

# sandgate

FREE JULY 2019

## GUIDE

**Bunpin's  
Back**

*Einbunpin  
Festival  
2019*

**ARTRAGEOUS  
TALENT**

**4017  
ART ON  
SHOW**

# Karin Schaupp

*Music By The Sea*

**TRADES  
& HOME  
SERVICES**  
DIRECTORY  
INSIDE

Photo by Jack Dillon

**SUN 7 JULY** *Deagon Community Race Day*  
TICKETS AVAILABLE AT [www.deagonracingclub.com](http://www.deagonracingclub.com)

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# AFTER PARTY

— FEATURING —



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**INTERVIEW WITH FORMER ORIGIN STAR**

## Michael Crocker

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# A Note FROM THE TEAM



**H**ave you noticed our magazine has a new heart? You'll find our new-look 'What's On' pages right in the middle of everything! Now, you can see all the events and gigs that are happening around Sandgate, this month – at a glance. It's a day-by-day, easy to follow calendar that lets you put your finger on which of the many events on offer in our region is for you (pages 52-56).

It's Einbunpin Festival time again, and this year there is even more to enjoy, with three entertainment areas and a new youth stage, where the musical talents of the future will get a head-start. Music lovers will also be hurrying to greet local-resident and world famous guitarist, Karin Schaupp, as she performs at the Sandgate Town Hall for Music By The Sea, early in July.

Is Deagon Community Race Day in your calendar? If you're still looking for an outfit for the big day, Annalisse McHugh has some tips that might just help you find the ideal look in your own wardrobe! Read her tips for looking fabulous on page 20.

We've covered some fun winter school holiday activities as well, for sporty to studious kids and all those in between! See our articles on pages 14 and 22.

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# Sunday Session With **ALL THAT JAZZ**



Flow & Sparrow vocalist Georgia Fullerton

Story *Emma Harley* Photo *slapics*

**I**f you prefer your cymbals splashy and your bass lines bluesy, then the crew at Mr Henderson have the perfect afternoon of jazz tunes for you.

The first of two planned events, to be held over the next few months – entitled ‘Not Quite, Jazz Night’ – will feature a combination of jazz-inspired music from local artists, with some warming winter food, a great range of craft beers and cocktails.

Mr Henderson’s Claire Hamlyn said the funky Sandgate venue loves variety in their live music, and with a few of the owners known to enjoy a jazz tune or two, a Sunday jazz session seemed like an interesting idea.

“Jazz is something that hasn’t really hit Sandgate and we wanted to see if there was an appetite for a different style of music from some of our favourite artists,” she said.

“We have named it Not Quite, Jazz Night as it’s a Sunday afternoon and we’ll see some jazz-style covers of songs that wouldn’t traditionally be considered jazz.

“This will be our first time running a Sunday jazz session so we are very excited to see how it is received by the community and we really hope it takes off – it also gives us another way to support local artists.”

The afternoon will feature the musical stylings of talented duo, Flow & Sparrow, and special guests, as well as The Midnight Swim.

Flow & Sparrow vocalist Georgia Fullerton is no stranger to jazz, having performed in various ensembles since school.

Georgia now fronts her own band and is looking forward to bringing a touch of classy jazz (with a twist) to the Sandgate community.

“The owners of Mr Henderson approached me after a Flow & Sparrow performance and we got chatting about jazz music and the need for more of it in the area,” she said.

“Not Quite, Jazz Night is going to be a great afternoon with fun tunes you’ll recognise from both the radio and your favourite jazz record – a perfect mix of soothing guitar, smooth keys, sexy brass, and a whole lot of soul.

“Jazzy tunes, red wine, fun company – need I say more?”

For more information on the event visit *Mr Henderson’s Facebook Page*.

## **NOT QUITE, JAZZ NIGHT**

*Sunday July 21 and August 25 from 3pm*

*Mr Henderson*

*69 Brighton Road, Sandgate*

*P 3269 2496*



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Luke Cosier [Drums], Jack Bruce [Lead Guitar],  
Ethan Clark [Bass], BCC Councilor Jared  
Cassidy and Dublin Rose



# Einbunpin FESTIVAL 2019

Story **Philip Woods**

Photo (above) **Ben McShea**

Photos (right) **Paul Neil**

**A** favourite event for locals and visitors since the early nineties, the Einbunpin Festival, returns to Sandgate in July, bringing another great day of fun, music, stalls and entertainment!

Councillor Jared Cassidy, chairperson of the festival committee, has seen it grow and change over the years.

"The Einbunpin Festival has become one of the largest music festivals in the local area over the past decade, with the growth from one small stage to three entertainment areas at the 2019 festival," Cr Cassidy said.

"A few years ago, a small youth stage was added on the Lagoon Street side of the festival, which has seen steady growth over the years, to the point where we will now see a brand new and expanded youth area in a brand new location at the festival."

The new youth space will feature a chill out zone, games, activities and food stalls, as well as a stage that is set to showcase lots of local performers, musicians and artists!

"These young performers rarely get the opportunity to play outside of their schools, or group of friends, so we want to give them the opportunity to break out into the music scene," Cr Cassidy said.

"We have for the first time a competition as part of the festival with the winners proceeding through to the new Sandgate Youth Music Festival in September."

The Einbunpin Festival began in 1992, as a celebration of our local community, and is named for its location, around the banks of Einbunpin Lagoon in the heart of the village.

Sandgate's own town crier, Fred Krebs, will kick off this year's festival at 9am, and the high-riders from the Queensland Penny Farthing and Historical Cycle Club will pedal into the day as part of the Pennies By The Sea Tweed Ride.



“This year’s festival will feature over 160 stalls once again, showcasing our local schools, community groups and businesses. We are unashamedly local with the vast majority of our stallholders coming from the local community,” Cr Cassidy said.

“The Einbunpin Festival has been the biggest and the best celebration of our community for the last 28 years and we think this one will be one of the very best!”

The 24th Annual  
Einbunpin Festival  
Sunday 28th July  
Einbunpin Lagoon Parklands  
Brighton Road, Sandgate



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# Einbunpin FESTIVAL 2019

## FESTIVAL ARENA

### **8.45** Welcome to Country/Official Opening

Derek Sandy - Welcome to Country assisted by St Patrick's College.

**Official Opening** with Cr Jared Cassidy, the Lord Mayor or his rep, and the Town Crier

**Pennies By The Sea Tweed Riders** complete their ride at the festival and walk their bikes through to the Festival Arena.

**9.00 St Patrick's College Drum Corps (8 piece)** Featured at the St Patrick's Day march in the city and contributed to the Sandgate and Banyo ANZAC Day ceremonies.

### **9.15** Pete Vance (solo)

Singer/Songwriter - performs the Einbunpin song 'Something's Going On' plus other songs in his repertoire.

**9.30 St Patrick's College - Big Band (22 piece)** Flagship ensemble of the College playing Jazz, Funk, Rock and Latin numbers to wow the crowd.

**10.00 Mary MacKillop Cheer and Dance (16 piece)** Group of students performing lyrical dance and cheer routines.

**10.15 Heart Beat (20-25 piece)** Sacred Heart Primary School Junior Choir will perform 2 short songs with action.



### **10.30** Heart Song (20-25 piece)

Sacred Heart Primary School Senior Choir will perform two songs in parts.

### **10.50** Jazzercise Sandgate (8 piece)

Fun and effective dance fitness program for all ages and levels of fitness.

### **11.10** Che-Jazz Dance Centre (24 piece)

A group of very energetic and talented young dancers aged between 8-20 years.

### **11.45** Penny Farthing Stack

Pennies By The Sea Penny Farthing Stack.

### **12.15** Games in Festival Arena Area

Colouring In Competition Presentations

### **12.30** Egg & Spoon Races

### **1.00** Mullet Toss

### **1.45** Lance Galloway (2 piece)

Musical duo.

### **3.00** To Be Confirmed





Einbunpin Festival 2018  
Photo by Paul Neil



## LILY STAGE

### **8.45** Darcy Turgeon (solo)

Winner of BCC Senior Superstar in 2009.  
Performs uptempo numbers from the '70s through to the '90s.

### **9.25** Jon Marsden (5 piece) Producer and songwriter. Plays blues and soul music.

### **10.25** Brotherhood of the Wordless (6 piece - 1 at a time) Group of writers whose disabilities require them to use facilitated communication

### **11:10** The Mullet Gut String Band (4 piece) Hillbilly alt Country, Folk Band with a touch of gospel thrown in.

### **12.10** Magpie Season (6 piece) Six member acoustic covers band.

### **1.15** Truckbucket (5 piece) Blues/Rock band.

### **2.15** Idiot Grin (3 piece) Acoustic alt/indie rock trio.

### **3.15** The Hurting Kind (5 piece) Rock 'n' Roll band

## YOUTH STAGE

### **Dublin Rose**

Solo singer/guitarist

### **Friday Marmalade**

4 Piece local band

### **Mabel McCormack**

Solo singer/guitarist

### **Ten12**

Band

### **Simian Sick**

Band

### **Jetty Street**

4 Piece local band



"Council has allowed \$250,000 to address the health of the Einbunpin Lagoon.

"I understand this funding will be used to come up with solutions to address the health of the lagoon long term.

"This is a significant step forward in addressing the health of the lagoon and something the community has been fighting hard for."

**The Sandgate Library will receive an upgrade this year, with a new children's area, new check out facilities and the outdoor areas will be upgraded.**

Sandgate will also receive new CCTV cameras and there will be several traffic calming measures across the 4017.

"We have secured funding for the consultation and design of traffic calming in the Kennedy Street/Brighton Road corridor and funding for a new zebra crossing on Flinders Parade," Cr Cassidy said.

"These have been high priorities for me over the last couple of years.

"Council is currently working on the modelling for a reduction in the speed limit on Flinders Parade, from Cliff Street to Ninth Ave.

"All indications are that this work will be completed soon and a reduction in the speed limit will occur.

"I am a strong supporter of a reduction in the speed limit down there – it would significantly reduce the severity of any injury when the speed is reduced from 50km/hour to 40km/hour."

Cr Cassidy said council would be funding four outdoor movies along the Sandgate foreshore in the coming year.

"The Sandgate foreshore is one of 10 locations across Brisbane that have been announced for this project," he said.

"We'll have more details on exactly where and when these movies will take place later in the year."

# Council Budget Spending Announced

Story *Brooke Jacobson*

**D**eagon ward Councillor, Jared Cassidy, has described this year's council Budget as a "mixed bag" for the northern suburbs. He said there had been a "significant reduction" in the number of road resurfacing projects, footpath reconstruction and park upgrades.

"However, through continued community advocacy, we have been able to secure funding for some important local projects," Cr Cassidy said.



ANITA EAST  
MEDISPA



# LET'S TALK ABOUT THE HEART-BREAKING TRUTH OF ACNE

*Article by Anita East and published in  
The Cosmetic Surgery Magazine*

If you have ever had acne, you know how debilitating it is for your self-esteem and confidence. If you are one of the lucky ones who has had clear skin all your life, you will know someone who has been hugely affected by this common skin condition.

## FACTS ABOUT ACNE

- ♥ Inflammation of a hair follicle and oil gland
- ♥ Can cause long term raised and flat scarring
- ♥ Is classified as mild, moderate or severe depending on the presence of pustules, nodules and scarring

## HOW TO TREAT ACNE

There are many theories about what methods work best to treat acne, but the current therapeutic guidelines are clear and consistent. This is the skincare system that I recommend to my patients who have acne and best of all, it doesn't cost the earth. Read more on my skin care regime at [anitaeast.com.au/shop/skin-types](http://anitaeast.com.au/shop/skin-types)

Don't let someone who isn't adequately trained in skin medicine, recommend skin products to you.

## GET IN TOUCH

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# Join the Footy Fun

**I**f your kids love being outside and you would like to keep them active these school holidays, check out AFL Queensland's holiday camps.

Two full-day camps will be held at O'Callaghan Park, Zillmere, for both boys and girls aged 5 to 13 years and no previous AFL experience is necessary.

During the day camps, the children will have the opportunity to learn and test their football skills with fun games and activities conducted by AFL Queensland staff and coaches.

Throughout the day they will also enjoy AFL inflatable activities and a visit from Brisbane Lions team mascot, Roy the Lion.

Brisbane Lions' zone manager, Bill Renner, encouraged all children to try out AFL.

