place for those seeking company and community.

The first Thursday of every month is when these local men gather in the 'Sandgate Uniting Church' on Board Street. A group of ladies at the church all volunteer their time to prepare and cook home cooked meals. On offer is a two-course dinner “just like Mum used to make,” says Lloyd.

Ever since the group was initiated, an intrinsic part of the groups function has been to be charitable, and for the men to be able to reach out and help the community. When looking back on the club's minutes recorded at the first meeting on 20th August 1976, it reads that \$100 was to be donated per year to the home mission and from there on several other charities have benefited from the club.

The night begins with a 6pm meet and greet, with the meal served at 6:30pm. A guest

speaker is organised to speak at each event and over the forty years these have been from a wide range of backgrounds.

The group is looking forward to this year when they will be hearing from a local real estate leader who will give an account of the history of Sandgate's housing market.

The club welcomes new men to come along and experience the friendly community spirit the group offers. Lloyd adds “Come along and enjoy a relaxing night with a meal in good company and enjoy listening to an interesting speaker.”

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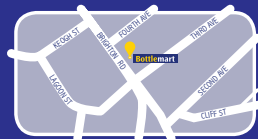
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CALLING ALL JUNIOR PADDLERS!

By Lisa Adams

Sandgate Canoe Club's new initiative offers a safe, friendly and supervised environment for 4017 youth to get fit while having fun on the local waterways.

The Club's upcoming 'Come and Try' day will see the launch of its junior branch which will cater for beginner paddlers who would like to develop competitive and recreational kayak paddling skills. These new junior squads are the result of a partnership between the Club and All About Paddling, a local business that specialises in paddle coaching, headed by highly experienced paddler and qualified coach, Allana Bold.

“It was obvious to me that lots of kids want to learn more about this activity but had nowhere to go to develop their skills,” Allana describes.

Allana wanted to help young people learn more about canoeing and kayaking, and everything the great outdoors has to offer.

“I am now the dedicated local coach and instructor, and am excited to offer kids the chance to discover paddling either recreationally or competitively,” she says.

Allana also believes strongly in the need for water safety and education. “Many economical kayaks are being sold through camping outlets, but there is not a lot of focus on educating the user, resulting in unsafe practices,” Allana says.

At the Come and Try Day, young paddlers will meet Allana, take part in basic on-water kayaking activities, and find out more about joining the competition and recreational/adventure squads commencing in Term 1. The Sandgate Canoe Club will provide kayaks, paddles and safety equipment and sessions will run for 45 minutes from 8am.

When: Saturday 11th Feb 2017

Cost: \$5

Age: 10-17 years. No prior paddling experience is necessary

Where: Volunteer Marine Rescue, Allpass Parade, Shorncliffe

**Register: sandgate.canoe.org.au
OR email sccjnr@gmail.com**

Come & Try Junior Paddling

Saturday, 11th February from 8am

Paddle locally for fun, adventure and fitness!

- Junior competitive and recreational squads start term 1 (10-17yrs)
- Learn aquatic skills in structured sessions with a qualified coach
- Have a try, find out more and meet coach Allana Bold on Feb 11th



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Members of the SEED team Jane, Yetse daw and Brendan with 'dream' cleaning van.

DREAM CLEAN

Drive to Raise Funds for Unemployment.

Local not-for-profit social enterprise 'SEED Parks and Property' has been helping people out of unemployment and isolation, and into the workforce, for over six years now.

/ photo by
Paul Neil

SANDBAG Inc CEO Alisa Hall is excited about their newest venture. "We are determined to raise enough money to buy a cleaning van for our social enterprise" Ms Hall said.

Local businesses are in support of the venture; Zupps Aspley's Dealer-Principal Mr Peter Thompson has vowed to support the fundraising campaign by offering to provide a suitable van at wholesale cost to SANDBAG's social enterprise. Other local businesses also have the opportunity to help, by placing their business logo permanently on the SEED Cleaning Van and pledging to support the worthy cause.

