

# sandgate

FREE APRIL 2019

## GUIDE

### ANZAC DAY

COMMEMORATING OUR  
FALLEN HEROES

**READY,  
SET,  
DANCE!**

Eisteddfod Rocks  
Sandgate

**BLUEWATER  
FESTIVAL 2019**

**Full Program  
Inside**

**TRADES  
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INSIDE

photo by slapics

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## A Note FROM THE TEAM

**A**pril brings the beginning of autumn to Sandgate and it's also a month of remembrance and celebration. Residents from all over will attend the Dawn Service on Anzac Day. See the RSL's schedule and read about what it's like to attend Anzac Day services, both at home and abroad on page 08.

The much-loved Bluewater Festival is back over Easter with lots of great music, local art, entertainment and of course, yacht racing. Spend a great day by the sea with Creedence Clearwater Revival and Cold Chisel tribute shows, and top it off with fireworks! (Details on page 14.)

Break out the leg warmers and get ready to dance! Sandgate choreographer, Neridah Waters is bringing Rock Eisteddfod to the bay (page 22). There's also a five-band dance party in the first week of May at Sandbag to benefit Moreton North's special Olympians (page 38).

We're always on the lookout for more local writers to join our team. If you're a writer with journalistic or editorial writing experience, we'd love to hear from you. Send us your details and a sample of a news-style article you have written to [info@sandgate.com.au](mailto:info@sandgate.com.au)

We hope you have a happy and safe Easter break.

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Thunderbirds Aero Club

# HIGH FLYERS IN THE SUBURBS

Story Ineke Hodalin Photo slapics

**O**n a steamy Wednesday morning, I headed down Bracken Ridge Road to meet members of the Brisbane Thunderbirds Model Aeroplane Club, at their field adjacent to the Wetlands.

There was a sense of anticipation as I approached. Gary Burge, the spokesman for the club, welcomed me with enthusiasm, promising me something special.

Smiling, he said, "What I love about control line planes is you're hanging on to the line and you feel like you are flying it. You build it, you make

it look nice, you make it look original. You fly it, you crash it, and then away you go again. We have lots of crashes but that's all part of the fun."

The club has been going for around 67 years. Currently there are about 40 members aged between 14 and 82. Besides pleasure flying, they also run events throughout the year—visually spectacular events such as Precision Aerobatics, a Battle of Britain Day, Warbirds Day and Speed Racing.

"A couple of years ago we hosted the Queensland Titles for Precision Aerobatics, we had visitors from all over the place, including a guy from Japan. It was brilliant."

The Thunderbirds' operate under the guidelines of the Model Aeronautical Association of Australia (MAAA), ensuring a high standard of practice, especially where public safety is concerned.

There is a great sense of fellowship in the club and anyone is welcome to join.



We've got trainer planes and we've got instructors and we help them out. You can set up a plane with an old engine you've picked up and you can probably get into it for about \$100 to make a start."



John Raymond, long-time member and veteran flyer wowed us with a wonderful display of control line flying as he manoeuvred his 1960 Kismet with amazing skill, making it look easy as it whirled through the air. It climbed and dived and swooped and made impressive loops. It was fascinating.

It truly was something very special – take some time out on Sunday morning to have a look.

*For enquiries contact Gary Burge  
on 0429 212 248*



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# ROCK ON WITH THE *RetroVerbs*

Story Brooke Jacobson

**I**f you think that old time rock n' roll soothes the soul, this gig is for you. Three-piece rockabilly band, the RetroVerbs, are playing at Sandgate's Post Office Hotel this April and they want you to get your dancing shoes on.

Bass player, Phil Galletley, said the band – comprised of himself, Andy Driver on guitar, and Jason Rousell on drums – had been lured to the northside of Brisbane by friends.

"We're from the other side of town, but we have friends out there at Sandgate and they refuse to leave the Sandgate bubble, so we're coming to them," he laughed.

"It's such a lovely spot ... and the live music scene is great as well.

"You know, for a while there, the live music scene generally was pretty small or non-existent, it was all karaoke ... but it seems to be coming back."

The RetroVerbs describe themselves as having a "tight, real rock n' roll style" you can dance to.

“*It's that 1950s vibe," Phil said. "That era is where rock n' roll really started and people love it. It's not just the music, it's the clothes, the hair, the style of the era and young people are really getting into it as well. Even the hipsters love it."*

Phil added the band were currently working the pub scene, and hoped to work their way up to rockabilly events like Greazefest.

"In the meantime, we're getting plenty of repeat business, which is great and we'll definitely be back at the Post Office Hotel again," he said.

"We love to talk to the crowd, gee them up a bit and make it a personal, fun show.

"And of course we're planning on stacking the crowd with all of our friends."

The RetroVerbs play at the Post Office Hotel in Sandgate on Saturday, 13 April from 7.30pm.

*To keep up with the band and all their events, you can 'Like' their Facebook page. Contact the Post Office Hotel: 3869 0606.*





ANITA EAST

MEDISPA



# LET'S TALK ABOUT THE HEART-BREAKING TRUTH OF ACNE

*Article by Anita East and published in  
The Cosmetic Surgery Magazine*

If you have ever had acne, you know how debilitating it is for your self-esteem and confidence. If you are one of the lucky ones who has had clear skin all your life, you will know someone who has been hugely affected by this common skin condition.

## FACTS ABOUT ACNE

- ♥ Inflammation of a hair follicle and oil gland
- ♥ Can cause long term raised and flat scarring
- ♥ Is classified as mild, moderate or severe depending on the presence of pustules, nodules and scarring

## HOW TO TREAT ACNE

There are many theories about what methods work best to treat acne, but the current therapeutic guidelines are clear and consistent. This is the skincare system that I recommend to my patients who have acne and best of all, it doesn't cost the earth. Read more on my skin care regime at [anitaeast.com.au/shop/skin-types](http://anitaeast.com.au/shop/skin-types)

Don't let someone who isn't adequately trained in skin medicine, recommend skin products to you.

## GET IN TOUCH

### CONTACT

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# Local Councillor On The Move



**D**eagon Ward councillor, Jared Cassidy, is moving to a new office. His current office, in Cliff Street, Sandgate, has been the ward office for almost 50 years. Cr Cassidy said it was the end of an era.

"Years ago, there was no local ward office at all and people had to make arrangements to meet councillors in their homes or elsewhere," he said.

"There was no local presence until this was built in the 1960s. Obviously, the population back then was a lot smaller and this is a busy office now."

The new Deagon Ward office will be in Sandgate's CBD, upstairs next to Aldi supermarket and will feature a walk-up reception, more space for staff and a room for constituent meetings.

"The new space meets all the requirements of a modern office," he said.

“ Sometimes here, (in Cliff Street), the staff have been in a difficult and dangerous position, if for example someone comes in and they are unhappy.”

Cr Cassidy and his staff will move into their new office after the Easter weekend.

He added he would like to see the Cliff Street office given to the community.

"I have raised with council the possibility of this space being used for something else," he said.

"There is a cost to ratepayers of moving offices and leasing the new space – I'm not going to hide that – and I would like Cliff Street to be used by a community group; something for the community to benefit.

"It would be a great admin space for a community organisation."

## Jesse's Tribute To Her Mum

**I**n 2017, Jesse Moss' mum, Peta, died as the result of multiple brain tumours. Despite her ordeal, Peta remained a happy, positive and loving mum.

Peta had spent many years working in various Bottlemart retail outlets around Sandgate. She was well known for her bubbly personality, beautiful smile and outstanding service.

"For mum, being sick and enduring radiation and chemotherapy paled in significance to the loss of her beautiful long curly hair," Jesse said.

Jesse was heartbroken to hear her mum say that she felt she was ugly without hair.

After Peta died, Jesse decided to help raise part of the \$50,000 required to buy a machine to be worn by cancer patients during chemotherapy. The machine is expected to significantly reduce the possibility of hair loss in some chemotherapy patients. Jesse raised a significant sum and donated it to the Holy Spirit Northside Oncology Department.

"Pete would be so happy to see that we are trying to help others going through the same ordeal," said Mel Jones, her long-time friend and work colleague. "People can still donate in memory of Peta, to help find a cure for brain cancer. Please donate to the Cure Brain Cancer Foundation website set up in honour of Pete".

To donate go to: [www.curebraincancer.org.au/tribute/petamoss](http://www.curebraincancer.org.au/tribute/petamoss)



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# COMMEMORATING OUR FALLEN HEROES

THE SANDGATE RSL SUB-BRANCH HAS RELEASED THE SCHEDULE  
FOR THIS YEAR'S ANZAC DAY SERVICE.

*Photo Paul Neil*

**E**x-servicemen and women, and their families, who wish to take part in the Dawn Service, are asked to meet in Burnett Lane at 5.30am. From there, the dawn march will progress to the Cenotaph.

Sub-branch president, Peter McNamara, said Sandgate's Dawn Service was normally a quiet event. "It's a time for quiet reflection for the community, to reflect on that first Anzac Day and what it means," he said.

The main march will start from the court house at 9am, before progressing to the Cenotaph for Sandgate's major remembrance service.

"After the main service, there'll be a chance for continued fellowship at the sub-branch for veterans and their families," Mr McNamara said.

He added there had been a rise in the number of people attending the annual service, particularly since the 100th commemoration of Anzac Day in 2015.

“We have found that families in this district have a real connection to World War I and World War II – there's a lot of history here,” he said.

“And we have veterans in this district from every conflict including Afghanistan and Iraq.”

Mr McNamara said it was vital for young people to be taught the meaning of Anzac Day. “It's important to us and to our veterans' families to visit schools prior to Anzac Day,” he said.



“The kids then want to come to the main service and of course mums and dads then come with them.

“The president and committee of the sub-branch are extremely honoured to preserve the traditions and history of the veterans and their families of the Sandgate district and we invite everyone in the community to be a part of the Anzac Day commemorations.”

---

*For more information about Sandgate's Anzac Day services, please contact the RSL sub-branch on: 3269 1135 or email: [sandgatersl@bigpond.com](mailto:sandgatersl@bigpond.com)*



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# IN THE FOOTSTEPS OF OUR DIGGERS

Story *Brooke Jacobson*

**W**e're all familiar with Anzac Day services here in Australia, but what is it like to attend one overseas? How does it feel to actually see the places where our brave men and women served their country?

Sandgate residents Mel Holland and her husband David, travelled to Turkey in 2015 to attend the 100th commemoration of the ANZAC landings.

"We entered the lottery for the 100th anniversary, and were lucky enough to be allocated two tickets out of the 10,000 available to the public," Mel said.

"We arrived during the afternoon of the 24th of April and we found seating and then waited through the long night for the service to begin.

"It was a freezing night, just as they say it was in 1915.

"The mood was very sombre, I think everyone felt the weight of the tragic history surrounding us."

Mel said the Dawn Service was "very moving".

"I felt incredibly grateful to be there – we always remember our fallen heroes on Anzac Day, but to actually be there where they fell brought a whole wave of emotions," she said.

Mel and David also attended the Australian service at Lone Pine that day.

"I will never forget the moment the service began, just before dawn," Mel said.



