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FREE JULY 2018

GUIDE

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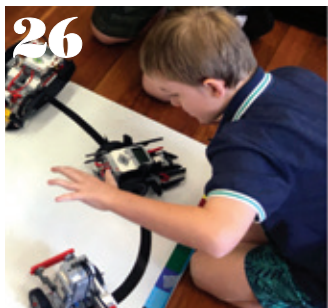
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A Note FROM THE TEAM

We are officially into part two of 2018 and what a way to kick it off! July is packed full of family-friendly fun this year, with the annual Einbunpin Festival taking centre stage in an event-filled month for the Sandgate area.

Now in its 27th year, the festival is held in the heart of Sandgate and will once again celebrate all things Sandgate, including entertainment, stalls, games and a host of local talent on show.

Deagon Picnic Race Day will also light up the area this month in a racing event like no other. Attendees can pull up a patch of grass with a blanket and a picnic basket and soak up the atmosphere of the races while enjoying a variety of entertainment, food, stalls and fashion.

Here at the Sandgate Guide, we are passionate about supporting local business and are excited to launch our new monthly series, Meet Your Local, where readers can get to know the people behind some of our favourite local businesses.

Local businesses are at the heart of what makes our bayside community great, so remember to keep them at the front of your mind when you're shopping, rather than heading straight for the big name companies and shopping centres.

Your choices do make a difference, so choose to shop local.

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EDITOR Elise Alberth

PUBLISHER

Dominic Alberth

EDITOR

Elise Alberth

PHOTO

Paul Neil

DESIGN

Crystal Gentry

WRITERS

Christine Chamberlain

Philip Woods

Emma Harley

Brooke Jacobson

Jacqueline Henry

STORY IDEAS

info@sandgate.com.au

ADVERTISING ENQUIRIES

Kristy Yaldwyn

0415 868 471

kristy@sandgate.com.au

Saddle Up FOR THE DEAGON PICNIC **RACE DAY**



Photos Paul Neil

Racing, food, fun and fashion will return to the Deagon racetrack this month for the popular Deagon Picnic Race Day.

The annual event is a great day out for the whole family, where guests can celebrate the closing of the winter racing season and enjoy a relaxing, fun-filled day out.

Racing Queensland acting CEO Simon Stout says racing has been a part of the Deagon and bayside community for many years.

"The great thing about a Queensland race day is that there is something to entertain both mum, dad and the children," he says.

"While mum and dad will be able to enjoy a flutter on the races, the children can take part in various entertainment activities - children under five years old can also enter the racecourse for free.

"Although there are more than 1500 race meetings held across Queensland each year, the Deagon Picnic Race Day is unique in that it captures the spirit and relaxed atmosphere of a country race meeting, less than 30 minutes from the Brisbane CBD."

Story Continued on P8 ►



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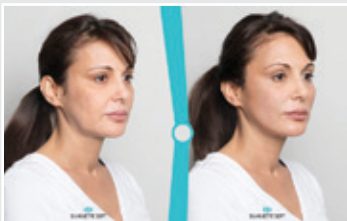
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Deagon Picnic Race Day

Continued from P6

Deagon Racing Club president Walter Kuhn says the Deagon Picnic Race Day was first launched in 2013, and after a short break, he is excited to see it return in 2018.

"There are so many exciting new additions to signal the return of the race day in 2018," he says.

"For the first time, a perpetual Deagon Cup will be awarded to the winning connections of the main race.

"There will also be a number of promotions throughout the day including a best 'selfie' competition and lucky number prize draws.



The wonderful thing about a community race day like this is that each person who walks off course may take home a different highlight for the day.

"For punters, there will be five exciting thoroughbred races, while for others it might be the fashion, the food, the live entertainment, or simply catching up with old friends."

The event offers patrons a range of options to suit all budgets and race day experiences. General Admission ticket holders can purchase food and beverages at various bars and food trucks situated on-course, and VIP Marquee ticket options are also available, starting from \$65 per person.

■ **For more info, visit the Deagon Racing Club website or to book tickets visit trybooking.com**

**July 8, 10am-5pm
Deagon Racetrack
Racecourse Road, Deagon**





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Einbunpin FESTIVAL: FRESH FUN



Story *Christine Chamberlain*

Einbunpin Festival 2018 is almost here, and the whole community is busy preparing for Sandgate's biggest showcase. Back for its 24th year, this year's festival promises all the usual favourites as well as some new entertainment, sure to make for the best celebration yet.

Deagon Ward Councillor Jared Cassidy says this year's theme is "Celebrating Our Community" and local schools, community groups, businesses and residents have spent hours preparing their stall or act.

This year, more than 160 stalls will be joined by festival first timers Queensland Penny Farthing and Historical Cycle Club (Pennies by the Sea) and the Queensland Association of Quidditch.

"There are a few new exciting additions to this year's festival," Cr Cassidy said.

"Pennies by the Sea will be joining us for the first time this year... to join in the Einbunpin fun."

The Pennies will hold their Tweed Ride on the morning of the festival and will finish within the festival arena. They will be holding an information stall and forming their famous Penny Stack later in the day. Visitors will also be welcome to take a photo with a Penny Farthing.

The Queensland Association of Quidditch will be conducting "Kidditch" workshops.



The workshops will teach children the art of Quidditch and will take place in the festival arena from 12.40pm to 1.25pm.

"This is sure to excite all those Harry Potter fans within our community," Cr Cassidy says.

Cr Cassidy encourages everyone to come along and soak up the village atmosphere of the festival on Sunday, July 29.

“ The Einbunpin Festival is one of the best ways to catch up with people you haven't seen in a while because almost everyone who lives in the area attends,” he says.

"Whether you take time to listen to some of the local musicians on one of the four stages, check out the community artworks at the Bridge Gallery or pick up some delicious jams, cakes or crafts from one of the stalls, the day is sure to be a fun one."

■ For more information or to get involved, visit einbunpinfestival.org.au and follow the event on Facebook.

Sunday, 29th July

8.30am to 4pm

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Brighton Road, Sandgate

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Einbunpin FESTIVAL PROGRAM

Festival Arena

- 8.45** Welcome to Country/Official Opening
- 9.00** Pennies Tweed Ride arrives
- 9.10-9.25** Pete Vance
- 9.25-9.40** Bracken Ridge State
High School Concert Band
- 9.50-10.05** Bracken Ridge State
High School Choir
- 10.15-10.35** Bohemienne Dreams (Soul Dance)
- 10.45-11.00** Bayside Divas
- 11.10-11.20** Sacred Heart Primary - Heart Beat
- 11.25-11.35** Sacred Heart Primary - Heart Song
- 11.30-12.00** Penny Farthing Stack

Games in Festival Arena Area

All Day - Flyzard Throwing

- 12.00** Egg & Spoon Races
- 12.15** Mullet Toss
- 12.40** Quidditch Workshop for kids (Kidditch)
- 1.25** Colouring In Competition Presentation
- 1.45** Bunpin Dances the Hokey Pokey
with the children

- 12.30- 1.15** Roving Act - Kauri Bay Collective
- 2.00-2.20** St John Fisher College 'Songbirds'
- 2.30-2.55** Che-Jazz Dance
- 3.00-3.10** Mary MacKillop Cheer and Dance
- 3.15-3.35** Jazzercise Sandgate
- 3.40-4.00** ZBN Studios - Zumba, Yoga, Sculpt



Keep your eyes out for the Bunpin as the mythical creature visits the festival — the Bunpin loves having a photo with you too! Keep an ear out for the Town Crier! Tag your photos on social media with **#Einbunpinfest**.

Festival Stage

- 9.00-9.30** Elbury
- 9.45-10.15** Rolf, Paul and Jeremy
- 10.30-11.00** Truckbucket
- 11.15-12.00** Son Semilla
- 12.15-1.00** The diVersions
- 1.15-2.00** 8am Gin
- 2.15-3.00** Idiot Grin
- 3.15-4.00** Jug O Blooze



Lily Stage

9.00-9.30 Chandler Jay

9.45-10.15 John Paul Andy

10.25-11.00 Brotherhood of the Wordless

11.05-11.35 Dublin Rose

11.40-12.10 Jon Marsden
and The Quiet Carriage

12.20-1.05 Van Larkins + guitar workshop

1.15-2.00 Little Sparrow

2.10-2.40 River Weepers

2.50-3.20 Rob McGowan

3.30-4.00 Tony Dee

Youth Stage

9am-4pm Pull up a hay bale at the Youth Stage to enjoy performances by students from various local schools. Line up for this year: Mitchell Macavanagh, Mika Atkinson, Corruption of Jazz, Mabel McCormack, Friday Marmalade & many more youth performers!