SEED, along with SANDBAG's traineeship program, provides training, work pathways and direct employment opportunities to disadvantaged people in our community. Luci Davey, who coordinates the work skills training for SANDBAG, sees the real benefits for trainees and SEED staff.

“ SEED and SANDBAG have the great potential to really have a positive impact on people's lives; we see this happen regularly. That's why growing our cleaning social enterprise is so important.”

SANDBAG hopes to raise enough money for a vehicle through pledges from local businesses to advertise with their logo on the van, and they also have a crowdfunding page at <https://www.givenow.com.au/sandbagseedcleaningvan> where people in the community can leave much needed and welcome donations.

SANDBAG's track record in helping the local community is extraordinary; 25 years of voluntary assistance to those most in need through programs supporting people who are homeless, victims of domestic violence, people with disabilities and migrant communities. In the last six years alone, SEED, the organisation's social enterprise has helped nearly one hundred disadvantaged people into the workforce!

For SANDBAG, 2017 is shaping up as an exciting year! The SQW crew are looking for new community projects to work on while delivering much-needed training, and SEED is working locally and raising money for a cleaning van. Once this is achieved SANDBAG will be one step closer to providing a seamless training-to-employment experience for those in need in our community!

■ For all enquiries contact SANDBAG's Social Enterprise Business Manager Philip Woods, on 0422 718 850.

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Work It Out.

By Lisa Adams

Sandbag's Community Cafe is ready to lend a helping hand, hosting two valuable information sessions this month, free to the 4017 community.

Andrew Goode from Lifestyle Breakthrough Sandgate will facilitate two information sessions about exercise programs for those with medical and health issues. "One session will be held during the day, and one in the evening for those people who may work yet still want to benefit from the information," says Garry Hunt from the Sandgate Community Centre.

Additionally, representatives from Qstars (Queensland Statewide Tenant Advice and Referral Service) will offer independent advice about issues related to the rights and responsibilities of renting property. "Qstars will help people with any issues they may have around tenancy," explains Garry. However, if anyone is unable to attend the discussion, they are encouraged to contact either Garry or Matilda from the Community Centre who will be able to refer them onto Qstars.

"Our goal with these free information sessions is to try and attract a broader audience other than the regular users of the Community Cafe," says Garry, "We'd like to get as many people from the local area as we can to access this helpful information. Everyone is welcome."

Lifestyle Breakthrough

Wednesday 8th February

12pm-1pm / 6pm-7pm

- Injury rehabilitation and return to work
- Older adults and falls prevention
- Arthritis and sarcopenia
- Asthma and breathing issues
- Heart disease and diabetes (free Type 2 diabetes exercise program)
- Mental health and PTSD
- Surgery and joint replacement recovery

QSTARS

Wednesday 22nd February 11am

- Advice and assistance to understand your rights and responsibilities
- Support to resolve your tenancy issue
- Help you talk to your agent
- Help you write a letter or fill in any tenancy forms
- Help you attend or prepare for QCAT tenancy tribunal hearing
- Referral to other services if needed

■ For any further information on either the Lifestyle Breakthrough or Qstars information sessions, contact Matilda Marsh or Garry Hunt from the Sandgate Community Centre:

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Sacred Gathering of *SHE*



Above: Catherine Donaldson / photo by Paul Neil

Sacred Gathering of SHE is a regular monthly group held on the second Wednesday of the month from 7:15 - 9:30pm at Womenspace in Sandgate, starting this month. This space is for women who want to provide rich tapestries for their families and loved ones to remember. This sacred gathering will nourish and protect you.

Facilitator Catherine Donaldson has long known that being with like-minded women has enriched her life and nourished her soul.

“ Sometimes as mothers or partners in our family, or daughters and sisters in our family of origin, we get lost to the nurturing needs of other people in our life.

“If we find ourselves constantly in the accommodating role, we lose ourselves and our deep capacity to love and feel ecstatic joy. It is our birthright to feel joyful, to be honoured, loved and nurtured.

“In order to grapple with and learn to dive into the feminine, we need some space, some time, wisdom and willingness to share our inner selves, to ourselves. When we do this in the presence of other women, we reflect our deeper selves back.”