*Peter Lofthouse during his service in the army*

“ THE SOUND OF OARS MOVING THROUGH THE WATER, TOGETHER WITH THE BEAUTIFUL, HAUNTING NOISE OF THE DIDGERIDOO – I HAVE NEVER HEARD IT PLAYED THAT WAY BEFORE OR SINCE. I THINK THE COLLECTIVE HAIRS ON THE BACK OF 10,000 NECKS STOOD UP.”

For Sandgate teacher, Danielle Lofthouse, Anzac Day has a deeply personal connection. Her father, Peter Lofthouse, spent 20 years in the army, and saw active duty in Vietnam.

She travelled to Vietnam with her family in 2006 to attend an Anzac Day service and to see where her father served.



"I had always known of course, that Dad served in Vietnam, but he never talked about it," Danielle said.

"We have a lot of military history in our family – my grandfather served in World War I and World War II. My sister has been in the military, so there's a lot of history there.

"Dad has struggled with PTSD and for me, going to Vietnam was really my way of learning about it. And from me going there, Dad has opened up about the war a bit more."

Peter Lofthouse was a corporal during his service in Vietnam and finished his army career as a major. He was an engineer in the 17th Construction Squad, known colloquially as the Little Bears.

"During his time in Vietnam, Dad built a school, an orphanage and roads," Danielle said.

"The South Vietnamese premier thanked him for everything he had done.

"Going to an Anzac service overseas is pretty amazing. It's quite emotional and you just feel very proud.

"Not just of your family, but of Australia in general. It's quite hard to put it into words.

"You just can't believe what they went through – and being in those locations, it brings you a bit closer to it.

"Dad has seen our photos and it's given him a chance to open up a bit and it has actually helped our family a lot," she said.

"I would recommend for people to go – in a heartbeat. People need to really know what our soldiers went through, I would hate for Anzac Day to become commercialised and for people to overlook what really happened.

"And it's so important, particularly for kids to know the reality of what happened.

"My son Charlie, now marches with Dad every year in the city and for him to know how brave his Pop was, that's pretty important."

**Ben Guse**

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*Pictured: James King, Oliver Turner, Sam Burton, with business owner Sam Beckman.*



They say if you find a job you love, you'll never work a day in your life and I'm lucky enough to have that job", said Sam Beckman, founder and owner of 2 Bent Rods.



## FISH WISE KIDS LEARN SUSTAINABILITY ON OUR WATERWAYS

*Story Rhonda Valentine Dixon*

*Photo Ben McShea*

**As a child, Sam wanted to be a fisherwoman when she grew up. "I've been fishing for as long as I can remember. I was always going fishing with Dad when I was little", she said.**

In 2004, when Sam was a parent herself, a Beckman family fishing outing attracted a dozen or so other children intrigued with what was happening and eager to be part of it.

That prompted Sam and her husband, Jeremy, to start 2 Bent Rods, a fishing school that would not only instruct kids how to fish, but would also teach an appreciation for the environment and sustainability for the waterways, fishing rules, dangerous beach creatures, sun protection and more.

In addition to a variety of courses, clinics and parties, 2 Bent Rods has presented at boating, fishing and caravanning expositions.

"There are plans to participate in future community events and we are also including autistic children in our classes," said Sam.

"To see their reaction when they walk on the beach barefoot, hold a rod or touch a yabby – it's priceless. We get great enjoyment and feel proud when the children accomplish the activities."

In association with local councils, 2 Bent Rods promotes activities for the very young to the young at heart. As part of their Active and Healthy Lifestyle programme, the councils offer 'GOLD 'n kids' (Growing Old Living Dangerously) fishing classes for children and their grandparents to enjoy together.

2 Bent Rods is hosting the next free Fish Wise for Brisbane City Council's Gold 'n Kids at Lower Moora Park, Shorncliffe on Monday 15 April. Learn to catch bait, tie knots, bait hooks, cast a rod and much more. This clinic is for kids from age four and up. All fishing equipment is supplied, and bookings are essential.

***The first School Holiday Fishing Lesson will also be at Lower Moora Park on Sunday 7 April.***

***To book, phone Sam on 0403 713 820.***



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# BLUEWATER FESTIVAL 2019



## EPIC Beach Party

Story *Christine Chamberlain*  
Photos *Paul Neil*

**R**ock in to the Easter long weekend to the sounds of Cold Chisel and Creedence Clearwater Revival at this year's Bluewater Festival on Good Friday.

Fronted by master rock vocalist Carter Roser, tribute bands Chisel Revived and Creedence Clearwater Revived will headline the Bluewater Beach Party, the festival's afternoon of live entertainment.

Each year the Sandgate and Districts Chamber of Commerce hosts the annual free festival at Moora Park, Shorncliffe, to celebrate the start of the Brisbane to Gladstone Yacht Race.

The full day's schedule will kick off at 8am with a yoga session on the beach, followed by the arrival of the Easter Bunny at 10.30am.

The Shorncliffe Pier is a great place to take in the festival and catch the start of the 71st Brisbane to Gladstone Yacht Race, starting with the firing of the canon at 11am.

"We welcome locals and visitors to come down to celebrate the start of the iconic yacht race and relax with family and friends amongst food, markets, rides, entertainment and more," Chamber president Bill Gollan said.

Live entertainment will begin at 11.45am with guitar and vocalist Chris Talbot, followed by award-winning Kangagang children's show at 12.30pm, and will continue all day.

Food and a great selection of markets, crafts and information stalls will line the waterfront and the foot of the pier.





There will be amusement rides for all ages, including a train running from Cliff Street, Sandgate along Lovers Walk to the festival for a gold coin donation.

The Bluewater Beach Party kicks off at 4pm showcasing Buster's Duelling Piano followed by Creedence and Cold Chisel tribute shows, and a fireworks finale on the water at 7.30pm.

In a tribute to the music of master songwriter John Fogerty, take a trip back to the late 60s with Creedence Clearwater Revived. Hits performed will include Looking Out My Back Door, Proud Mary and Bad Moon Rising.

Chisel Revived is Australia's number one tribute to the legends of Cold Chisel and Jimmy Barnes. The band will perform much-loved classics like Choirgirl, Cheap Wine, When the War is Over and Flame Trees.



“THESE BANDS WILL BLOW YOU AWAY THINKING IT'S THE REAL DEAL,” BILL SAID.

Applications for stall holders is still open and organisers are also calling for local sporting groups to get involved with demonstrations and interactive games.

For more information visit [bluewaterfestival.org.au](http://bluewaterfestival.org.au) or follow the festival on Facebook.

## BLUEWATER FESTIVAL

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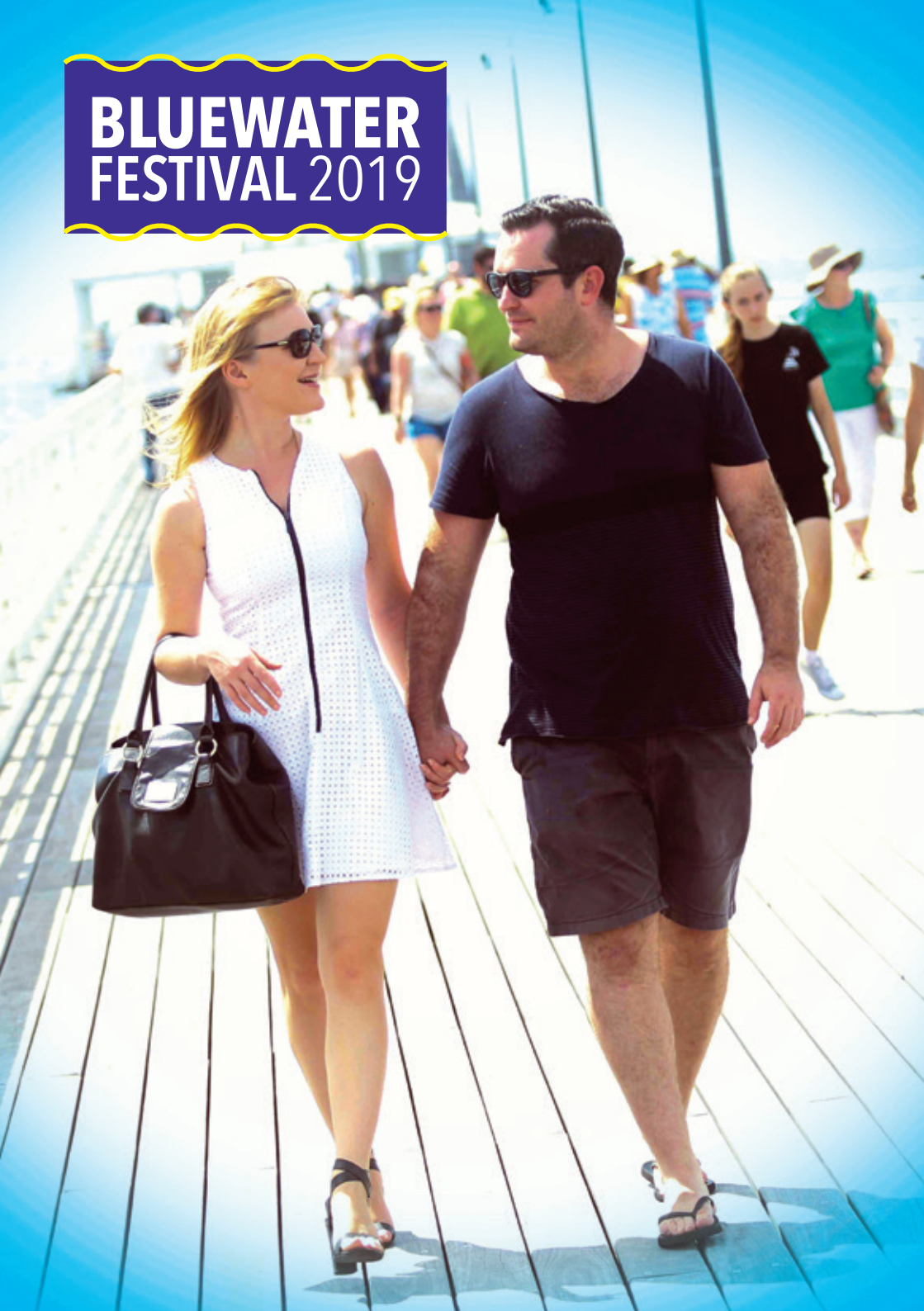
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# BLUEWATER FESTIVAL 2019