**Please leave your pets at home – assistance dogs are welcome.*

Playground

Kim Mancini Art Teepee
Sandgate Library Story Telling

Einbunpin FESTIVAL

TALENTED TRIO TAKES THE STAGE

Story *Christine Chamberlain*

Einbunpin Festival visitors will be treated to the sounds of Celtic and Australian folk music thanks to talented local trio Little Sparrow. Little Sparrow was formed in 2017 by band members Katie Lawton (vocals, fiddle), Maxine McCabe (vocals, guitar) and Jenni Lake (vocals, flute, double bass).

The experienced musicians had been playing together in another local originals band, Violets in Damascus, when they decided to start the folk trio.

"We had been talking for some time about how we would all love to start playing Celtic music and learn more about our various ancestral backgrounds, when David O'Keeffe, the conductor of the Queensland Irish Choir, asked us to play for the choir for their September concert last year," Katie says.

"It was too good a chance to pass up, so we got together and started working on some of our favourite Celtic tunes.

"We have seriously loved working on this music together and building our three-part vocal harmonies and instrumental arrangements."

Since forming, they have performed at The German Club, and more locally at the Cardigan Bar.

They decided Einbunpin Festival would be the perfect next stop to share their love of folk music with the community.

"We would love to play a small part in celebrating our local community, which we think is pretty special and unique," Katie says.

Audiences can expect a mix of traditional and original tunes, played on fiddle (Katie) whistle, flute, double bass (Jenni), guitar and banjo (Maxine), with vocal harmonies (plus the odd kitchen utensil).

These three talented women live and breathe music as well as juggling day jobs.

“ We all have a Celtic background and have all been wanting to explore the music, the stories and the history of Celtic culture in Australia for a long time,” Katie says.

They continue to share their love of folk music at Sandgate Folk Jams held at SANDBAG once a month on a Saturday afternoon.

"All instruments, voices, ages and abilities are welcome. We will be playing a variety of different styles of music from Celtic to Australian bush tunes to Bluegrass."

■ **Little Sparrow will be playing on the Lily Stage at Einbunpin Festival from 1.15pm to 2pm on Sunday, July 29.**



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/ photo by Paul Neil



FAMILY Fun

Hits the Schoolyard

St Keiran's Primary School is welcoming winter warmly this month with their popular annual Family Fun Day. Being held on Sunday, July 22, the day is a highly anticipated school event full of laughter, games and food, all for a good cause.

Principal Ben Gray says the St Kieran's Family Fun Day is the highlight of the school calendar for students and the community.

"It is the school's major fundraising event of the year, and all proceeds are directly reinvested into the school," he says.

"The school has fridges and air-conditioning in all classrooms, a new junior playground, enhanced sound and stage equipment, upgraded school oval and musical instruments have all be possible through the funds raised by the Family Fun Day.

“ The money raised from this 2018 Family Fun Day will fund a new outdoor playground for our senior students.”

There is something for everyone at the event, with a few new attractions this year to add some extra pizzazz to the day.

"There are rides for all ages, an animal farm, pony rides, sideshow alley, trash and treasure, arts and crafts, crazy hair, a farmers markets, plant stall, and cakes and sweets to name a few," Ben says.

"Hungry patrons can be assured of plenty of great food and beverage options including a BBQ stand, German sausages, pulled pork and chicken rolls, morning tea, slushies, fairy floss and a coffee van.

"Entertainment options are many with student dance performances, school band and choir performances plus other performances from local organisations such as Performance Power and Swingalicious."

Ben says the most popular event of the day is the Dunk-a-Teacher stand, where brave teachers volunteer to be drenched by their students and community members.

"Our students love the opportunity to throw a ball at a target and see their Principal and teachers get wet," he says.

"Overall it's a great event where we come together as a school and local community, and our students and staff work hard preparing for what promises to be a wonderful day."

Sunday, July 22 – 9am to 3pm
St Keiran's Primary School
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Art At The Heart Of Our Community

Story Brooke Jacobson Photo Paul Neil

Artists of the 4017 and beyond are sharpening their pencils and cleaning their brushes in anticipation of the annual Artrageous community exhibition.

The competition, now in its sixth year, opens on July 13 and calls are currently being made for entries.

Artrageous resident artist Shane Rodwell said the competition had expanded.

"Originally it was just for artists who lived in the 4017 postcode, but we have expanded it to include artists who are affiliated with the Artrageous community arts centre," he said.

"We find the competition is a great way to engage with the community, and also to nurture emerging artists. And it's a way for people who have a passion for art to climb up another rung on the ladder."

The judge for this year's competition is Christine Atkins. Christine paints in oil and is also a notable pastel artist. Her work includes lino prints, pen and ink and charcoal drawings. Christine has won numerous awards for her paintings, and her work has been published in many artists' books and magazines.

"This is a really accessible competition, for artists and the community," Shane said.

“ We do have a lot of professional artists who enter, and there are those who enter who may not make a living from art, but they're passionate about it.”

The winner of the competition receives a solo exhibition of their work at Gallery 4017 in Loftus Street, Deagon, which will be held in June next year.

Last year's winner Marietta Hanaghan currently has her exhibition of watercolours titled 'Water. Logged' on show.

"The competition is also a fundraiser," Shane said.

"We are a not-for-profit, non-funded organisation and, as far as I know, we are the only artistic organisation like it in Australia."

Entries in the Community 4017 Exhibition must be delivered to the gallery at 82-88 Loftus Street, Deagon by 3pm on Tuesday, July 10.

The winner will be announced on opening night, on Friday, July 13 at 6.30pm. Members of the public are also invited to attend opening night.

■ For more information, contact Artrageous Community Arts and Crafts Centre on: 3269 1535 or email: enquiries@artrageous.org.au

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Story Donna Phillips

► August: Acacia Quartet

When Acacia visits Sandgate it seems like the prodigal child returning home, so welcomed are its performers by the local community.

Even though they hail from other places there's a special connection that Lisa Stewart (violin), Myee Clohessy (violin), Stefan Duwe (viola) and Anna Martin-Scrase (cello) have developed over the years with the Music By The Sea audience.

Perhaps it's partly due to the fact that Myee has loved and respected family here — and then there's this special quality they've developed over the years performing together that really invites people into their music.

Never-the-less, over the last seven years, Acacia has garnered respect near and far for their new and interesting sound, their support of Aussie composers and young musicians, and their joy of sharing a love of the art with young and old.

This fresh approach has recently spun-off into an international debut in Vancouver, Canada, and concerts in Berlin, along with a CD recording of

work by German composer Gunter Raphael.

Wonder if they listened to their own music on the Qantas in-flight entertainment?

Speaking of which, their most recent ABC Classics recording 'I Was Flying' with ARIA award-winning pianist and composer Sally Whitewell reached no. 2 on the Classical iTunes Top 100 Chart, and then became an ARIA finalist.

Meanwhile, back to earth and down by the bay, the local program brilliantly showcases works by Osvaldo Golijov, Gordon Kerry, and Antonin Dvorak.

Let's have a brief squiz at the themes; there's violence and beauty in a haunting piece titled 'Tenebrae' by Golijov.

Aussie composer Kerry offers his new 'String Quartet No. 5', featuring hymns and musical descriptions of nature.

And then there's the famous 'String Quartet No. 12, Op.96, American' by Dvorak that draws on African-American flavours.

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Club members Grant Burrows, Narelle Flack and Bruce Renton break from their afternoon game to invite you to come and check out Sandgate Bowls Club soon.



Lia and Daniel Pires and Lucy were in Sandgate on Sunday morning for coffee and doggy ice-cream.



Mick and Derek and dozens of walkers were out for a morning of exercise on the Men's Health Week Walk on Brighton waterfront.



Wayne Petty and Sarah Hopkins celebrated the launch of Sarah's new Music CD 'Kindred Spirits' with a live lounge room performance for friends at their home in Shorncliffe.



Meet young local actor George Huxtable. George and I had fun creating his photos for his new acting portfolio for his agency. We both loved this pic.