"It's social, it's inclusive, it's non-contact (at this age) and it gives boys and girls the opportunity to be active, develop skills and learn sport in a caring environment," Bill said.

The holiday camps are being held on Wednesday 3 July and Thursday 4 July from 9am to 3pm.

*The cost is \$125 for the day and includes an AFL goodie bag with football, lunch, drinks and snacks.*

*For more information or to book your child's spot, contact Dianne at [dianne.angus@aflq.com.au](mailto:dianne.angus@aflq.com.au), phone 0429 384 376 or visit [aflq.com.au/shc](http://aflq.com.au/shc).*





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# Music By The Sea

## ► 6 July: Karin Schaupp - Solo Guitar Recital

Karin Schaupp is one of the most outstanding guitarists, recitalists, and concerto soloists on the international scene, and she attracts the highest acclaim from critics and audiences alike.

**Saturday 6 July - 7.30pm**



## ► 3 August: Spot The Dog

Story *Donna Phillips*

**G**reat news for folk music fans! The much-loved, influential band, **Spot the Dog** is back for a one show only reunion concert featuring songs from all their CDs.

Darling of the Aussie folk music family, Nadia Sunde said, "It's been 25 years since I first joined the band as a 20 year old, just out of Uni. I look back and can't believe my luck at being accepted into the fold of such a talented and kind bunch of musicians. Revisiting the songs in rehearsals is like a kind of nostalgic dream. They were the soundtrack to my twenties.

It's also bringing home the exceptional craft of main songwriter, Mark Cryle, and the musicians of the whole team. Also known as a cracker of a singer and musician, Mark said, "There is great excitement in the 'Spot' camp about this event. Maybe this dog did have its day and yes, it's a little older and you know what they say about old dogs. But the

musical magic still works and you can't keep a good dog down."

That said, with a mix of original and new recruits, the line-up will certainly strike a chord with Nadia Sunde (vocals), Cathy Bell (fiddle), Mark Cryle (song writer, guitar), Keith Megson (drums), Richard Evans (guitar), Silas Palmer (fiddle, keyboard), and Helen McGreevy (vocals).

While future rehearsals will refine the set-list, when he was asked which songs he'll enjoy playing the most, Mark said, "I always enjoyed playing *Stone in My Shoe* and *Drunk on the Moon* from the Nadia/Cathy version of the band, and *This Will End in Tears* and *Leaving Kelso* from the Helen/Silas line-up.

On an end note, Nadia said, "It's going to be a very special night full of stories, friendship, laughter and song. I can't wait!"

**Saturday 3 August - 7.30pm**

**Sandgate Town Hall**

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*Pelicans by Renate Hottmann-Schaefer (left).  
4017 Art Comp Winner 2018 Renate Hottmann-Schaefer,  
Creating her art (below).*



## Community Exhibition Competition Showcases 4017 Talent

*Story Sally Gordon Photo (right) Ben McShea*

**R**enate Hottmann-Schaefer just happened to be in the right place at the right time to capture a stunning photo of two pelicans at Cabbage Tree Creek. One of the pelicans had its bill wide open.

Renate said pelicans only ever had their bills open for a few seconds, so she was fortunate to snap the amazing photo. Aptly titled 'Pelicans', Renate's photo was the 2018 winner of the Artrageous Community 4017 Exhibition Competition.

A former member of a bird rescue group and a passionate conservationist, Renate said she also used her photography to check on the health of birds in the area, to ensure 'their beaks were not injured by hooks or fishing lines'.

It was the first time, since the Community 4017 Exhibition Competition started, that a photograph has been selected as the winning piece.

Art lovers this month are encouraged to visit the 2019 Artrageous Community Exhibition Competition, which officially has its opening

night on 12 July, when this year's competition winner will be announced..

The judge this year is Donagh Mengel, owner of the Aspire Gallery in Paddington, Brisbane. Donagh is an experienced gallery owner, artist and former university lecturer, with a lengthy history of working in the design, arts and crafts industries. She has a tough, but no doubt enjoyable task ahead of her, to select the 2019 winner.

Members of the public are invited to not only attend the opening night but also to visit the Artrageous Gallery for the three week exhibition.

Shane Rodwell, artist in residence at Artrageous, said the committee was expecting steady engagement from local artists.

"Participation in the exhibition has always been pretty constant," Shane said. "We have people who enter every year and then it's interesting how many people enter for the first time."

The Artrageous Community 4017 Exhibition is on from 12 July – 2 August 2019.

The opening night starts at 6.30pm at the Artrageous Community Arts and Crafts Centre located at 82-88 Loftus Street, Deagon. Entry to the exhibition is free and artwork will be for sale.

*For more info, contact Artrageous Community Arts and Crafts Centre on ph. 3269 1535 or email: [enquiries@artrageous.org.au](mailto:enquiries@artrageous.org.au)*



## FIRST JULY A BIG DAY FOR LOCAL BOOKKEEPERS

Audrey and Rob Barrett are pleased to announce their local bookkeeping business will remain in Sandgate after their daughter Sara has taken over the reins.

RNA Solutions will now be known as RNA Bookkeeping Solutions but will still offer the exact same service from the same location upstairs at 8 Brighton Road.

Sara has worked with Rob and Audrey for the past 3 years but has over 10 years bookkeeping experience and is excited to take this next step for the business.

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Annalisse shows off the colour palette in some of her race day fashions.



# GETTING IT RIGHT IN THE Fashion Stakes

Story *Brooke Jacobson*

**A**s the Deagon Community Race Day approaches, many locals may be wondering just what to wear to one of the 4017's most popular social occasions.

Annalisse McHugh, owner of Sandgate's Sweet Georgia Boutique, said a lot of the "rules" around racewear had relaxed in recent years.

"The races are a great chance to dress up," she said.

"But I think at the same time, the event has become more relaxed and people are really going there for the social aspect.

**“As long as your outfit is classy and comfortable, you can't go wrong.”**





This season, Annalisse said the fashion focus would be on texture. "We're seeing lots of lace, velvet, faux fur and lots of block colours as well, in both dresses and suiting," she said.

"Another trend we'll be seeing is pleats on everything – skirts, dresses, shirts, you name it."

Annalisse said that, for those unsure about what to wear to the races, a few well-placed accessories could be a game changer. "Don't be afraid to dress up a plain outfit you may already have with some accessories for pops of colour," she said.

"A statement clutch, or gloves will really elevate your look."

It is important to remember there is a big difference between dressing for a winter race meeting, as opposed to the more formal spring racing carnival.

"Comfortable shoes are also a must, and as it's winter, boots are perfectly acceptable for the races," Annalisse said.

"As it's going to be chilly, this a great chance to wear your leather gloves and there's lots of different ways to layer up and keep warm, while still looking great."

It's also important for racegoers to think about what to wear up top – a hat or a fascinator.

"You'll always have ladies who choose those really colourful, vibrant fascinators but I think we'll be seeing a lot of wide brimmed hats this year," Annalisse said.

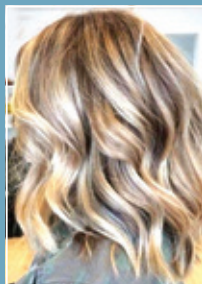
"Just remember that quality accessories will really elevate your whole outfit."

*The Deagon Community Race Day will be held on Sunday, 7 July. Sweet Georgia Boutique is located at 7 Brighton Road, Sandgate.*



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## Kids' Holiday Program a Blast from the Past

**H**ands up if you'd love to keep the kids off devices these school holidays. Keep them up if you're keen for them to learn about a time when devices, as they know them, didn't even exist. If you have two hands high in the air, then the Sandgate & District Historical Society and Museum is a must for your school holiday to-do list.

From 3–5 July, the Museum will be offering a new and exciting school holiday program for primary school-aged children. The ribbons of old typewriters have been re-inked in preparation for typing challenges, hands-on activities and competitions. There will also be crystal radios for the children to construct and a local draftsman has prepared 2D versions of Sandgate's iconic Queenslanders, ready to be crafted into 3D homes that replicate our town.

The museum's president, Ms Pamela Verney, hopes the program will see a wave of newcomers visiting the 36-year-old museum's residence, at 150 Rainbow Street, Sandgate.

"One of our main objectives is to safeguard our community's memories," Ms Verney said. "We can't think of a better way to do this than by inviting our youth to come and see what we have on offer.

"Above all else, the program is designed to be fun for its participants, but if we can educate the children, whilst they are having fun, then that's an absolute bonus!"

*The museum school holiday program runs 3–5 July from 10am–3pm. Entry is \$3 per child, accompanying adults free. For information contact [info@sandgatemuseum.com.au](mailto:info@sandgatemuseum.com.au)*

## Skaters Aiming For NYC Championships

The Nova senior synchronized ice skating team is hosting an afternoon 'Nova Fun Skate & Snow Play' on Saturday 6 July, at Iceworld Boondall.

The fundraiser is being held to assist the senior ice skating team with the costs of competing at the 2020 World Synchronized Ice Skating Championships in New York, USA.

Nova team manager, Bev Donaghey, said the popularity of synchronized skating was skyrocketing.

"Synchronized skating across the globe is just growing and growing, even more so than single figure skating," Bev said. "Kids like being part of a team and they like the friendship aspect."

If you've never watched a synchronized ice skating performance before, it is truly eye-catching. The combined force, speed and beauty of the synchronised routines, along with the gorgeous costumes, is spectacular.

Families and children of all ages are invited to enjoy an afternoon of fun, from 4–5.30pm at Iceworld Boondall, located at 2304 Sandgate Road, Boondall. Beginners can also hire a trusty 'penguin' to lean on if they've never skated before.

Entry is \$10 per person and includes skate hire. A sausage sizzle and drinks will be available for purchase along with face painting.

Make sure you arrive a little earlier to put your skates on for this afternoon of sheer coolness!

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# Psychology in the Car

Professor Mullet is a fictitious character residing in Sandgate. Enjoy his storybook life.

---

**Story Cyril Columba**  
**Illustrations Maddy Bull**

---

**P**rofessor Mullet! Have you got a minute?" The Prof was wheeling his Townie down the Brighton Road shops at Sandgate armed with his copy of The Big Issue ready to read with his morning cuppa. He turned to see Justin, his high flying, property developer neighbour. Justin was a good bloke, a friendly guy who lived with his wife and two youngsters in the waterfront mansion two doors up. He was much handier inside the walls of an office than out as demonstrated by his forthcoming request.

"I don't suppose you could share your expertise? Young Josh's bike is playing up a trick. I could really use your help if you have the time?" Justin looked frazzled. His tailored suit did little to hide the wear and tear that was obvious on his face. For someone who had smarts, wealth and was a man about town, his success sure did take its toll. He seemed to have aged hugely these last few years.

Professor Mullet didn't hesitate and enjoyed the following afternoon teaching Josh how to service his bike. They did a test run riding side by side down Flinders Parade and the smile on both their faces said it all.

In gratitude, Justin offered Professor Mullet a lift to Noosa. He was heading up there early for work on Wednesday and would be back late afternoon. Prof didn't need to be asked twice.

A few hours in a luxury BMW staring straight ahead. Two men poles apart in lifestyle, the most unlikely of duos. Conversation that started on cars, then footy. One had a day at the beach, the other back to back meetings. By the end a wonderful mentorship had begun. Two men just making their way in life exited that vehicle lighter than they had entered. Psychology in the car. It works.



*Maddy Bull*





*Sisters* <sup>2 MAD</sup> 

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*Lord Mayor's Seniors  
Cabaret 2018, Peter Vance  
(photo supplied)*



*Jackie Love will host  
the masterclass at the  
Sandgate Town Hall*

# Seniors, IT'S YOUR TIME TO SHINE!

Story *Sally Gordon* Photo (above right) *slapics*

**A**gricultural scientist turned singer and songwriter, Peter Vance, said the learning experience and camaraderie gained from initiatives such as the Lord Mayor's Seniors Cabaret was wonderful.

The Sandgate resident will be one of the estimated 200 or so seniors from around Brisbane attending upcoming masterclasses as part of the local government performance program.

Ten masterclasses are being held across Brisbane in July. Sandgate's masterclass is being held Friday 19 July at the Sandgate Town Hall and will be hosted by the multi-talented performer Jackie Love.

The three-hour Sandgate masterclass with Jackie will focus on 'stagecraft' and how performers can perfect their on-stage presence. All masterclasses are led by professional mentors such as David Rogers-Smith, Daniel Robinson, Normie Rowe and Gregory Moore.