*Photos Paul Neil*

# Program

8:00AM	FESTIVAL START FOOD FIESTA MARKETS AND INFO STALLS AMUSEMENT RIDES & SIDESHOW GAMES TRACKLESS TRAIN LOOP FROM SANDGATE TO SHORNCLIFFE ALONG BOARDWALK (GOLD COIN DONATION) KIDS' ANIMAL FARM AND PONY RIDES	11:00AM	OFFICIAL START 71ST BRISBANE TO GLADSTONE YACHT RACE: CANNON SIGNAL
8:00AM	<b>BEACH:</b> VITALITY YOGA SESSION ON THE BEACH	11:30AM	55TH BRISBANE TO GLADSTONE MULTIHULL RACE: CANNON SIGNAL (ON PIER)
8:00AM	<b>BEACH:</b> XIANG DRAGONBOAT CLUB COME AND TRY (UNTIL 12NOON)	11:45AM	<b>STAGE:</b> CHRIS TALBOT
9:00AM	FREE KIDS' WORKSHOPS KIM MANCINI ART @ THE RED TEEPEE: FREE WINDSOCKS AND LANTERNS ARTVENTUROUS KIDS: FREE EASTER CRAFT	12:30PM	<b>STAGE:</b> KANGAGANG KIDS' SHOW
9:00AM	<b>BEACH:</b> HUMPYBONG YACHT CLUB LEARN TO SAIL [TACKERS PROGRAM]	1:00PM	<b>BEACH:</b> KITESURFING DEMONSTRATION BY SURF CONNECT
9:00AM	<b>BEACH:</b> SURF CONNECT FREE PADDLEBOARDING	1:15PM	<b>STAGE:</b> OUTTAWAK
10:30AM	EASTER BUNNY HOPS IN TO THE FESTIVAL	2:35PM	<b>STAGE:</b> NIK PHILLIPS DUO
10:45AM	OFFICIAL WELCOME WITH TOWN CRIER ON PIER	3:00PM	<b>BEACH:</b> KITESURFING DEMONSTRATION BY SURF CONNECT
		4:00PM	BEACH PARTY KICKS OFF
		4:00PM	<b>STAGE:</b> BUSTERS DUELLING PIANOS
		5:00PM	LITTLE LANTERN PARADE BEACH PARTY CONTINUES ON STAGE
		5:15PM	<b>STAGE:</b> CREEDENCE CLEARWATER REVIVAL TRIBUTE
		6:30PM	<b>STAGE:</b> COLD CHISEL TRIBUTE

7.30PM FIREWORKS ON THE BAY



# BLUEWATER FESTIVAL 2019

## Windy Pier Spectacular

Story *Christine Chamberlain* Photo *slapics*

**A** colourful art installation, created by the community, will be set up along the Shorncliffe Pier, as part of this year's Bluewater Festival. Making the most of the iconic historic pier and beautiful bay breezes, local artist Kim Mancini will be working with locals of all ages to produce hundreds of colourful windsocks to feature at the festival.

Kim has always had a strong passion for art and her community, and this year, in addition to her creative tee-pee space for children, she has decided to get everyone involved in a community art installation.

"We are so lucky to have the talents of Kim and her creative team of locals involved in this year's

festival," Sandgate and Districts Chamber of Commerce president Bill Gollan said.

The windsocks, on bamboo stakes, will be created beforehand and attached to the pier railings and light posts early in the morning before the festival begins.

"Anyone on the beach throughout the day will see that lovely pop of colour along the pier," Kim said.

Throughout the day, children can visit Kim's tee-pee space and create more windsocks, as well as lanterns, to feature in the revived Lantern Parade at 5pm.

"We are thrilled to be working with Kim to bring back some history into this long-standing festival. We will re-kick start the tradition with the kids and create a little lantern parade this year and hopefully build on it for years to come," Bill said.



*Kim Mancini with  
Heidi and Amelia*

The windsocks and lanterns will be created using paper and cardboard made into cylinder shapes, and covered in colour, with wool and ribbon catching the wind.

"It is about getting people involved in the experience of the festival instead of just coming down to watch the race and going home," Kim said.

"It is creating that visual appeal that really creates that wonderful festival atmosphere."

The first windsock workshop for the pier installation will be held at Kim's studio (Shop 6, 140 Braun Street, Deagon) on Tuesday 9 April from 2pm.

If you are interested in attending the workshop let Kim know, visit her website [manciniartgallery.com.au](http://manciniartgallery.com.au), email [kimmanciniart@gmail.com](mailto:kimmanciniart@gmail.com), or text or phone 0402 473 083.



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# READY, SET, DANCE!

*Neridah Waters*  
brings Rock  
Eisteddfod  
to Sandgate

Story Kelly Walker Photo (above) slapics

**I**t's time to break out the leg warmers and fluorescent onesies – Rock Eisteddfod is coming to Sandgate! Local resident Neridah Waters is sharing her talent and passion as a choreographer, dancer, and actor to bring her own version of the famed dance show to the Sandgate community.

"I auditioned for my school's Rock Eisteddfod 26 years ago and got rejected. To this day I carry the bitterness in my polyester puffed sleeves," Neridah jokes. "So now I've decided to make my own Rock Eisteddfod team, but with adults!"

Aimed at promoting healthy lifestyle choices, the Rock Eisteddfod concept began in Sydney in 1980, as a dance/drama competition between schools.

With shows staged worldwide, each event was a fun collaboration between students, teachers, parents and communities. While Neridah's version may not be exactly the same as the school competitions,





she promises that it will be a ridiculous amount of fun. "I'm so excited to do this project and I want to make it accessible and fun for everyone," Neridah said.

“It doesn't matter if you have never danced before, have just had triplets, or if you're just looking to get out with like-minded people and show off some of your awesome moves – this class is for all ages and abilities.”

Full of boundless enthusiasm, Neridah has been passionate about dancing and performing since she was a little girl. "My brother and I ran neighbourhood concerts every year when we were young," Neridah said.

"We would convince all the kids on our street to perform in our shows and put on outfits from my dress up box."

Neridah is a graduate of Western Sydney University, and is an accomplished performer with over two decades of experience in acting, dancing and choreographing throughout Australia and abroad. She wants to share her love of dance right here in Sandgate.

"I have been running Common People Dance Project classes across Brisbane and Australia and am very excited to start them here in my hometown," Neridah said.

"Being relatively new to Sandgate, I really want to offer classes here, so I can make friends and build a community around me."

With infectious positivity and a tub full of disco inspired dress-up accessories for class participants to dig into, Neridah is raring to go.

"What I love about dance is that I can get completely lost in that magical world and forget about my immediate problems," she said. "I love teaching because I can help others have that experience as well... it's electric!"

For more info on Rock Eisteddfod and other Common People Dance Project classes, please contact [commonpeopledanceproject@gmail.com](mailto:commonpeopledanceproject@gmail.com) or visit [commonpeopledanceproject.com.au](http://commonpeopledanceproject.com.au).



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# Students Serve Up Cup Of Enthusiasm

*Cooper James, Jesse Eardman, Hannah Elliot and Rebecca Cawood*

**Story Brooke Jacobson Photo slaps**

**H**ospitality students at TAFE Queensland's Bracken Ridge campus are gaining real world experience while they learn, by running their own café.

The Polaris Bistro and Coffee Shop, located on campus, is run entirely by the students. For 4017 residents, it's the perfect location for a well-priced, delicious latte, while also helping the students complete their Certificate III in Hospitality.

At just 15-years-old, Jesse Eardman is the youngest of the 11 students in the six-month course.

For him, it's the first step on the way to his ultimate goal. "I'd love to have my own café one day," he said. "You get all of the experience here and it's great, I'm really loving it."

Students will be able to go on and become waiters, bar staff, front-of-house attendants or could work in events.

Mother-of-four, Hannah Elliot, is a Deagon local and has already found work through the course. "I've just been able to get a job at the Albion Hotel, so I am combining work and study," she said.

"I have been a stay-at-home mum for 14 years and I just thought that it was time to get back into the workforce."

School-leaver Cooper James said he had been interested in hospitality. "Working here [at Polaris], it's great to get that experience," he said.

"I really like the bar work the best, making the mocktails and the frappes."

Teacher, Rebecca Cawood, said she was proud of her students' passion and enthusiasm. "(Polaris) is a more kind and safe environment for the students to be able to practice their service skills," she said.

"The bistro is a very casual, relaxed atmosphere, we're serving drinks and light meals and it's really, really affordable, with prices from \$1 to \$6.

"The students really love to have real customers here – we have a lot of takeaway coffees with the staff and students here on campus, but we really do want more dine-in customers."

Polaris has plenty of space, making it ideal for parents looking for somewhere to get their caffeine fix. Customers are also asked to fill out a feedback form, to help the students' with their ongoing learning.

*The bistro and coffee shop is open most Mondays, Tuesdays and Fridays from 9am–1pm, at the TAFE Queensland Bracken Ridge campus, 157 Norris Road, Bracken Ridge.*

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# The Basket Casket

Professor Mullet is a fictitious character residing in Sandgate. Enjoy his storybook life.



---

Story Cyril Columba  
Illustrations Maddy Bull

---



**P**rofessor Mullet sped down Sixth Ave on his black Townie, leaving the last of the funeral stragglers standing outside the old brick church on the hill. An hour earlier he had sung and strung My Man, a tribute to Wazza as he was carried out in a woven willow coffin. The Eagles' classic was the Prof's final tribute to a good mate of many years. If Waz could have turned in his basket casket he would have, probably shouting a few choice words too. Eco definitely wasn't a Waz thing but his daughter Linda was always that way inclined.

With former PMG workmates and his fellow RSL comrades standing guard, Wazza was sent off to his eternal rest - wherever that may be. The onshore breeze, much to the mourners' relief, had finally whistled down the pews. With final goodbyes and flimsy promises to keep in touch, it was now over. Professor Mullet, never one to linger long in melancholy, sucked in a mouthful of air as he coasted down the hill towards his home on the bay, guitar perched in the fishing trailer behind his bike.

Later the next evening, Professor Mullet absently stared out of his casement windows across Flinders Parade. Having watched the families pack up rugs and eskies and fill the bins before heading home, his eyes fell beyond the water to the lights of Tangalooma. And his mind fell to Waz. With Johnny Walker in hand, he placed the needle on track 4 of the well-worn vinyl. Couched in his tired and split La-Z-Boy, Professor Mullet, feeling satisfied and content, had his first kip of the night to the harmonies of that magic final line.... "We who must remain go on laughing just the same". It's true. We do.





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# HEALTH + Wellness

## INSPIRING PEACE AND CREATIVITY

Story *Christine Chamberlain*

Photo *Ben McShea*

**K**eeping your kids active, engaged and out of your hair during the school holidays can be a juggling act, but kids' yoga workshops could be the answer.

Yoga workshops are the perfect place for young people to relax and express themselves in a positive environment.

Local mum and yoga lover, Ainsley Moden from Being Grounded, has been running school holiday yoga workshops for the past two years and has two workshops planned for the Easter holidays.

Ainsley designs her workshops to create a safe, positive, inspiring space for children, often using the great outdoors as a peaceful backdrop.

"I was a shy, nervous kid myself, scared to try new things, so I love creating kids' workshops where I can help kids to flourish and shine without being competitive," Ainsley said.

The bush backdrop behind Nashville State School makes for the perfect spot for kids' yoga.

"I love to teach in nature, it helps kids calm their emotions and self-regulate; really feel into their body. It's also good for improving resilience – we have to deal with ants and bugs and uneven ground."

Ainsley often collaborates with other like-minded, local business people to come up with different workshops.

"I always like to add a crafting or hands-on element to my workshops. Parents like their kids to do yoga, and kids are drawn into the crafting activities," she said.

The first workshop on Tuesday, 16 April is called Sun, Light, Shine Bright and is a sun-themed event incorporating different sun salutes, guided meditations and body art. Ainsley will work with Charli from Wild Thyme Face and Body Artists.

"Charli is a local mum who has an amazing gift to help kids express themselves through face painting."

The second workshop will be held on Thursday, 18 April at Soul Prana Yoga & Wellness Studio at Margate. Kids will learn yoga as well as making their own healthy bliss ball treats.

Local mum, Rachel Stanley, who loves creating healthy food, will be assisting Ainsley.

"This will be a fun way to get our hands in and eat what we create," Ainsley said.