The Wave Swinger ride was super popular at Sacred Heart School Sandgate's 125 Year Celebration Day.



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Changing the World One Haircut At a Time!

HAIRDRESSER Karen Scherer plans to use her 34 years of hair cutting experience to change the lives of those living in Manila. Ms Scherer, who owns Hair by Oz at Clontarf, is heading overseas in June with charity Hair Aid.

The program aims to train Manila residents to cut hair, so they are able to make a living.

"One haircut is enough to feed a family for a week," Ms Scherer said.

The Hair Aid project is in its eighth year. Ms Scherer heard about it at a hairdressing forum and immediately wanted to get involved.

"We do change people's life," she said.

"It is an amazing opportunity."

Ms Scherer will spend five days training passionate Manila residents — all for free. She has been fundraising to cover the costs of her flights. So far she has raised \$1000 and needs another \$2000.

Ms Scherer will be holding a High Tea at the Brighton Hotel on Monday 16th July, from 10am-12pm. The \$50 ticket will also get you an amazing goodie bag valued at \$80 and a chance to win some amazing raffle prizes

■ To book a ticket contact Karen on 0427034416

New Servo Proposed

Brisbane City Council has provided 'in-principle' support to the construction of a proposed new service station on Bracken Ridge Road, near the corner of Norris Road, Bracken Ridge.

Following a preliminary planning meeting with Duncan Austin of Brisbane developer Hardev Property, BCC has agreed to consider the proposed development application for a service station and multiple dwelling, which will be built on a re-configuration of lots 397 and 399 Bracken Ridge Road.

The DA will include the provision of a drive-through food and drink outlet and a townhouse complex, planned for construction adjacent to the service station.

The development will require the extension of Norris Road past the intersection of Bracken Ridge Road to the north.

Approximately 200 metres of new road will be constructed to service three proposed new lots across the 1.73hectare site.

No detail has been provided as yet regarding the style or number of townhouses that will be built, but they will be adjoining the Gateway Arterial Road at the rear, separated by a proposed acoustic sound barrier.

Hardev Property has been responsible for numerous developments across south-east Queensland in recent decades, including 'The Village' retirement villages in Taigum, Redcliffe and other locations.



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Looking for Fun These *School Holidays?*

The mid-year break is upon us; the year is flying by! Don't let the school holidays disappear without fitting in some fun; there are lots of things to do around Sandgate and Bracken Ridge. Grab the kids and make the most of the school holidays with one of these great activities!

Sandgate Historical Museum

Take a look back in time at the Sandgate Historical Museum on Rainbow Street; there's so much to learn about our local history! Call 3869 2283 to enquire, or just pop in for a visit!

Maker Space

'Maker Space' provides free children's craft activities for 4 to 12 year-olds and their carers daily from 11am at the Sandgate Library, so get creative! Bookings are essential, so call the library on 3667 6022 to learn more and book your places!

For the little ones at the library, try the First 5 Forever Toddler Time, 9:30 to 10am daily for 2-5-year-olds. This interactive session includes stories, songs and mark-making activities.

Artrageous

The 'Artrageous' collective on Deagon's creative corner will be hosting school holiday art and craft classes for primary school aged kids on each Wednesday of the school holidays. There will be morning and afternoon sessions available, and they will focus on fun, imagination, and artistic creations. Cost will be \$10 with proceeds going towards maintaining the not-for-profit Artrageous and the work they do. Bookings essential, call Kelly on 0407 168 561.

Go for a picnic!

Sandgate and Bracken Ridge have some beautiful parks and playgrounds, so why not grab a friend or two and the kids, some snacks and some coffees, and head for a day in the park! Peace Park in Sandgate, Fred Francis Park, Ferguson Park or C. Slaughter Park in Bracken Ridge all have playgrounds, or visit Arthur Davis Park on the Sandgate foreshore. Check out Brisbane City Council's full list of parks and facilities on their website, www.brisbane.qld.gov.au.

Building Block Studio

Something a tad more technological? Sandgate's Building Block Studio has a wide range of activities available these school holidays aimed at inspiring the next generation of coders, engineers and 3D designers. Check out www.buildingblockstudio.com for more details.

Family Code Club

Brisbane City Council is also offering a free Family Code Club using Sphero Robots from 11am-noon on Friday 13th July in Sandgate. It's a BNE Techkids Workshop that teaches basic robotics and coding to families. Learn how to program robots to navigate an obstacle course! Bookings are necessary, so call Sandgate Library on 3667 6022 to reserve a place.

PCYC Sandgate

PCYC Sandgate will be holding winter school holiday gymnastic classes during the July school holidays. Various classes are available from Prep age and up which is the perfect opportunity for your child to try the fantastic sport of gymnastics. Classes start from just \$6 an hour. Prior booking and payment are required as they have strictly limited places available.

The PCYC will also be holding their 2018 winter holiday program during the July school holidays. The program is open to all aged from 5 to 12 years (5yr olds must be in Prep at school). The camps are designed to provide kids with the opportunity to learn a range of sports, keep fit, have fun, learn about the environment, health & nutrition and meet children of their own age in a safe environment.

For more information or to make a booking, contact the Sandgate PCYC on 3269 5358.

**There's so much
to do to keep the
kids busy these
school holidays, so
start planning your
family fun!**





*Pictured is Regatta Director, Nigel Statham.
View the Vintage Yachts sailing through Bramble Bay on 28th and 29th July.*

Sailing Through History

Story Philip Woods Photo Paul Neil

See the sights from the shore or bring your boat to the bay in July, as the Queensland Cruising Yacht Club hosts its annual Vintage Yacht Regatta on the weekend of the 28th and 29th July in Shorncliffe.

While it's an opportunity for skippers to show and race their yachts, the Regatta, also familiarly referred to as 'The Gaffers', is also a great chance for everyone in the community to come along and view some very vintage vessels!

Regatta Director Nigel Statham has been involved in the event for almost a decade.

"The Regatta has been going for a while, for over 25 years, and its fleet has changed over time. A 'Gaffer' is actually a type of boat that would race, but now it's almost more like a piece of folklore," Nigel says. "These days we see more small boats participating alongside the larger boats."

Smaller vessels, as well as older yachts, tend to have minimal keel depths, which means they can sail a lot closer to the shoreline, making it a great spectator event.

Nigel explains the best place to see the racing is from the pier. But if you want to get up close and personal, "Saturday afternoon or Sunday morning while the boats are in, is ideal."

"The best thing to do would be to come down for breakfast. We open up the marina, and anyone can just come down, walk around on the marina and have a look at the boats."

The club is expecting this year's Vintage Regatta weekend to be as popular as ever, providing a highlight for boaties and spectators alike. Seeing this many vintage vessels together in one place will certainly be a feast for the eyes.

“ The majority of the boats are all well known to each other; it's like their annual get-together. The vintage scene in Brisbane is actually very strong; there's probably four or five events every year, but this is the one they all attend,” Nigel said.

"It's like classic cars, the owners want to get together and talk about the details of what they've got, and people love to see them."

So for a slice of sailing history, head to the Vintage Yacht Regatta — a shore thing for a fun day out!

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Joel Leslie Electrician

What is your business?

My business is JK Electrical — it is a family-owned and operated local electrician.

Time there?

2.5 years in business.

How do you have your coffee?

White coffee with no sugar.

What word/s describes you best?

Loyal, friendly and approachable.

What do you love about the local area?

I love the family vibes, friendly locals and the waterfront location.

Where would we find you on a day off?

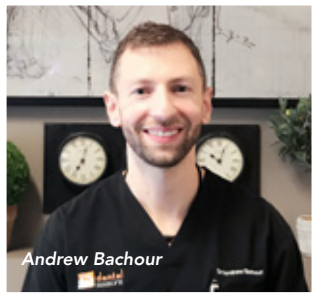
You would find me at home renovating my home with my family.

Favourite part of each day?

Coming home to my wife and newborn baby.

This year I'm looking forward to:

Building the business and quality family time.



Andrew Bachour Dentist

What is your business?

We have two running from the same premise — a scary

dental one called Dental Seasons and a cool sleep clinic TMJ and Sleep Therapy Centre of Brisbane.

Time there?

Six and a half years. We opened our doors on 11/11/2011, so it's an easy one to remember.

How do you have your coffee?

It's either an espresso or an almond latte. Of course, no sugar!

What word/s describes you best?

