

sandgate

FREE OCTOBER 2019

GUIDE

Spooktacular **HALLOWEEN** SPOTS

**BULLDOGS
GALA DAY**

**HAMLET HEADS
TO THE BAY**

**TRADES
& HOME
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INSIDE

► **Expressions Annual Exhibition**

Melbourne Cup



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- BEST DRESSED
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- AFTER RACE ENTERTAINMENT

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A Note FROM THE TEAM



Trick or treat! The end of this month marks Halloween – a predominantly American celebration that is growing in popularity in Australia and the Bayside.

While it's not everyone's cup of tea, many local houses and businesses embrace this celebration, none more so than Lisa Hodgkinson and Blaine Darago who

go all out transforming their Sandgate home into a 'Spooktacular' masterpiece.

Several neighbourhoods around the Bayside area are known for decorating their homes and being open to trick or treaters. Take a look at our Halloween article that lists some key activities and local hot spots, as well as some tips on how to keep this celebration fun and safe for everyone.

There are plenty of other events this month that you won't want to miss. Shakespeare By The Bay is back, this time performing Hamlet. There will also be a special Kids Classic Shakespeare event at Sandgate Library.

October also sees Shorncliffe Pottery Club host its annual Expressions exhibition and the Bulldogs Football Club running its community gala day again.

In Bracken Ridge, you can catch the talented big band, Swingalicious, playing at the park alongside mini steam trains!

From scary and spooky to Shakespeare, swing, and steam, it's another action-packed month for the Bayside.

sandgate
GUIDE

N **NORTHSIDE**
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redcliffe
GUIDE

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Swing- alicious

Hits McPherson Park

Story **Sally Gordon**

Get your dancing shoes ready for a morning of music and melody when Brighton's Swingalicious Big Band sets up in McPherson Park in Bracken Ridge in October.

Playing everything from Glenn Miller through to the Spice Girls, this 17-piece outfit is one of Brisbane's most popular community bands.

Swingalicious was formed in 2013, and is made up of professional and keen amateur musicians who teach, study or perform professionally.

The band is comfortable playing a variety of music from the 40s through to contemporary pop tunes, and come the last Sunday of this month, will be in full swing in McPherson Park from 11am to midday.

If dancing isn't your thing, that's okay, because there are plenty of other activities happening at the park as part of the broader event billed as 'Steamed Up'.

Hungry park goers can head over to the sausage sizzle or drop by the coffee or ice-cream van. A raft of other stall holders with local products will also be attending.

Children will love the toy stall and jumping castle.

The Bracken Ridge Central Lions Club will also be running their steam and electric miniature trains, which are suitable for children and adults to ride.

Bracken Ridge Central Lions Club president, Jason Sutton, said their monthly train days had become hugely popular.



Saxophonist Amanda Mattiske leads the swingalicious 'train'.

"We generally have anywhere from 500 to 800 people turn up for the day and it just keeps getting bigger."

"Last month we had the Big Brass Band, we've had a pipe band also," Jason said. "These events make for a great family day out."

The Lions' Club steam and electric mini trains will be running from 9am to 2pm, Sunday 27 October at McPherson Park. Train rides are \$2 per person.

The Steamed Up event is part of Brisbane City Council's Bands in the Park program.

The Swingalicious concert is free to attend. You can find out more about the Steamed Up event via www.brisbane.qld.gov.au/whats-on-and-events

Steamed Up

Sunday 27 October

Swingalicious Big Band - 11am-12pm

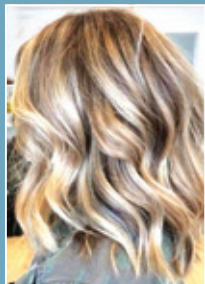
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9am-2pm**

McPherson Park

146 Denham Street, Bracken Ridge

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Art Lovers Go Potty for Expressions

Story **Brooke Jacobson** Photo below *slapics*

Members of the Shorncliffe Pottery Club have been busy creating, ahead of their annual Expressions exhibit and organisers say this year's event is going to be the best yet.