*Places are limited. To book, visit [www.beinggrounded.com.au](http://www.beinggrounded.com.au) or find Being Grounded on Facebook.*



*Ainsley Moden helps kids to flourish through yoga workshops*

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# What do Rabbits and Eggs have to do with Easter?



Story **Sally Eberhardt**

**H**oppity hippity hop – the Easter Bunny delivers delicious eggs to many homes on Easter Sunday morning, much to the delight of kids of all ages.. but have you ever wondered how this tradition came about?

Despite having Christian relevance today, Easter takes its name from Eostre, a pagan goddess of spring or renewal from Anglo-Saxon England. It began as a pagan festival celebrating spring in the Northern Hemisphere, long before Christ was born.

At the Eostre festivities, the hare (which later became the prettier and more appealing rabbit) was a symbol of fertility because of its prolific breeding, and the egg represented new life or renewal, particularly the green leaves emerging from trees barren over winter and the natural cycle of many animals having their babies in spring.

In the first couple of centuries after Jesus's life, feast days in the new Christian church were attached to old pagan festivals and the Easter period became associated with the resurrection of Christ. The theme of new life became connected to Jesus, as he rose from death after crucifixion.

During the Middle Ages, people began decorating eggs and eating them as a treat following mass on Easter Sunday, after fasting through Lent. This is a tradition that remains throughout much of the world.

Commercialisation during the 19th century saw rabbits increasingly symbolising Easter with the growth of the greeting card industry. Sending cards became more popular, and images of cute little rabbits and Easter eggs made Easter another 'Hallmark occasion'.

Big confectionery companies started manufacturing chocolate eggs as a way of marketing the new sweeter eating chocolate. Previously, chocolate was only for drinking and quite bitter.

Now the shops are filled with tempting chocolate Easter eggs and bunnies in all colours, styles, flavours and sizes.

As Australians, our significant public holidays of Easter and Christmas are based on European celebrations so although it's autumn here, rabbits and eggs remain part of our festivities and remind us of Easter's origins both ancient and Christian.

*Whatever your beliefs, Easter is also time to celebrate family and take a break from work. Stay safe and enjoy!*



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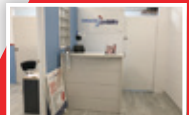
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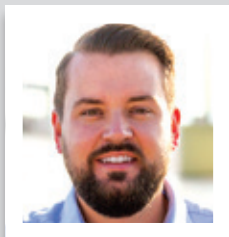
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# A WORD FROM OUR REPRESENTATIVES

## Cr Jared Cassidy



Easter is just around the corner which means Bluewater Festival for us locally! I'm proud to be sponsoring the main stage this year and with a new and exciting entertainment line up and lots of stalls and activities on the day, it's

shaping up to be one of the best. The Sandgate Chamber of Commerce has been working hard to deliver this iconic Brisbane festival – see you on Good Friday!

The Sandgate Neighbourhood Plan survey is now underway. You will notice that the suburb of Brighton has not been included in the study area for the survey. The current land use and zoning is expected to remain unchanged over the foreseeable future in Brighton – Low Density Residential.

However, I would encourage all Brighton residents to complete the online survey to ensure your views on local infrastructure, parks and the protection of the environment is front and centre in the draft strategy. Paper surveys can be collected from my office and please don't hesitate to call, email or drop by if you need any further information.

## Cr Amanda Cooper



We are now well and truly into autumn and this year's April will include both Easter weekend and Anzac Day.

These two events are important ways for our community to come together. Anzac Day,

in particular, has had an increasing numbers of residents attending the numerous events to recognise and honour the bravery and sacrifice of our past and present defence force personnel.

## Stirling Hinchliffe MP



As the member for Sandgate, I am always amazed at the talent our local artists display when they show off our community through their art. That's why I am delighted to again be sponsoring the Sandgate Art Society's Easter Art

Show, which promises to showcase the work of artists from both near and far right here in our community. If you would like to enter the exhibition, please fill in the application form found at: [www.sandgateart.org](http://www.sandgateart.org) before Tuesday, 9 April, or send SAS Art an email at: [info@sandgateart.org](mailto:info@sandgateart.org) for more information. The Easter Art Show will take place in the Callan Centre at St Patrick's College, Shorncliffe and runs over the following days: Thursday 18 April 6:30pm-8:30pm; Friday 19 April 9:00am- 9:00pm; Saturday 9:00am-4:00pm

I am encouraging all community groups, schools, charities and sporting clubs across the Sandgate electorate to apply for grant funds of up to \$5000 which are now available as part of the Ergon-Energex Community Fund. The Ergon-Energex Community Fund supports projects which facilitate innovative solutions to local issues, boost local economic activity or support a local community's identity and well-being. Online applications close on 8 April 2019 for this round of funding. For more information, visit: [www.energex.com.au/communityfund](http://www.energex.com.au/communityfund)

If you are wanting to attend an Anzac Day Service, which I highly encourage you to do, you can visit my website [www.amandacooper.com.au](http://www.amandacooper.com.au) for more information.

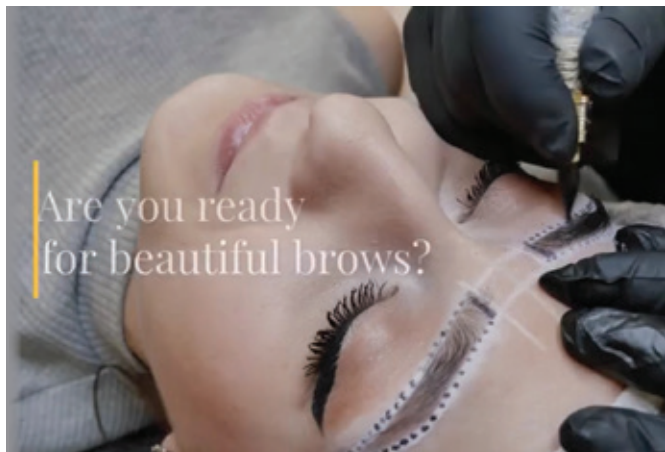
Autumn also brings a wonderful break with Easter weekend. This is a chance for families to spend time together, refresh and renew ready to face the year again. There are numerous local facilities and parks such as the Telegraph Road Recreation Hub for residents to enjoy.

In the meantime, if you have any council matters you would like to discuss, please do not hesitate to contact my office on 3667 6000 or send an email to [brackenridge.ward@bcc.qld.gov.au](mailto:brackenridge.ward@bcc.qld.gov.au).

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## BRIGHTON TO BE REMOVED FROM NEIGHBOURHOOD PLAN. HAVE YOUR SAY.

---

Story **Brooke Jacobson**

**B**risbane City Council is updating the Sandgate District Neighbourhood Plan, and it's causing a great deal of discussion across the 4017.

The plan focuses on Sandgate, Deagon and Shorncliffe only, leaving Brighton residents asking, "what about us?"

Council distributed brochures about the plan across the area, excluding Brighton, with a number of residents on the Find It 4017 Facebook page questioning the decision.

One resident asked: "The survey does not include Brighton ... how do we have a voice?"

Another posted: "I answered the survey. There are a number of free text fields ... I asked why Brighton would have been excluded. Hopefully if enough people answer the survey ... the organisers will address the survey exclusion."

Brisbane City Council creates neighbourhood plans for suburbs across the city with input from residents and business owners.

According to council's website, "the plans help facilitate economic prosperity, protect character development and provide for open space. They include standards for new development and reflect improved infrastructure such as new transport routes."

Deagon Ward councillor, Jared Cassidy, said it has been about 20 years since the Sandgate area's previous neighbourhood plan.

"It's not an infrastructure document and it's not a business plan," he said.



It's a look at what could happen in the next 10 to 20 years and we really want people to engage properly with it, as it could affect how our area looks and feels in the coming decades."





Cr Cassidy said residents did not have to live in Sandgate, Shorncliffe or Deagon to take part in the survey.

"My feeling is that council felt Brighton, as it is currently, is an intact suburb that is unlikely to change," he said.

"People in Brighton are not missing out on anything, but certainly they are welcome to do the survey and they can ask why Brighton was not included.

“ Anyone can do the survey, not just people who live in those areas. If the feedback is that Brighton should be included, there's no reason why it won't be.”

The neighbourhood plan is currently in the "background research" stage.

A draft strategy is expected to be completed by the end of this year, which will then be put to the community for further feedback.

By mid-2020, council will complete the draft neighbourhood plan and any specific proposals, such as changes to zones, will be publicly notified for community feedback.

Council anticipates that the neighbourhood plan will be adopted and form part of the Brisbane City Plan by late 2020.

Council has also asked residents to volunteer for the Community Planning Team (CPT), and Cr Cassidy said he would like to see a wide variety of people put their hand up.

To take part in the survey, or to volunteer for the Community Planning Team, go to the Brisbane City Council website: [www.brisbane.qld.gov.au](http://www.brisbane.qld.gov.au) or you can find links to the survey on Cr Cassidy's Facebook page, or call the Deagon Ward Office on 3667 6011. The survey closes Tuesday 30 April.

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Moreton North Special Olympics athletes, Bree Reeves, Jordan Alen, Angalique Woodhouse, Caitlin Gee with coach Pamela Gunnis.

# Five-Band Dance Party Raises Funds for Olympians

Special Olympics Moreton North wants to raise awareness of the club while doing something that will be fun for the broader community.

*Photo Ben McShea*

**S**pecial Olympics, the largest organisation of its type in the world, is recognised by the Olympics Committee and provides training and competition opportunities for people with intellectual disabilities. Some five million athletes in 172 countries participate, and in March, Moreton North sent six players to the Summer Games, held in Abu Dhabi.

“It’s a constant thing. Trying to find funding – both getting resources for the kids, in terms of equipment, and helping to subsidise travel expenses,” said Chris Simpson, committee member.

A small idea evolved into a big dance party to be held on Saturday 4 May at Sandbag.

There will be five bands playing – with plenty of variety – Arced Up is a popular ukulele band. Deagon based Magpie Season, has an acoustic rock sound, while Jetty Street Band is a teenage group. Combine them with the Trinity Trio and Sons Of Earl and there will be something there for everyone.

It isn’t all just about the competition.

“I had the privilege at the State Games, I was on the finish line giving out the ribbons. All of them to a tee, said to me, ‘I did it!’, with this big smile on their face. They didn’t care, they weren’t first or last, they were just happy that they finished,” said John, the club chair.

“It’s good for the parents as well. There’s a network there, you’re all in the same boat to a certain extent.

“There’s also parents out there that have a child with an intellectual disability who haven’t engaged with us yet, who probably would if they were more aware,” Chris said.

Have a delightful night out at a reasonable cost of \$15 per person (or \$30.00 for a family). Pizza is included, there will be a licenced bar, a cent auction with great prizes, and lots of dancing.

**Sandbag, 153 Rainbow Street Sandgate  
Saturday 4 May, 6–10pm**

**For tickets or information contact John on 0419 212 324 or visit their Facebook page. Tickets available online via [www.eventbrite.com.au](http://www.eventbrite.com.au) searching for “Special Olympics Moreton North”**

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Leah and Simon Pett stepped out together for a beautiful evening of great food and wine at the Long Table Dinner, Shorncliffe Pier.



Celebrating 50 years since graduation, 1969 - 2019, the 'Hearts' Reunion of graduates from Sacred Heart School, Sandgate was held at the QCYC.