It was five years ago when Catherine discovered the benefits of coming together with

other like-minded women, “When I began to sit in circle, I realised I felt more myself and more in my potential than at any other time in my life. Women, including grandmothers, mothers, sisters and girlfriends, whether friends, partners or lovers, help unravel our heritage, our feminine soul.”

Monthly circles will be open for the first few months. When the time is right, Womenspace will create a nurturing closed circle of women who meet regularly. This will be Our SHE Sisters circle.

“If you haven’t known strong, or positive female role models in your life, or felt connected to your Motherline, you will find great solace and value in circle work. It offers a deep connection to other women and with it opportunities to learn, reflect and be guided by each other.”

Sacred Gathering of *SHE*

Womenspace,
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Kickin' it Sandgate Style

Let the kids get their kicks while getting fit at Sandgate's own Little Martial Arts program.

/ photo by Paul Neil



By Emma Harley

Paula, owner and head trainer, decided to start Little Martial Arts because of her love of health and fitness and desire to make a difference.

"I wanted to do something meaningful for the little ones," she says.

"All parents want the best for their kids - they want them to grow up strong, independent and confident.

“ The early years are crucial for establishing positive life-long traits, and I believe that the Little Martial Arts Program can really help kids along the right path.”

Paula's passion for health and fitness extended into her professional life 23 years ago and has gone from strength to strength.

"All throughout my life, I've always been interested in keeping fit and healthy, and I have been passionately involved in operating my own health and fitness business for over two decades," she says.

"All the knowledge and experience I have gained through the years I have passed on to my family to keep them healthy and active.

"My history with Martial Arts is with my daughters, as both (now adults) attended Taekwondo growing up, so I've had the opportunity to see first hand my girls progress over the years up through the levels.

Paula says a demand grew to offer martial arts training to a younger audience.

"Little Martial Arts started officially at Aspley in March 2016, then launched the franchise on November 27, 2016," she says.

"I opened up my own franchise and am now head trainer of Sandgate Little Martial Arts, which opens February 4."

Paula says the unique program offers martial arts classes for 2- to 6-year-olds, specialising further into three programs: 2- to 3-year-olds, 4- to 5-year-olds and 5- to 6-year-olds.

"This is the best way for young kids to enter into martial arts, after which older kids are referred to other clubs with confidence knowing they have developed great fundamental basics," she says.

"This totally unique program gives a great grounding in martial arts fundamentals such as kicking, punching, footwork and self-defence, as well as developing motor skills, gaining confidence, learning about structure and, most importantly, having fun."

■ **For more information on Little Martial Arts visit littlema.com.au or attend the Open Day on 4th February.**

Little Martial Arts
Scout Hall
143 Brighton Road, Sandgate
P 0452 625 961

OPEN DAY

Thursday March 2, 2017

9am to 10:30am



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New Fit Out for Fitzgibbon

Exciting times ahead as an underappreciated gem in one of our fastest growing communities has been re-born.

The Queensland Government handed the keys of the Fitzgibbon Community Centre to the Sandgate and Bracken Ridge Action Group (SANDBAG), Jabiru and Burnie Brae who have cooperatively formed the Fitzgibbon Community Centre Ltd. Since then, with the help of local architect John Blackley, the Centre, supported by a Queensland Government grant, has undergone a new fit out, with new offices, meeting rooms and air-conditioning, adding more value to the already popular local facility.

Member for Sandgate, Stirling Hinchliffe MP, inspected the Centre and praised the Fitzgibbon Community Centre Ltd team for their commitment to enhancing the facility's capacity as a community hub for this fast growing suburb and the surrounds.

Mr Hinchliffe said the works undertaken by the Fitzgibbon Community Centre Ltd would create a space to enhance the livability and well-

being of the estimated 3000 people who will eventually call Fitzgibbon Chase home.

"The new fitout will enhance the Fitzgibbon Community Centre's attractiveness as a community hub for not only Fitzgibbon but across Brisbane's Northside more broadly.