Each masterclass has a different learning focus for participants and address common concerns performers may have such as stage fright, vocal technique, how to perform with instruments and how to look after your voice.

Mr Vance, who performed in the Lord Mayor's Seniors Cabaret Gala Concert in 2018, said that the professional mentoring participants received at the masterclasses was amazing.

"For me, the joy of it is that when you're involved in a masterclass, you have the opportunity to learn from the 10 or so professional performers that run each class. These people are top mentors, who will spend about 20 minutes with you, provide a critique and help you with your on-stage performance and presentation," he said.

"Not only do you learn from the mentors, but you also learn from watching other people perform. The learning experience has given me so much more confidence when I'm on stage."

Following the 10 masterclasses, selected participants will have the opportunity to participate in showcase performances, throughout August. After that they may also be chosen to perform at Brisbane City Hall in the Lord Mayor's Seniors Cabaret Gala Concert on Sunday 6 October, 2019.

*To register or for more information, visit [www.epiphanyproductions.com.au](http://www.epiphanyproductions.com.au) and head to the Seniors Cabaret section.*

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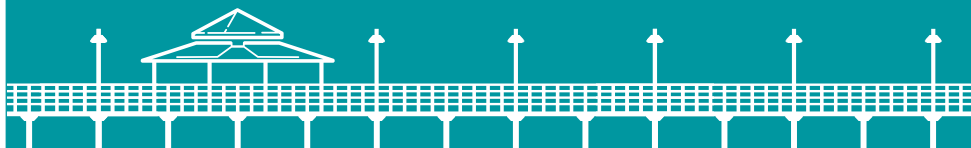
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# SocialSnaps by PAUL NEIL

If you have an event that you think is worth a photo, call me on 0449 660 473



Jill Wood, Noeleen Eyles and Julie Street (L to R) and the Bayside Divas perform to a full house at this year's annual concert 'The Beat Goes On' at Sandgate Town Hall, Sandgate Senior Citizen's Centre.



Nicki, 'Kali' the Golden Retriever and Melissa from Animal Welfare League Queensland get ready for the 'Dogs Day Out' breakfast and walk at Decker Park, Brighton.



'Dance, Sing, Play' teacher Tia Jordan gets her class of 2-5 year-olds moving to the music at KindaGroove Open Day at Sandgate Senior Citizen's Centre.





Men's Mental Health Week Walk participants stroll from Eventide Health Campus down the Brighton waterfront on a gorgeous Sunday morning.



"We'll miss you Eddie!" The Wired Owl crew say goodbye to ace barista Eddie Burrill who has worked at the award winning Sandgate café since 2016.



Carolina, Michael and Natasha were all dressed up as their favourite pop stars at the Sacred Heart School Trivia Night fundraiser. Can you pick who they are?



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# Lilley's New MP Ready for Work.

**FOR ANIKA WELLS**, the new Federal Member for Lilley, it was the sight of tens of thousands of women marching across the United States that made her realise it was time to stand up for what she believed in.

*Story Brooke Jacobson*



One of a handful of millennial MP's recently elected to parliament, the former lawyer said she knew she had a responsibility to do all she could for her young daughter and the community she loved.

"During my pregnancy, in 2016, I was diagnosed with an auto-immune disease and, let's just say it was a tough pregnancy," Anika said.

"Overnight, I found myself reliant on the PBS and the hospital system. Our little girl arrived three weeks early, just days after Donald Trump's inauguration. I remember lying in the hospital bed watching the Women's March and I really identified with those women.

"Those woman had presumed that Hillary Clinton was going to win and that society would continue to progress and improve and they just took that for granted.

"With Celeste in my arms, I was just horrified that my daughter had been born into the Trump-era and in that moment, I realised that I too had been taking so much for granted."

Anika had some political experience behind her, as well as her years in the law. She said that when Wayne Swan decided to retire from politics, it felt as if "everything had aligned".

"I felt that federal politics was where I wanted to be – that's where the big questions are being answered," she said.

The election was a close one, with the seat of Lilley not officially being called for Labor, until some time after polling day.

"Labor have always treated Lilley as a non-held seat – 1229 votes was the margin in the end for me," she said. "I'm very excited about this job and I'll be advocating for all the projects the northside needs."

Anika added she had been inspired by the late Labor prime minister, Bob Hawke. "I'm a child of Bob Hawke's 1980s Australia, I've been elected to the House that he built," she said.

"We're the generation that is going to be left with the consequences of what parliament does now, so I feel the weight of that responsibility. I just hope to be able to further his (Hawke's) progressive agenda and I want to say a big thank you, thank you, thank you, to everyone who supported me."



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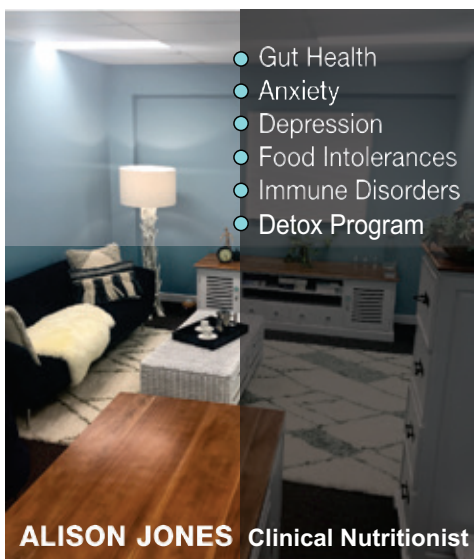
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*Above: Tuckshop convenor, Catherine Commons with students, Zara Kolishkin and Ruby Grendon.*

# Kids With a Conscience

Story Brooke Jacobson Photo slapics

**F**or the environmentally conscious kids at Sandgate State School, the amount of plastic going into the ocean is the last straw – literally! Now, thanks to two Year 3 students, the school's tuckshop has cut out plastic straws altogether.

Zara Kolishkin and Ruby Grendon, both aged 8, said they were motivated to act after talking about the environment in class.

"Our teacher showed us a video about plastic and about another girl who was trying to ban

straws and we thought, maybe we should do that too," Ruby said.

"We were thinking about what we could do to make a difference, to help our marine life," Zara added.

"It's important to help them because they're endangered and once they're gone, that's it – you can't buy another one from the shop."

The school's tuckshop convenor, Catherine Commons, said she thought the girls were "very brave" to come and speak with her about the issue.

"We never gave out straws with drinks like milk, it was only juice poppers, and now we have officially sold out of poppers, so we no longer have any straws in the tuckshop," she said.

Mrs Commons added there had been some work involved in finding a replacement for the poppas.

"Trying to find products that were at a good price point, had no straws and also – thinking of the junior school – that didn't have things like silver seals on them," she said.

"You don't want the teachers having to spend their lunchtime opening drinks.

"So, it had to be a product that fit with our staff, our kids, our parents and the environment.



We needed something that was 99.9% juice, to fit in with our Smart Choices policy, and we went with Orchy products."

The girls, who spoke at the school assembly about their bid to remove straws from the tuckshop, were delighted the project came to fruition.

"We were a bit nervous before our speech, but now that there's no more straws in the tuckshop we feel better," Ruby said.

"We feel like we have done something to help," Zara said.

Mrs Commons added: "You know, one of the great things about this school is that we have such a nice community and this project had a lot of support from the school and from the P&C."



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Marge Stafford,  
Costumer

# Hollywood & Sew On

Story **Sondra Grainger** Photo **Ben McShea**

**T**here's a sense of excitement and anticipation when you head off to see a film on the big screen. The special effects, music and cinematography all comes together to create the magic of movies. However, have you ever stopped to think just how many costumes each actor requires, or what's involved in creating them? One of our local residents does.

"I've just completed 77 of exactly the same maroon coloured jacket for the male lead in the upcoming movie, 'Monster Problems', the first international feature film to be produced in the new Hemmant studios," local costume maker, Margie Stafford, said. "Sometimes it's very tedious, every copy has to be the same, continuity is important."

It's Margie's previous projects that really showcase her attention to detail, problem solving and patience, all of which are required to create costumes for film.



*Making King Orm's (Aquaman) suit and scales has been my favourite. We sewed over 40,000 manmade fish scales for his outfit. One boot took 1,300 scales and we had three different-sized scales on each boot.*

"It took a team to create each individual scale with multiple layers to create the effects, then after two days of filming in water the scales lifted and they had to be stuck down again! It's such an incredible process to be involved in."

"For Thor, we had to make armour look like metal but be soft so stunt people didn't get injured. Each character has a 'glamour costume' which is used for promotion, displays and events, then several costumes, sometimes in different lengths for close ups and effects, then the same costumes for stunt doubles. And at the end of the day, there's repairs. It's a huge, crazy business.

"I love the teamwork and comraderie, we value each others skills highly. We are makers, we love costume," Margie said of her colleagues.

In between films, Margie creates amazing stage costumes for the Queensland Ballet, Opera Queensland and video clips. "I enjoy being busy," she said.

So next time you're at the cinema, save some popcorn for the credits, because you never know whose name might appear on the big screen.

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## TOOWOOMBA CARNIVAL OF FLOWERS

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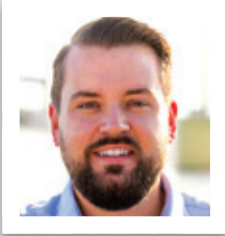
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# A WORD FROM OUR REPRESENTATIVES

## Cr Jared Cassidy



The annual Einbunpin Festival will be held on Sunday 28 July at Einbunpin Lagoon Parkland. The Festival will run from 9am to 4pm. The theme 'Celebrating our Community' is very fitting as it is a fantastic opportunity for community groups/organisations, schools, businesses and individuals from the local area to showcase the fabulous area that we live and work in.

The whole family can spend the day out in Sandgate. Whether it's watching the acts on one of the three stages, strolling through the many market stalls or grabbing something delicious to eat from one of the food vendors, there is always plenty to do and enjoy.

The traditional Einbunpin Festival games will be in the arena as always. Come along and toss a mullet, throw a flyzard or take part in the egg & spoon races from 12pm.

The Youth Stage has grown this year and has been moved to another part of the park to allow for a larger stage and marquee. The stage will be the central part of a youth precinct where there will be plenty of youth focused activities, games and stalls.

## Stirling Hinchliffe MP



There is something quite special about having the country come to the Bayside for a day at the races. As the Member for Sandgate and Minister for Racing, I am excited to once again be sponsoring the Children's Foot Race at the 2019 Deagon Picnic

Race Day, held this year on Sunday 7 July. After its great success last year, it is indeed terrific to see this popular event back on our local calendar. The day is set to feature a promising card of racing and is a tribute to the sponsors and organisers for pulling this quality fixture together.

I know many in the industry this year will be paying their tributes to the late Norm "Whopper" Stephens, a Deagon institution in his own right, known for his triumphant effort as a 16-year-old apprentice when he won the 1948 Stradbroke Handicap aboard 8-1 shot Ballyvista.

Whether it's the thrill of being on the trackside enjoying the live racing, or immersing yourself in the many events on the day, I do hope you can join with our community in celebration of a day at the races in Deagon alongside local legends of the industry. More information can be found at [www.deagonracingclub.com](http://www.deagonracingclub.com)

## Cr Amanda Cooper



Brisbane City Council's annual kerbside collection dates have been released for the new financial year. This is a great initiative by Council to assist residents in disposing of unwanted household items.

Aspley – 9 September;  
Bald Hills – 15 July; Bracken Ridge – 15 July;  
Carseldine – 2 September; Fitzgibbon – 22 July;  
Zillmere – 29 July 2019.

Start gathering your items together ready for collection in the coming weeks. If you are wanting to recycle items at any other times, you can also

visit the Kingfisher Recycling Centre at 25 Dorville Road, Aspley. They always welcome new volunteers, school groups to visit and learn about recycling. They accept the following recyclable donations: aluminium cans and steel; stamps and envelopes; glass bottles and jars; electronic equipment, e.g. computers and laptops; TVs, white goods; hot water systems; cardboard boxes and packing materials; car batteries; magazines, books, and newspaper; and food and vegetation scraps for our Brisbane City Council Community Composting Hub.

