Sandgate FREE MARCH 2018

Inaugural Sandgate Film Gala At Sandgate Town Hall

Bluewater Festival

Check Out The Full Program TRADES & HOME SERVICES DIRECTORY INSIDE

Photo by Paul Neil

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UPCOMING EVENTS

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CONTACT

PUBLISHER & SALES Dominic Alberth 0450 078 200 info@sandgate.com.au



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A NOTE FROM THE TEAM March 2018

ell it's March already, and the Mount Everest-esque display of Easter eggs have hit the shelves despite Christmas being only yesterday — or at least that's how it feels in here in the Sandgate Guide office.

But we're excited and here's why: Easter means some of the bayside's best events are about to kick off. Arguably one of the most anticipated of the year is the annual Bluewater Festival, a huge waterfront celebration that fills the Shorncliffe end of the bay with food, games, entertainment and activities on Good Friday. Expect music, dancing, delicious food trucks and an array of rides and fun for kids big and small.

And while all the entertainment and the fireworks bring out a huge crowd every year, it's also one of the best vantage points to watch as the boats competing in the Brisbane to Gladstone Yacht Race make their way majestically out of Moreton Bay on their journey north.

From the seaside to the silver screen, this month also sees the inaugural Sandgate Film Gala put a whole stack of short films in focus. The event will run all day on March 24, but the Gala Night is the true must-see event for those who love stories on the big screen, so be sure not to miss out.

We're also extremely excited to announce our brand new regular feature, What's Hot Around Town. Each month we'll feature a handful of local artists and events. Get to know who and what is new and happening in the community so you can get out, support local venues and ensure our region thrives.

As always thanks for picking up the Sandgate Guide, we truly appreciate your support every edition.

- The Sandgate Guide team

sandgate

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PHOTOGRAPHY

Paul Neil

DESIGN

Crystal Gentry









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BLUEWATER FESTIVAL - MARCH 30

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RELAY JOINS

Story Christine Chamberlain

Cheer on Olympian and Commonwealth Games baton relay runner Giaan Rooney at this year's Bluewater Festival.

The festival's 21st birthday is shaping up to be the best yet with the Queen's Baton Relay joining in celebrations and the beginning of the Brisbane to Gladstone Yacht Race.

Each year on Good Friday, the Bluewater Festival brings the community together to mark the start of Australia's second largest yacht race, now in its 70th year.

The free festival is organised by the Sandgate & Districts Chamber of Commerce, and the committee is excited the Games baton relay and mascot Borobi will be part of the festival.

Residents will have a chance to watch the baton relay as it makes its way along Eagle Terrace and down to the pier before travelling out onto the water by boat. Giaan Rooney will assist the Mayor to fire the yacht race canon at 11am.

"The fact the relay has come to the Shorncliffe Pier showcases it is an icon of not just our city but of our state," says Chamber president Bill Gollan.

Another highlight of the day will be market stalls lining the pier as well as Lower Moora Park, a first for the festival. "It is going to open up more spaces for families to picnic and relax on the foreshore this year," Bill says.

The festival not only offers the perfect spot to watch the start of the race and enjoy market stalls but experience a wide variety of food vendors, new, improved carnival rides and entertainment throughout the day. The festival will kick off at 8am with a yoga session on the beach.

The popular dragon boats rides will be returning, as well as smaller yacht races run throughout the day.

"We're really focusing the festival on the pier and the water this year," Bill says.

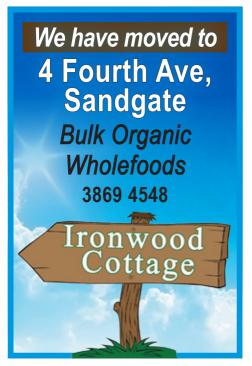
Breakfast Creek Vintage Boat Club will be showcasing award-winning boats alongside the pier.

"It will be just like the old days when boats used to moor beside the pier before the race," he says.

A full program of live entertainment is planned for the day, with a fireworks display coordinated to music finishing off the evening at 7.30pm.

Getting to and from the festival will be easy with buses running regularly and Shorncliffe train station only a short walk away.

For more information, visit bluewaterfestival.org.au or follow the event on Facebook.



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BLUEWATER FESTIVAL



WHAT:

BLUEWATER FESTIVAL Celebrating the start of the Qantaslink Brisbane to Gladstone yacht race

WHERE:

Shorncliffe Pier and Lower Moora Park

WHEN: Good Friday, 30th March 2018

ONLINE:

bluewaterfestival.org.au

BUNNELON FOSTAND

8:00am	Yoga on the Beach
10:00am	National Servicemen's Memorial Pipe Band
10:30 am	Meet Borobi, the Commonwealth Games Mascot
10:54am	Commonwealth Games Baton Relay
11:00am	Start - 70th Brisbane to Gladstone Yacht Race
11:30am-12pm	Dublin Rose - solo artist
12:00pm - 12.30pm	Elliena Escott - solo artist
12:30pm – 2.30pm	The Lost Boys
2.50pm – 4.50pm	Whitenoise Band
5.10pm – 7.30pm	Beehives
7:30pm	Fireworks Soundtrack Fireworks Display

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BLUEWATER FESTIVAL - MARCH 30

GROOVE ON DOWN TO THE BLUEWATER FESTIVAL

Story Christine Chamberlain

Kick off your Easter long weekend with a full line up of live entertainment at this year's Bluewater Festival.

The main act The Beehives is a tribute to the 60s girl groups, soul, Motown and the sweethearts of the hit parade, including the beehive divas of today. Other acts include The Lost Boys, Whitenoise, Elliena Escott and local solo artist Dublin Rose.

Sandgate and Districts Chamber of Commerce president Bill Gollan says Bluewater Festival is a great opportunity for the community to enjoy an afternoon of great music by the bay.

"We've got some great acts. The festival is becoming known over the last few years for having high-quality tribute bands," Bill says.

Gold Coast singers and dancers Mandy, Paula and Leanne bring the 60s to life as the Beehives, with sweet harmonies and all the groovy dance styles of the era.

Be transported back with beautiful costumes and the glamour of the 60s hair and make-up. Relive the dance styles and join in with the pony and the twist.

All styled up The Beehives' pay tribute to The Shirelles, The Supremes, The Exciters and more, and

add a modern twist with The Beehives of today Amy Winehouse, Adele and Duffy.

The Lost Boys are a sort-after rock fusion trio with more than three decades of rock industry experience.

The band members have backed some of Australia's legendary rock icons including Glenn Shorrock, Daryl Braithwaite, Jon Stevens, Ross Wilson, Richard Clapton, Joe Camilleri and Wendy Matthews.

Their incredible energy, rich harmonies, driving backline and outstanding musicianship ensures this band leaves their audience wanting more every time.

Whitenoise is a punchy four-piece rock outfit that combines the talents of four musicians covering a wide variety of hits spanning six decades.

Fronted by Kate and Matt White, the group is backed by US's Russell Baker and 2015 Aria Nominated guitarist and producer Luke Palmer.