Club member, Margaret Pettit, said the standard of entries had become more creative and stunning each year.

"Every year the quality seems to be improving," she said.

"It's funny, nearly everyone feels 'oh, my work isn't good enough' but really, every year it's getting better."

The exhibit, which will be at the Sandgate Town Hall from 10-12 October, and will feature a novice section, as well as a "\$30 and under table"; perfect for those looking to start some early Christmas shopping.

"People are looking for something unique, something handmade," Margaret said.

She also said the club was growing in popularity, with a number of enquiries each week about learning the art of pottery.



"We would get around 10 to 12 enquiries every week – they don't all stay of course, but people are very interested," Margaret said.

"I think too that people are looking to slow down and enjoy something, rather than rushing around all the time.

"We're lucky, it's such a lovely and supportive group here – everyone encourages one another and if there's new people, there's someone here to help them."

All the pieces on show at Expressions will be for sale. As well as pottery, the show will feature paintings, photography and sculpture.

"Everyone here really looks forward to Expressions – even those that don't enter a piece come along and have a look," Margaret said.

"We'd love to see members of the community come out to the exhibit."

Margaret acknowledged the importance of support from the local community for the event.

"We really appreciate (Deagon Ward) Councillor Jared Cassidy, for his support and the grant from his office to help run Expressions and also all our sponsors, including (State Member for Sandgate) Stirling Hinchliffe."

For more information search for the Shorncliffe Pottery Club on Facebook.

Expressions Exhibition 2019

Thursday 10 October from 6-9pm

Friday 11 October from 9am-10pm
(main opening 6pm)

Saturday 12 October from 9am-10pm
Sandgate Town Hall



*Shorncliffe Pottery Club member,
Margaret Pettit*

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SANDGATE'S OWN HALLOWEEN *Spooktacular*

Story Kelly Walker

Get ready ghosts and goblins – Halloween is coming to Sandgate once again! Originating in the ancient Celtic regions of Europe, Halloween was initially intended as an end of summer celebration to ward off ghosts and spirits.

However, over time, it's evolved into the fun, family-friendly holiday that it is today. This is exactly what Sandgate locals, Lisa Hodgkinson and Blaine Darago, love most about Halloween, and why they started their very own Sandgate Spooktacular.

"We just love putting this on for our community, It's a great way to meet the neighbours!" Lisa said.

As big kids at heart, Lisa and Blaine were eager to share their Halloween spirit as soon as they moved to the area in 2014.

"Growing up in Canada, Halloween was always a big deal. It brings back some of my fondest childhood memories," Lisa said.

Much to Lisa's delight, the number of trick or treaters visiting their home each Halloween has seen a substantial increase since they first moved to Sandgate.

"We had about 50 people the first year and last year we had over 500!"

Despite the large investment of both time and money, and the challenges that come with finding storage for all of their props, the couple



are dedicated to making their Spooktacular better and better every year.

"We've been collecting props from all over the world and we have a new addition coming from the United States this year," Lisa said.

"We are also so thankful to all of our friends who help out – it truly takes a village to make the event a success."

Catering to the entire community, the Sandgate Spooktacular offers a "quiet hour" from 3.30pm to 4.30pm for little ones who may be overwhelmed by bright lights, scary noises or animated props. There will also be non-candy treats for those with allergies.

"We invite everyone to come along," Lisa said. "Although for braver souls looking for a good scare, it's best to come after dark for the full haunted experience."

Sandgate Spooktacular
107 Clayton St, Sandgate
Thursday 31 October from 3.30pm
For the best scare, come after dark!



HALLOWEEN ON THE BAYSIDE

Halloween on the Bay

We have scoured the Bayside for details of spooky and scariest places for trick or treating and Halloween-related celebrations.

Halloween Hot Spots

For a list of streets participating in trick or treating check the Sandgate Mums Facebook group. Each October the group asks locals to post details of key Halloween locations and events. Past hot spots in Sandgate have included Clayton, Murray and Perkins Streets.