It would depend on who you ask, but I feel the word which best describes me is unique. My mum always said I was special.

What do you love about the local area?

The conversations. I don't want to use clichés, but everyone is so genuine, it really sets the stage for a good conversation.

Where would we find you on a day off?

More often than not, at a library or coffee shop with either my laptop or a book. Otherwise, I am doing as I am told by my daughter.

Favourite part of each day?

I just love spending time with my family and enjoying my 'me' time. At work, it's listening to the stories and impacts we've made to people's lives and their families.

This year I'm looking forward to:

Graduating from my current degree and starting the next one. I am also looking forward to the moves made in the NBA off-season.



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Brighton Roosters current and former players L-R: Joe Crust, Patrick Crust, Dylan Slater, Samson Slater, Des Kratzmann, Kyle Kratzmann, Jeromy Slater, David Kratzmann

Roosters In A League Of Their Own

Story Emma Harley Photo Paul Neil

It's been half a century since that first whistle kicked things off at the Brighton Roosters Junior Rugby League Club, and 50 years later the milestone will be celebrated with a huge weekend of celebrations at the legendary club down on Tenth Avenue.

Back to Brighton - an incredible weekend celebrating the club's history - will take place from Friday, July 27 to Sunday, July 29, and club vice president Dennis Trenery says the event will be one to remember.

"Every side in every age group will participate in games over the weekend with games on Friday right through until Sunday afternoon, as well as a 50th-anniversary dinner on the Saturday evening," he says.

"We wanted to give all our players and supporters the opportunity to take part in the celebrations and get to play their game here at our spiritual home, Jim Lawrie Oval."

Dennis says people from the club's past and present will converge on the club for the celebration, with the community embracing the huge milestone.

"The feedback has been nothing short of amazing," he says.

"We have former members travelling from near and far to be a part of the celebrations.

"We have celebrated already this season with the children wearing a commemorative replica jersey from the 1970s as their playing strip."

And it's not too late to get involved, he says, with the club still putting the call out to a few former players and volunteers.

"We have been making contact with life members and former committee members and players, staff, coaches and volunteers in the hope that they will be able to attend this dinner and celebrate our 50th year," he says.

"I am super proud to be able to celebrate this milestone for our community with people that I played both junior and senior football with.

"I'm so happy for the generations of families from the 4017 region and beyond who have played for the famous Red, White and Blue."

The Back to Brighton Weekend begins on Friday, July 27 to Sunday, July 29, with the dinner on Saturday, July 28, from 5.30pm. Tickets to the event are \$40 a person, and a table of 10 is \$400. Life Members and their partners are free.

■ **For inquiries call the club on 3269 1234**

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Artist impression of the upgraded Sandgate Aquatic Centre.

Big Splash In the Making:

Sandgate Aquatic Centre Upgrade Underway

Lord Mayor Graham Quirk said works are now underway at the Sandgate Aquatic Centre for a new, 25-metre indoor heated pool and gym, improved access, car parking and an upgrade to the kiosk and canteen areas. Brisbane City Council announced the upgrade would transform the Centre into a contemporary, all-season leisure facility.

"Brisbane is a great place to live, work and relax, and Council is committed to creating, even more, to see and do, with upgrades to pools and community facilities across the city," Cr Quirk said.

Council says the upgrade will focus on improving the pool's facilities and accessibility while keeping with the look-and-feel of the Sandgate Foreshore.

"The new pool will feature a ramp, making it accessible for visitors of all abilities, and will be

available for a range of classes, including learn to swim and aqua aerobics," Cr. Quirk said.

Plans also include extending the car park to include spaces for people with disabilities and improving toilet and dressing room amenities.

“Our pools are not only world-class recreational facilities but provide family-friendly lifestyle and leisure opportunities for swim development, local events and weekend activities,” Cr. Quirk said.

Throughout construction, residents in the immediate surrounding area may experience increased noise from construction activities, which will take place from 6.30am-6.30pm, Monday to Saturday. Council says it will make every effort to minimise disruption to the local community during this work.

When the Centre reopens for the summer season on September 22, 2018, the 50-metre pool and aqua play area are expected to be fully operational. Weather permitting, construction for the new pool, gym and upgrades are expected to be complete by late 2019.

"The Sandgate Aquatic Centre is visited by 70,000 visitors each year, and we are investing in this facility to ensure it remains a great community facility for many years to come," Cr. Quirk said.



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Christmas In July Polynesian Style

What better way to beat the winter blues than a mid-year Christmas party, and guess what? You're invited!

On Saturday, 21st July the Polynesian Va'a-alo Outrigger Canoe Club will be hosting a Christmas-in-July celebration at the Volunteer Marine Rescue Facility by the water in Shorncliffe.

They paddle, they cook, they dance, they sing, and they raise money for the club to repair and replenish essential equipment. "This is a big fundraiser for us," Club secretary Taunese Saili says. "This year we need funds to buy new equipment for the juniors; the adult paddles are too big, and we have more juniors joining all the time."

The sport appeals to a variety of people; the club has around 50 members and is growing. "There's a competitive side, but it's also quite social. We have quite a few over 70's in the club; it's a great activity for overall wellbeing," Taunese said.

The Christmas In July celebration has a menu that will make your mouth water; tasty food cooked in the traditional island style, utilising the underground oven known as the umu, or hangi.

■ **Tickets are limited, and this event is expected to sell out, so be quick. Visit www.eventbrite.com.au for tickets. (Search: Polynesian Va'a-alo Outrigger Canoe Club)**

Family, Fitness, Fun and Fundraising

Story Brooke Jacobson

Sandgate PCYC is inviting local families to take part in a fun fitness challenge and raise money for vital youth programs at the same time. The PCYC's embrACE event on July 22 is a 5.5km run — or walk — featuring giant inflatable obstacles.

Sandgate PCYC branch administration officer Bronwyn Simpson said it would be a great day out.

"The main course is 5.5km, and there's a 1.5km junior dash option for younger ones," she said.

"There's going to be a real community feel to it, with a festival, food trucks and live entertainment."

While the event itself takes place in Logan, Bronwyn said the funds raised would be used for local programs.

"We run a number of programs here in Sandgate, including Breaking the Cycle," she said.

"That's for people who, for whatever reason, have been unable to get a drivers licence. We have a team of volunteers who will supervise this person for the 100 hours they need to get a licence. We provide the vehicles and the petrol.

"Most people who go through the program go on to find work, so it has a real impact on people's lives."

The embrACE event is part of PCYC's 70th-anniversary celebrations.

"The PCYC does not receive any government funding," Bronwyn said.

"Obviously, our resident police officer is provided by Queensland Police Service, but everyone who works here — all our bills, our programs, everything — we have to fundraise for that ourselves."

Embrace will be held on Sunday, July 22 from 8am at PCYC Tudor Park Loganholme. To register, visit: embrace.pcy.org.au

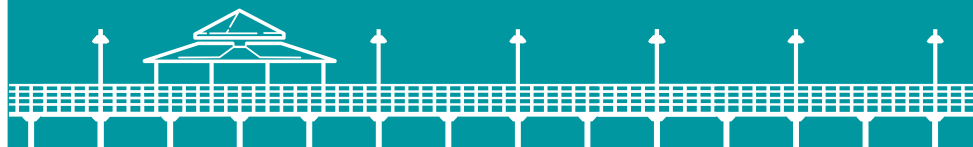
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EVENTS & NOTICES

JULY 2018

Keep Sandgate Beautiful: Guided Walks

Join Laurie's Guided Beach Walk, sponsored by Keep Sandgate Beautiful.

When: Tuesday 19th July, 9am

Cost: Free

Guided Walk of Moora Park and the Pier

When: Saturday 14th July, 9.30am

Guided Walk – Peep into the Past – Historic Homes of Sandgate

When: Thursday 26th July, 9.30am

Bookings are essential for these walks so phone Pam on 0410 327 095 to secure your spot.

Bush Kangaroos Tinchy Tamba

When: Sunday 15 July at 8am

Bring your children along to this free, fun and informative walk through the Tinchy Tamba wetlands, with local environment enthusiasts. This adventure is suitable for all ages.

Bring covered shoes, a drink bottle, snack, sunscreen, hat and insect repellent. Also bring a camera and binoculars. Contact Keep Sandgate Beautiful for more information www.ksba.org.au

Mally Muster 2018

It's back!! Mally Muster 2018, SHAMROQ's biggest fundraiser of the year and dog's day out.