Live entertainment will begin at 10am with the 2RAR Pipe band. The Beehives take to the stage at 5.10pm.





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NEW BASKETBALL FACILITIES IN Deagon and Brighton

Photo Paul Neil



B asketball enthusiasts will be spoilt for choice very soon in the Deagon Ward with the addition of two new courts!

Councillor for Deagon Ward Jared Cassidy said a brand new basketball half court will be installed at the Deagon Sportsground Reserve and a full-sized court at Decker Park in Brighton. The current half size court at Decker Park will be retained for other uses.

"I have received a lot of requests from residents for more basketball facilities with the sport increasing in popularity. I am very pleased to fund these two important projects through the Deagon Ward Footpath and Parks Trust Fund.

"Basketball is one of the highest team participation sports in Australia, and youth participation in the sport continues to grow year on year. Having more community facilities like these support this growth. "The existing half-court at Decker Park will be retained and we will look at converting it to handball courts or something similar.

"With a brand new large shelter and BBQ area at Decker Park, this will be a great area for people of all ages to gather, socialise and keep fit and healthy.

"The addition of the new courts brings the total of basketball facilities in the Deagon Ward to five. The other facilities are at Donna Philp Park, Boondall (half court), Mulbeam Park, Boondall/ Taigum (full court) and O'Callaghan Park, Zillmere (full court).

"The addition of these two new courts offers local residents more options to get outdoors and stay active and healthy."



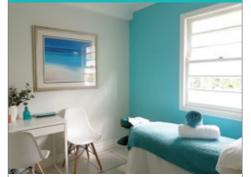
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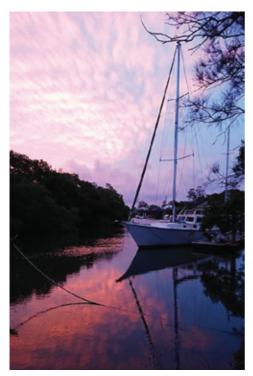
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LOCATION: Cabbage Tree Creek, Deagon PHOTOGRAPHER: Gabriella Szondy



LOCATION: Sandgate PHOTOGRAPHER: Paul Jones



LOCATION: Sandgate PHOTOGRAPHER: John Smilth



LOCATION: Sandgate Foreshore PHOTOGRAPHER: Charlie Durant



LOCATION: Dowse Lagoon, Sandgate PHOTOGRAPHER: Melissa Price

BAYSIDE SNAPSHOTS



LOCATION: Sandgate Foreshore PHOTOGRAPHER: Charlie Durant



LOCATION: Einbunpin Lagoon, Sandgate PHOTOGRAPHER: Vladimir Nabokov



LOCATION: Sandgate PHOTOGRAPHER: John Smith

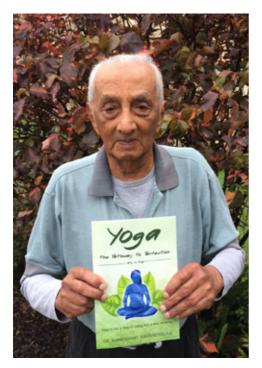


LOCATION: Shorncliffe Pier PHOTOGRAPHER: Jasmine Cooper

Send your local pics to photos@sandgate.com.au

FETED BY THE COMMUNITY

Story Brooke Jacobson



he residents of Regis Sandgate are keen to show that retirement living does not mean the end of fun.

Formerly Masonic Care Queensland, Regis is putting on its first ever Residents Fete, designed to showcase the talents of older people.

Assistant Facility Manager, Nikki Hodnett, says there will be something for everyone.

"The concept behind it is really to show the area what our residents can do," she says.

"We have so many people here with a talent — we have residents who create art, residents who are into crochet and gardening, we have authors — it's a diverse community."

At 97 years of age, Regis resident Dr Kandasamy Arunachalam (known as Aru), has no intention of slowing down. Born in Sri Lanka in 1920, he was a general medical practitioner. He and wife Astraid had five children, and they migrated to Australia in 1983.

He has published four books on meditation and yoga and continues to promote the idea that we all have the opportunity to find happiness and inner peace. Aru will have his own stall at the fete, selling and signing copies of his books.

Ms Hodnett adds one of the benefits of the fete is the interaction with the broader community.

"This is really about social stimulation for our residents," she says.

"And about getting the community involved at Regis and seeing what our residents have to offer."

There will be a sausage sizzle on the day, as well as food vans, art and craft stalls, a plant stall and for the kids, a jumping castle and animal farm.

"The residents are really very excited, they want a chance to show what they can do," Ms Hodnett says.

The fete will also feature musical entertainment with a band playing two shows — one in the morning and one in the afternoon — and talks from local organisations such as the Men's Shed.

"We're really keen to get a great, festive atmosphere here during the fete for everyone," Ms Hodnett says.

"This is about community-based awareness and showing the talents of our residents."

The Resident's Fete will be held at Regis Sandgate, 60 Wakefield Street, Sandgate on Saturday, March 24 from 10am to 3pm.

For more information, email sandgateam2@regis.com.au



REGIS SANDGATE RESIDENT EASTER FETE ALL WELCOME

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SANDGATE Jilm Gala



FILM, FILM, AND MORE FILM

The Sandgate Town Hall will come alive on Saturday, March 24, with the historic building becoming host to the inaugural Sandgate Film Gala; a screening of short films for young and old, sure to be heartwarming as well as entertaining.

Organisers of the Sandgate Film Gala, Catherine Cox and Leanne Palmer created the event after being wowed by what they saw at Gympie's Heart of Gold (HOG) Film Festival in 2017. They wanted to bring some of that festival back to the town they love — Sandgate — adding a bit of a local content, a good dash of old-fashioned splendour and fanfare to create a day that will be enthusiastically enjoyed. We are bringing something fresh and new to the area," says Catherine. "From the support we have received, [the event] is being welcomed by the community."

All sessions have been put together with an emphasis on creating audience engagement. They hope the viewers will be taken on a journey of the emotions and the senses, with laughter guaranteed.

"The movies themselves are special, but we also want the whole event to be special and memorable, like HOG was for us," Catherine says.

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GALA NIGHT

Local Heart of Gold Shorts Q&A with Local filmmakers Premium Heart of Gold Shorts Bar - Raffle

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FILMS

There will be three sessions — the Family screening, the Historic Brisbane session and the Gala Night. Tickets can be purchased for the individual sessions, or for those who wish to have the full experience, a Full Heart ticket will allow entry to all three sessions.

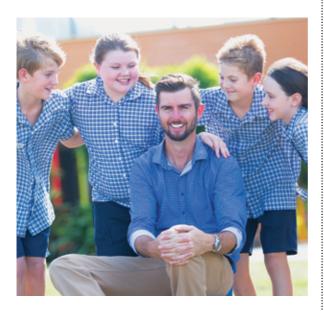
Catherine says, "The Gala night will be elegant and fun, while the family session will provide an atmosphere of casual viewing, allowing the kids to bring a pillow and cozy up on the floor. Our history session will be Brisbane-centric with some wonderful shots of the local area."