On Saturday 26 October from 4-10pm, the Canterbury Estate Shops in Bald Hills are hosting a Halloween charity event including a Trick or Treat Walk and markets. A Halloween House and maze will also be open on Thursday 31 October. Go to www.facebook.com/halloweenforcharity to secure tickets.

To Boo or Not to Boo

RE/MAX Property Shop in Sandgate is making free Halloween door hangers available from 1 October.

One side of the hangers invite trick or treaters to knock if they dare, with the other side saying 'Do Not Disturb'.

You can collect the door hangers from the RE/MAX office at 119 Brighton Rd during business hours.

Remember to keep Halloween a fun and safe environment for all involved. Be cautious on the road, and don't let children trick or treat alone.



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featuring dances, folk songs, and inspiring music.

President of the group, Adam Pittard, said the inspiration behind the theme was the way music is seen as a universal language, even though it differs all around the world.

"We wanted this concert to take a snapshot of the different themes and styles represented by countries and cultures all around the world. Attendees can expect a variety of enjoyable pieces that allow them to travel across the globe, all from the comfort of their seat," Adam said.

Each time South East Queensland Symphonic Winds perform in Sandgate, they focus on a different theme, so even if you have been to a previous performance, there'll be something new for you to discover at this one.

"Our listeners can expect to be a part of the same fun and enthusiasm from our ensemble as with our previous concerts, but with the added benefit of a musical holiday around the world," Adam said.

Adam said one of the highlights of the concert will be a performance of *Fantasy on a Japanese Folk Song* by Samuel Hazo.

"It tells a love story and the internal struggle of a woman, choosing between her love for her country, Japan, and the American man she loves. The bold masculine tones contrast the feminine phrases that almost tip-toe throughout the piece. The audience can be swept away with their emotions as they're torn between the two countries and guided through this musical heartbreak," he said.

Admission is \$15 per person with a discounted rate of \$10 available to concession card-holders. Children under 10 years are free. Tickets are sold on the day with doors open from 12.30pm.

You can find out more via www.seqsw.org.au

**South East QLD Symphonic Winds
Presents Postcards
Sunday 20 October, 1pm-3pm
Sandgate Town Hall
Seymour Street, Sandgate**

Postcards From a Musical Holiday

Story Jodie Woodward

Pack your camera and have your passport ready for a trip around the world – only you won't need to leave Sandgate for this adventure.

Community ensemble, South East Queensland Symphonic Winds, will take you there with their 'Postcards' performance on Sunday 20 October; it's an exploration of all corners of the globe



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Miriam Lowe, Dylan Maskell, Cr Jared Cassidy and Lachlan Miles.

GALA DAY KICK-OFF

Story Wayne I Flack Photo Ben McShea

The Brighton Bulldogs sure know how to end their soccer season in style – with its annual Gala Day to be held in October.

The club, which was founded in 1966, is inviting their teams, supporters, volunteers and community members to come together and celebrate at the fun-filled event.

Brighton Bulldogs FC president, Matt Smith, said the Gala Day each year was a way of giving back to the community.

“We will kick off with presentation of prizes to players and then everyone, from members through to the local community, can enjoy the entertainment, rides and bubble soccer games on offer,” Matt said.

This year will see the food trucks back by popular demand, and rides for the little ones, including cup and saucers and jumping castle, just to name a few. The older kids will not be overlooked this year, with the first time inclusion of the high swings and round-up rides. Ride armbands are now available to purchase online for \$25 or can be purchased on the day for \$30.

There will also be a licensed bar open for adults.

A fireworks display, sponsored by Deagon Ward Councillor and long term club patron, Jared Cassidy, at 7.30pm will be a fitting finale to the evening.

Cr Cassidy said he was proud to see the club kicking goals, and was looking forward to sponsoring the 2019 Gala Day.

“This club has a rich history of football in our local community and over the past few years has built on that to create a thriving community club with record levels of participation,” Cr Cassidy said.