If you have any further questions about kerbside collection, you can visit Council's website, or contact my office on 3667 6000 or [brackenridge.ward@bcc.qld.gov.au](mailto:brackenridge.ward@bcc.qld.gov.au). For more information on Kingfisher Recycling Centre, contact 07 3863 7790 or [admin@aspleyspecs.eq.edu.au](mailto:admin@aspleyspecs.eq.edu.au)





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Sarah Cleeland Family Lawyers are experienced Family Lawyers located in Sandgate, offering clients advice and representation in all areas of Family Law, Domestic Violence, Child Protection and Relationship Law.

The firm prides itself on offering clients a depth of legal experience in Family Law litigation, advocacy and Mediation with Lawyers that bring to the firm background experience in human services, community services, domestic violence and child protection.

The Principal of the firm has been practicing exclusively in the area of Family Law for over 20 years and is committed to conducting a legal practice that has a resolution based approach to Family Law litigation in a practical way that is cost and time effective for clients.

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- Parenting Disputes
- Property Settlement
- Child Protection
- Consent Orders
- De facto Separations
- Domestic Violence
- Mediation

Sarah Cleeland is an accredited National Mediator and Registered Family Dispute Resolution Practitioner and is available to conduct mediations in all areas of family law



**Ph: 3269 9938**  
123A Brighton Rd, Sandgate  
[www.scfamilylawyers.com.au](http://www.scfamilylawyers.com.au)





Player Mitchell Robins (left) and Gary Stickler, coach & owner of Lifetime Tennis.

# LIFE LESSONS THROUGH TENNIS

Story Wayne I Flack Photo Ben McShea

**H**as Ipswich's Ash Barty's refreshing attitude and success at the recent French Open got your children dreaming of following in her footsteps? Are you unsure where to send them?

Well look no further – this is where Gary Stickler comes into play.

Gary is the founder of Lifetime Tennis, a high performance academy, for 5-year-olds and up, which is located at the Bracken Ridge Tennis Centre.

Gary said he likes to have the young ones starting out in the sport; coming in after school to give them a little break and having some fun time away from school work.

"When they start to say they are committed, we'll get them in at 6am and then you find out how committed they and their parents are," Gary said.

Gary's CV is impressive and is crowned by ten years as Queensland State Coaching Director, and coach and travelling companion of the former World Number One and Australian of the year, Pat Rafter.



**I think coaching is fairly easy, you care about them and create what I call 'buy in', so you get the people to believe they can be better," Gary said.**

Three ace players who were coached by Gary will be striving to do well at Wimbledon in England, which is on during the first two weeks of July. They are, World Number 57, John Millman; former World Junior Number One, Jason Kubler; and former Australian Junior Number One, Naiktha Bains.

The academy offers international tours, tournament support, live-in tennis camps, sport science specialists and video analysis; but it's Gary's personal touch that makes the difference. It's easy to see why, when you listen to Gary and observe him on court. His warm passionate manner shines through. His pupils hang on to his every word.

Gary said his philosophy was to give people the skills to learn from every experience they encounter, not just the ones they share with you.

"If you teach them how to evaluate and cope with failure and success and a whole range of other, what I call life skills, then they grow as a person," Gary said.

So, if Australia's leading tennis academy sounds like the place for you, then Gary is happy to hear via [gary@lifetimetennis.com.au](mailto:gary@lifetimetennis.com.au).

**Alternatively, find more information via [www.lifetimetennis.com.au](http://www.lifetimetennis.com.au)**



# Sandgate Hearing

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## Memory Loss and Hearing Aids

The recent World Health Organisation Expert Panel Report 2019 is that there is insufficient evidence to support the use of hearing aids to reduce the risk of cognitive decline/dementia. Therefore, you should be cautious if you are asked to purchase hearing aids to treat dementia.

There is currently no cure and no effective medication for treating memory loss or dementia, however there are ways to delay the onset of symptoms. The more you strengthen the "6 pillars" in your daily life, the longer your brain will stay active and healthy.

**The 6 Pillars are -**

**1: Regular exercise, 2: Social engagement, 3: Healthy diet, 4: Mental stimulation, 5: Quality sleep and 6: Stress management.**

As an audiologist, I understand that significant hearing loss can limit a person's social engagement leading to frustration and isolation.

Wearing hearing aids doesn't necessarily guarantee to slow down one's cognitive decline. But improving your hearing allows you to engage in a more active lifestyle, exposing you to health mental stimulation which in turn, protects your memory function.



*"My Tinnitus was bothering me"*

My tinnitus was bothering me, so I booked in for an appointment at Sandgate Hearing. I'm very happy with the results and I'd highly recommend anyone with tinnitus issues or hearing problems to come to Sandgate Hearing.

**Craig Page - Petrie**

## What clients say about us



*"I'm surprised by the number of birds that live around my house."*

Whenever guests came over generally I couldn't join in the conversations. I just couldn't follow the conversations. Now that I've been to see Ronnie at Sandgate Hearing, I'm also surprised by the number of birds that live around my house. It's a joy to hear them. I can hear my family and friends. I can respond without having to ask them to repeat themselves.

**Norm Manley - Boondall**



*"My new hearing aids are like magic..."*

I've been struggling with my hearing in the last few years. My new hearing aids from Ronnie are like magic, I didn't realise how much attention, detail and adjustment it takes to get my hearing just right. I can 100% recommend Sandgate Hearing.

**Colin Tretheway (with wife, Joy) - Scarborough**



*"Now I'm extremely Happy"*

I've had hearing aids for many years, but now I'm extremely happy with the convenience and the results of my new hearing aids from Sandgate Hearing. Seeing Ronnie is very handy for us and he is so easy to talk to. He really listens and understand my hearing issues. I'd recommend him to everyone.

**Norma Geary - Brighton**

- The Commonwealth Hearing Service Program
- Paediatric hearing assessment
- Workcover, NDIS hearing assessment

- Central Auditory Processing Test
- Micro-suction earwax removal
- Tinnitus Consultation

- Custom musician earplug
- Custom industrial noise plug
- Custom swim, surfer, & snore earplug



# A Rainbow At Your Fingertips

Local resident,  
Ryan Elwell,  
was about four  
years old when  
he developed a  
fascination with  
birds.





## Story Ineke Hodalin

**D**ad bought me two budgies as a kid, a boy and a girl, and they had babies, and of course we had to get a bigger cage..." he said with great enthusiasm.

Ryan's hobby exploded and he now has 250 budgerigars. The variety is mind boggling. They chirp and flutter around their huge cage in an exquisite kaleidoscope of colour.

We all know a family budgie — the familiar green and yellow, or a lovely shade of blue with the distinctive black, scalloped markings, but Ryan has bred a rare and beautiful rainbow budgie with expertise and careful breeding.

"I am breeding a special kind of bird. I first saw it in Germany. In Australia, only two or three people were breeding them, about seven years ago," Ryan said.

He was the first to breed them successfully in Queensland.



Everyone was more into show birds, but no one was seeing the colours. Now with social media, people are seeing that and it's sort of bought the kids back into it. Kids like the smaller, prettier, rainbow-coloured birds."

"Eventually, once we had the numbers up, we started to swap to give [the birds] different bloodlines. The colours that the rare mutation created were just really vibrant and something next level. That's why people love them. They're gorgeous."

His hobby is shared by thousands, and he is somewhat of an expert in the field, attracting interest from all over the world. His Instagram page, [Birds\\_Australia](#), has over 28,000 followers, with some being interested international buyers, however his sales are limited to local bird lovers.

"The weirdest call would have to be from a guy in England. He wanted me to send him, for \$1000 a bird, twenty birds. But it's illegal to ship birds

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overseas, and although it would be amazing, I can't do that. I was surprised to think someone was willing to spend that money on birds."

"I usually try and sell them as hand-tamed. I ask a lot of questions before I sell. I try to sell them in pairs, so the birds don't go into some stress-related anxiety like plucking feathers from boredom. They are very good at entertaining themselves though, as long as they have plenty of toys or run around the house, they are pretty content."

Budgerigars are native to Australia. They are also pretty tough. In the wild, they roam in huge flocks and have survived the harsh inland conditions for the last five million years. Their presence was first recorded in 1805, and forty years later, English bird enthusiast, John Gould, described budgerigars as "the most animated, cheerful little creatures you can possibly imagine."

They are delightful, social little birds, check them out on Ryan's Rainbow Budgies Facebook page or follow him on Instagram at [Birds\\_Australia](#).



# THE GLORY OF GUITAR

Story *Philip Woods*

**W**hen a person begins learning to play a musical instrument at the age of five, under the instruction on a passionate teacher, and continues to grow that passion throughout decades of life, the rewards can be wonderful.

Karin Schaupp is a guitarist's guitarist, and while she calls Brisbane home, she is acclaimed as one of the world's great players. On 6 July, Karin will be performing in our very own Sandgate Town Hall as part of the Music By The Sea Concert series.



Intimate venues like this are so rewarding for the performer," Karin said. "You have a much closer connection with the audience; you can really feel the audience breathing with you and going with you."

Karin's mother, Isolde Schaupp, taught Karin how to play, and then she continued her musical education at the University of Queensland, where she received First Class Honours, a Masters degree, and was awarded the University Gold Medal.

By that time, Karin had already graced international stages with her playing, and she has continued to play around the world, with highlights including concertos with the London Philharmonic Orchestra and the Queensland Symphony Orchestra, as well as countless recitals and global performances.

"I love exploring new territories musically, as well as coming back to things that are tried and tested that I have always loved, like Spanish music and Brazilian jazz."

Karin's show in Sandgate will feature a variety of material. "I'm playing the first half on a romantic replica guitar, which has really beautiful intimate sound, and playing the music of that time, in the nineteenth century," Karin said. "The second half will be played on a modern guitar, it will be mostly Australian pieces based around a narrative context."

Part of Karin's performance will feature a work written for her by Mary Doumany, called 'Portraits of Australian Women', in which she speaks and plays simultaneously. She will also play other pieces, written by Australian composers, that all possess a strong story or narrative element.

Don't miss the chance to see one of the world's finest guitarists perform in a wonderful venue, here in Sandgate!

*Karin Schaupp*

**Music By The Sea Concert Series 2019**  
**Saturday 6th July, 7:30pm**  
**Sandgate Town Hall**  
**Tickets: [www.trybooking.com](http://www.trybooking.com)**  
**[www.musicbythesea.com.au](http://www.musicbythesea.com.au)**

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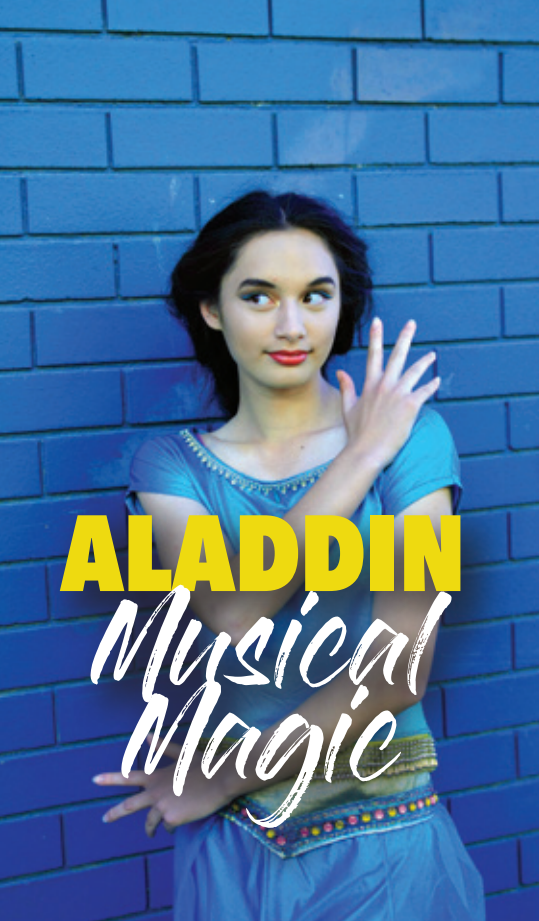


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**[sandgatebcex.com.au](http://sandgatebcex.com.au)**



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*Ainslee Taylor as Princess Jasmine in Bracken Ridge State High School's production of Aladdin Jr.*

### Story Christine Chamberlain

**A** magical combination of Broadway meets Bollywood is coming to Bracken Ridge later this month. Be taken on a magical carpet ride of singing, dancing and fun when *Aladdin Jr*, the musical, is staged at Bracken Ridge State High School (BRSHS).