Leanne suggests, "Make a day out of it. There will be an opportunity between sessions to get a bite to eat at nearby cafes, share impressions, sip on a cool drink, relax in a park or stroll along the foreshore." Many local businesses and government representatives have generously supported the event, with profits from door sales going to local not for profit community organisation SANDBAG so that the goodwill, fun and benefits will continue to circulate throughout our community.

Tickets: www.eventbrite.com.au (search Sandgate Film Gala)







PRINCIPAL GRAY ARRIVES ON THE BAY

Photo Paul Neil

St Kieran's Primary School in Brighton is kicking off the 2018 school year with the arrival of new principal, Ben Gray.

In his 11th year of teaching, Ben was excited at the opportunity to be involved in such a tight-knit school.

"Having spent the last four years in the close community of Gayndah with my wife and three daughters, I was motivated to move closer to Brisbane and grow in my leadership capacity, while still working as part of a school which valued and lived out the importance of working together," he says

"St Kieran's has always prided itself on maintaining a strong sense of community, and I was motivated to be involved in shaping and leading that direction."

Ben says St Kieran's is a special place and there is always a buzz around the school.

"The mornings are filled with smiling faces and genuine excitement," he says.

"Our staff are some of the most motivated people I have ever worked with, and they value every student and parent who walks into our grounds."

DECADE OF Brush Strokes on The Bayside

Story Emma Harley

The Bayside's artistic talents will be on show this month as the Sandgate Art Society presents its 10th year of the Sandgate Easter Art Show.

Sandgate Art Society president John Blackley says the show coincides with The Bluewater Festival and is an excellent community event as it features predominantly local artists.

"The show is celebrating its 10th anniversary at St Patrick's College in Shorncliffe and has interest from artists and guests near and far," he says.

"And I believe the fact that the event attracts hundreds of visitors each year says a lot about the vibrant art community we have here in Sandgate."

John says people can expect great quality art in the mediums of painting, drawing, prints, photographs, pottery and sculpture.

"The highlight of this family-friendly event will be opening night when the art prizes are announced," he says.

"And with canapes, drinks and a view overlooking the pier, it is a wonderful event for the whole family."

The show begins on Thursday, March 29 and runs until Saturday, March 31.

For more information on the event, visit the Sandgate Art Society Facebook page.

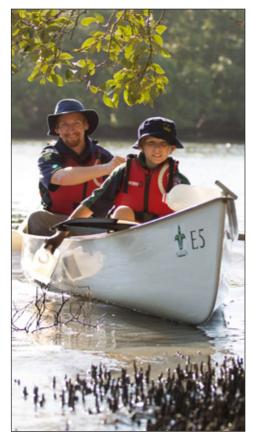


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SEA SCOUTS CLEAN UP

Story Christine Chamberlain Photo Paul Neil



Lee Rossow and David Matthews

team of young eco-warriors is tackling Australia's biggest cleanup day by water this year.

More than 70 Scouts members are taking part in Clean Up Australia Day on Sunday, March 4 by cleaning the waterways of Cabbage Tree Creek and Nudgee Creek.

Basing themselves from Brownsea Water Activity Centre at Shorncliffe, the young volunteers will be cleaning up about 20 kilometres of creek and banks by kayak and canoe. The scouts are not alone. Teams of volunteers right across 4017 are preparing to clean up local parks, streets, bushland, beaches and waterways, and there is still time to get involved.

Brownsea region leader Lee Rossow, who is coordinating the Shorncliffe clean up, believes it is important the whole community gets behind initiatives such as Clean Up Australia Day.

"It is critical for all generations to be involved and to have fun doing it," Lee says.

"The protected areas of Boondall Wetlands and surrounds, along with the protected marine zone of Nundah Creek, are vital natural habitats, which need protecting and monitoring."

Lee and his team will be paddling from Brownsea up Cabbage Tree Creek from 9am. Members of the public with their own craft are welcome to join them.

"We will also have a safety boat, which we can put larger or sharp items in," he says.

"A lot of debris builds up in some of the swirling backwaters of Cabbage Tree Creek, especially after rain and floods.

"It is important that we have continual monitoring of these important areas for the continuation of the existence of key species."

Clean Up Australia Day began in 1989 as an initiative to clean up Sydney Harbour, but it now attracts almost one million volunteers at various events across the country each year.

Many local schools are getting involved on School Clean Up Day on Friday, March 2.

If you would like to volunteer, find your closest clean-up site by visiting cleanupaustraliaday.org.au. Alternatively register a new site online and get your friends and family involved.

All volunteers need to wear closed in shoes, gloves, hat, sunscreen and eye protection and carry plenty of water. Rubbish bags will be provided. Sandgate Hearing Phone: 3603 1370

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Madonna Whillans, daughter of Lorna Leigh, Sandgate

John Finglas and Norah, Bracken Ridge

June Appo - Thulimbah

We visited Mr Henderson's bar in Sandgate and asked: WHAT WILL YOU BE DOING THIS EASTER?

Compiled by Emma Harley and Donna Roberts



NAME: Stu

Brighton QUOTE: My family and I always do an egg hunt on Easter Sunday.



NAME: Katrina LOCATION: Mango Hill

QUOTE: This year I'll be on holidays in the USA so I'll be at Disneyland!

NAME: Jill

LOCATION: Burpengary

QUOTE: I will be catching up with friends in the local area.



NAME: Michele

LOCATION: Geebung

QUOTE: I plan to do absolutely nothing and I am REALLY looking forward to it!





NAME: Bryony

Kallangur

QUOTE: Easter Sunday is my birthday this year so I will be having a family jetski day.



NAME: Adan LOCATION: Mango Hill

QUOTE: I will be enjoying all the sights and sounds of being on holiday in Las Vegas!





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A WORD FROM OUR REPRESENTATIVES

Cr Jared Cassidy

Stirling Hinchliffe MP



Each financial year I receive many and varied applications for funding through the Deagon Ward Lord Mayor's Suburban Initiative Fund. Some of the groups I was very pleased to be able to support this

year include the Brownsea Scouts Shorncliffe (junior personal floatation devices), St Vincent de Paul Society (Christmas Hampers for local families), Bhutanese Nepali Multicultural Festival and equipment for the Bayside Divas. Whilst this year's fund is exhausted, I encourage community groups, sporting groups and schools to apply for funding in July when the fund will reopen.

Active School Travel is alive and well in the Deagon ward with four schools enrolled in the program this year. Nashville State School and Shorncliffe State School are in their first year of the program, Sandgate State School in its second and St Flannan's is in its third. It is great to see so much enthusiasm shown by not only the students but also their parents and teachers. For more information on the program head to the Council's website: https://www.brisbane.qld.gov.au/traffic-transport/public-transport/school-transport/



I encourage 4017 locals to make the most out of the Queensland Government's 'Energy Efficient Appliance Rebate' scheme. The \$20 million scheme will see rebates given to those who have purchased new, eligible four-star or higher appliances from 1 January 2018. The

rebates include: \$200 for washing machines; \$250 for fridges and \$300 for air conditioners. This is one of the best ways you can save on your electricity bill, and that's why this rebate is part of our \$2 billion 'Affordable Energy Plan'-to help make 4017 power bills more affordable.