When: Sunday July 15, 10am-1pm

Where: Curlew Park

War On Waste 4017 Beach Clean

When: Sunday 15th July 8am

Where: Decker Park

Open to all ages just come along and bring your community spirit and make sure you are wearing closed in shoes.

For more information check out the War on Waste 4017 page on Facebook or Instagram.

Council Kerbside Collections!

Brisbane City Council's kerbside collections of unwanted household items for our local area is coming up once again.

Collections will occur over a one week period in the following suburbs starting:

July 16: Sandgate, Bracken Ridge

July 23: Brighton, Deagon, Shorncliffe, Taigum

July 30: Boondall, Zillmere

*Please only put items out on the footpath the weekend before your collection week.

Foreshore Pop Up

When: Saturday 21st July, 7am-12pm

Sunday 22nd July, 8am-11am

Come see Sandgate Art Society's third annual winter foreshore Pop Up Art located on Flinders Parade adjacent First Avenue.

It will feature local artists with over 75 pieces on show. Art Society members love to see people enjoy the event, and it usually brings a smile on most faces. Children are encouraged to come along too. For more information, contact Francis on ph. 0406 949 921.

Joshua Jeays: Book for Sale

Joshua Jeays was an early Mayor of Brisbane, and the grandfather of Charles who started Jeays Bros Hardware. A book about his life titled "He Made His Mark" is available for purchase for \$20. Contact Judith Shaw on ph. 3878 1904 or email helenshaw04@gmail.com

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- ⌘ Hayfever
- ⌘ Tennis Elbow
- ⌘ Asthma
- ⌘ Hormonal Issues
- ⌘ Neck Pain
- ⌘ Stress
- ⌘ Menstrual issues
- ⌘ Tinnitus
- ⌘ Jaw pain
- ⌘ Dizziness

WHAT'S *Hot* AROUND TOWN



Shaun Diver (pictured above)
Lord Mayor's Seniors Cabaret
(pictured left)

Locals will be spoilt for choice this month with a range of awesome live music and performances across our seaside village every weekend.

Some great solo artists will grace the stages of various venues with Josh Setterfield kicking off the month at **Mr Henderson** on July 7.

Performing his popular acoustic set, Josh will get up close and personal with the audience.

"These kinds of shows give me a chance to chat to the crowd about the songs and play them stripped back," Josh says.

"My original music is the new wave of country rock, and I'm going to be playing some originals, covers, songs that I love and some songs that everyone knows.

"Live music is the greatest thing in the world."

Next up in Sandgate's solo performance line-up is Shaun Diver, who will perform at the **Post Office Hotel** on July 28 with his own spin on popular songs to get the crowd's toes tapping.

Shaun's one-man band-style show will feature unplugged versions of classic pub songs, perfect for a sing-along.

"People can expect a really top night," Shaun says.

"Live music, a great venue, cold beer and pool — that sounds like a great night to me."

For a performance on a slightly grander scale, **Sandgate's Town Hall** will play host to the Lord Mayor's Seniors Cabaret showcase on July 27, fresh from their successful masterclass sessions.

Now in its fifth year, the performance will see some of Brisbane's most vocally talented seniors as they set the stage alight in this free performance.

Epiphany Productions director Chris Fennessy says the showcase is an entertaining variety show featuring hits and the music of the 1970s.

"Senior performers will perform alongside Dale Pengelly, who was a mentor in this year's showcase program," he says.

"Each performer has recently participated in a three-hour master class, working closely with a professional mentor to hone their performance skills.

"This is an opportunity for people to support our talented senior performers as they perform in the beautiful Sandgate Town Hall."

Beginning at 11am, the show will run for 60-75 minutes, featuring ten different acts. For info, visit www.epiphanyproductions.com.au



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Coast & Pacific
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\$27.99/6pk



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Ginger
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THE FULL MOON HOTEL Bottlemart
www.fullmoonhotel.com.au

July GIGGUIDE

01 SUNDAY

Deon Powter
Phoenix Bar & Lounge 12:30pm
Danny Mose
Sandgate PO Hotel 1pm
West Texas Crude
Full Moon Hotel 2pm
Ladies Afternoon
Cardigan Bar 3pm
Adam Christy
Mr Henderson 4pm



07 SATURDAY

Music By The Sea
Sandgate Town Hall 7:30am
Double Jack
Phoenix Bar & Lounge 7pm
Sean Jackson
Sandgate PO Hotel 7:30pm
Steve Hargreaves
Full Moon Hotel 8pm
Josh Setterfield
Mr Henderson 8pm

12 THURSDAY

Open Mic
Cardigan Bar 7pm

05 THURSDAY

Open Mic
Cardigan Bar 7pm

06 FRIDAY

DJ Galvanism
Phoenix Bar & Lounge 6pm
The Sirens
EclecTea 6:30pm
Upenders and Pianoman
Brighton Bowls Club 6:30pm
Old Skool 80's Nite
Cardigan Bar 7pm
The diVersions
Sandgate PO Hotel 7:30pm
Pete Crawford
Full Moon Hotel 8pm



2 ZA Crowd
Cardigan Bar, 08 July

08 SUNDAY

Liam Bryant
Phoenix Bar & Lounge 12:30pm
L-Jay
Sandgate PO Hotel 1pm
Phil & Tilley
Full Moon Hotel 2pm
Georgia Fullerton
Mr Henderson 4pm
2 ZA Crowd
Cardigan Bar 4pm

13 FRIDAY

Little Sparrow
Cardigan Bar 4:30pm
Romio & Juliette
Brighton Bowls Club 6:30pm
Harvey & Co
EclecTea 6:30pm
Soul Cutz
Phoenix Bar & Lounge 7pm
Flatliners
Sandgate PO Hotel 7:30pm
Pete Cullen
Full Moon Hotel 8pm

14 SATURDAY

Dan England Duo
Phoenix Bar & Lounge 7pm

Steve Payne
Sandgate PO Hotel 7:30pm

Sametime
Cardigan Bar 7:30pm

Run Away with Me: 80s v 90s
Mr Henderson 8pm

Mark Chomyn
Full Moon Hotel 8pm

15 SUNDAY

Fabio Tolli
Phoenix Bar & Lounge 12:30pm

Lance Galloway
Sandgate PO Hotel 1pm

Busters Dualling Pianos!
Full Moon Hotel 2pm

Leni Peirano
Cardigan Bar 4pm

Cheyne Starkie
Mr Henderson 4pm

19 THURSDAY

Open Mic
Cardigan Bar 7pm

20 FRIDAY

Dj Tyrone
Phoenix Bar & Lounge 6pm

Night Shift
Brighton Bowls Club 6:30pm

Danny Mose
EclecTea 6:30pm

AKoVA
Cardigan Bar 7pm

Scarlett Gunner
Sandgate PO Hotel 7:30pm

Steve Hargreaves
Full Moon Hotel 8pm

21 SATURDAY

CFAM
Phoenix Bar & Lounge 7pm

BERT
Cardigan Bar 7:30pm

Peko
Full Moon Hotel 8pm

The Lampreys
Mr Henderson 8pm

22 SUNDAY

Robbie James & JJ Harris
Phoenix Bar & Lounge 12:30pm

Danny Mose
Sandgate PO Hotel 1pm
Peninsula Jazz Group
Sandgate Bowls Club 2pm

Lawrence & the Machine
Full Moon Hotel 2pm

Brooke Lambert
Mr Henderson 4pm

26 THURSDAY

Open Mic
Cardigan Bar 7pm

27 FRIDAY

DJ Galvanism
Phoenix Bar & Lounge 6pm

Malcom Smith
EclecTea 6:30pm

PINK Inc.
Brighton Bowls Club 6:30pm

Old Skool 80's Nite
Cardigan Bar 7pm

Adam Dunn
Sandgate PO Hotel 7:30pm

Chris Ramsay
Full Moon Hotel 8pm

28 SATURDAY

CFAM
Phoenix Bar & Lounge 7pm

Shaun Diver
Sandgate PO Hotel 7:30pm

Wilko
Full Moon Hotel 8pm

29 SUNDAY

Nathan Bruen
Phoenix Bar & Lounge 12:30pm

Lance Galloway
Sandgate PO Hotel 1pm

Tom Roberts Duo
Full Moon Hotel 2pm

Vinyl Club @ Cardigan Bar
Cardigan Bar 6:30pm



Brooke Lambert
Mr Henderson
22 July



WOODS
Coffee House



Woods Coffee House: Jack, Sanae and Giuseppe



Out Of The Woods

Photos Paul Neil

With new owners and a new menu, Brighton Road's Woods Coffee House is adding another dimension to Sandgate's burgeoning cafe scene.