The Fitzgibbon Community Centre is a multifaceted venue for all kinds of activities set amongst the backdrop of tranquil bushlands. These works have built upon the Centre as a welcoming place for people to gather," Mr Hinchliffe said.

Since its opening by the Queensland Government's EDQ, the Centre has provided a versatile venue for activities such as dance classes, exercise classes, celebrations and training programmes.

■ ***The Fitzgibbon Community Centre is located at 545 Roghan Rd, Fitzgibbon. If you're interested in holding an activity at the Centre, email hire@burniebrae.org.au or phone 3624 2100.***





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A LIGHT ON HISTORY

An historic light pole salvaged from the original Sandgate Pier following its demolition in 2015, will receive a new home outside the Sandgate Museum and be officially unveiled this month.

■ **The unveiling of the historic light pole will be held on Saturday 4th February 2017 commencing at 10am.**

Photo by Paul Neil / Lamp Post Sandgate Museum

To complement this, the Sandgate Historical Museum has formally adopted the emblem of the original 1880 Borough of Sandgate, and will now use this emblem as its official corporate logo. To show the residents of Sandgate, the official unveiling will showcase the new flag design.

"A newly created flag with the new logo will also be broken out at the official unveiling by long-time resident, and legendary Sandgate Scout Master, Bert Midgley, and will be heralded by the Sandgate Town Crier, Fred Krebs," says Pam.

Everyone is welcome to enjoy this special occasion. An exhibit of pier photographs and memorabilia will be in the museum on the day, as well as displays of old Sandgate Town. Additionally, local historical publications and photos will be on sale at special prices, along with a raffle of a magnificent pier photograph.

"A portion of the footpath will be enclosed with boarding from the pier construction site where there will be a sausage sizzle, coffee van and seating available," Pam says.

By Lisa Adams

The Brisbane City Council who funded its restoration donated the light pole to the Sandgate Historical Museum. Now, following the careful restoration works carried out by the Historical Society, this piece of history takes pride of place in front of the museum building.

“The light pole will display a commemorative plaque dedicated to the preservation of our local heritage and to those who work so hard to maintain the history of this community,” says Pam Verney, President of the Sandgate Historical Society.

The plaque is mounted on a piece of timber, also salvaged from the historic pier. As well as this, the ornate cross-arm at the top of the light pole has been adapted to be used as a flag pole.





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Linda Harrod-Eagles in her studio /photo by Paul Neil

AWARD-WINNING artist holds first exhibition in Sandgate

By Susie Laery

Emerging artist Linda Harrod-Eagles is holding her first ever art exhibition entitled 'Fresh' at Bramble Place in Sandgate during February and March.

For Linda, creativity has always been a part of who she is, and this flair has seen her stand out from her peers from very early on in life.

Linda believes art is in her genes "Both of my parents had an interest in art. My father used to draw and my mother always painted. I selected visual art as an elective in high school and won an art award every year. Since then my love of art has become more of a hobby and as a way of giving personalised gifts to friends.

“ My art was put on hold while I worked for the Queensland Police Service for eleven years as a Forensic Police Officer, however, my love and passion of art seems to be reignited stronger than ever now,” says Linda.

Exhibitor 'Fresh'
1st Feb to 31st Mar.
Bramble Place,
1 Loudon Street,
Sandgate

Having just completed a Bachelor of Education and a Bachelor of Humanities with a Major in Visual Arts and a Minor in Business from the Australian Catholic University (ACU), Linda has found an inner confidence building. ACU, Art Professor Lindsay Farrell has described Linda's art as "sublime".

This encouragement has given Linda the confidence to feature her art publicly. It was in October 2016 that she entered two pieces into the Sandgate 'Expressions' Art Competition. She was awarded 'Sandgate Expressions 2016 '2D Highly Commended' for one piece, and the second painting – a depiction of the Shorncliffe rocks – was sold for a pleasing amount.

Linda describes her style of art as fresh, fun and contemporary. From eye-catching and exuberant emus to fascinating explorations of Cubism, it seems Linda can turn her hand to any style. A series of family portraits captures personalities and age with precision. Although adept at many styles, Linda is now focused on more contemporary cubism or abstract art.