The plan includes: \$50 a year off every household bill over the next two years; An annual discount for regional Ergon customers who take up Ergon's direct debit Easy Pay Rewards payment options — \$75 for households and \$120 for small businesses; Ensuring electricity prices for typical households and small business remain below inflation on average over the next two years.

Households will have 30 days from the date of purchase to submit their application in full. However, for those who have purchased their appliance on or after 1 January 2018, prior to applications opening on the 19 February, they will have 30 days from then to submit their application in full (March 20).

Ph. 3639 9100 or email: sandgate@parliament.qld.gov.au

Cr Amanda Cooper



There will be a number of exciting projects happening around the Ward in 2018, in particular, the start of construction for the Bracken Ridge BMX facility from February, weather and site conditions permitting. The new BMX facility will cater for a diverse range of riders,

from young children and beginners to professional riders. The project is expected to be completed in mid-2018.

Council has also been finalising the planning and design for the new Bracken Ridge Library. The library will be approximately 1,000m2 and include meeting rooms with secure after-hours access, a new

children's area, areas for quiet reading and relaxation, outdoor spaces and additional parking. Works will commence from July/ August 2018.

We also have a number of projects on track to be delivered in the Bracken Ridge Ward under Council's 17/18 Budget including the installation of play equipment in our local parks and road resurfacing and kerb and channelling in a number of streets.

On the topic of budget, I'll be collating my Budget Submissions Wishlist in the coming weeks for the 18/19 financial year. If there's something you would like to see in the Ward, please contact my office on 3667 6000 or send an email to brackenridge.ward@ bcc.qld.gov.au or contact me via my facebook page www.facebook.com/cr.amanda.cooper

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Join me on the mat in Sandgate village for a group yoga class every Thursday. Yoga flow is a light vinyasa-style class where we move with breath, suited for all levels of experience. The studio is child friendly and kids are most welcome.

Yoga flow every Thursday 11am-12midday

Chew Chew Train Fitness Studio - 2/99 Brighton Road Sandgate

\$15 or \$10 for Chew Chew Train members

Private yoga classes available for \$60/hour and health fund rebates may apply.

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FEEL BETTER!

Story Philip Woods

Standing upright was a pretty important development for us humans; it occurred a little while back, somewhere between three and six million years ago. Remember?

In slightly more recent developments, we started studying how that whole uprightstance-thing affected us, and more so, how our fairly flimsy frames actually function.

The profession of chiropractic began in 1895 in Iowa, when D.D. Palmer noticed a protruding bump in the back of a partially deaf janitor working nearby. The janitor's name was Harvey, and it turns out that he lost some of his hearing after moving awkwardly and popping a vertebra out of place in his spine. D.D. Palmer adjusted the janitor's spine, the vertebrae popped back into place, and shortly afterwards Harvey's hearing returned. Sounds strange, but it's true.

Chiropractic is a healthcare discipline with a

focus on the relationship between the spine and the nervous system. The nervous system coordinates the function in the body, and how the body is functioning affects our ability to grow, heal and move, including organ and tissue health.

Dr Tim Weiks of Sandgate Family Chiropractic discovered the benefits of chiropractic 25 years ago. "I first realised my passion for chiropractic care over 25 years ago, when I suffered a sports injury... Constant headaches, back pain, and neck soreness were preventing me from concentrating in lectures and playing the sports that I loved."

"After taking advice from doctors, physiotherapists and optometrists, none of the recommended methods alleviated my pain... After a very short time of chiropractic care, I was able to get through each day without discomfort. My energy levels soared,

...A better you, TODAY!

allowing me to ace my exams, regain my fitness safely and enjoy my quality of life."

The moving bones of the spine protect the intricate communication pathways of the spinal cord and nerve roots. Addressing the interaction of the 24 bones in our spine and the nerves that rely on them can have far-reaching benefits for our overall health and wellbeing.

"We assess the body as a whole, and work equally with joints, nerves, muscles and bones in order to restore body balance and relieve pain."

Chiropractic treatment can benefit a range of age groups, from infants to the elderly, as well as assisting pregnant women, people recovering from injuries and those seeking to improve their general wellbeing.

Part of the chiropractic approach focuses on promoting the essential components of nutrition, exercise, rest and a positive attitude; all things to help you feel better in life!



Advertise here from \$88. info@sandgate.com.au

Music By The Sea

Saturday, March 3 7:30pm, Sandgate Town Hall Tickets online - musicbythesea.com.au Adult \$30 - Concession \$25

March: The London Klezmer Quartet (UK)

After wowing audiences overseas and with five sell-out tours in Australia, LKQ brings the earthy, toe-tapping, celebratory music of Jewish Eastern European to Sandgate early this month.

ENSEMBLE TRIVIUM PRESENTS LOCALLY SOURCED



Story Donna Phillips Photo Chris Dixon

April: Ensemble Trivium

D o you love evolving, fresh chamber music? Thought you'd say "yes." Well then, may we suggest that Trivium, formed by a group of top-notch, spirited Brisbane jazz and classical artists, ticks all the boxes.

Core members Monika Koerner (flute) and Nicole Tait (bassoon) are joined by guests Nozomi Omote (percussion) and Nicholas Harmsen (clarinet), to present a colourful new project titled Locally Sourced.

The result is a journey across traditional harmonies and through new terrain inspired by fiction, dance and states of change, juxtaposing what is described as 'the highs of rhythmic intensity to states of lyrical calm'.

"We're doing something a bit different by working with a core of flute and bassoon and adding percussion and clarinet. It's not a genre per say. Perhaps you could call it 'art music'. It's a mix between classical and contemporary with some jazz elements," Monika said. And while these virtuosic musicians excel in bringing this soundscape to life, the works of five well known local composers provide the vehicle.

The playlist consists of new works by Robert Davidson's (Topology) who composed Bond Over Triads; John Parker (Trichotomy), The Novice's Guide to Change; Steve Newcomb, Suspended Belief; Rafael Karlen, Trio in Four Parts; and Thomas Green, Imaginary Dances.

Trivium, which translates from Latin to 'the place where three roads meet', is proudly supported by the Queensland Government through Arts Queensland.

"The project grant covers three concerts. The first we performed at the ABC's main studio at Southbank. And Music By The Sea is the second special event," Monica added.

Saturday, April 7 7:30pm, Sandgate Town Hall Tickets online - musicbythesea.com.au Adult \$30 - Concession \$25

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Artist Marie Smith is getting ready to enter some of her latest landscape paintings in painting competitions.



Walter and Sharon forever! The cute Kuhns were celebrating Valentines Day together with a beautiful bouquet of flowers and a walk in the park.



Locals siblings, Charlie, Darcy and Bella Devine, came to Curlew Park, Sandgate for some fun family photos together.