New owner Jack Min has a long and varied work history, including IT engineer and scuba diving instructor, but it was his passion for good coffee and food that led to the decision to purchase the Sandgate local favourite.

"I am from Korea, and upon returning home, I had the opportunity to learn to make quality coffee," he says.

"The whole process of making coffee was something I became very interested in, and I studied it before returning to Australia.

"When I came back to Australia, I started to work as a barista in Sydney, and after three years working in a barista role, I decided it was time to open a cafe of my very own."

As a newcomer to the Sandgate area, Jack was taken with Sandgate's proximity to the water and the village vibe for which the Bayside community is known.

"While I was looking for a cafe to take over, I found Woods Coffee House near the ocean, and I decided to move to the area," he says.

"I am very new to Sandgate, but I am in love with this village because the local community are so friendly and considerate and I can see the ocean anytime.

“

Although owning and operating a cafe as a first business is a hard job, we have received such wonderful feedback from the community.”

Woods Coffee House offers customers a small but considered quality menu and boasts about the Campos coffee, Jack's favourite Australian coffee brand.

"We have been open just over three months and have started with a simple food selection as we continue to develop and test various menu variations," he says.

"We have a very talented Italian chef in the kitchen, and we have big plans to introduce a variety of different beverage options in the coming months, as well as some interesting multi-national food.

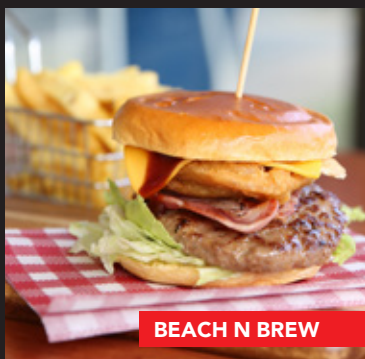
"My current personal favourite dish is the eggs benedict with our house made hollandaise sauce — we make most of our sauces and dressings in-house to give a richer flavour and better taste."

Woods Coffee House
115 Brighton Rd, Sandgate

Local Dining Guide



BAAIA



BEACH N BREW



BRACKEN RIDGE TAVERN



BAAIA

94 Flinders Pde, Sandgate
Foreshore

Modern Australian

3269 7510

Feature: Creative, fresh, seasonal food, coffee and homemade cakes on the water front. Open for coffee, breakfast, lunch and snacks from 7am. Eat in or take away.



35 Rainbow Street, Sandgate
Fish & Chippery Cafe

3269 5046

BEACH N BREW FISH & CHIPPERY

Feature: We offer not only fish and the best chips and gravy in the area, we also have an all-day breakfast menu, coffee, snack packs and a choice of fishermans baskets.



154 Barrett St, Bracken Ridge
Ribs, Surf & Turf, & Steak

3269 7011

BRACKEN RIDGE TAVERN

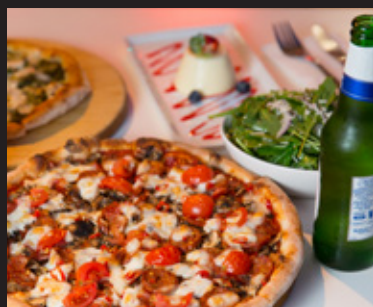
Feature: Panama Jack's Restaurant has a wide variety of meals to suit all tastes, including gluten free dishes. Our signature dishes: PJ'S Ribs, Surf & Turf, and Steak & Rib Combo are legendary.



CHARLIE'S AT BRIGHTON HOTEL



FISH ON FLINDERS



IL FORNO PIZZERIA



196 Brighton Tce, Brighton

Family Bistro

3269 1971

BRIGHTON HOTEL

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196 Flinders Pde, Sandgate
(opp. Pool)

Fish 'n' Chips

3269 6903

FISH ON FLINDERS

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3 Third Ave, Sandgate

Pizzeria

3269 9766

IL FORNO PIZZERIA

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Gluten Free options available plus a great selection of craft beer & wines. Now also with a seperate Vegan menu available. Phone to reserve your space for group bookings. Open from 5pm Tuesday to Sunday.

Local Dining Guide



SANDGATE FISHMONGER



THE PANTRY SHORNCLIFFE



THE WIRED OWL COFFEE CO

Sandgate Fishmonger

90 Flinders Pde, Sandgate

Fish 'n' Chips

3269 0416

SANDGATE FISHMONGER

Feature: Sandgate Fishmonger is a family run fish and chip shop on the Sandgate foreshore. Having renovated and moved into 90 Flinders Pde (between 3rd & 4th Ave), we're thrilled with the result. We look forward to seeing you soon.



27 Palm Avenue, Shorncliffe

Gourmet Deli

3269 6970

THE PANTRY SHORNCLIFFE

Feature: The Pantry offers a range of deli meats, gourmet cheese, olives, salads, sandwiches and soups. Gourmet platters available for any occasion. Artisan sour dough bread available on weekends as well as everyday convenience essentials. Visit us @thepantry_shorncliffe



227 Rainbow St, Shorncliffe

Specialty Coffee House

0410 456 251

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of Single Origin coffees. Tantalising treats and teas are also on the menu.



Bracken Ridge Plaza
250 Telegraph Rd,
Bracken Ridge

Casual Dining

3261 6102

THREE WISE MONKEYS

Feature: Three Wise Monkeys Cafe is Bracken Ridge Plazas newest cafe and coffee experience. We are a family-owned small business that offers fresh and delicious cafe style meals and Brisbane's favourite Campos coffee. We are open 7 days and ready to meet you!



Shop 4 / 11 North Rd, Brighton

Café & Gift Shop

3269 0311

WILLOW COFFEE & GIFTS

Feature: Willow Coffee & Gifts is your one stop shop. Not only do we serve great coffee and gourmet treats, but we also stock a selection of ladies clothing, accessories, and locally made children's wear.



115 Brighton Rd, Sandgate

Cafe

0404 541 918

WOODS COFFEE HOUSE

Feature: Woods Coffee House has reopened 2 months ago under new management.

Our cozy cafe offers fresh and delicious breakfast and lunch with good quality Campos coffee.

Check us out on our Instagram and Facebook pages. The cafe is open from Tuesday to Sunday.

Pennies By The Sea **Sandgate's Wheel Big Deal**

A touch of 1800s nostalgia will delight Sandgate locals this month with the ninth annual Pennies By The Sea. Themed around the historic penny farthing bicycle, the event attracts curious visitors as well as penny farthing enthusiasts.

Run by the Queensland Penny Farthing and Historical Cycle Club (QPFAHCC), the afternoon will feature a full program of parades, displays, races and entertainment, with this year's highlight the introduction of a variety of turtle races.

QPFAHCC president Aaron Wray says the turtle race is an old and timeless institution and is often referred to as a slow race.

"We called it a turtle race because turtles are iconic across Queensland," he says.

"It's a ride of skill and ability rather than speed, favouring those with excellent bike control.

“ The rules are simple — you set up a course with between two and four lanes, and participants have to move forward at all times over the 25 metres, without leaving the lane or putting a foot or any part of their body down.

"It's quite exciting for the audience to see people sitting almost at head height wobbling and trying to stay upright — when people overbalance the resulting tumble is slow but spectacular."

If turtle races are too slow for your taste, there are plenty of other sights to see.

"Visitors can get their photo taken on a penny farthing for a gold coin donation, and we will have displays of a variety of old bikes including



shearer's bikes and other unique bicycles," Aaron says.

"It is a great chance to get up close and personal with 130-year-old bicycles, sit on them and feel the history.

"It is also great to ask questions and learn about the history of bicycles."

Aaron says it is important to involve the community in the occasion as it reminds people of the long history of Sandgate.

"Sandgate is a very supportive community, and we've tried to use local vendors and suppliers wherever possible," he says.

"We also have fantastic support from local members Jared Cassidy and Stirling Hinchliffe who have been right behind us from the beginning."