"The art making process for me has a range of emotions from excitement, relaxation, frustration and hope with a feeling of pride on completion."

Facebook: 'Linda Harrod-Eagles Art'

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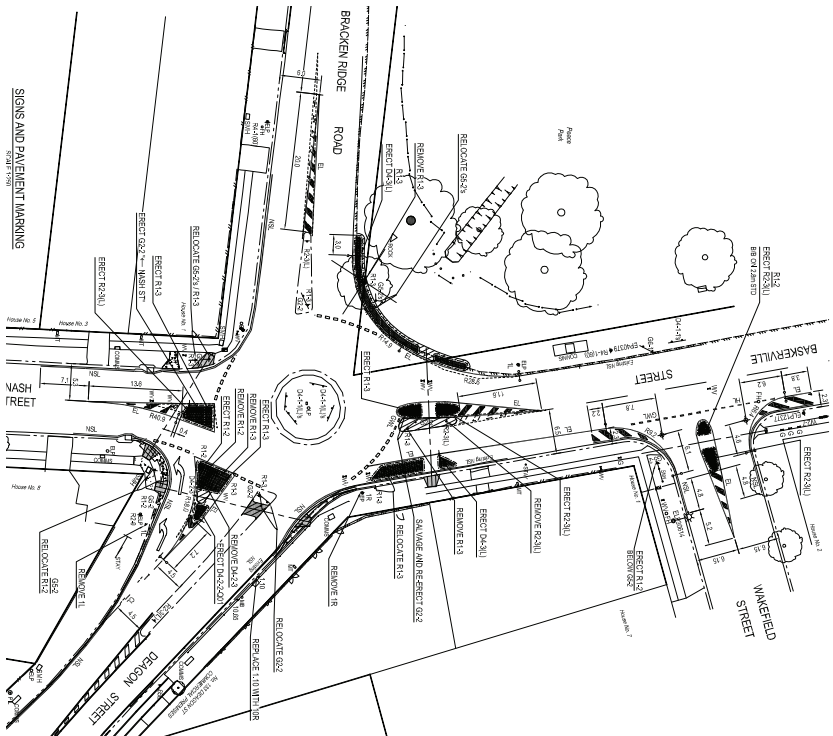
Baskerville Street, Bracken Ridge Road, Deagon Street and Nash Street intersection, Sandgate

“ This has been an important project for locals and something I’ve been advocating for since becoming Councillor, and I’m so pleased we have been able to deliver on it now. It will improve the safety of motorists and pedestrians at this busy intersection” Councillor Cassidy said.

Councillor Jared Cassidy is pleased to advise local traffic improvement works have now started at the intersection of Baskerville Street, Bracken Ridge Road, Deagon Street and Nash Street, Sandgate.

Council will be undertaking the following works:

- Installing a splitter island on Wakefield Street at the Baskerville Street intersection
- Installing an improved splitter island on Baskerville Street
- Installing kerb build outs on both sides of Baskerville Street
- Removing the existing splitter island on Deagon Street and replacing it with an improved splitter island
- Installing a concrete island on Nash Street
- Upgraded street lighting on Wakefield Street
- Improving kerb ramps and footpath
- Line marking, turfing



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Telegraph Road upgrade reaches new stage

Detailed designs for the final stage of the Telegraph Road corridor upgrade have been revealed. Once complete, it should halve peak travel times and deliver significantly improved bicycle and pedestrian infrastructure.

Lord Mayor Graham Quirk said the \$140 million project would greatly enhance one of the busiest corridors in northern Brisbane and would deliver a safer, less congested road for all road users.

“Earlier (last) year we revealed the concept designs for the project which had been fast-tracked and sought feedback from the community about the project,” Cr Quirk said.

“Now we have finalised the detailed design

for the upgrade, with the community’s views contributing to the development of the design unveiled today.