St Patrick's College Year 9 students prepare to step away from their parents on Shorncliffe Beach at dawn for 'The Rite Journey' a rite of passage event to prepare the boys for adulthood.



Scouts, Poppy (front) and Orla, were out in canoes on Cabbage Tree Creek with Brownsea Scout Water Activitiy centre instructor Jenny Annand.



Ukelele player, Jen Gay, says thank you to all locals who support her as a street muso in our community.





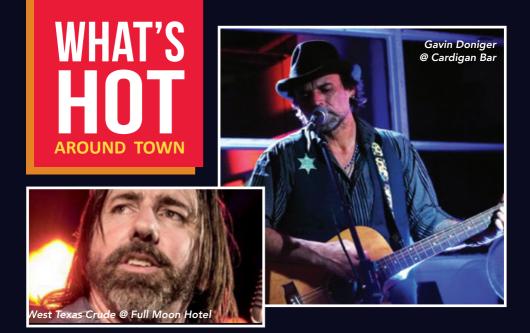
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Story Emma Harley

Headlining a jam-packed month on the Sandgate entertainment scene are popular rockabilly rockers West Texas Crude, who will kick-start a three-month residency at The Full Moon Hotel on March 4.

"They bring a touch of rockabilly, rock n roll, rhythm, blues and roots music, putting their own twist on popular covers and artists," says **Full Moon Hotel** owner Lucinda Black.

"It's a free gig, so drop in for a Sunday arvo of knee slappin' and toe-tappin'," she says.

Now let's get quizzical, Sandgate. Trivia is back at **Mr Henderson** on Thursday, March 22 from 7pm and for those who love nothing more than curling up on the couch in front of Netflix for the day, this theme's for you.

The Binge Watchers Trivia Night will delve into the finer details of the shows you just can't get enough of, and Focus Trivia & Comedy host Anthony Walsh says it's already shaping up to be a big one.

"It's all about that new-ish phenomenon of bingewatching, and the TV and movie series that people binge watch. There'll be something for everyone," he says.

"This topic has already generated a fair bit of interest on Facebook. You can't book a table at Mr Henderson, so I recommend getting there by 6.45pm to grab a good spot for your crew.

"The winners will take home a \$50 bar tab, plus there will be spot prizes throughout the evening."

Expect to be grilled about House of Cards, The Wire, Game of Thrones and many more.

Meanwhile, over at the **Cardigan Bar** on March 3, patrons can get knee deep into some swampstompin' blues thanks to Gavin Doniger and his Mescalito Blues.

Gavin says the Cardi Bar always provides a rollicking good time for blues fans.

"I really like the vibe of the Cardigan Bar and the people that go there," he says.

"What I have in store for the Cardi crowd is some of my unique swamp-stompin' grooves consisting of original tunes and some favourite covers.

"No loops, no gadgets — just raw, organic blues."

Ladies, hold on to your hats. Badboys is here to bedazzle and potentially frazzle your hair in Australia's premier all-male revue.

It will be going down at the **Bracken Ridge Tavern** on Friday, March 23 from 7pm. So if you have a hen's night, birthday or even if you've had a tough week, get down to the BRT for some muscled, manly fun. BYO fake tan, 1980s G-strings and fake mullets.



Take Control of your Future

Sarah Cleeland Family Lawyers are experienced Family Lawyers located in Sandgate, offering clients advice and representation in all areas of Family Law, Domestic Violence, Child Protection and Relationship Law.

The firm prides itself on offering clients a depth of legal experience in Family Law litigation, advocacy and Mediation with Lawyers that bring to the firm background experience in human services, community services, domestic violence and child protection.

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Sarah Cleeland is an accredited National Mediator and Registered Family Dispute Resolution Practitioner and is available to conduct mediations in all areas of family law



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Open Mic Cardigan Bar 7pm

FRIDAY 2

DJ Galvanism Phoenix Bar & Lounge 6pm

Peko Full Moon Hotel 8pm

SATURDAY 3

The Amanda Emblem Experiment Phoenix Bar & Lounge 7pm

Body and Soul Post Office Hotel 7:30pm

Gavin Doniger Cardigan Bar 7:30pm

London Klezmer Quartet Sandgate Town Hall 7:30pm

Steve Hargreaves Full Moon Hotel 8pm

SUNDAY 4

West Texas Crude Full Moon Hotel 2pm

Liam Bryant Solo Phoenix Bar & Lounge 2pm

Tim Andersen Cardigan Bar 4pm

THURSDAY 8

Open Mic Cardigan Bar 7pm

FRIDAY 9

Liam Waller Cardigan Bar 7pm

Soul Cutz Phoenix Bar & Lounge 7pm

GIG GUIDE

Post Office Hotel 7:30pm

Shane Wilkinson Full Moon Hotel 8pm

Flatline

SATURDAY 10

Irish Sessions Cardigan Bar 3pm

Two Smooth Phoenix Bar & Lounge 7pm

Sky Eater at Post Office Hotel 7:30pm

The Family Cardigan Bar 7:30pm

Darr<mark>en Lawrence</mark> Full Moon Hotel 8pm

SUNDAY 11

Fabio Tolli Phoenix Bar & Lounge 2pm

Tom Roberts Duo Full Moon Hotel 2pm

Daryl James at Cardig<mark>an Bar</mark> Cardigan Bar 4pm

FRIDAY 16

DJ Jordan Phoenix Bar & Lounge 6pm

AKoVA Cardigan Bar 7pm

Peko Full Moon Hotel 8pm

SATURDAY 17

Ben Stewart Full Moon Hotel 2pm

Dan England Duo Phoenix Bar & Lounge 7pm

BERT Cardigan Bar 7:30pm

Lawrence & the Machine Full Moon Hotel 8pm

SUNDAY 18

Dean Powter Phoenix Bar & Lounge 2pm

Pub Piano Singalong Full Moon Hotel 2pm

Little Sparrow Cardigan Bar 4:30pm

FRIDAY 23

Double Jack Phoenix <mark>Bar & Lounge 7pm</mark>

Abbie Cardwell Cardigan Bar 7:30pm

Adam Dunn Post Office Hotel 7:30pm

Mark Chomyn Full Moon Hotel 8pm

SATURDAY 24

Body and Soul Post Office Hotel 7:30am

Dan England Duo Phoenix Bar & Lounge 7pm

Mike Ling Cardigan Bar 7:30pm

Will Day Full Moon Hotel 8pm

SUNDAY 25

Dan England Phoenix Bar & Lounge 2pm

Kel Harper Full Moon Hotel 2pm

Vinyl Club @ Cardigan Bar Cardigan Bar 6:30pm

SATURDAY 31

Tyrone Noonan Phoenix Bar & Lounge 7pm

Nik Conomos Full Moon Hotel 8pm

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TRIVIA NIGHT PEKO STEVE HARGREAVES BREAKFAST WEST TEXAS CRUDE

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MON (12/03) @ 5:30PM TUE (13/03) @ 5:30PM WED (14/03) @ 5:30PM THUR (15/03)@ 7PM THUR (15/03)@ 7PM FRI (16/03) @ 8PM SAT (17/03) @ 2PM M SAT (17/03) @ 2PM M SAT (17/03) @ 2PM M SPM