In past years, audiences have been treated to popular productions, such as *Grease* and *High School Musical*, and this year's musical is based on the Broadway production of *Aladdin* and is adapted from the Disney classic.

In a twist on the original *Aladdin*, there are no animal sidekicks, and instead *Aladdin* has three hilarious mates. Jasmine has three doting maids and Iago is a cheeky advisor to Jafar.

This year's musical is directed by BRSHS musical director, Jessica Johnson, and is the biggest production the school has had so far, with more than 70 students performing or working as backstage crew.

"For a small school like ours, this is an outstanding number of enthusiastic performers," Jessica said.

She said the musical was bringing the whole school community together.

"It is run by the arts department, although the staff across every faculty are in some way involved - whether that be in sewing costumes, contributing props, painting sets, selling food and raffles, working front of house or side stage."

The students auditioned for the musical back in February and have been busy rehearsing twice a week, often for more than five hours a week.

"This is the best cast and team that I have worked with on a school musical and every day we are together there are smiles and excitement all round," Jessica said.

"The passion and enthusiasm that is radiating through our school community is indescribable. We are so excited to share this magical journey with you all."

Jessica hopes parents bring their children along to see the magic of this musical unfolding in front of their eyes.

"The songs are popular and uplifting, the cast are high energy and funny, as well as some moments that really touch the heart."

Year 12 student, Ainslee Taylor, who plays Princess Jasmine, can't wait for opening night.

"It's such a funny, colourful production that families will love," Ainslee says.

Prior to the start of the musical, there will be Bollywood dancers and food for sale.

## Aladdin Jr

**Bracken Ridge State High School  
Barfoot Street, Bracken Ridge  
Friday, July 26 &  
Saturday, July 27 from 6pm**

**Tickets: [brackenridgeshs.eq.edu.au](http://brackenridgeshs.eq.edu.au)**



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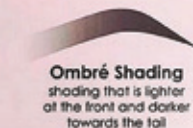
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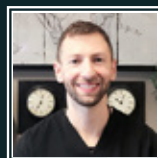
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*Sandgate resident, Andrew Pearson, is about to embark on a ride to help others out of depression. Commencing in WA the Black Dog Ride endeavours to raise awareness and funds in the fight against depression.*

# Bikes Roar Loud and Proud for Black Dog Ride.

Story Sally Gordon Photo slapsics

**O**n Friday July 26, Sandgate resident Andrew Pearson will take off from Busselton, WA, on his Triumph Tiger Explorer for an epic 15,700km ride around Australia.

Andrew is one of 65 other bike riders, who together will embark on a 35-day journey around the nation to raise awareness of depression and suicide prevention.

Known as the Black Dog Ride, this is the 10th anniversary of the national charity ride, which officially starts in Busselton. Riders will cover

about 500kms each day and will be riding for up to six hours.

Along the way the group will be making 90 stops into local communities, to talk to schools, local businesses and organisations about depression and suicide prevention.

A keen rider, Mr Pearson said that while he didn't know any of the other 'Around Australia Riders', and that it would be his first time undertaking the national ride, he was looking forward to getting the word out there.

"I just want people to understand depression is a real thing. It's not something that you can just get over," he said.

“**For me, this ride is about raising awareness, having the conversation with people and helping people to understand there is help available.**”

Mr Pearson said he was taking part in the Black Dog Ride after losing six of his friends to depression and suicide.

"I don't think people realise how serious it is and how many people this is killing."

Mr Pearson rode his motorbike across to Busselton in early June and will be flying back over to WA prior to the start of the ride.

He has set himself a goal of fundraising \$5,000 to support the national charity, which funds small grants for projects supporting mental health initiatives.

"I've set up a personal page to support the ride and I'm a third of the way to reach my goal of \$5,000. Not sure if I'll make it but I'm giving it a go," he said.

If people would like to support Mr Pearson, he has created his own fundraising page called 'blackdog.chat' or you can head to the national charity's main website [www.blackdogride.org.au](http://www.blackdogride.org.au) and make an online donation.



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# Ultimate Origin Lunch Features Queensland Legend

Story Emma Harley

**W**hether you're a die-hard Maroons supporter or a Blue through and through, kick off the 2019 State of Origin Game Three with the Bracken Tavern Origin Lunch event.

Origin fans will get the chance to celebrate the series in true style, with a three-course lunch, beverage package and loads of footy-themed entertainment.

"Guests will receive a 'XXXX Off The Wood' bevie upon entry, before moving into the Panama Jack's garden area, which will be transformed for the event," said Bracken Ridge Tavern's marketing consultant, Rachel Woodcock.

"Patrons will have full table service for three hours including a shared entree platter, a 350 gram OP rib on the bone and, finally, a delicious cheese platter dessert."

Rachel said the venue was keen to offer a State of Origin experience like no other.

"This is a great chance for local businesses, individuals and groups to experience a great, locally hosted event," she said.

"Each table will have a contestant from the Face Of Origin model competition, who will be partaking in photo shoots throughout the afternoon, and we also have former Origin legend, Michael Crocker, here for an interview and a meet and greet, which the rugby league fans will love."

*For more information or to book tickets visit [thebrt.com](http://thebrt.com)*

**Tuesday 9 July, 12:30-3:30pm**  
**Bracken Ridge Tavern**  
**154 Barrett St, Bracken Ridge**

# Big Wheels Keep on Turning!

**I**t's July again, so keep an eye out for some keen cyclists riding high on history, as the 'Pennies By The Sea' event returns to Sandgate in 2019.

Aaron Wray is the president of the Queensland Penny Farthing and Historical Cycle Club that organises the event, and which is a highlight of the club's year. "The very first one was in 2010 and it's grown since then," Aaron says.

The penny-farthing is the precursor to the 'safety bike' style of bicycle that evolved in the 1880s, and it still exists today as the most popular design among riders.

"For many people it's the curiosity factor that gets them into pennies," Aaron said. "The Pennies By The Sea event is a bit of a get-together for us; it gives us the chance to display the bikes, to share the history and the experience we've had of building or riding them. There's something about them that people find fascinating."

Pennies By The Sea kicks off at 2pm at Einbunpin Lagoon. Why not pop down and have a look? You'll see historical bicycles and tricycles, a 'turtle ride' (who can ride the slowest), a penny farthing 'stack', demonstrations, displays and prizes, and don't forget your camera!





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Lagoon St, Sandgate  
PH (07) 32698160

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# What's On.

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### ★ WETLANDS WANDER PADDLE RACE

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## 03 WEDNESDAY

### ★ JOIN THE FOOTY FUN p.14

O'CALLAGHAN PARK, ZILLMERE 9AM



JOIN THE FOOTY FUN  
O'CALLAGHAN PARK,  
ZILLMERE 9AM

### ★ KIDS' HOLIDAY PROGRAM:

#### A BLAST FROM THE PAST p.22

SANDGATE & DISTRICT HISTORICAL  
SOCIETY AND MUSEUM 10AM

### 📅 TRIVIA

MR HENDERSON 7PM

Trivia with Anthony from Focus Trivia and Comedy is back. Taking place the 1st Wednesday of every month at 7pm. Get some friends together and come down for a great night full of laughs and fun - Prizes, Pizza Specials, Craft beer, cocktails and of course the trivia host with the most- Anthony!!!

## 04 THURSDAY

### ★ JOIN THE FOOTY FUN p.14

O'CALLAGHAN PARK, ZILLMERE 9AM



KIDS WORKSHOP:  
GLOW IN THE DARK  
SANDBAG 10AM - 12PM

### 📅 KIDS WORKSHOP: GLOW IN THE DARK

SANDBAG 10AM - 12PM

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### ★ KIDS' HOLIDAY PROGRAM:

#### A BLAST FROM THE PAST p.22

SANDGATE & DISTRICT HISTORICAL  
SOCIETY AND MUSEUM 10AM

### 🎵 OPEN MIC

CARDIGAN BAR 7PM

## 05 FRIDAY

### ★ KIDS' HOLIDAY PROGRAM:

#### A BLAST FROM THE PAST p.22

SANDGATE & DISTRICT HISTORICAL  
SOCIETY AND MUSEUM 10AM

### 🎵 DJ HEAVENSENT

PHOENIX BAR & LOUNGE 6PM



DJ  
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& LOUNGE  
6PM



🎵 **THE MULHOONS BAND**  
BRIGHTON BOWLS CLUB 6:30PM

🎵 **UNPLUGGED CAFE**  
SANDGATE COMMUNITY  
CENTRE 7PM - 10PM

Bring your family and friends and enjoy  
a night of outstanding music from local  
musicians in a relaxed atmosphere.