“The second and final stage will focus on upgrading Telegraph Road and Depot Road between Mustang Street and the Gateway Motorway ramps, as well as upgrading the Lemke Road to Tallowwood Place.

“The stretch between Mustang Street to the Gateway on-off ramps as well as Lemke Road to Tallowwood Place will be widened to four lanes, and a new signalised intersection will be installed in place of the Telegraph Road, Lemke Road and Depot Road roundabout.”

Infrastructure Chairman and local Councillor Amanda Cooper said a key part of the project was the delivery of upgraded bicycle and pedestrian infrastructure, with separated bike lanes to be installed.

“We have been working closely with local bicycle user groups such as the Brisbane North Bicycle User Group, to ensure this project benefits everyone, and we continue working with the community throughout the length of this important project,” Cr Cooper said.



“ Once complete, this upgrade project will provide a major east-west link supporting growth in the northern suburbs and improving access to major transport corridors to the north and south.”

— Cr Cooper

FEB 2017 TIDE CHART

	Time	m
1	0007	2.05
	0609	0.45
WE	1225	2.37
	1901	0.48

2	0054	2.04
	0655	0.55
TH	1307	2.26
	1943	0.50

3	0147	2.03
	0750	0.67
FR	1356	2.12
	2033	0.53

4	0251	2.03
	0858	0.77
SA	1458	1.97
☉	2133	0.55

5	0405	2.08
	1021	0.82
SU	1612	1.86
	2242	0.54

6	0522	2.18
	1149	0.78
MO	1731	1.82
	2353	0.49

7	0632	2.31
	1309	0.68
TU	1845	1.85

8	0101	0.42
	0732	2.45
WE	1413	0.57
	1949	1.91

	Time	m
9	0200	0.35
	0825	2.55
TH	1507	0.48
	2043	1.97

10	0251	0.30
	0912	2.60
FR	1553	0.43
	2130	2.02

11	0337	0.28
	0954	2.60
SA	1634	0.42
☉	2212	2.06

12	0418	0.30
	1033	2.55
SU	1710	0.43
	2251	2.08

13	0457	0.36
	1110	2.47
MO	1743	0.46
	2329	2.08

14	0534	0.44
	1144	2.36
TU	1813	0.49

15	0005	2.06
	0609	0.55
WE	1217	2.23
	1843	0.54

16	0043	2.02
	0647	0.68
TH	1250	2.09
	1913	0.59

	Time	m
17	0123	1.97
	0728	0.80
FR	1328	1.90
	1950	0.60

18	0212	1.97
	0821	0.90
SA	1413	1.70
	2036	0.70

19	0315	1.87
	0932	0.90
SU	1514	1.60
☉	2138	0.70

20	0433	1.90
	1100	0.90
MO	1632	1.60
	2250	0.70

21	0546	1.90
	1217	0.90
TU	1747	1.60
	2358	0.70

22	0643	2.10
	1315	0.70
WE	1847	1.70

23	0054	0.60
	0730	2.20
TH	1403	0.60
	1936	1.80

24	0144	0.50
	0813	2.30
FR	1446	0.50
	2020	1.90

	Time	m
25	0230	0.43
	0853	2.43
SA	1526	0.51
	2102	2.04

26	0313	0.36
	0931	2.49
SU	1605	0.45
	2144	2.13

27	0356	0.32
	1009	2.51
MO	1643	0.40
☉	2226	2.20

28	0437	0.31
	1047	2.50
TU	1720	0.38
	2308	2.24

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Valentine's DAY

For many of us at this time of the year,

we get caught up in the romance of Valentine's Day, without understanding the origins of this love-filled day or why, year after year, we continue to celebrate it. This year, I delved into the history to understand our modern-day take on this day of celebrating love and admiration.

The first thing that became apparent to me was that Valentines is really a combination of Christian martyrdom stories, Roman and Greek mythology that bring together the legend surrounding Valentine's Day and its rituals.

By Shannon Sarow

Roman mythology suggests that Cupid was the son of Venus, the goddess of love. As such, Cupid is often considered the mischievous little boy god who goes around aiming arrows at his victim's hearts, making them fall in love.