SUN (18/03) @ 8AM @ 2PM REEF & BEEF SCHNITZ DAY TRIVIA NIGHT PEKO BEN STEWART LAWRENCE AND THE MACHINE BREAKFAST PUB PIANO SINGALONG W`LUKE KINGSTON

MON (19/03) @ 5:30PM **KIDS EAT FREE REEF & BEEF** TUE (20/03) @ 5:30PM SCHNITZ DAY WED (21/03) @ 5:30PM THUR (22/03) @ 7PM **TRIVIA NIGHT** MARK CHOMYN FRI (23/03) @ 8PM SAT (24/03) @ 8PM WILL DAY BREAKFAST SUN (25/03) @ 8AM **CHILDREN'S MAGICIAN** @ 11AM **& BALLOON ARTIST KEL HARPER** /j @ 2PM



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NOTICES YOGA FOR MUMMIES

Join other like-minded Mums for a time to connect, strenghthen, and restore. All children welcome! Bring your mat, water, and any favorite toys. A play area will be provided. Stay for a chat and play afterward to connect with other parents in your area!

Bookings essential at www.megancrossfield.com

Where: Fitzgibbon Community Centre

When: Thursdays at 11am

\$15.00 per family (Cash or Direct Deposit prior to class)

CRAFT BY THE SEA

Garden therapy for adults living with a disability. Activities include art, craft, recipes and many more creative ideas using materials found in your back yard. This group provides an opportunity to create, grow and develop new skills in a friendly supportive environment. Morning tea provided. All abilities welcome to join this class.

Where: Womenspace, 11 Second Ave,

When: Mondays throughout the school term, 9.30 – 11.30am

Cost: \$10 Bookings essential. Phone 0435 243 226

LAURIE'S BEACH WALK

Discover the web of life along the Sandgate foreshore and tidal flats with Laurie's Beach walk. Sponsored by Keep Sandgate Beautiful and named after Laurie Jeays in recognition of his environmental interest and work in the community. Tuesday 13 March 1pm. Booking Essential - Ph 0410 327 095

GEM FEST 2018

The North Brisbane Lapidary Club's annual Gem and Jewellery Festival is on again at the Bracken Ridge State High School over the weekend 3-4 March. Doors open at 8.30am. Entry is \$5 for Adults and \$2 for kids.

UNPLUGGED CAFE

SANDBAG's Unplugged Cafe is on the 1st Friday of every month and has been running for over 10years!

The next Unplugged Cafe will be a Multicultural special, featuring Middle Eastern food (Iran and Iraq) with music and performances from the same regions, it's going to be amazing!!!!

When: Friday March 2nd, from 7pm

Where: SANDBAG Community Centre, 153 Rainbow Street, Sandgate.

Entry: \$6 or \$3 for concession. Meals \$10, Dessert \$5. Beer and wine available.

For more info, contact Garry on 3869 3244

HISTORY WALKS BY SANDGATE MUSEUM

The Sandgate & District Museum presents a program of guided walks throughout the local area. Walks later in the year will include The Dowse Lagoon Nature Trail, and Shorncliffe Pier and Moora Park History.

Next Walk: "Peep into the Past" on a walk viewing the Historic homes in Sandgate.

When: March Sunday 11th at 9.30am

Cost: \$25 and includes morning tea.

All of the walks are rated "easy" and are approximately 2 hours.

BOOKINGS ESSENTIAL Ph 3869 2283 (leave message) or ph 0410 327 095.

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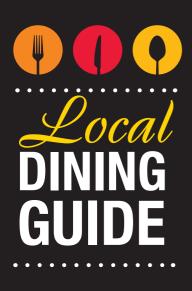
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BAAA

Baaia 94 Flinders Parade, Sandgate



NEW OWNERS EMBRACE BAAIA

Story Emma Harley Photos Paul Neil

Tt's been less than a month since Shorncliffe locals Karen Broadhurst and Rich Hodgson took the reins of Sandgate's Baaia Cafe, but the husband and wife team are making waves at the waterfront favourite.

Hailing from a hospitality and real estate background, Karen says the decision to take over the popular cafe stemmed from previous cafe ownerships.

"We moved up from a town called Bungendore just outside Canberra in May, where I was a real estate agent for the past five years," she says.

"I started in real estate here in Queensland, but I found it really difficult, after being successful in Canberra, to start all over again in Brisbane.

"I've owned several cafes over the years and had always wanted to explore this again, so when [Baaia] came on the market it seemed like the perfect opportunity."

Karen says the success of the cafe has been immediate and the demand overwhelming.

"The response has been very positive and we are very busy at the moment; almost completely full on weekends," she says. "We are getting more tables to cope with the demand from our patrons and are going to open Friday and Saturday nights in the near future."

But Karen says it is the picturesque views of the waterfront, unique food and amazing staff that really make the cafe stand out.

Obviously our position is spectacular and one of a kind in the local community," she says

"But our food always brings the patrons back time and time again.

"We offer cafe food that is different — we sell croque monsieur, which is a French version of a toasted ham and cheese sandwich, as well as your everyday brekky favourites and we make the most amazing hash browns.

"Lunch is made up of really fresh dishes like Thai fish cakes, and as my husband is Cornish, we will be making traditional Cornish pasties.

"We also have two new chefs and new baristas who are young, vibrant and really enthusiastic."

For information on Baaia or to make a booking visit the Facebook page or phone 3269 7510.

Local DINING GUIDE





94 Flinders Pde, Sandgate Foreshore

BAAIA

Feature: Creative, fresh, seasonal food, coffee and homemade cakes on the water front. Open for coffee, breakfast, lunch and snacks from 7am. Eat in or take away.

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196 Flinders Pde, Sandgate (opp. Pool) Fish 'n' Chips

www.fishonflinders.com.au



90 Flinders Parade, Sandgate Fish 'n' Chips 3269 0416

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FISHMONGER

Feature: Sandgate Fishmonger is a family run fish and chip shop on the Sandgate foreshore. We have recently moved and renovated 90 Flinders Pde (between 3rd & 4th Ave), and we're thrilled with the result. We look forward to seeing you soon.



Shop 7/140 Braun St, Deagon Cafe 0466 990 241

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Local DINING GUIDE





27 Palm Avenue, Shorncliffe Gourmet Deli 3269 6970

THE PANTRY SHORNCLIFFE

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62 Allpass Parade Shorncliffe Seafood, Burgers & Coffee 3269 7154

THE SHELLEY INN

Feature: The Shelley Inn has been serving the community fresh seafood, delicious burgers and hot coffee for over 60 years. So come down, enjoy stunning water views and meet our friendly team.



227 Rainbow St, Shorncliffe Specialty Coffee House 0410 456 251

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of Single Origin coffees. Tantalising treats and teas are also on the menu.