Finn and Kel said farewell to their Grandfather John Graham who grew up in Shorncliffe on Pier Avenue in the 1940s.



Julie and 'Buggy' reunited with some old friends for dinner drinks, laughs and crazy stories at the Full Moon Hotel.



Painter Marie Smith is putting the final brush strokes to her collection of paintings for her upcoming exhibition opening on April 12 at Artrageous Gallery at Deagon.



The red carpet was out for Oscars' Night for Sandgate Cinema Club at Sandgate Town Hall and Sar Sar Yaryar wins the Oscar for...well ...just being so fabulous!!



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# LOOK *Who's New*

## MEET THE 4017'S NEWEST BUSINESSES



### COUGAR WATCHES AND CLOCKS

#### Time for a change

Story **Brooke Jacobson**

**A**fter 50 years in business, Cougar Watches and Clocks has relocated from Strathpine to Sandgate.

Owners Andy and Kerry Meadows said renovations to their building had prompted the move. "We have long thought a move to Sandgate would be good and jumped at the opportunity to come here," Andy said.

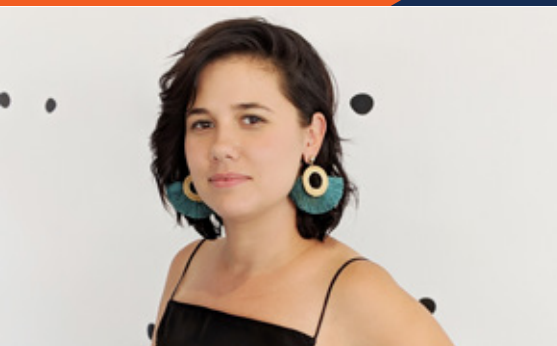
"We've only been open a short time, but we've had lots of people pop in, some familiar faces and some new ones – it's been very positive."

The business specialises in the sale and repair of all brands and models of Swiss and Japanese wristwatches, as well as English, American and Swiss pocket watches. They also repair antique, vintage and modern clocks.

"All repairs are done on site, here in the shop," Andy said. Cougar Watches and Clocks also sell and repair cuckoo clocks, as well as servicing all models and brands of watches including Rolex, Omega, Longines, Tag Heuer, Seiko, Citizen and more.

Located at Shop 8, 16 Brighton Road, Sandgate, in the Sandgate Arcade on the corner of Second Ave and Brighton Rd.

● Phone: 3205 1134 or visit:  
[www.thewatchmaker.com.au](http://www.thewatchmaker.com.au)



### SO GOOD HAIR STUDIO

#### Good for your hair & the earth

Story **Brooke Jacobson**

**S**andgate local, Jennine Birrell, offers more than just a stylish haircut at So Good Hair Studio – her business is great for the planet as well.

Jennine offers refillable bottles of shampoo and conditioner, and uses recycled aluminium foil, as well as ammonia-free hair colour.

"I'm encouraging my clients to come in and refill their shampoo and conditioner," she said.

"It's my way of trying to produce less waste."

"That kind of philosophy resonates through my whole business. With the foils, I use recycled aluminium foil and once I have used them with a client, I then recycle the material again."

So Good Hair Studio, which has been open since December, also offers gender neutral pricing.

Jennine has been a hairdresser for 16 years and this is her first studio.

"Everyone has been so supportive," Jennine said. Being local, I knew what the community spirit here was like, but to have that feeling towards my business as well is just next level."

● The studio is located at 3/74 Ward Street, Sandgate. Open by appointment only. Call: 0416 576 595. Instagram: @sogood\_hairstudio



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# Fun Outdoors For The Kids With Story City App Adventures



**Story Sally Eberhardt**

**L**ooking for a fun, free, family-friendly activity to get the kids off the couch and outside over the school holidays?

Surprisingly enough, an app, on that very piece of technology that always seems to be in their hand, has a great solution.

Story City is a 'choose your own adventure' game app that will have the kids out solving mysteries and being part of various stories, especially 'The Curse of the Bramble Spirit' set here in Sandgate.

This game involves walking from landmark to landmark with the clues being triggered by geo-location. That means you can't play sitting at home! Another great feature is that there are eight possible endings to the game, so it can be played a number of times and different choices will have different outcomes – it



**Khali Scott**

doesn't get boring.

A visitor to Sandgate, Angie, aged 17, said she enjoyed trying out the Story City app as a way of exploring places she may not have otherwise found.

"It was a fun and engaging activity – I recommend playing with friends and family for the best experience. It was easy walking and you hardly

even notice that you are exercising as you follow clues and decide what to do next.

"I look forward to discovering more of Brisbane with the other adventures on the Story City app," Angie said.

Writer of The Curse of the Bramble Spirit Street Read episode, Khali Scott, said that she has fond memories of growing up in the area and loved using her local knowledge in creating the adventure.

"My earliest memories of storytelling are connected to the Bramble Bay region – resident ghosts in the clocktower of the Town Hall, goblins living underneath the park rotunda... there's a unique combination of nature and history in Sandgate that make it the ideal setting for stories, especially supernatural ones!

"I hope the kids using the Story City app have just as much fun exercising their imaginations in the Sandgate streets as I did growing up," Khali said.

So next time the kids say, 'Mum, I'm bored', download for the Story City app, on Google Play store or Apple App store, and take them on a local adventure that will stretch their legs and imagination.

*Image courtesy of Emily Craven,  
Founder of Story City*



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## Why do people fitted with hearing aids choose not to wear them?

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- Poor sound quality hearing aids, ineffective particularly in noisy situations
- Feedback problems (whistling)
- Psycho-social factors (poor motivation / feel like a nuisance / a hassle)

Successful hearing rehabilitation doesn't solely rely on getting a hearing aid and then assuming the hearing problems will be resolved. During the assessment process, the audiologist identifies the factors causing the hearing difficulty, such as nerve damage, hearing distortion and one's hearing ability in noisy environments. Different hearing aid brands behave differently in quiet and in noisy environments. Your audiologist should have a good understanding of the different brands and styles of hearing aids. Choosing the wrong aids can be problematic. Our audiologist will help you choose the right hearing aid for you and will adjust and calibrate it to match your hearing levels so your hearing aid will behave appropriately in your listening environment.

"Why do people fitted with hearing aids not wear them?"

(Abby McCormack & Heather Fortnum, International Journal of Audiology 2013; 52-360-368)



### *"I can hear words distinctively..."*

I can hear things really well now, distinct words like I've never heard them before, especially when watching television. I no longer need my wife to repeat herself. Ronnie is absolutely the best audiologist I've ever met. He is detailed and thorough. I'm very happy with my new hearing aids and with Sandgate Hearing.

**Pat Pacey – Rothwell**

## What clients say about us



### *"I'm Enjoying My Life a lot more"*

These are my first hearing aids and I'm extremely happy with them. Before Sandgate Hearing, I went to another place but the care and the service was nothing in comparison to that at Sandgate Hearing. I can hear very well now and I'm enjoying my life a lot more in general.

**Beverley Scuderi, Bracken Ridge**



### *"So Happy and Grateful"*

I came in not really expecting anything to change, but the improvement in my hearing is just overwhelming. I'm so happy and grateful. I'd absolutely recommend Sandgate Hearing to anyone with hearing issues.

**Mary Greenland, Boondall**



### *"We're extremely happy"*

Mum struggled with her hearing for a long time, especially around groups of people. Then we found Sandgate Hearing. Ronnie was so thorough and professional. Mum's hearing is great now! We'd highly recommend anyone with hearing problems to Sandgate Hearing.

**Rita Sperling, with daughter  
Merilyn Enright, Redcliffe.**

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# Music By The Sea

SANDGATE TOWN HALL

► April: Jane Rutter (flute) and Giuseppe Zangari (guitar)

Celebrate the magnificent music of Italy right here in Sandgate as virtuosi instrumentalists, flautist Jane Rutter and guitarist Giuseppe Zangari, perform much loved works by Vivaldi, Giuliani, Corelli, Caccini, Rossini and others of their ilk.

Saturday 6 April – 7.30pm

► May: The Riverside Guitar Ensemble

Story Donna Phillips

**K**arin Shaupp is a gold medalist in the music world and has another winner on her hands as director of The Riverside Guitar Ensemble, set to perform down-by-the-bay in May. This is what she has to say about the project:

**Q. What does this project mean to you personally?**

A: Many of the players are former or current students of mine and indeed colleagues whose playing I highly respect. Each member plays in the group by invitation and as a group represent some of the finest guitarists in Queensland, so I am thrilled to work with them and to explore new repertoire together. We can really push the boundaries of what a guitar ensemble can do as we are blessed with so many professional virtuoso players.

**Q. Tell us about the musicians?**

A: There are 15 wonderful stories behind all 15 wonderful musicians, all brought together by the love of music and the guitar and playing at a high level.

**Q. How would you explain the range and depth of their instruments?**

A: Riverside ensemble plays on a variety of guitars comprised of standard guitars, octave guitars and bass guitars, giving almost six octaves of range and a wide variety of tone colours.

**Q. What are some highlights on the Sandgate program?**

A: There will be a variety of music, from a brand new piece written for the ensemble by Brisbane composer Gerardo Dirie, to toe-tapping Latin favourites, and pieces that will definitely have the audience wanting to get up and dance!

Saturday 4 May – 7.30pm

Sandgate Town Hall

Tickets online: [musicbythesea.com.au](http://musicbythesea.com.au)

Riverside



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# Apr. GIGGUIDE

DJ Heavensent  
Phoenix Bar & Lounge  
05, 12, 18 Apr, 6pm



## 12 FRIDAY

DJ Heavensent  
Phoenix Bar & Lounge 6pm  
Kickback  
Brighton Bowls Club 6:30pm  
Kyle Morris music  
EclecTea 6:30pm  
Nik Conomos  
Full Moon Hotel 8pm

## 13 SATURDAY

Heidi and Scott  
Phoenix Bar & Lounge 8pm  
Madness Tribute  
Full Moon Hotel 9pm

## 05 FRIDAY

DJ Heavensent  
Phoenix Bar & Lounge 6pm  
The Hinterlanders  
EclecTea 6:30pm  
Goran Sedlar  
Brighton Bowls Club 6:30pm  
The Lazy Hyena  
Mr Henderson 8pm

## 07 SUNDAY

Biggy P  
Phoenix Bar & Lounge 2am  
Dueling Pianos!  
Full Moon Hotel 2pm

## 14 SUNDAY

Biggy P  
Phoenix Bar & Lounge 2am  
Andrea Kirwin  
Full Moon Hotel 2pm  
Zeke Foster  
Mr Henderson 4pm

## 06 SATURDAY

The 2 Moros  
EclecTea 6:30pm  
Music By The Sea  
Sandgate Town Hall 7:30pm  
Steve Hargreaves  
Full Moon Hotel 8pm  
Dan England Duo  
Phoenix Bar & Lounge 8pm



The 2 Moros, EclecTea, 06 Apr, 6:30pm

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## 18 THURSDAY

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Phoenix Bar & Lounge 6pm

DJ Heavensent  
Phoenix Bar & Lounge 6pm

Karaoke - Jason & Von  
Brighton Bowls Club 6:30pm



*Fab Tolti  
Phoenix Bar  
& Lounge  
21 Apr, 2pm*

## 26 FRIDAY

Danny Mose and friends  
EclecTea 6:30pm

Veranda Band  
Brighton Bowls Club 6:30pm

Mark Chomyn  
Full Moon Hotel 8pm

## 19 FRIDAY

Music music  
EclecTea 5pm

## 21 SUNDAY

Montana  
Full Moon Hotel 2pm

Fab Tolti  
Phoenix Bar & Lounge 2pm

## 27 SATURDAY

Aussie Pub Anthems  
Full Moon Hotel 9pm

## 20 SATURDAY

Steve Williamson  
Full Moon Hotel 8pm

Jade Holland Duo LIVE  
Phoenix Bar & Lounge 8pm

## 25 THURSDAY

Nick Koschel  
Full Moon Hotel 2pm

## 28 SUNDAY

Tom Roberts Duo  
Full Moon Hotel 2pm

Cheyne Starkie  
Mr Henderson 4pm



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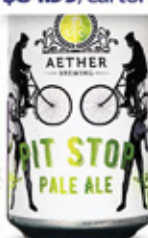
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# Local DINING GUIDE

## CAFÉ CULTURE WITH A *Syrian* **TWIST**







Story **Emma Harley**

**S**ANDBAG will run its first multicultural Unplugged Café event for the year, with the theme centered on the culture of Syria. SANDBAG community support worker, Garry Hunt, said the event was shaping up to be an entertaining community night out full of great food, music and awesome family-focused activities.