Equally, Eros is the Greek equivalent of Cupid and is known as the god of love. During the Middle Ages, the idea of 'love's arrow' evolved into messages and poems of love, eventually leading to our modern-day love letters and greeting cards to mark the celebration of admiration for another.

Many Christian stories are associated with various Valentines, but the most popular is an account of a Christian bishop who performed forbidden marriage ceremonies in secret for Roman soldiers. This was an act in defiance towards the Emperor (Claudius II), who believed that the soldiers only love was to Rome. Legend has it that Saint Valentine was imprisoned for his

crimes, and during his imprisonment, healed the daughter of his jailor. Before his execution on 14th February, Saint Valentine wrote her a letter signed 'from your Valentine' as his farewell.

Furthermore, during the 14th century, the tradition of courtly love flourished, and in the 18th century, it evolved into an occasion where lovers would celebrate their love for each other with gifts, such as flowers, confectionery and sending greeting cards.

Altogether, the combination of tales and legends help to explain some of the histories of the traditions still celebrated today, such as the secrecy that surrounds love messages from a 'secret admirer', the giving of gifts, symbols such as Cupid and his arrows and the colloquial phrase 'Your Valentine'.

So however you choose to express your love and affection for you chosen one this February 14th, I hope that like me, a little understanding of its history will help to make the day more symbolic and romantic than just a poetic verse on a greeting card.

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Market Report: Local Trends for 2017

In 2016 we saw two different experiences for home buyers in our local Sandgate area, and we expect this trend to continue.

First home buyers and downsizers looking for a smaller home are facing a tight market with low supply and greater competition from rival buyers. Small homes have seen much sharper price growth than larger ones. Inventory has tumbled among less expensive homes, and people are surprised that their money may not buy as much as they were expecting. The more flexible buyers ready to act quickly are doing better as are buyers who are willing to do a little renovation, while owners who take the time to upgrade their property are doing well in entry-level homes up to \$500,000.

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Buyers looking to trade up to a larger home are in the housing market's sweet spot, and the first part of 2017 should be a particularly good time to strike.

While larger more exclusive high-end homes are selling well, inventory has risen, and sellers wanting to walk away with as much money as possible are often holding out for a higher offer over a speedier sale. Savvy home sellers in this market are pulling out all stops to gain the advantage in the market through property staging, drone and video footage, and social media marketing. Home sellers continue to demand more value from their real estate agents.

Mathew Anderson
Anderson Family Real Estate

Local Suburb Performance 2016 - HOUSES

SUBURB	MEDIAN DOLLAR VALUE	NUMBER SOLD	ANNUAL GROWTH
Sandgate	\$620,000	52	4.8%
Brighton	\$485,000	163	6.6%
Deagon	\$422,500	62	-2.9%
Shorncliffe	\$685,000	31	1.5%



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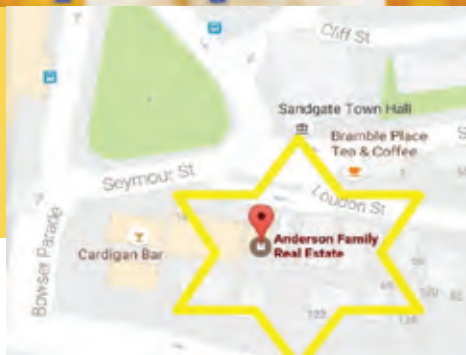
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SOLD

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 3  1  1

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SOLD

1 MACS STREET BRIGHTON

 3  1  2

Located on a fabulous 604m2 corner block within easy walking distance to everything. This property sold on it's first day with over 20 people booked in to inspect.

\$425,000

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SOLD

247 LASCELLES STREET BRIGHTON

 4  2  2

Standing proud astride a wide corner block, this spacious renovated home is only a short walk to schools, shops, parks and transport. Sold for a record price to a heart buyer.

ACHIEVED WELL OVER \$600,000

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peter@andersonfamilyrealestate.com



SOLD

25 DOUGLAS STREET BRIGHTON

 3  2  1

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