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TOWN HALL BAKERY

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2 Brighton Rd, Sandgate

Bakery / Cafe

3269 2316



Shop 4 / 11 North Rd, Brighton Café & Gift Shop 3269 0311

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Feature: Willow Coffee & Gifts is your one stop shop. Not only do we serve great coffee and gourmet treats, but we also stock a selection of ladies clothing, accessories, and locally made children's wear.





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VISITORS PIGGING OUT BEFORE Heading home

Photo Robert Bush Story Paul Marty

ur northern hemisphere tourists are busy stuffing themselves before their long journey home.

Not as obvious as the Pelicans and Gulls, but truly remarkable are the migratory shorebirds. They breed in Siberia and Alaska in the northern summer and then head south to avoid the northern winter.

Many of these birds call our Sandgate foreshores home during our summer. They arrive in September (some still with a little of their bright coloured breeding plumage).

These shorebirds or "waders" are medium to small birds, often not noticed on our foreshores due to their mostly subtle brown/ grey colours.

In March these amazing birds are busy trying to gain as much weight as possible to provide sufficient fuel for the long journey home. They will then return south again in September (usually to the same beach each year), followed a little later by any young they have raised in the northern summer.

You can find these birds on our mudflats at low tide and on many of our rocky foreshores from

Nudgee Beach to Hays Inlet and Tinchi Tamba Wetlands. The smallest of them (Red-necked Stint), weighing in at around 25 grams can be seen on many of the mudflats. Also along the Brighton and Sandgate foreshores you will see Grey-tailed Tattlers, Bar-tailed Godwits and Whimbrels busily feeding far out on the mud flats.

We also have Pacific Golden Plovers (typically in the rocky areas), Sand-plovers and Knots visiting the area each summer and if you are really lucky you might spot an Eastern Curlew (the largest of the waders and critically endangered), with a long curved bill like an lbis.

Each species has a different sized and shaped bill, matched to its preferred food source. That way they don't compete for resources.

So next time you're down at the foreshore, have a look for these camouflaged birds. But don't get too close and keep dogs well clear as each time they are disturbed it means they put on less fat and may not survive their long journey 13,000 km north in April.

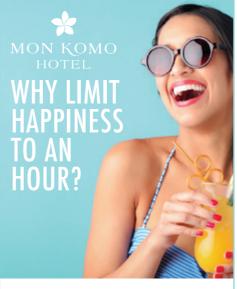
For more info on their amazing journeys, go to waders.org.au.



For more information visit www.phoenixzencentre.org

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ARTHOUSE NORTHSIDE



NEW GYM A SHORE Thing

Story Emma Harley Photo Paul Neil

Sandgate has ramped up its health and fitness image with the completion of a new outdoor gym in Arthur Davis Park.

Councillor Jared Cassidy says unlike the usual gym equipment seen in parks, this equipment is all together in one spot, rather than spread around in a circuit style.

"This means that along with other visitors to the gym, people can work on one or all of the equipment in a session," he says

"There is a range of resistance-based equipment including a shoulder press, step-ups, back extension, dexterity bar, leg press, shoulder wheel and chin-up bars."

Cr Cassidy says the new gym will add another lifestyle element to an already buzzing location.

"We see a lot of people walking, running and cycling along the foreshore and this will encourage people to get even more fit and healthy," he says.

"There are alarming rates of both childhood and adult weightrelated health issues right across Australia, and our community is not immune to this.

"Hopefully this free community equipment will encourage more people to get fit and active."

SANDGATE THEATRE PLAY 'GAME'S AFOOT'

Sandgate Theatre Inc. presents a play by Ken Ludwig, 'The Game's Afoot' (or 'Holmes For The Holidays'), a Who-Done-It with Mayhem, Suspense and Laughter.

Directed by AJ Adsett, it will show at the Sandgate Town Hall on March 9th, 10th, 16th and 17th (doors open at 7pm for a 7.30pm start) with a matinee on March 18th (doors open 1.30pm for a 2pm start).

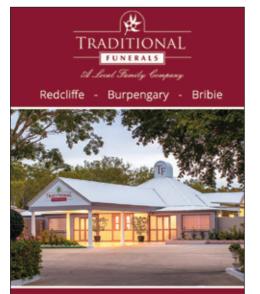
Bookings can be made by phoning 0403 886 458, or via the online booking facility available on our website www.sandgatetheatre.net.

Pricing: Adults \$22, Concession \$18 and Child \$15.

Snacks and soft drinks will be available at the canteen, with BYO food and alcoholic 'poison'.

About the show:

It is December 1936 and Broadway star William Gillette admired the world over for his leading role in the play Sherlock Holmes, has invited his fellow cast-members to his Connecticut castle for a weekend of revelry. But when one of the guests is stabbed to death, the festivities in this isolated house of tricks and mirrors quickly turn dangerous. Then it's up to Gillette himself, as he assumes the persona of his beloved Holmes, to track down the killer before the next victim appears. The danger and hilarity are non-stop in this glittering whodunit set during the Christmas holidays.



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DRONE ZONES

Story Philip Woods

You hear a buzzing above your head. Years of evolution prepare your hand to raise and swipe the air in self-defence, until you notice the propeller, wait, propellers! Four of them whirring in unison; holding a tiny craft aloft as it rises into the suburban sky.

Recreational use of drones, or Remotely Piloted Aircraft (RPA's), have become a favourite of hobbyists in recent years, and while drones are fabulous fun to fly for some, the perception of many people is that they can be intrusive, invasive or hazardous.

Brisbane City Council is now trialling the introduction of numerous parks across the city where enthusiasts can fly to their hearts' content.

Councillor David McLachlan, Chairman for Environment, Parks and Sustainability for Brisbane City Council, is overseeing the new initiative. "As drones are becoming increasingly popular, Council is receiving a growing number of queries about where residents can go to fly their drones recreationally," Cr McLachlan said.

There are ten sites around Brisbane; in our area Canterbury Park in Rushworth St, Bald Hills, and Lacey Road Park in Roghan Rd, Carseldine will be included in the trial. "The Civil Aviation Safety Authority sets clear guidelines for the safe use of drones and model aircraft, and Council has thoroughly assessed and chosen these trial sites based on their requirements" says Cr McLachlan.

These regulations can be found at CASA's website, listed below.

Currently, if operating within the guidelines, drones up to 500 grams can be used without consent; this new trial in Brisbane parks will lift the restriction to 2kg in the designated zones.

"We're committed to not only delivering world-class open spaces for residents and visitors to enjoy but also assisting in the sharing of these areas wherever possible," said Cr McLachlan.

The main message for aspiring recreational drone pilots is to do your research, know the rules that govern your activity, and have fun in the new Drone Zones!

www.casa.gov.au/aircraft/landing-page/flyingdrones-australia www.brisbane.qld.gov.au www.casa.gov.au/modelaircraft BILL GULLAN CAR SALES



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ACROSS THE BRIDGE

SAIL IN FOR A GREAT DAY OUT

Story Emma Harley

Pull up the anchor, trim your jib and get ready to hit the water — the Redcliffe Festival of Sails is back on the Peninsula, and this year the event has hit an incredible milestone.