"Unplugged Café has been running successfully for over 13 years," he said.

"It is held on the first Friday of each month, but every now and then we have a special multicultural themed event like this one.

"It is primarily a fundraiser for SANDBAG and any proceeds go to various projects such as our DV Program and our Drop In program that support people who are homeless or in crisis."

Garry said the Syrian theme was inspired by some new additions to the community from the war-ravaged country.

"Anni and her mother are recent arrivals from Syria, who have recently connected with SANDBAG," he said.

"They both cooked food for our Global Kitchen Second Course event and the food was fantastic, so this Unplugged Café multicultural event is an effort to introduce the local community to the tastes and traditions of a different culture and strengthen Anni's ties to SANDBAG and the local community."

**DESPITE IT BEING ALL ABOUT SYRIAN FOOD AND CULTURE, THERE WILL BE AN INJECTION OF LOCAL FLAVOUR WITH MUSOS FROM THE AREA PROVIDING THE TUNES FOR THE EVENT.**

The line-up includes blues soloist Ian Wright, four-piece band Trinity, garage rockers Getting 2 Old, poets John and Linda Skerman, and R'n'B rockers Black Adder.

"In 2018 we ran two multicultural Unplugged Café events," Garry said.

"Both events were very popular and well supported by the community with over 100 people in attendance at each event.

"Our aim is to facilitate a better understanding between the local community and other nationalities that have chosen to settle in the area."

*Entry to the event is \$6 for non concession holders and \$3 for concession holders, with food and drinks available for cash purchase on the night. For more information phone 3869 3244.*

## **UNPLUGGED CAFÉ**

**5 APRIL 6.30-10.30PM.  
SANDGATE COMMUNITY CENTRE  
153 RAINBOW ST, SANDGATE**



# Local Dining Guide



BAAIA



BLUME COFFEE



BRACKEN RIDGE TAVERN



94 Flinders Pde, Sandgate  
Foreshore

**Modern Australian**

3269 7510

## BAAIA

**Feature:** Creative, fresh, seasonal food, coffee and homemade cakes on the water front. Open for coffee, breakfast, lunch and snacks from 7am. Eat in or take away. Dog friendly.

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512 Hornibrook Hwy, Brighton

**Café**

0434 712 316

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**Feature:** Blume is Brighton's designated Specialty Coffee shop. Quirky, Creative brunch menu, house baked treats, our signature puff pastry jaffles and well made quality espresso. Only a short stroll from Decker Park.

Open 7 days. Mon 6-10. Tues - fri 6-1, Sat-Sun 7-1.



154 Barrett St, Bracken Ridge

**Ribs, Surf & Turf, & Steak**

3269 7011

## BRACKEN RIDGE TAVERN

**Feature:** Panama Jack's Restaurant has a wide variety of meals to suit all tastes, including gluten free dishes. Our signature dishes: PJ'S Ribs, Surf & Turf, and Steak & Rib Combo are legendary.

SPIDERBAY  
ivy and the big apples



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APRIL 27 @ 9pm**

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silverchair midnight oil john farnham  
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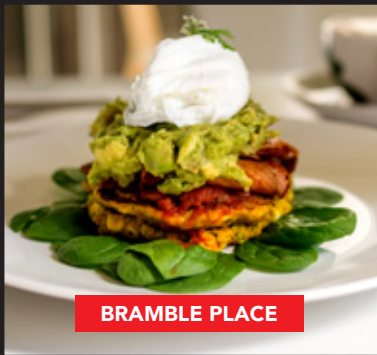
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# Local Dining Guide



BRAMBLE PLACE



CHARLIE'S AT BRIGHTON HOTEL



COFFEE WARDEN



1 Loudon Street, Sandgate

Café

0498 703 406

## BRAMBLE PLACE

**Feature:** Bramble Place Cafe and Lounge is a vibrant and bustling local cafe in Sandgate serving high quality tea and coffee, beer and wine along with a delicious menu for breakfast and lunch as well as a tapas menu on Saturday nights. GF and Vegetarian options available.

Mon-Fri 7am-3pm, Sat 7am-8pm, Sun 7am-1pm



196 Brighton Tce, Brighton

Family Bistro

3269 1971

## BRIGHTON HOTEL

**Feature:** 1950s style family bistro, and home of the \$10 roast, the Brighton Hotel strives to offer the best service and value in town. Offering home cooked style meals at great prices! From a Traditional Roast to Fisherman's Basket or a Succulent Lamb Shank, there is something for every member of the family.



74 Ward St, Brighton

Café

0424 420 863

## COFFEE WARDEN

**Feature:** If you love excellent coffee and brunch at an affordable price, be sure to pop in to Coffee Warden in Brighton.

Coffee Warden is open Monday to Friday 5am to 2pm, and weekends 5am to 1pm.



COOL BEANS CAFE



DOUG'S SEAFOOD CAFE



FISH ON FLINDERS

## COOL BEANS

CAFE

Shop 12 / 353  
Beaconsfield Terrace, Brighton

Café

3269 1964

## COOL BEANS CAFE

**Feature:** Cool Beans Cafe now open. Located walking distance to Brighton foreshore, Cool Beans Cafe offers great value all day Breakfast and Lunch menu, fresh juices, fine quality Tea and DiBella coffee. Gluten free options are available. Open 7 days a week from 6am, indoor seating, wheelchair accessible and pets welcome.



60 Flinders Pde, Sandgate

Fish 'n' Chips

3269 4713

## DOUG'S SEAFOOD CAFE

**Feature:** Doug's Seafood Cafe, Sandgate's most iconic fish and chippery, offers fresh seafood dishes to delight any appetite. From our fresh salmon, Tasmanian oysters, local prawns and octopus, calamari, wild-caught barramundi and fresh salads, we have it all. We bring the ocean to your table.



196 Flinders Pde, Sandgate  
(opp. Pool)

Fish 'n' Chips

3269 6903

## FISH ON FLINDERS

**Feature:** At Fish on Flinders, we delight in providing the highest quality Australian Seafood, cooked in the finest rice bran oil. Located opposite the Sandgate swimming pool. Fully licensed. Family Friendly. Open 7 days from 7am. Gluten free options available. Visit: [www.fishonflinders.com.au](http://www.fishonflinders.com.au)



# Local Dining Guide



**MOMENT BISCUITS**



**THAI STAR DEAGON**



**THE WITCHIN' KITCHEN**



8 Queens Parade, Brighton

**Coffee Shop**

0430 753 768

## MOMENT BISCUITS

**Feature:** Moment Biscuits is a small, European style boutique biscuit shop, only a short walk from the Brighton foreshore. Pop in weekdays from 5:30am to 11:30am for freshly baked treats, loose leaf teas & smooth Italian coffee. Now also open Saturdays & Sundays from 7-11am!

\*Follow us on Facebook for the latest promotions.\*



Shop 8/140 Braun St, Deagon

**Thai Restaurant**

3269 5359

## THAI STAR DEAGON

**Feature:** Thai Star is the old Thai Sa-Bai restaurant which has operated at 140 Braun Street for approximately 18 years. It has now been taken over by father and daughter Jeffrey and Poy Muenjaroen. They have both had vast experience in the restaurant industry. The restaurant offers fresh Thai cuisine with the influence of Surin In Thailand which is their home town.



227 Rainbow St, Sandgate

**Café**

3269 6970

## THE WITCHIN' KITCHEN

**Feature:** Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Open 7 days, 6:30-4pm.



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## 3269 6903

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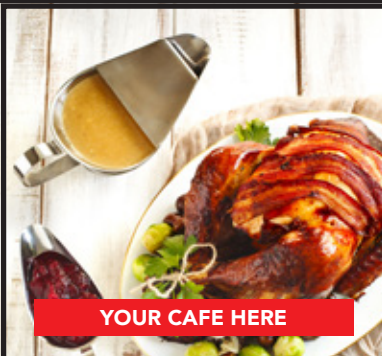
196 FLINDERS PARADE, SANDGATE  
[WWW.FISHONFLINDERS.COM.AU](http://WWW.FISHONFLINDERS.COM.AU)



# Local Dining Guide



THE WIRED OWL COFFEE CO



YOUR CAFE HERE



WILLOW COFFEE & GIFTS



227 Rainbow St, Shorncliffe

Specialty Coffee House

0410 456 251

## THE WIRED OWL COFFEE CO

**Feature:** At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of Single Origin coffees. Tantalising treats and teas are also on the menu.

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OR RESTAURANT**



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Shop 4 / 11 North Rd, Brighton

Café & Gift Shop

3269 0311

## WILLOW COFFEE & GIFTS

**Feature:** Willow Coffee & Gifts is your one stop shop. Not only do we serve great coffee and gourmet treats, but we also stock a selection of ladies clothing, accessories, and locally made children's wear.







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32846520 (opt 2)

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# Events & NOTICES

APRIL 19

## DOLPHIN JUMP KIDS WORKSHOP

All Equipment Provided! No experience is necessary, all step by step instructions with the artist. Snacks, tea and coffee provided at break time! Classes are limited to 20. Please contact Bec: 0411319234 or James: 0401531469 or email [apaintersdream@outlook.com](mailto:apaintersdream@outlook.com) with any questions.

**When:** Thursday 11 April, 10am–12pm

**Where:** SANDBAG, 153 Rainbow Street, Sandgate

## HIGH VIBE VEGAN MARKETS

Join us every second Saturday of the month. We have eco-friendly vegan products, services, tasty vegan foods, drinks, live entertainment and fun activities for both kids and adults.

**When:** Saturday 13 April, 9am–12:30pm

**Where:** Scouts Hall Sandgate, 134 Brighton Rd

## RAMBLE ON BRAMBLE – LAURIE'S BEACH WALK

Discover the web of life along the Sandgate foreshore and tidal flats on a Laurie's Beach Walk. Sponsored by Keep Sandgate Beautiful and named after the late Laurie Jeays in recognition of his environmental interests and work in the community. Bookings essential for this free event - 0410 327 095.