🎵 **UPENDERS**  
CARDIGAN BAR 8PM

🎵 **BRAD POOLE**  
FULL MOON HOTEL 8PM

🎵 **DREAM TIME KARAOKE**  
BRIGHTON BOWLS CLUB 1PM

🎵 **DUELLING PIANOS**  
FULL MOON HOTEL 2PM

🎵 **LANCE GALLOWAY**  
SANDGATE POST OFFICE HOTEL 2PM

🎵 **ROCK AND ROLL SUNDAY  
W/- WEST TEXAS CRUDE**  
CARDIGAN BAR 4PM

🎵 **DEAGON COMMUNITY  
RACE DAY AFTER PARTY**  
PHOENIX BAR & LOUNGE 4:30PM

DEAGON COMMUNITY RACE DAY  
DEAGON RACING CLUB 10AM



## 06 SATURDAY

🎵 **THE MULHOONS**  
SANDGATE POST OFFICE HOTEL 7:30AM

★ **MUSIC BY THE SEA  
KARIN SCHAUPP P.42**  
SANDGATE TOWN HALL 7:30PM

🎵 **GIN AND WALL**  
PHOENIX BAR & LOUNGE 8PM

🎵 **STEVE HARGREAVES**  
FULL MOON HOTEL 8PM

## 07 SUNDAY

★ **DEAGON COMMUNITY RACE DAY p.20**  
DEAGON RACING CLUB 10AM

## 09 TUESDAY

★ **ULTIMATE ORIGIN LUNCH FEATURES  
QUEENSLAND LEGEND p.48**  
BRACKEN RIDGE TAVERN 12:30PM

## 10 WEDNESDAY

**STATE OF ORIGIN GAME 3**  
8PM KICK-OFF

## 11 THURSDAY

🎵 **OPEN MIC**  
CARDIGAN BAR 7PM

## 12 FRIDAY



🎵 **STATE OF APPALACHIA**  
SANDGATE POST OFFICE HOTEL 7AM

🎵 **THE VERANDA BAND**  
BRIGHTON BOWLS CLUB 6:30PM

🎵 **REZZN8**  
PHOENIX BAR & LOUNGE 7PM

🎵 **ALEX HARRIS**  
FULL MOON HOTEL 8PM

🎵 **BLACK ADDER**  
CARDIGAN BAR 8PM

## 13 SATURDAY

🎵 **STILL ROCKING**  
SANDGATE POST OFFICE HOTEL 7:30PM

🎵 **PEKO**  
FULL MOON HOTEL 8PM

🎵 **HEIDI AND SCOTT**  
PHOENIX BAR & LOUNGE 8PM

🎵 **THE STARKTONES**  
MR HENDERSON 8PM

## 14 SUNDAY

🎵 **BIGGY P & JACK SWEENEY**  
PHOENIX BAR & LOUNGE 12:30PM

🎵 **NEW GROOVE JAZZ ENSEMBLE**  
SANDGATE TOWN HALL 2PM

🎵 **DANNY MOSE**  
SANDGATE POST OFFICE HOTEL 2PM

🎵 **WILKO (DUO)**  
FULL MOON HOTEL 2PM

🎵 **THE GO SETS**  
CARDIGAN BAR 5PM

## 15 MONDAY

🔪 **CURBSIDE COLLECTION COMMENCES**  
SHORNCLIFFE, BRACKEN RIDGE

## 16 TUESDAY

**Reef & BEEF** \$15

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## 17 WEDNESDAY

**FULL MOON RISING TIME**  
RISING - 5.28PM



## 19 FRIDAY

### ★ SENIORS, IT'S YOUR TIME TO SHINE! p.26

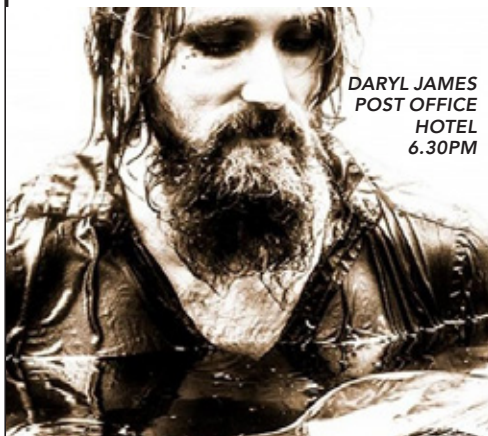
SANDGATE TOWN HALL 10:30AM

### 🎵 DJ HEAVENSENT

PHOENIX BAR & LOUNGE 6PM

### 🎵 LINDA STREET

BRIGHTON BOWLS CLUB 6:30PM



DARYL JAMES  
POST OFFICE  
HOTEL  
6.30PM

### 🎵 DARYL JAMES

SANDGATE POST OFFICE HOTEL 6:30PM

### 🎵 STEVE HARGREAVES

FULL MOON HOTEL 8PM

## 20 SATURDAY

### 🔨 HIGH VIBE COLLECTIVE MARKET

SCOUTS HALL OR EINBUNPIN LAGOON,  
SANDGATE 9AM - 12:30PM

### 🎵 CRYSS COLEMAN

FULL MOON HOTEL 8PM

### 🎵 TOM FOOLERY

PHOENIX BAR & LOUNGE 8PM

### 🎵 DIVERSIONS

CARDIGAN BAR 8PM

## 21 SUNDAY

### 🔨 ST. KIERAN'S FAMILY FUN DAY

ST. KIERAN'S PRIMARY SCHOOL,  
BRIGHTON 9AM - 4AM

Join St. Kieran's biggest fundraiser of the year! 9 till 4pm. Trash n Treasure bargains, prizes, food and cake stalls, beverages, Cent Auction, Art Union raffle tickets, side show alley, show bags, rides, petting zoo, school performances, entertainment, plant stall, dunk the teacher and more!

### 🎵 SEAN JACKSON AND THE MULHOONS

SANDGATE POST OFFICE HOTEL 12PM

### 🎵 STEVENSON ST

FULL MOON HOTEL 2PM

### 🎵 AMY KATE BRYANT

PHOENIX BAR & LOUNGE 2PM

### ★ SUNDAY SESSION WITH ALL THAT JAZZ p.06

MR HENDERSON 3PM

### 🎵 LUKE YEAMAN

MR HENDERSON 4PM

SUNDAY SESSION  
WITH ALL THAT JAZZ  
MR HENDERSON 3PM



## 22 MONDAY

### 🔨 CURBSIDE COLLECTION COMMENCES

SANDGATE, BRIGHTON, DEAGON

## 25 THURSDAY

🎵 **OPEN MIC**  
CARDIGAN BAR 7PM

## 26 FRIDAY



ALADDIN  
MUSICAL MAGIC  
BRACKEN RIDGE  
STATE HIGH  
SCHOOL 6PM

★ **ALADDIN MUSICAL MAGIC p.44**  
BRACKEN RIDGE STATE HIGH SCHOOL 6PM

🎵 **GUITAR GEORGE**  
BRIGHTON BOWLS CLUB 6:30PM

🎵 **FLATLINERS**  
SANDGATE POST OFFICE HOTEL 6:30PM

🎵 **JOHNNY LAYTEX**  
PHOENIX BAR & LOUNGE 7PM

🎵 **BEN STEWART**  
FULL MOON HOTEL 8PM

## 27 SATURDAY

★ **ALADDIN MUSICAL MAGIC p.44**  
BRACKEN RIDGE STATE HIGH SCHOOL 6PM

🎵 **SCARLETT GUNNER**  
SANDGATE POST OFFICE HOTEL 6:30PM

🎵 **AARON JAMES DUO**  
PHOENIX BAR & LOUNGE 8PM

🎵 **MARK CHOMYN**  
FULL MOON HOTEL 8PM

## 28 SUNDAY

★ **EINBUNPIN FESTIVAL 2019 p.08**  
EINBUNPIN LAGOON PARKLANDS 9AM

🧘 **YOGA MEDITATION MORNING**  
WOMEN'S SPACE SANDGATE 10AM - 12PM

Come join us from 10am to 12pm for a morning of yoga and meditation. From beginner thru to advance this morning is about relaxation and unwinding on a Sunday morning. Bookings essential limited spaces please contact Katie Dempster from I Am Enough Ph: 0427 760 202 or email [Katie.dempster@bigpond.com](mailto:Katie.dempster@bigpond.com)

🎵 **WILKO & JACK SWEENEY**  
PHOENIX BAR & LOUNGE 12:30PM

🎵 **M+J ROCK**  
SANDGATE POST OFFICE HOTEL 2PM

🎵 **MONTANA**  
FULL MOON HOTEL 2PM

🎵 **VINYL CLUB @ CARDIGAN BAR**  
CARDIGAN BAR 6:30PM



EINBUNPIN  
FESTIVAL 2019  
EINBUNPIN  
LAGOON  
PARKLANDS  
9AM





## Fisher Girls Keeping The Spirit Of Kokoda Alive

**T**his year, five teams of enthusiastic young girls from grades 11–12 at St John Fisher College, have eagerly volunteered to participate in the Kokoda challenge.

The 48km hike, which is held at the Gold Coast Hinterlands, is run by The Kokoda Youth Foundation.

The KYF are deeply passionate about the spirit and values embodied in Australian soldiers who fought on the Kokoda Track, in Papua New Guinea during WWII.

Through organising hiking endurance events and youth programs, the KYF aims to test abilities and limits, providing opportunities for growth and eye-opening experiences for youths.

The St John Fisher College girls saw the Kokoda challenge as an opportunity to extend their senior schooling life, by getting out of their comfort zone and embracing the spirit of Kokoda.

Team training started with 8km walks, which are now progressing into 25km as the challenge draws closer.

Supported by both deputy principals of the college and three eager teachers, the girls will tackle the Kokoda challenge on the weekend of 20–21 July.

The determination and endurance the students have demonstrated in training highlights what the Kokoda spirit is all about.

Through sacrificing their time for a greater cause, these girls will continue the Kokoda spirit, exemplifying the importance that it still holds today.

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# WHAT'S *Hot* AROUND TOWN



*Alex Harris (above)  
Imessa's Diamonds (left)*

**Story** *Emma Harley*

**F**rom classic covers at the local through to Friday night bevies at the bowlo, the 4017 has your entertainment needs covered this July.

Lovers of good ol' Australian classic tunes will love getting their groove on at Sandgate's Full Moon Hotel, as Alex Harris takes the stage on 12 July for an evening of smooth tunes.

"I've played at the Full Moon Hotel four times in the past and it is the perfect venue for people to enjoy their night with friends while listening to classic tunes they can sing along and dance to," Alex said.

"The classic rock singers such as Jon Stevens from Noiseworks and John Farnham are always crowd favourites, but pop and Americana music also get those toes tapping in the crowd."

For more information on Alex's show or other acts performing this month, visit The Full Moon Hotel Facebook page.

Earlier in the month on 7 July, the Bracken Ridge Tavern will host thane after-party for the popular Deagon Community Race Day.

Punters can keep the good times rolling after the race by grabbing a free shuttle bus from the track to the tavern.

Marketing consultant, Rachel Woodcock, said the event is a way to end a fabulous day trackside with a bang.

"We'll have live music throughout the afternoon, with our headlining band, Imessa's Diamonds, hitting the stage at 5.30pm, performing a huge range of rock, pop and classic covers," she said.


"Entry is free and we'll have some great food and drink specials available, plus our delicious bar menu is available until 10pm.

For more information, visit [thebrt.com](http://thebrt.com).

From foals to the bowls, Brighton Bowls Club puts its best foot forward every Friday night with its family-friendly Friday night entertainment.

Vanda's Bistro will serve up plenty of delicious dishes, while patrons can groove to live music or try their luck with the money wheel.

For more information, visit the Brighton Bowls Facebook Page.



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# Local DINING GUIDE

Sisters off to a flying start  
at the **Witchin' Kitchen.**



*Sisters and owners of The Witchin' Kitchen, Em and Karalea.*

**Story Sally Eberhardt Photos Ben McShea**

**W**hen a café that has just recently opened its doors is recognized for excellence, you know they have something special. The Witchin' Kitchen in Sandgate had only been operating for six weeks when their delectable Eggs Benedict debuted in second place as best in Brisbane, as judged by The Sunday Mail and The Courier Mail.

This speaks volumes about the successful collaboration of the two sisters from Brighton, Karalea and Em Kratzmann, who bring health, taste and style to all their creations.

Karalea said they opened the café because they believe that combining Em's skills as a qualified chef with her own knowledge as a naturopath put them in a unique position to offer beautiful food that meets everyone's needs.

"Our cafe offers organic, vegan and gluten-friendly options, and I am able to understand and discuss health or dietary related concerns or questions with customers."

"By combining our skills, knowledge of food, passion, personalities and dedication as sisters, we create something that is incredibly unique and special," said Karalea.

This is apparent in the new Winter Menu, which features offerings of Poached Eggs on Sourdough



# Witchin' Kitchen



accompanied by potato hash squares, braised chickpeas, house zucchini pickles and salsa verde.

Those with a sweet tooth are not forgotten, with temptations such as Blueberry Spelt Pancakes with whipped maple ricotta, berry gel, banana crumb, shredded coconut, maple syrup and vanilla ice cream.

Cakes are a specialty and Em recently whipped up a gluten-free vanilla almond sponge, with maple buttercream, chocolate ganache, toasted marshmallow and chocolate shavings.

Being part of the local community is highly important to Karalea and Em. They are very grateful for how they have been warmly welcomed and they look for opportunities to give back,

such as donating food scraps to the Sandgate Community Garden.

Karalea said that the future is bright for The Witchin' Kitchen as they plan to offer more for the locals.

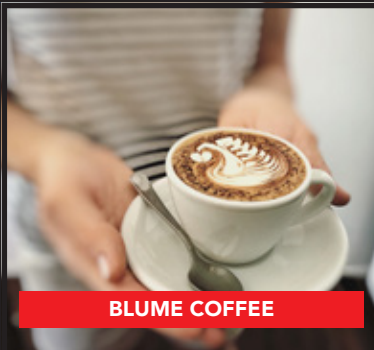
"We would like to incorporate a herbal and nutrient dispensary in the cafe and also offer Naturopathic consultations, information/documentary screening evenings, night time dinners and use of our space for special events."

**The Witchin' Kitchen**  
**227 Rainbow St, Sandgate**  
**P 3269 6970**

# Local Dining Guide



**BAAIA**



**BLUME COFFEE**



**BRACKEN RIDGE TAVERN**



94 Flinders Pde, Sandgate  
Foreshore

**Modern Australian**

3269 7510

## BAAIA

**Feature:** Creative, fresh, seasonal food, coffee and homemade cakes on the water front. Open for coffee, breakfast, lunch and snacks from 7am. Eat in or take away. Dog friendly.

Tapas and Live music Sundays 2-4pm. Fully licensed.



512 Hornibrook Hwy, Brighton

**Café**

0434 712 316

## BLUME COFFEE

**Feature:** Blume is Brighton's designated Specialty Coffee shop. Quirky, Creative brunch menu, house baked treats, our signature puff pastry jaffles and well made quality espresso. Only a short stroll from Decker Park.

Open 7 days. Mon 6-10. Tues - fri 6-1, Sat-Sun 7-1.



154 Barrett St, Bracken Ridge

**Ribs, Surf & Turf, & Steak**

3269 7011

## BRACKEN RIDGE TAVERN

**Feature:** Panama Jack's Restaurant has a wide variety of meals to suit all tastes, including gluten free dishes. Our signature dishes: PJ'S Ribs, Surf & Turf, and Steak & Rib Combo are legendary.



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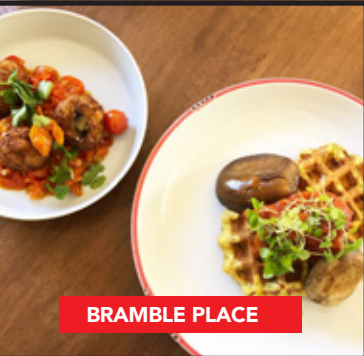
Peninsula Private Hospital on George Street in Kippa-Ring provides quality private healthcare to the Moreton Bay region and beyond.