■ *For more information on the event visit the QPFAHCC Facebook page.*

Pennies By The Sea
Saturday 21 July, 2-4pm
Einbunpin Lagoon, Sandgate

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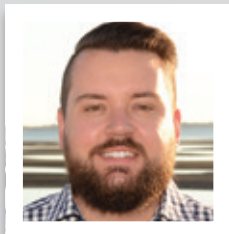
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A WORD FROM OUR REPRESENTATIVES

Cr Jared Cassidy



I once again partnered with Stirling Hinchliffe, Heart Foundation and Brighton Health Campus to host the Men's Health Week Walk on Sunday 17 June at the Brighton Foreshore, to raise awareness of men's

health and the benefits of regular exercise. This year we had a special guest join us on the walk, Commonwealth Games Gold Medallist Race Walker Dane Bird-Smith. A huge thank you to Dane for taking time away from his busy race schedule to join us at Brighton.

If gardening is your thing, be sure to come along to my Gardening At The Gate event on Sunday 19 August at the Einbunpin Lagoon Park. Jerry Coleby-Williams from Gardening Australia will be the guest speaker, and there will be plenty of garden-themed stalls, a BBQ, coffee and free home-baked treats. If you are interested in having a stall at the event please give my office a call on 3667 6011 or email deagon.ward@bcc.qld.gov.au

SHAMROQ (Siberian Husky and Alaskan Malamute Rescue of Queensland Inc.) will hold their Mally Muster on Sunday 15 July, 10am to 1pm at Curlew Park. There'll be information stalls, games, raffles and more. I am proud to sponsor this great local event once more.

Stirling Hinchliffe MP



I am looking forward to joining with the community at the 2018 Deagon Picnic Race Day, held this year on 8 July. It is indeed terrific to see this popular event back on our local calendar.

There is something quite special about having the country come to the Bayside for a day at the races. Which is why I'm proud to have initiated the conversation to make the 2018 Deagon Picnic Race Day a reality.

Deagon has a proud history, and a proud place, in the Queensland racing industry.

And in July, it will be all about the races. The day will feature an excellent card of racing, and it's a tribute to the organisers for pulling a quality fixture together.

It is not just the jockeys, owners, trainers and other industry participants who will benefit from the re-emergence of the Deagon race day — our 4017 community more broadly will benefit too.

So I hope you join with me for a day at the races in Deagon alongside local legends of the industry. More information on the day can be found at www.trybooking.com.

Cr Amanda Cooper



The beginning of a new financial year means Council's Free Native Plant Program is again underway. This is a great Council initiative that allows Brisbane ratepayers, housing


commission and defence housing residents to claim two free native plants.


Residents can collect their free trees voucher from Council libraries, Council offices or a Ward Office upon presentation of a current, paid rates notice or evidence of a recent rental payment for housing commission and defence housing residents.

Schools, registered community groups and charitable organisations are also eligible to apply for up to 50 free plants. This is a great opportunity for schools that will be celebrating Arbor Day in October as plants are available in the months prior.

July also marks the beginning of a new kerbside collection calendar with a number of suburbs in my Ward at the start of the list. Collections will begin on the following dates: Bald Hills and Bracken Ridge 16 July, Fitzgibbon 23 July, Zillmere 30 July, Carseldine 3 September and Aspley 10 September.

For further information on Council's native trees program or kerbside collection, go to Council's website www.brisbane.qld.gov.au or contact my office on 3667 6000.


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Shop 5/51 Brighton Rd, Sandgate Ph:3269 1131



Rescued Roo Re-Homed

Story Philip Woods Photo QFES

Recently rescued from a minor misadventure, a young male kangaroo has been safely relocated to Tinchy Tamba Wetlands near Brighton.

Therese Hollan of the Brighton Kangaroos 4017 Facebook page says there are many kangaroos living in these areas and that it's good to be aware of them. "There's quite a few mobs in Tinchy Tamba," Therese says.

The little guy's trouble started when he took a wrong turn near Lover's Walk at Sandgate, to wind up in the chilly waters of Moreton Bay! After rescuers pulled him from the water, he quickly took flight, hopping hurriedly along the seaside track towards Shorncliffe.

Witness accounts indicate that the young 'roo encountered a dog on the path that chased him up the cliff and into Beatham Street, where he sought refuge in the backyard of a residential property. Here a Great Dane who occupied the property confronted him.

It was around this time that Emergency Services and the RSPCA Rescue team intervened to assist the kangaroo. "He was moved from there and relocated to Tinchy Tamba," Therese tells us. The release into the wetlands went well.

"Hopefully by now he's been accepted into one of the local mobs, and it's happy days!" Therese said.

Best of luck to our macropod mate.

■ Follow facebook.brighton-kangaroos-4017 to stay up to date!

Funds set to boost facilities for Sandgate Hawks

Australian rules football club the Sandgate Hawks has secured \$650,000 in funding to upgrade the club's facilities at Lemke Road, with a firm focus on improving access for all ages and genders.

Hawks Sporting Club President Aaron Widt says the club has welcomed new women's teams and welcomed the upgrade to ensure the facilities are accessible to everyone.

"The existing facilities were built by Hawks volunteers in the 1970s and catered for men's teams," he says.

"The club has welcomed a senior women's team and girls' teams across junior grades as well as Bears softball players, and several other community groups so the existing facility simply didn't cater adequately for all playing participants."

Aaron says the funding will drastically improve the club's offering for the community, with the project providing separate lockable showers and unisex toilet cubicles with a full re-fit to existing change facilities, making them work for the overwhelming increase in female athletes using the venue.

The funding was made available as part of the Queensland Government Female Facilities Program, Brisbane City Council's Building Stronger Communities Program, and with support from AFL Queensland.



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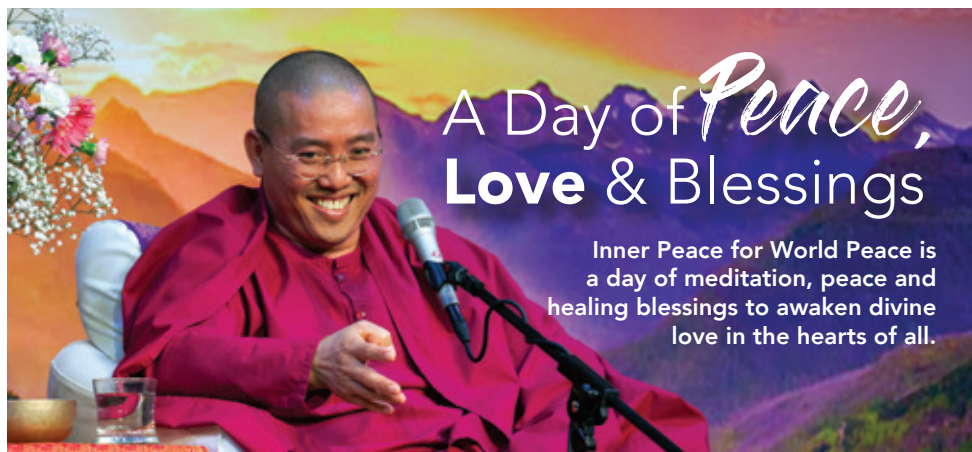
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Ph: 3269 9938

123A Brighton Rd, Sandgate
www.scfamilylawyers.com.au





Story Jacqueline Henry

Join spiritual master Sri Avinash in guided meditation, prayer for world peace, inspirational messages, personal healing blessings and food and music to inspire world peace through inner peace on Sunday, July 29 from 11am to 6pm at Sandgate Town Hall.

"Irrespective of who we are and where we come from, let us all join hands and hearts together for this one day to help make world peace a reality," Master Sri Avinash said.

“World peace begins with inner peace. Experience guided meditation, prayer for world peace, inspirational talk, question and answer session and receive Darshan — a personal healing blessing.”

Throughout the day, Master Sri Avinash instils inner peace, shares insightful wisdom and gives the Darshan blessings of Avalokiteshvara, the Buddha of Compassion.

The ancient spiritual tradition of healing and blessings from a holy person is called Darshan. Darshan is from Sanskrit and means to have a vision of, or an occasion of seeing a holy person. During Darshan, the master transmits divine love and spiritual power to bless and uplift the individual.

In the final part of the event, every person will have an opportunity to receive the Avalokiteshvara Darshan blessings from Master Sri Avinash.