Arguably Redcliffe's biggest festival, Festival of Sails is this year celebrating its 21st birthday with a huge lineup of events, activities, food and entertainment.

"The event first began in the mid-90s and encouraged visitors to experience Redcliffe with some of the best vantage points to view the Brisbane to Gladstone Yacht Race," says MBRIT chief executive Shane Newcombe.

"Since this humble beginning, the festival has grown to become one of the largest Good Friday events in the country.

"Coupled with spectacular views from Suttons Beach of the Brisbane to Gladstone Yacht Race, it's no wonder the Festival of Sails attracts upwards of 40,000 visitors every year."

And this year festival-goers are in for a regal treat thanks to the Queen's Baton Relay joining the festivities.

"Redcliffe is very proud to host the Queen's Baton Relay on Good Friday before it makes its way to the 2018 Commonwealth Games Opening Ceremony," Shane says. "The QBR will travel along Redcliffe Parade before being presented at the Redcliffe Festival of Sails main stage around 8.50am.

"To celebrate this momentous occasion, there will be daytime fireworks and additional live performances."

Shane says visitors can expect a family-friendly atmosphere with stacks to do that won't cost a fortune.

"When visitors aren't joining in the free activities, watching the skydiving Easter Bunny, jumping on some rides, or listening to some great live music, there are over 150 market stalls to browse and more," he says.

"Another brand new addition to the 2018 Redcliffe Festival of Sails program is the Ice Cream Fair. This will be a delectable treat for all those sweet tooths out there."

Sounds like there's a flavour for everybody.

Festival of Sails is on Good Friday, March 30, from 8am to 4pm, Suttons Beach, Marine Parade, Redcliffe.

Visit redcliffefestivalofsails.com.au for more information.





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MARKET REVIEW 4017



WHAT'S HAPPENING IN THE MARKET?

While the experts predicted a big start to 2018, the opposite is true. Not because buyers have disappeared, but owners have not been listing reducing stock levels for buyers (apart from one Suburb).

As we look at individual suburbs and how they have performed for the January period of 2017 to 2018 we see a very interesting statistic.

Brighton alone has had a 68% drop in sales and is the only suburb that has held the same amount of property available to buyers. Other suburbs have also had a drop, but this is due to the drop in stock levels.

Now, while this might sound like bad news, we have not seen a drop-in buyer activity which means that the average property is still selling in only a couple of weeks and with multiple offers.

We do expect to see an increase of homes coming to the market in the next few months

So, what does this mean for sellers? Now is the perfect time to sell with an excess of buyers.

REAL ESTATE

Jan 2017 vs Jan 2018 Sales Comparison

SANDGATE 2017: 7 Sales 2018: 5 Sales 29% decrease

SHORNCLIFFE 2017: 3 Sales 2018: 0 Sales DEAGON 2017: 4 sales 2018: 2 sales 50% decrease

BRACKEN RIDGE 2017: 20 Sales 2018: 12 Sales 40% decrease

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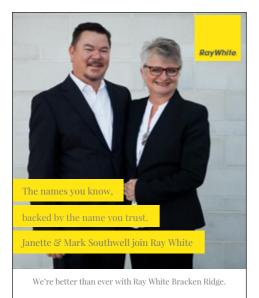
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0910 2.64	0900 0.96	0935 2.39	0851 0.80
TH 1551 0.37	FR 1438 1.65	SA 1604 0.46	SA 1436 1.74
2132 2.14	0 2048 0.79	2150 2.18	2048 0.68
2 0342 0.25	10 0343 1.94	18 0403 0.41	25 0333 2.19
0954 2.64	1026 0.98	1009 2.38	1016 0.80
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1918 0.61	2036 2.01	1943 0.61	2114 2.26
8 0140 2.06	16 0244 0.48	24 0218 2.20	31 0328 0.35
0758 0.86	0900 2.36	0851 0.80	0928 2.46
TH 1343 1.80	FR 1530 0.50	SA 1436 1.74	SA 1600 0.36
1956 0.70	2113 2.10	2048 0.68	2154 2.32



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BE A BRIGHT SPARK!

Story Philip Woods Photo Paul Neil

In South East Queensland, each year the heat goes on as summer shimmers and fades into autumn. March is historically one of our years' warmest months; freezers and fridges work harder; ceiling and pedestal fans fly furiously, and air conditioners (bless them) blast cool air upon us as we try to beat the heat.

March can also bring us more of Southeast Queensland's stormy weather that each year threatens our homes.

Local electrician Joel Leslie from JK Electrical has seen a lot of industry changes over the years, and improvements in technology are some of the most important. Joel believes that as our access to advances in electronics increases, so does our need to protect our investments.

"More advanced technology and electronics have found their way into just about every part of the home, from cooktops, ovens and air-cons as well as TV's and computers," Joel says. "We face risks now that we didn't twenty years ago; a sudden surge in power can fry everything in the home."

As a safety switch protects our homes from electrical leaks or faults from inside the property, a surge protector fitted in the main switchboard does the same for surges coming from outside the home. "This can happen for various reasons; a lightning strike in the area or even a car hitting a power pole nearby." While surge protectors aren't mandatory, Joel says they're definitely advisable.

"Technology's changed and in order to protect all of the electronic devices we now have in the home, you've got to have surge protection."

As most consumers are painfully aware, another increasingly important aspect of powering our lives now is cost-efficiency. Joel advises that one of the simplest ways to save money on your power bill is by switching to LED downlights in your home, which use around 20% of the power that old-fashioned halogen downlights use. They're great for setting the mood too!

"The LED lights that I put in have three different colours; there's a warm light which casts a yellow light, a cool light which is a bit whiter, and one called 'daylight', which is somewhere between the cool and warm lights. You can actually switch between the colours," Joel tells us. "I had a customer recently where they switched the colour coming from the downlight, and their son came home and thought that the room had been painted!"

A final tip from Joel when thinking about your home's power is about life-saving smoke alarms. "Most people don't realize that smoke alarms have an expiry date, so remember to check. This can affect your insurance coverage, but it can also save your life."

So be a bright spark! Save money, live safely; talk to a licensed electrician today!

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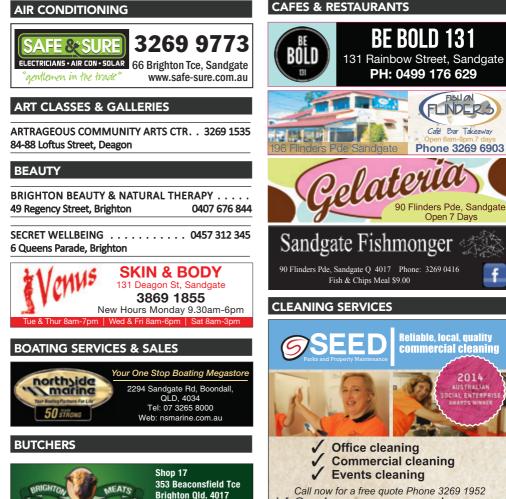




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