A 70 bed hospital with services including surgical, medical and rehabilitation, Peninsula covers specialties such as orthopaedics, urology, ophthalmology and gastroenterology to name a few.

Having recently undergone refurbishments to improve patient comfort during a stay, loved ones can also enjoy free car parking - a feature not always offered at other hospitals.

**To learn more about our services,  
head to: [www.peninsulaprivate.com.au](http://www.peninsulaprivate.com.au)**

# Local Dining Guide



**BRAMBLE PLACE**



**CHARLIE'S AT BRIGHTON HOTEL**



**COFFEE WARDEN**



1 Loudon Street, Sandgate

Cafe

0435 427 174

## BRAMBLE PLACE

**Feature:** Bramble Place is a cosy café with indoor seating located across from the Sandgate town hall. New breakfast, lunch and dinner menus offer delicious everyday options as well as daily specials. Fully licensed.

Breakfast: Mon 6:30am - 11:30am, Breakfast and Lunch: Tue-Fri 6:30am - 3:00pm Sat - 7:00am - 3:00pm Sun 7:00am - 1:00pm, Dinner: Fri-Sat from 5:30pm



196 Brighton Tce, Brighton

Family Bistro

3269 1971

## BRIGHTON HOTEL

**Feature:** 1950s style family bistro, and home of the \$10 roast, the Brighton Hotel strives to offer the best service and value in town. Offering home cooked style meals at great prices! From a Traditional Roast to Fisherman's Basket or a Succulent Lamb Shank, there is something for every member of the family.



74 Ward St, Brighton

Café

0424 420 863

## COFFEE WARDEN

**Feature:** We serve top quality coffee prepared using Lavazza's classiest coffee beans. We also take pride in providing excellent customer service. Our customers always feel welcomed and enjoy the atmosphere of our small Cafe where they can meet friends and other locals.

Hours: Monday to Thursday : 5am - 2pm  
Friday to Sunday : 5am - 1pm

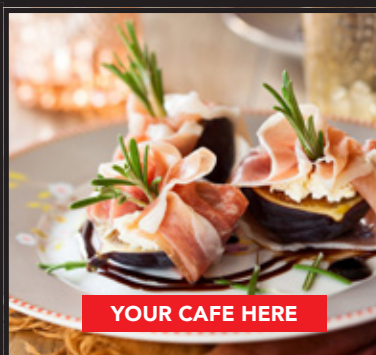




COOL BEANS CAFE



DOUG'S SEAFOOD CAFE



YOUR CAFE HERE

## COOL BEANS CAFE

Shop 12 / 353

Beaconsfield Terrace, Brighton

Café

3269 1964

## COOL BEANS CAFE

**Feature:** Cool Beans Cafe now open. Located walking distance to Brighton foreshore, Cool Beans Cafe offers great value all day Breakfast and Lunch menu, fresh juices, fine quality Tea and DiBella coffee. Gluten free options are available. Open 7 days a week from 6am, indoor seating, wheelchair accessible and pets welcome.



60 Flinders Pde, Sandgate

Fish 'n' Chips

3269 4713

## DOUG'S SEAFOOD CAFE

**Feature:** Doug's Seafood Cafe, Sandgate's most iconic fish and chipper, offers fresh seafood dishes to delight any appetite. From our fresh salmon, Tasmanian oysters, local prawns and octopus, calamari, wild-caught barramundi and fresh salads, we have it all. We bring the ocean to your table.

# ADVERTISE YOUR CAFÉ OR RESTAURANT



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# Local Dining Guide



**MOMENT BISCUITS**



**POST OFFICE HOTEL**



**THAI STAR DEAGON**



8 Queens Parade, Brighton

**Coffee Shop**

0430 753 768

## MOMENT BISCUITS

**Feature:** Moment Biscuits is a small, European style boutique biscuit shop, only a short walk from the Brighton foreshore. Pop in weekdays from 5:30am to 11:30am for freshly baked treats, loose leaf teas & smooth Italian coffee. Now also open Saturdays & Sundays from 7-11am!

\*Follow us on Facebook for the latest promotions.\*



1 Bowser Parade, Sandgate

**Hotel**

3869 0606

## SANDGATE POST OFFICE HOTEL

**Feature:** The Sandgate Post Office Hotel, family friendly pub with all day menu, child's playground and drinks for all occasions. With our beautiful Chandelier room also available for functions hire, come check us out.

Head to our website for more information  
[www.sandgatepostofficehotel.com.au](http://www.sandgatepostofficehotel.com.au)



Shop 8/140 Braun St, Deagon

**Thai Restaurant**

3269 5359

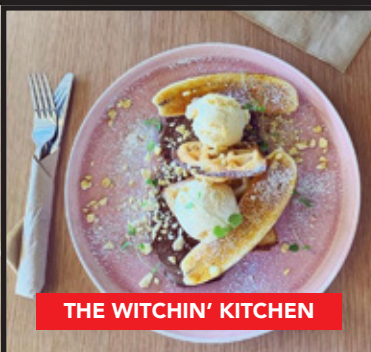
## THAI STAR DEAGON

**Feature:** Thai Star is the old Thai Sa-Bai restaurant which has operated at 140 Braun Street for approximately 18 years. It has now been taken over by father and daughter Jeffrey and Poy Muenjaroen. They have both had vast experience in the restaurant industry. The restaurant offers fresh Thai cuisine with the influence of Surin In Thailand which is their home town.

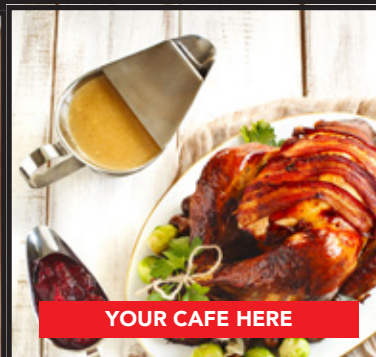
SANDGATE | BRIGHTON | DEAGON  
SHORNCLIFFE | BRACKEN RIDGE



THE WIRED OWL COFFEE CO



THE WITCHIN' KITCHEN



YOUR CAFE HERE



227 Rainbow St, Shorncliffe

Specialty Coffee House

0410 456 251

## THE WIRED OWL COFFEE CO

**Feature:** At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of Single Origin coffees. Tantalising treats and teas are also on the menu.



227 Rainbow St, Sandgate

Café

3269 6970

## THE WITCHIN' KITCHEN

**Feature:** Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Open 7 days, 6:30-2pm.

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OR RESTAURANT**



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PHONE: 07 3338 5091



# A Corvette Collective

Story Philip Woods

Photo Supplied by Jan Earney

**T**he rumble of the finely-tuned engine from a sleek and beautiful motor vehicle is a pleasure that many Australians enjoy, and members of the 'Corvettes Down-Under Car Club' are no exception!

Jan Earney is secretary of the club, which is celebrating the 20th anniversary of their Annual Corvette Classic at Pelican Park in Clontarf from 9am on Sunday 28 July.

"For the last 20 years we've held this show. We have it as a show-and-shine event so the Corvette owners can display their cars," Jan said.

"There are trophies awarded, but many just like to show their cars and give people the chance to look at them, sit in them and see how they've changed over the years.



This is one of the largest events of its kind in Australia! We usually have somewhere between 80 and 100 Corvettes on show."

The event is free to enter and will feature entertainment for kids, food stalls and much more, with money raised going to the drought relief for farmers.

*Grab the family and get revved up for a great day out! For more info visit [www.corvettesdownunder.com.au](http://www.corvettesdownunder.com.au)*

**Corvette Classic Car Show**  
**Sunday 28th July, 9am-3pm**  
**Pelican Park**  
**Hornibrook Esplanade, Clontarf**

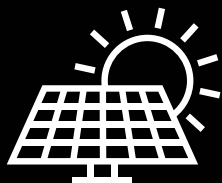


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## Have Fun and Improve Life at Women's Improv Class

Story Sally Eberhardt

**W**hen local improv teacher, Lindsay Drummond, noticed that men were first to take risks in her co-ed classes, and that women were holding back, she decided to address that situation and *SheProv* was born. Giving women their own space allows them to experience the many benefits of improv, while having a ton of fun.

So what is improv? It is playing out given scenarios with no script, Lindsay said.

"If you have ever watched the TV shows 'Who's Line is it Anyway?' or 'Thank God You're Here' then you have seen improv in action."

Lindsay said that Improv classes involve games and unscripted scenes where the teacher gives students techniques to improve creativity and courage in a safe, fun atmosphere. Improv is great for spontaneity, self-expression, social connection and self-confidence.

"One lady who had a huge fear of public speaking, after a few months of my improv classes, managed to present a talk at her work for the first time! She said she owed her new-found confidence to her improv classes!"

Cost is \$5 for an evening of fun, laughter and learning. For more information go to [facebook.com/pg/lovingimprov/events](https://facebook.com/pg/lovingimprov/events). *SheProv* classes are every 2nd and 4th Thurs of the month at Womenspace, 11 Second Ave, Sandgate.

## Fun for the Family

Story Emma Harley

**I**t's that time of year again! Students, families, friends, staff and the local community will converge on Brighton's St Keiran's Primary School in July for their annual Family Fun Day.

The day is the highlight of the school's social calendar and the year's number one fund-raiser. It's packed with food, rides, entertainment and stalls.

Principal, Ben Gray, said the day will showcase the spirit of St Kieran's, as well as generate substantial fundraising dollars to refurbish and expand the tuckshop and build extra outdoor student seating for lunch breaks, play time and outdoor learning opportunities.

"The Family Fun Day is a longstanding school tradition that benefits not only current students but future students of St. Kieran's," he said.

"There are bargains and fun to be had at every turn, delicious food and beverages to taste and take home, and visitors can really see our school community in full flight.

"Sideshow alley and the rides are a favourite experience, as well as the Art Union raffle and cent auction, community groups presentations and the plant and cake stalls - this year our teachers have even entered a bake-off competition."

For more information on the Family Fun Day visit [stkieranbrighton.qld.edu.au](http://stkieranbrighton.qld.edu.au)

**Sunday 21 July, 9am - 4pm**  
**St Keiran's Primary School**  
**15 Greenwood St, Brighton**  
**P 3269 5989**

# ★ ANDREWS ★ SISTERS *Tribute*



*Stylish...live professional  
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fun and frolics!*

Hosted by  
Sandgate Uniting Church,  
116 Board St., Deagon

**MONDAY MELODIES...  
ALL WELCOME**

Monday August 5th,  
9.30am sharp

**Cost \$12.00 incl morning tea  
Bookings: Cathy Gear**

**0419 014 725**

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# Local Heroes take a Bloody Long Walk for Mito

Story *Sally Eberhardt* Photo *Ben McShea*

**L**ocal Sandgate mums, Nicki Walsh and Tina Rostrum, are walking 35kms from Sandgate to Southbank to raise awareness and funds for mito (mitochondrial disorder) – a debilitating genetic disorder that robs the body's cells of energy and causes organ failure, often with devastating results.

Nicki and Tina are part of team 'Stella's Galaxy', created in memory of a friend's little girl, Stella, who passed away before her second birthday because of mito. This makes the walk very personal and both Nicki and Tina said they felt privileged to be included, and that it reminded them of how precious their own children are.



35kms sounds like a long way, but it's just a blip on the radar compared to what families of mito sufferers go through" Tina said.

"Mito is very painful in so many ways – for the person with it and their family, who have to watch them suffer," said Nicki.

Mito affects 1 in 5000 people, making it the second-most common genetic disease after cystic fibrosis. It is highly complex, can affect anyone of any age and there are no cures and few effective treatments.

Nicki and Tina have known each other for eight years, since meeting when their children started prep together, and this is their fourth walk with Stella's Galaxy. Both said they aim to raise as much money as possible for this disease, as it needs its profile raised and funds go to better and earlier detection, treatment and, eventually, a cure.

"It would be horrifying to have any member of your family have mito, but especially crushing to have a child with it," Tina said.