**When:** Friday 12 April, 8am

**Where:** Flinders Parade

## HERITAGE WEEK GUIDED WALK

Step forward into the past on the Shorncliffe Pier. Cost:\$20. Bookings essential – contact the museum on 38692283 or email [info@sandgatemuseum.com.au](mailto:info@sandgatemuseum.com.au)

**When:** Saturday 27 April, 9.30am

**Where:** Shorncliffe Pier

ADD NOTICE



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NOTICE FOR **FREE**

[www.sandgate.com.au/noticeboard.htm](http://www.sandgate.com.au/noticeboard.htm)

Click on the 'ADD NOTICE' button

## OUTDOOR SPIN CLASSES

5 Foot Training is excited to bring outdoor spin classes overlooking the beautiful Shorncliffe bayside. Bookings essential. Book via the 5 Foot Training's Facebook page and follow the link. 0422 084 157.

**When:** Saturdays & Sundays, 6–6.45am

**Where:** Near Lower Moora Car Park

## PCYC SANDGATE COMMUNITY DAY

PCYC Sandgate is incredibly excited to be holding its first ever Community Day. An amazing opportunity for those from our area to come together & enjoy a great morning out whilst also connecting with their local Police Citizens Youth Club! Stalls, Jumping Castle, Music, Car Boot Sale, Food Stalls.

**When:** Saturday 13 April, 7am - 1pm

**Where:** 106 Kempster Street, Sandgater

## SAS EASTER ART SHOW

Sandgate Art Society's Easter Art Show will showcase the work of artists from both near and far.

**When:** Thursday 18 April 6:30–8:30pm & Friday 19 April 9:00am–9:00pm & Saturday 9:00am–4:00pm

**Where:** Callan Centre at St Patrick's College, Shorncliffe

## SANDGATE & SURROUNDS BOOMERANG BAGS

The Sandgate & Surrounds Boomerang Bags, which is auspiced to SANDBAG are looking for new volunteer coordinators.

Anyone interested can contact Keira on 3869 3244 or [kbrett@sandbag.org.au](mailto:kbrett@sandbag.org.au)

## Interior decorating

Curtains

Blinds

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Custom bedheads

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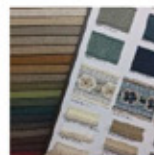
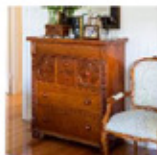
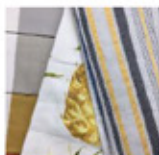
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**3269 3234**

## Do you have a birthday in April?

*Get a 45 minute massage for the price of a 30 minute*



Did you know that pain and stress shows on your face? Chronic stress is a major contributor to the ageing process. You might also be suffering neck pain, back pain and headache. Studies show that regular sustained relaxation for 45 to 60 minutes will help manage your stress and pain. Massage is the ideal therapy for stress and pain management.

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# THE BEATING *Heart* OF QUEENSLAND



*Story Ineke Hodalin Photo Supplied*

**P**icture this, it's a beautiful summer's evening as you stroll along the Sandgate foreshore. Scanning the horizon, mesmerised by the beauty, your eyes fall upon the big 'giraffes' in the distance that stand neatly in a row, like sentries, guarding the Port of Brisbane—intriguing symbols of industry.

To find out more about this very familiar, but somewhat mysterious part of our seascape, I met with chief operating officer of Port Services, Peter Keyte.

"We like to think of ourselves as the beating heart of the Queensland economy," he tells me.

The Port of Brisbane is the largest capital city port, and is one of the most diverse, in the country.



It's the diversity that makes us strong. We are a resources port – we handle grain, cement products and importantly, we are also a fuel distribution hub here in Brisbane. We are doing a lot of project cargo at the moment, like big fan blades for the wind turbines."

But that's not all that comes into the port, "In any given year we [receive] about 250,000 new cars. On any given day we've got about 30,000 [cars] located here in storage ready to go to the retailers," Peter said.

The cranes we can see stand at 107 metres tall and can reach out up to 47 metres to unload ships safely, with a working load of 70 tonnes per lift, and capable of moving 30 containers per hour.



On the wharf, AutoStrads (automated straddles) move rhythmically to and fro, carrying loads of up to 50 tons. The technology behind them is inspiring.

"Talk about driverless vehicles and we are a bit ho-hum about it because we've been doing it for 13 years," Peter said.

AutoStrads are actually robots, operated remotely by a single controller. They use a variety of navigating systems, efficiently moving containers from ship to shore with amazing accuracy and speed.

This is only a tiny part of the story. The Port of Brisbane is a fascinating place.

*You can learn more by taking one of their tours. Port Tours offer visitors the chance to see how this efficient and sustainable port operates, while maintaining the environmental importance of the area. For enquiries email: [reception@portbris.com.au](mailto:reception@portbris.com.au) or call 3258 4888.*



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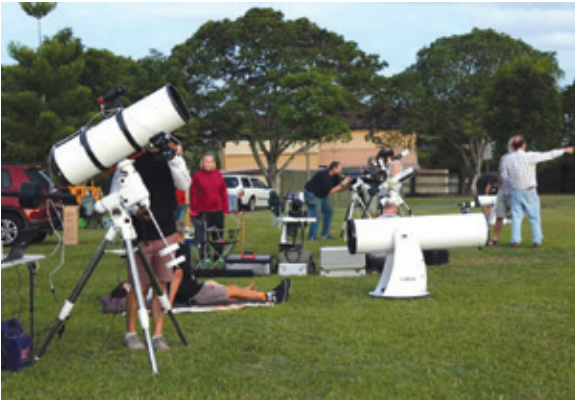
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1000	\$137. <sup>50</sup>	\$110	\$210



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## Stargazers search for perfect picture

Story Brooke Jacobson

**B**udding stargazers are invited to attend a class in astrophotography. Hosted by the South East Queensland Astronomical Society at the Bracken Ridge Reserve, the class is for anyone interested in snapping the night sky.

Society vice-president, Julie Straayer, said the group holds a public viewing night each month.

"Those nights are open to anyone who has a telescope and wants to know how to use it," she said.

"This month we've decided to do something different, at a time when the moon is rising later.

"A lot of people have expressed an interest in learning to take photographs of the night sky and we decided to conduct a session on how to start out."

The lesson will cover camera basics, including settings and exposure, and how to attach a camera to a telescope.

"Attendees will need to bring their own gear – a DSLR or mirrorless camera, a tripod, a shutter remote and if they have a telescope, bring that as well," Julie said.

The event is at 4pm, Saturday 30 March, at Bracken Ridge Reserve. Entry is via Jude Street. Cost is a gold coin donation.

*Anyone wanting to attend needs to register on either the South East Queensland Astronomical Society or the Urban Observers Facebook pages.*

## Funding puts Fourth Ave streets ahead

Businesses in Sandgate's Fourth Avenue have welcomed refurbishment to the area's footpaths.

Deagon Ward councillor, Jared Cassidy, said the funding had been pending for some time. "It's something that we have been waiting for, and it's certainly an issue that I have been aware of," he said.

"There's a nice set of businesses there, it's a busy thoroughfare and it has probably been unloved by council.

"This funding means we'll be able to continue the look and feel of that precinct, down past the Aldi driveway, which is great news for businesses like Salad Days, the barber shop and Mr Henderson."

Funding for the footpath has come from the Deagon Ward Footpath and Parks Trust Fund. "It has been difficult, as there is very little funding from council for new footpaths, there's really only funding for reconstruction and fixing major defects," Cr Cassidy said.

"The Trust Fund is a capital fund that is meant to cover footpaths, parks, shade structures, barbecues, lighting in parks – all manner of things. And the demand for new footpaths, particularly in suburban streets, has been quite high.

"So, that's why Fourth Avenue has not had the attention that it deserves, until now.

"But this is a good outcome, particularly for those businesses in that area. I would say that Third and Fourth avenues are some of Sandgate's busiest areas, particularly at night."

Earlier this year, News Corp reported there were 750 footpaths across the city of Brisbane in need of repairs. Council dismissed the suggestion that any footpaths were unsafe or unusable.

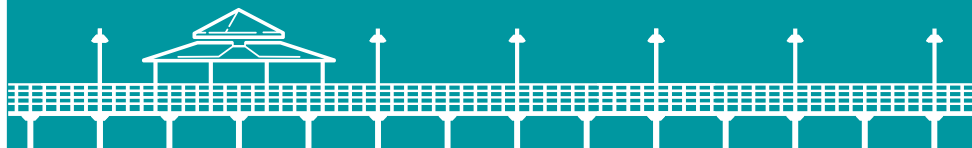
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# Bramble Bites

Story **Brooke Jacobson**

## WHAT'S THE BUZZ?

There's only one topic of conversation in the 4017 right now, and it has the whole community buzzing – the ongoing mosquito “plague”.

It's an issue that is being discussed on every Facebook page and at every school and community organisation in the area.

Residents – and especially their children – who started pre-season training at the Brighton Bulldogs Soccer club this month, said the mosquitoes there were “absolutely out of control.”

One Boondall resident described the size and numbers of mosquitoes as “insane” and in Deagon, a poster on the Sandgate QLD Area General Issues & News Facebook page, said the pests were “getting worse”.

A written response from the Lord Mayor's office to one local resident read: “Council takes mosquito management very seriously and has always provided whatever resources are necessary to deal with this extremely important matter. Every salt marsh mosquito hatch event this season has been treated by Council's aerial spray program in addition to a ground spray program.”

However, many residents still feel Council has not done enough to keep on top of the mozzie population this summer.

Earlier this year, in a video posted to his Facebook page, Deagon Ward councillor, Jared Cassidy, said 12 permanent positions in the mosquito spraying team had been vacant since June last year, and that \$700,000 from the council's mosquito spraying budget was left unspent in the December quarter alone. He has pledged to keep up the pressure on Brisbane City Council in regards to this issue.

How are the mozzies at your place? Big enough to carry away the dog? Email us to have Your Two Cents Worth at: [yoursay@sandgate.com.au](mailto:yoursay@sandgate.com.au)

## TRAIN TIMETABLE CAMPAIGN

A number of local commuters have been campaigning for the reinstatement of the 7.39am, Monday to Thursday, Shorncliffe train.

The service was removed in October 2016, after the opening of the Redcliffe Line, reducing the number of services on the Shorncliffe Line to just three from 7am to 8am, with a 30-minute wait between services.

State Member for Sandgate, Stirling Hinchliffe, and the State Minister for Transport and Main Roads, Mark Bailey, met with commuters at Sandgate Train Station on 5 March to voice their concerns.

“As a regular commuter, I know there is still more work to be done to improve peak hour services on the Shorncliffe line,” Mr Hinchliffe said.





Since the meeting, the minister has said the return of the Shorncliffe 7.39am service was a "priority" for his office.

## POINCIANA TREES POISED TO STAY

Brisbane City Council proposed removing the poinciana trees on Bowser Parade in Sandgate last year. However, after receiving feedback from the community, the decision to cut them down has been reversed.

Cr Jared Cassidy reports on his Facebook page that the roots have damaged the footpath and while the trees will be retained, the existing concrete will be removed, root barriers will be put in place and the garden bed around the trees made larger.