Darshan can go on for many hours while Sri Avinash receives each person individually. Numbered Darshan tokens will be given out at the door upon arrival. To shorten your wait for Darshan, it is advised to arrive early to receive your token. Those who have young children or a disability can ask for queue priority.

"For every great achievement, we all need inspiration. This achievement of world peace will definitely require inspiration. Inspiration to love, inspiration to be an example, inspiration to live compassionately.

"Since the world is ultimately made up of many individuals, if we each develop peace within ourselves, then world peace will automatically happen," Master Sri Avinash said.

Bookings are essential, visit www.SriAvinash.org and search 'world peace' and click 'register'. Follow 'Sri Avinash Do Mission' on Facebook.

PROGRAM

10am Doors open, Darshan tokens given
11am Event begins – guided meditation
11:45am Spiritual talk (Satsang) and Q&A
1:30pm Avalokiteshvara Darshan
 Healing Blessings

**The food stall will be open when doors open and during Darshan*

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ARTHOUSE NORTHSIDE

Council Budget A 'Mixed Bag' For Sandgate: Cassidy

Photo Paul Neil

Deagon Ward Brisbane City Councillor Jared Cassidy has described the latest budget handed down by the Lord Mayor as a "mixed bag" for the Sandgate region.

"Some of the items that I have advocated for on behalf of the community have been funded, like a record number of road resurfacing projects and for the continued funding of the Sandgate Pool upgrade and intersection upgrades along Zillmere Road," Cr Cassidy says.

"The biggest concern I have is that major projects like the Brighton Foreshore have been delayed because of projects like the upgrade of Kingsford Smith Drive."

Lord Mayor Graham Quirk put the Brighton Foreshore upgrade on hold after the 2011 Brisbane floods decimated parts of the city, but Cr Cassidy says those funds were reimbursed from Federal and State sources a few years ago, leaving the Lord Mayor with no reason to delay the upgrade.

So what will it take to for the funds to reach Brighton?

"I wish I knew," Cr Cassidy says.

"I have discussed these projects at great length and in great detail in Council. They have also formed the basis of my budget submission to the Lord Mayor for the past few years now. So the Lord Mayor is more than aware of the importance of these projects."



But Cr Cassidy says there is also a lot of good news for bayside residents.

"This year we have seen the highest number of roads resurfaced in the Deagon Ward," he says.

"This has been important to me with so many older roads in our local area. I was very disappointed that more funding wasn't allocated to rat-running projects — particularly in Boondall and Brighton."



There have been some important projects we have secured funding for like the new Boondall Wetlands Environment Centre, Sandgate Pool upgrade and lighting upgrades at Curlew Park."

As for future budgets, the Councillor has his sights set on more transport-friendly options.

"We need to make all areas of our city more cycle and walking friendly. Sandgate is a great example of where this could occur," he says.

"We already have a lot of people that travel here for our great cycling - can you think of a better place than the foreshore to cycle along? But much more can be done."



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Time m	Time m	Time m	Time m
1 0543 0.62 1113 1.79 SU 1706 0.50 2339 2.33	9 0532 1.92 1205 0.42 MO 1836 2.26	17 0026 2.56 0713 0.38 TU 1257 1.94 1854 0.46	25 0218 0.64 0747 1.75 WE 1350 0.44 2027 2.35
2 0617 0.63 1151 1.78 MO 1743 0.56	10 0057 0.68 0634 1.93 TU 1300 0.34 1931 2.43	18 0112 2.40 0758 0.43 WE 1351 1.93 1949 0.61	26 0301 0.59 0829 1.77 TH 1429 0.42 2104 2.38
3 0014 2.27 0653 0.65 TU 1233 1.76 1824 0.64	11 0202 0.57 0733 1.94 WE 1354 0.27 2024 2.58	19 0201 2.21 0845 0.48 TH 1451 1.92 2051 0.74	27 0339 0.55 0907 1.80 FR 1506 0.40 2139 2.39
4 0050 2.20 0733 0.66 WE 1321 1.75 1910 0.73	12 0302 0.47 0831 1.95 TH 1446 0.22 2115 2.68	20 0253 2.03 0934 0.52 FR 1557 1.95 ● 2202 0.83	28 0414 0.54 0943 1.82 SA 1541 0.39 ○ 2212 2.38
5 0132 2.12 0819 0.65 TH 1416 1.76 2005 0.80	13 0357 0.39 0926 1.96 FR 1536 0.19 ● 2204 2.74	21 0352 1.87 1027 0.54 SA 1704 2.01 2320 0.85	29 0447 0.53 1017 1.84 SU 1616 0.40 2244 2.37
6 0221 2.05 0911 0.63 FR 1521 1.81 ● 2112 0.85	14 0449 0.34 1021 1.97 SA 1625 0.20 2252 2.74	22 0457 1.77 1122 0.53 SU 1806 2.10	30 0518 0.53 1052 1.86 MO 1651 0.43 2315 2.33
7 0320 1.98 1008 0.58 SA 1630 1.92 2229 0.84	15 0539 0.33 1113 1.97 SU 1714 0.25 2339 2.68	23 0031 0.80 0602 1.72 MO 1217 0.51 1859 2.20	31 0551 0.53 1130 1.87 TU 1727 0.48 2348 2.27
8 0427 1.94 1107 0.51 SU 1736 2.08 2345 0.78	16 0626 0.34 1205 1.96 MO 1803 0.34	24 0130 0.72 0659 1.72 TU 1306 0.47 1945 2.29	



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Experience the difference

Evidence-based and client-oriented approach

"The hearing test is very different and detailed!" -Terry Baker

TOP 5 TIPS TO GET THE BEST RESULTS FROM YOUR HEARING AID

1 Keep your Hearing Aid Clean and Dry Daily

For the hearing aid to function properly, there must be no obstruction in the sound input (microphone) or in the sound outlet. Very often an obstruction is caused by earwax or moisture issues. Pay attention to the microphone, wax filter, the earhook and the earmould tubing. These are the common places where a blockage can occur.

2 Battery Supplies

In order to ensure that the hearing aid receives the necessary electric energy, a good quality battery is a must. All new batteries should be kept separately. New batteries should never be in direct contact with another battery or other metal parts. At Sandgate Hearing we stock keyring size battery testers for checking your battery's condition.

3 Free of Earwax Blockages

As you wear your hearing aid daily, you may be unaware of earwax slowly building up inside your ear. Your ear canal size can change as you age and from years of wearing a hearing aid. This change can affect your hearing aid's efficiency with its fitting becoming loose, and in some cases causing hearing aid whistle. See an audiologist or doctor to inspect your ears regularly. We also provide earwax removal.

4 Book to See your Audiologist Regularly

Our hearing naturally deteriorates over time. Hearing aids are electronic devices and their performance will slowly deteriorate too. It is important to see your audiologist at least once a year to check your hearing aid and make adjustments to suit your hearing needs.

5 Hearing and Understanding are Different

Hearing aids using factory settings allow you to detect/hear the sounds. Being able to understand the meaning of the information carried by the sounds (speech) is very different. Unlike eyeglasses, which, when put on provide immediate, positive results, hearing loss affects at least five different dimensions of sound receptions. In addition, auditory memory and central cognitive function play a role in speech understanding.

An experienced audiologist can help you find the best possible hearing system and program your hearing aid to the best possible settings for maximum benefits.

If you have been wearing your hearing aid for a while but you're still unsatisfied with the results, see an audiologist and explain how you feel.

WHAT CLIENTS SAY ABOUT US



I can hear so much clearer now....

I couldn't be happier with my new hearing aids. Ronnie thoroughly tested all aspects of my hearing and not just my hearing loss. He took the time to explain each test and what he was checking for. I can hear everything so much clearer now.

Thank you Ronnie and Kathy for your outstanding professionalism and courtesy.

-Paul Colthurst, Brighton



This is my first hearing aid

My doctor referred me to Sandgate Hearing and I am very happy with the service they provided. I found Ronnie amazing – extremely patient, thorough and very detailed. I would recommend him to anyone who has hearing problems.

-Lynette Nugent, Bracken Ridge

- The Commonwealth Hearing Service Program
- Paediatric hearing assessment
- Workcover, NDIS hearing assessment

- Central Auditory Processing Test
- Micro-suction earwax removal
- Tinnitus Consultation

- Custom musician earplugs
- Custom industrial noise plugs
- Custom swim, surfer, & snore earplugs

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