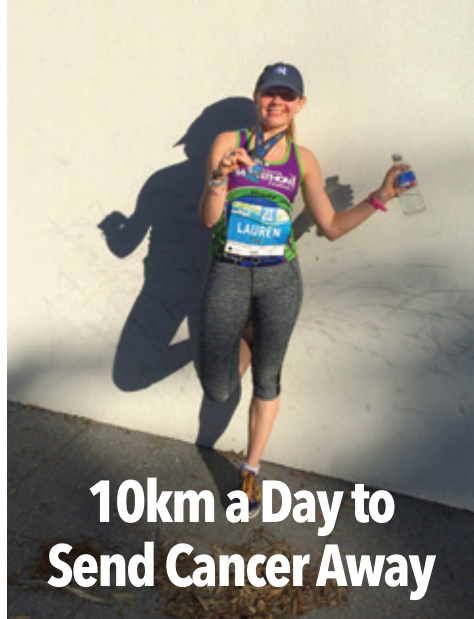
"We would love more support - if you donate money, tell me which kilometre of the journey you would like me to dedicate to you and I will put up a Facebook post at that point," Nicki said.

*If you would like to support Nicki and Tina and their team 'Stella's Galaxy' in this Bloody Long Walk operated by the Mito Foundation, simply go to [event.bloodylongwalk.com.au/fundraisers/stellasgalaxy](http://event.bloodylongwalk.com.au/fundraisers/stellasgalaxy). Your help will be much appreciated and can make a big difference to those battling mito.*

*Nicki Walsh and Tina Rostron*







## 10km a Day to Send Cancer Away

**L**auren Dixon has set herself a physical challenge like nothing she has endured before - to run 10kms every day for 30 consecutive days.

The month-long task follows a recent breast cancer scare, which had such a profound impact on the 24-year-old. So she has decided to turn a negative into a positive and create her own fundraiser. As part of the Cancer Council's 'Do it for Cancer' community fundraising initiative, Lauren is testing her endurance with her own 10km a day physical challenge. The Sandgate resident is confident she'll be able to see the challenge to the end.

"Some days are easier than others. I am a runner, but I don't usually run this far," she said. "The Cancer Council let you design your own challenge, so I have been running 10km a day and mapping each run on Strava (a fitness app), which shows where you have run and for how long."

"As clichéd as it sounds, the running is nothing compared to the pain and suffering people with cancer go through."

Lauren is encouraging people to visit her fundraising page, to donate to her challenge and support the ongoing research and support services provided by the Cancer Council.

Visit [www.doitforcancer.com.au](http://www.doitforcancer.com.au) and type Lauren Dixon into the search bar to locate her page.

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# BUSH STONE- CURLEWS

(*Burhinus grallarius*)

Story Leanne Palmer  
Photo courtesy Rick Franks

**A** largely nocturnal and mostly ground-dwelling bird, the Bush Stone-curlew, also known as the Bush Thick-knee, is still quite common in Queensland. However, they can be elusive at times. During the day they seek safe places to rest, relying on their mottled colourings for camouflage, as it makes them difficult to see.

At other times they can be downright conspicuous - staunchly maintaining their positions, even when the light of day exposes them to full view. In heavily developed parts of Brisbane, such as West End, they can still be frequently spotted and are notorious for choosing odd hangouts along busy streets and sidewalks, attracting the attention of passers-by.

They are curious to observe in the daytime; standing or crouching statue-like with an unblinking yellow eye. Once disturbed they proceed with stealth on their long nimble legs, then abruptly come to a stop, where they will again remain motionless.

Though they are not seen in our neighbourhood that often, sightings have been made recently in Deagon (at the racecourse), Sandgate, and nearby in Boondall.

Their preferred habitats are open woodlands and forest edges, but like many of our native fauna species, they have somewhat adapted to life in the suburbs.

Their success or failure in any given setting is difficult to explain and predict. They have disappeared from some of the natural range of places that still have reasonable conditions, particularly in southern Australia, yet are surviving well, further north.

After sundown they forage for small insects, amphibians and reptiles. Although they are good flyers, they are rarely seen in the air, and nearly always only at night. This is also when you may hear their call- an eerie, lilting and far-travelling sequence of notes.

Their breeding period is from June up until December. One or two eggs are laid in a small scrape on the ground. The chicks are flightless for about nine weeks. At this time they are at their most vulnerable from predators, especially foxes, dogs and cats (pet owners, remember to be mindful).

No one really knows the whys and wherefores of their comings and goings. I count any sighting as lucky, and feel drawn to stop and watch these curious birds with their quirky behaviours.

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## Miss Sandgate and the Man who Built her

Story *Ineke Hodalín*

**T**here's an extraordinary link between Sandgate and Sikorsky Helicopters – Vladimir Victorovich Slusarenko.

Born in Piflis in Russia in 1889, Vladimir was always interested in aviation, and in 1911 he became the first Russian to hold an aviation licence. Vladimir late teamed up with friend and fellow aviation enthusiast, Igor Sikorsky, to establish an aircraft and design factory near St. Petersburg.

The chaos of the Russian Revolution, in 1917, forced them to flee. Vladimir Slusarenko ended up here in Sandgate – a Russian refugee in exile. Igor went to America, going on to become famous as the man who developed the first commercial helicopter. They remained friends, however, and for years letters in Russian flew back and forth across the Pacific.



*Bill Slusar in 1932 while building Miss Sandgate*

Vladimir worked as an aircraft mechanic and anglicised his name to Bill Slusar. Together with Arthur Perkins, he later established the Sandgate Motor Company.

In his spare time, Bill applied his skills to building a small monoplane, copying the design from an aviation magazine. It took him almost seven years to build the plane 'that anyone could fly'. She was christened Miss Sandgate. Modelled on a 1931 Heath Parasol, she was tiny, having a wing span of just 25 feet.

In 1934, after a somewhat shaky start, Miss Sandgate became a regular "hack" at Archerfield for aspiring pilots wishing to build up their flying hours.

She passed through several owners, until the 1960s, when Len Neale's brother, Kevin, and a mate found her in a garage in Gympie. They transported her to Biloela in the hope of restoring her, but it was a daunting task. In 1991, Len took on the project. He lovingly rebuilt the plane using modern materials and very kindly donated one of the original spruce wing struts to the Sandgate Museum, where it hangs today.

Just recently, Len took her for a 'nice 30-minute flight'.

*Learn more about the fascinating history of Miss Sandgate at the Sandgate Historical Society and Museum at 150 Rainbow Street.*

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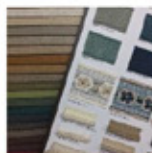
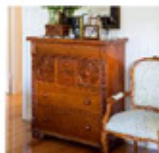
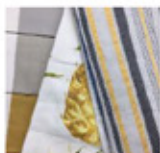
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# Bramble Bites

Story **Brooke Jacobson**

## NEIGHBOURHOOD PLAN

A group of locals recently met to discuss what Sandgate should look like in 20 years time, as part of the Brisbane City Council Neighbourhood Planning working group.

Issues raised included residential density, improvements to the foreshore, monthly markets, how to encourage more retail in the area and flood mitigation. There was also a wide-ranging discussion on how to market the area and appeal to tourists.

## COUNCILLOR MOVES OFFICE

Deagon Ward councillor, Jared Cassidy, and his staff have moved into their new office next to Aldi on Brighton Road, Sandgate.

Despite some initial hiccups with the NBN internet connection, the move is now complete and constituents are welcome to visit the new space.

*The contact number for the office remains the same: 3667 6011, as does the email address: [deagon.ward@bcc.qld.gov.au](mailto:deagon.ward@bcc.qld.gov.au)*

## CASH FOR CONTAINERS

The new cash for containers centre at Kempster Street, Sandgate is generating plenty of social media buzz.

Residents are delighted with the new service, saying staff at the centre are "super friendly and helpful" and that "they really encourage kids to get involved".

Other Facebook comments included: "Excellent set up and service", "the guys here were awesome, very helpful with everything and extremely nice".

It looks as if Sandgate is going to be greener than ever, with the added bonus of some extra cash for residents.

*The Sandgate Bottles and Cans Exchange is located at 81 Kempster Street, Sandgate. You can email them on: [contact@sandgatebcex.com.au](mailto:contact@sandgatebcex.com.au) or contact them through their Facebook page.*

## WAR ON WASTE

The next War on Waste 4017 clean up will be held on Sunday, 30 June at 7.30am.

Participants are asked to meet near the playground area, next to Sandgate pool. The event is being supported by Brisbane City Council, who will supply all the equipment on the day.

*For more information search for War on Waste 4017 on Facebook.*



## HOMELESS NEED YOUR HELP

There are about 200 people sleeping rough, in the Sandgate area alone. Of those 200, up to 25 per cent of them work and manage to hold down a job, despite having no fixed address.

SANDBAG is looking for donations of blankets, jackets, sleeping bags and thermos containers. As the winter nights get even colder, you could make a real difference in someone's life.

*You can drop off donations at Sacred Heart School in Sandgate or at SANDBAG's offices in Sandgate or Fitzgibbon.*

*Items don't have to be new; whatever you can spare would be greatly appreciated.*

## HOLIDAY SOCCER CLINIC


North Star FC are running their July school holiday soccer clinics once again. The clinics run from Monday 1 July to Wednesday 3 July at a cost of \$160 for all three days.

The clinics are run by academy director, Gino Dagostino, and special guest coaches, and will be held at O'Callaghan Park, 24 Jennings Street, Zillmere.

See: [www.northstarfc.com.au](http://www.northstarfc.com.au) for more information


### Would you like to contribute to Bramble Bites?

*Is there something happening in the 4017 community you'd like to share? What are you talking about on social media or at the school gate? Email Brooke to be included in the next Bramble Bites at: [brookecjabobson@gmail.com](mailto:brookecjabobson@gmail.com)*




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Time m	Time m	Time m	Time m
<b>1</b> 0231 0.62 0800 1.90 MO 1420 0.34 2048 2.53	<b>9</b> 0223 2.29 0912 0.48 TU 1518 1.94 ● 2115 0.71	<b>17</b> 0417 0.55 0943 1.79 WE 1538 0.41 ○ 2212 2.44	<b>25</b> 0224 1.89 0912 0.64 TH 1534 1.82 ● 2130 0.93
<b>2</b> 0323 0.54 0850 1.91 TU 1505 0.30 2134 2.61	<b>10</b> 0321 2.14 1006 0.48 WE 1627 2.02 2230 0.77	<b>18</b> 0454 0.56 1019 1.80 TH 1611 0.44 2247 2.41	<b>26</b> 0325 1.79 1009 0.62 FR 1644 1.92 2249 0.91
<b>3</b> 0413 0.49 0940 1.91 WE 1550 0.28 ● 2220 2.67	<b>11</b> 0424 2.00 1101 0.47 TH 1733 2.13 2348 0.76	<b>19</b> 0526 0.58 1054 1.80 FR 1645 0.47 2318 2.36	<b>27</b> 0435 1.74 1110 0.56 SA 1748 2.07
<b>4</b> 0503 0.45 1032 1.91 TH 1635 0.28 2306 2.68	<b>12</b> 0529 1.90 1156 0.45 FR 1834 2.25	<b>20</b> 0557 0.59 1129 1.80 SA 1720 0.52 2351 2.29	<b>28</b> 0007 0.83 0543 1.74 SU 1207 0.48 1847 2.24
<b>5</b> 0553 0.43 1123 1.90 FR 1722 0.32 2353 2.64	<b>13</b> 0059 0.71 0631 1.84 SA 1250 0.43 1928 2.36	<b>21</b> 0628 0.60 1207 1.80 SU 1757 0.59	<b>29</b> 0115 0.71 0645 1.77 MO 1303 0.40 1939 2.41
<b>6</b> 0642 0.44 1217 1.90 SA 1812 0.40	<b>14</b> 0159 0.64 0728 1.81 SU 1339 0.41 2015 2.43	<b>22</b> 0023 2.21 0702 0.62 MO 1247 1.79 1838 0.68	<b>30</b> 0215 0.58 0742 1.82 TU 1356 0.31 2029 2.54
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<b>8</b> 0130 2.44 0821 0.47 MO 1413 1.90 2006 0.61	<b>16</b> 0336 0.56 0902 1.79 TU 1502 0.40 2136 2.46	<b>24</b> 0137 2.00 0822 0.64 WE 1429 1.78 2020 0.88	



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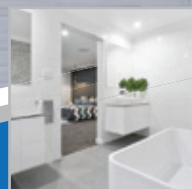
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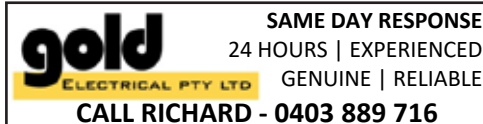


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