This will result in a slightly narrower footpath on both sides of the trees. The new footpath along the road side will also be raised slightly to ensure the roots don't push through the concrete again.

The existing seats will also be removed and replaced with new seating in a different arrangement. Work is due to begin at the end of March.

Further street improvements are also on the cards for Sandgate.

After the fairy lights were installed at the entrance to Sandgate Village, on the corner next to the Post Office Hotel, residents were asked what other improvements they would like to see in that area.

Cr Cassidy says there will be some top dressing done on that site, to level the ground out, a new gravel path will be added through the middle of the trees and some seating will be installed for people to enjoy the lights at night and the shade during the day. The works are due to begin in late March.

## CONTROLLING CAT NUMBERS

Brisbane City Council have provided \$52,000 in funding to subsidise the costs of desexing cats, through the Animal Welfare League of Queensland's National Desexing Network.

The funding reduces the cost to residents for desexing their cats. Subsidies mean the cost for neutering a male cat is \$35; one female cat is \$55; and for any additional female cats, the cost is \$35. To find out if you are eligible for a voucher for the program, call the National Desexing Network on ph. 5509 9044.

## SANDBAG PROJECTS NEED YOUR HELP

Sandbag's conservation and land management, and construction trainees are looking for projects. You supply the materials, Sandbag supplies the trainees!

For more information phone Valerie on ph. 3869 3244.

### ***Would you like to contribute to Bramble Bites?***

*Is there something happening in the 4017 community you'd like to share? What are you talking about on social media or at the school gate? Email Brooke to be included in the next Bramble Bites at: [brookecjacobson@gmail.com](mailto:brookecjacobson@gmail.com)*





# MORETON BAY FIGS

*Story and Photo Leanne Palmer*

**O**ur region is the native home to one of the world's most loved trees – the Moreton Bay Fig (*Ficus macrophylla*). Although its natural distribution is only from Wide Bay to just south of Sydney, it has made its way across the globe, both intentionally and accidentally, finding its way into the hearts of many.

Introduced into California in the 1870's, many have survived and thrived. Stories abound as to who planted them, including one of a young girl given a seedling by an Australian sailor. Other notable trees can be found in New Zealand, South Africa, Portugal and Italy.

In Australia, the early settlers often left Moreton Bay Figs in paddocks to provide shade for livestock. Plantings were made in botanical gardens, schools, parks, and along city streets in Brisbane, Sydney and Melbourne. An impressive 140-year-old tree, next to Queensland's Old Government House, has stood witness to the comings and goings of time, and is registered with the National Trust.

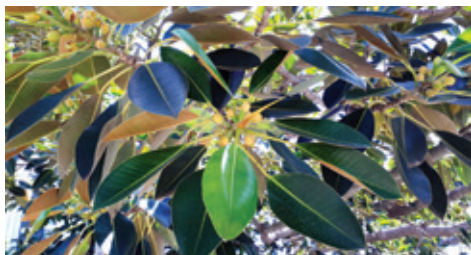
Closer to home, they have been planted along our foreshore from Brighton to Shorncliffe, and some grand old examples can be seen on the banks of Cabbage Tree Creek. Like ecosystems unto themselves, they are home to a multitude of insects, and a food source for native birds, possums and fruit bats.


Shorncliffe State School has two beauties within its grounds. In September this year the school celebrates its centenary, making the trees themselves close to 100 years old.

Long-time resident Jan Bence recalls them as central to school life, with many games of hiding, chasing and climbing focused around them. "They were part of the school and part of us kids growing up," she says, adding, "the simple things are the best, and what you remember most."

Due to their extensive root systems, they are ill-advised as a suburban garden planting, but they do sometimes turn up in back yards, brought in with bird droppings. At home they can be appreciated in pots or trained as bonsai specimens.

Enjoy them in all their grandeur, and in quieter moments, allow the shapes of their sinuous buttressed roots to lure you into a sense of timeless wonder.





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# Carol Keates

## ARTIST OF THE MONTH

In 2010, Carol retired as a school teacher and although she had enjoyed her work, she decided to fulfil her own dreams, by beginning painting classes under Shane Rodwell's guidance at Artrageous Arts. Carol said, "Shane's style of teaching suited the way I learned. He allowed me to forge ahead at my own pace, exploring style, colour and form."

Since then, Carol hasn't looked back. Her main body of work is in portraiture – although, she's been greatly inspired by imagery from her travels. Using acrylics on canvas, she enjoys painting, mainly for family and friends and for pure enjoyment.

With respect to portraiture, she believes in knowing her subjects, so that when she paints them, she brings out their inner personalities onto the canvas.

As an artist, Carol has been inspired by the Impressionist movement, mentioning Van Gogh and Monet.

Carol has exhibited in group exhibitions at Artrageous Arts' Gallery 4017 and has enjoyed success in sales as well as commissioned pieces.

Carol says, 'There is nothing so soothing to the soul as immersing yourself in art.'



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# Island Hopping In Our Bay!



Story *Philip Woods* Photos *Supplied*

**V**isiting Stradbroke or Moreton Island to camp or unwind is a holiday that many Brisbane locals have enjoyed over the years. But besides these two beauties, our bay also has an array of smaller islands, and many people will be excited to hear that you can island-hop between them!

The Southern Moreton Bay Islands are made up of Macleay Island, Lamb Island, Russell Island and Karragarra Island, and they are all a stone's-throw from each other off the coast of Redland Bay.

Ian Larkman moved to Russell Island in 2002 to retire, and he's been there ever since. Ian's house is just 300 metres from Stradbroke Island. "I even swam over there once!" Ian said.

"It's a different lifestyle here on the islands; it's only half an hour to the mainland so lots of people just come over to relax. Russell Island has really grown over the years, the population increases



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by around eight percent every year. About thirty percent of the houses here are weekenders," Ian said. "It's not like the Gold Coast; if you just want to chill out and listen to the birds sing then it's a good spot. There's no noise from traffic, there's no roundabouts or traffic lights, it's great."

There are thirty kilometres of walking and bike trails on Russell Island, and you can skip between the other Southern Moreton Bay Islands with ease. Ferries run between Russell, Karragarra, Lamb and Macleay Islands and the mainland, and the fares between the islands are subsidies by the state government.

There are lots of holiday houses to rent on the islands, plus plenty of places to camp. Russell and Macleay Islands have clubs, a tavern and some great cafés to experience.

Ian doesn't see himself living anywhere else.



"We're close to everything in Brisbane, and it's a great life really. Island life is really quiet and safe. People come to go fishing or crabbing, or just to explore the birds and wildlife that we have. I watch dolphins from my house, there's dugongs too."

Ferries leave from Redland Bay to all of the Southern Moreton Bay Islands, so why not make a plan to hop onto one for a weekend and explore the beautiful islands in our bay?

For more information check out [www.russellisland.com.au](http://www.russellisland.com.au)



# Honey Blue Eye

PSEUDOMUGIL MELLIS

## Native Little Aussies

My favourite of all the different Native “Blue Eye” species is the Honey Blue Eye.

Story **Peter Hansler**

**F**ound only in Queensland in a few isolated little pockets along the coast up to Central Queensland and on Fraser Island, this beautiful little fish is under threat from habitat destruction, pollution and introduced species.

The Honey Blue Eye has a conservation status listing as Vulnerable in Queensland and Endangered with IUCN Red list. This makes it illegal to catch or sell the fish in Queensland. However, there are quite a few hobbyists who keep breeding populations of fish, caught before it was illegal, and they often give away fish to others, interested in breeding and conserving this species.

Adults are usually around 3cm when fully-grown with the males being more easily distinguished from females, with their golden-honey colours and longer and more fancy black and white trimmed fins. Their habitat is mostly the soft tannin-stained water in coastal creeks and swamps in slow or still water.

I tried to get mine to breed in an aquarium without success for a whole summer. Then I threw them into a pond with no other fish and they started breeding straight away. I now have a few ponds and if you search for them on the internet or check my webpage you will see some incredible footage, of the fish displaying courting behaviour and competing for territory, that I have managed to capture.

---

*Peter Hansler is a local “fish enthusiast” who promotes and educates about our native fish and responsible angling via his website [rainbowrunner.ausfish.com.au](http://rainbowrunner.ausfish.com.au) if you have a question for Peter you can reach him via email at [phansler@hotmail.com](mailto:phansler@hotmail.com)*

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Time m	Time m	Time m	Time m
<b>1</b> 0050 0.76 0713 2.18 MO 1349 0.65 1937 1.91	<b>9</b> 0605 0.64 1148 1.98 TU 1803 0.54	<b>17</b> 0142 0.46 0749 2.48 WE 1429 0.36 2024 2.28	<b>25</b> 0121 2.23 0809 0.84 TH 1336 1.61 1918 0.79
<b>2</b> 0138 0.66 0754 2.24 TU 1425 0.58 2014 2.02	<b>10</b> 0025 2.30 0648 0.72 WE 1229 1.86 1840 0.61	<b>18</b> 0238 0.39 0838 2.48 TH 1512 0.31 2110 2.40	<b>26</b> 0211 2.12 0914 0.89 FR 1443 1.55 2015 0.90
<b>3</b> 0220 0.58 0831 2.28 WE 1459 0.53 2048 2.12	<b>11</b> 0112 2.26 0742 0.79 TH 1322 1.74 1928 0.68	<b>19</b> 0328 0.36 0922 2.42 FR 1551 0.30 ○ 2153 2.48	<b>27</b> 0314 2.03 1025 0.87 SA 1609 1.56 ● 2136 0.96
<b>4</b> 0258 0.53 0904 2.29 TH 1531 0.49 2123 2.20	<b>12</b> 0211 2.21 0853 0.83 FR 1436 1.66 2036 0.75	<b>20</b> 0416 0.37 1004 2.32 SA 1626 0.32 2235 2.51	<b>28</b> 0427 2.01 1127 0.81 SU 1722 1.67 2300 0.94
<b>5</b> 0336 0.50 0936 2.27 FR 1602 0.46 ● 2157 2.26	<b>13</b> 0325 2.21 1017 0.79 SA 1606 1.67 ● 2202 0.76	<b>21</b> 0501 0.43 1044 2.19 SU 1659 0.36 2316 2.50	<b>29</b> 0532 2.04 1218 0.73 MO 1817 1.81
<b>6</b> 0412 0.50 1008 2.24 SA 1632 0.45 2232 2.31	<b>14</b> 0444 2.26 1137 0.69 SU 1729 1.79 2325 0.68	<b>22</b> 0545 0.52 1124 2.04 MO 1731 0.44 2356 2.44	<b>30</b> 0007 0.85 0624 2.09 TU 1302 0.64 1901 1.95
<b>7</b> 0449 0.53 1039 2.17 SU 1702 0.46 2308 2.33	<b>15</b> 0555 2.35 1245 0.56 MO 1837 1.96	<b>23</b> 0629 0.64 1204 1.88 TU 1802 0.54	
<b>8</b> 0526 0.58 1113 2.09 MO 1732 0.49 2345 2.32	<b>16</b> 0039 0.57 0656 2.44 TU 1341 0.45 1934 2.13	<b>24</b> 0037 2.35 0716 0.75 WE 1246 1.73 1837 0.66	



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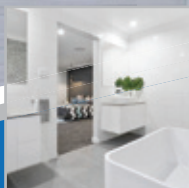
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**Jared Cassidy**  
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