With the regular season over, the club will still run some shorter events such as the five a side tournament running for eight weeks from 10 October, and the MiniRoo Squirts program for three to five-year-olds from 12 October.

The club’s head coach, Mark Harbord, will also be overseeing trials for next season during October and November.

Find more information on the gala day and other events at www.brightonbulldogs.org.au.

**Brighton Bulldogs FC Gala Day
Saturday 12 October from 2pm
Fireworks 7.30pm
Wakefield Park, Wickham Street,
Brighton.**

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Regency Dance and Romance in Sandgate

Story Brooke Jacobson Photo Neda Lundie

You don't have to have the high spirits of Emma Woodhouse, or the smouldering intensity of Mr Darcy to enjoy Sandgate's very own night of Regency-era glamour.

The Jane Austen Ball, organised by Early Australian Colonial Dance, is now in its third year and is fast becoming a fixture on the social calendar of the 4017 community.

Dance caller, Heather Clarke, said the event was simply a great night out.

"For me, it's about the dancing," she said.

"We have classes in Samford and people are welcome to come and learn, although we do teach the dances on the night as well, so there will be plenty of help there.

"These dances were pre-industrial revolution and it was a time when people still danced in groups.

"Now, we're used to having a partner and you just dance with that one partner, but at this time, people danced in groups and it was very social.

"It was an elegant time, I think people feel it was a very romantic time."

Dressing up in Regency-era costume is another (optional) drawcard for the event.

Tickets are \$50 and include entry, dancing, entertainment and a regency supper. Tickets via Facebook or www.eventbrite.com.au

**A Jane Austen Ball
Saturday 19 October, 7pm
Sandgate Town Hall**

Jump in on Muddy Guided Tour

Story Renee McKeown

Be on the hunt for creatures that like to swim, dig, crawl and jump in muddy puddles, with a guided tour of Shorncliffe's tidal flats on Sunday, 6 October. Meandering Mudflats will see families and eco-enthusiasts learning about migrating shorebirds, marine invertebrates and the places they live.

Cr Jared Cassidy said the shorebirds migrated from Siberia, China, Japan, Mongolia and even Alaska.

"Our mudflats at Shorncliffe and Sandgate are so unique and many locals probably don't appreciate their significance," he said.

"This section of Moreton Bay is quite shallow for a long way out, which gives us hectares of open space to enjoy twice a day, every day when the tide is out.

"They are home to so many different animals and play a really important part in the ecosystem of Moreton Bay.

"The mangroves and sandflats play an integral role in supporting the lifecycle of prawns, crabs and bugs and many species of fish."

Participants are encouraged to wear a wide-brimmed hat, enclosed shoes and sunscreen on the day.

Meandering Mudflats tours are also held at Nudgee Beach and Manly.

**Sunday 6 October, 9am-11am
(weather permitting)
From Lower Moora carpark
Park Parade, Shorncliffe
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CHAMBER Chat

Have you ever wondered what a chamber of commerce is and what it does? Are you looking for like-minded people, support and ideas that can help your business? Then the Sandgate & Districts Chamber of Commerce has the answers for you. We're a not-for-profit incorporated association made up of community-minded business people.

A key focus of the Chamber is to "Empower local business by celebrating the Community". In support of this we want to share with you news of what we have been up to lately and details of upcoming events and initiatives.

Our August meeting featured guest speaker, Councillor Jared Cassidy, and the discussion of several topics and initiatives relating to the local business community.

Gearing up for Jingle All The Bay

Kimberley Washington provided an update on behalf of the many businesses that are taking part in this year's Christmas in Sandgate (Jingle All The Bay), which takes place in and around Brighton Road, Sandgate on Friday 6 December. With businesses excitedly planning window displays, pocket activation ideas and entertainment, this year is gearing up to be another successful Chamber event for the local business community.

Businesses Invited to Working Groups

The Chamber has recently launched a new initiative, "Chamber Working Groups" to extend our reach and to embrace business precincts across the catchment, to include Brighton, Deagon, Boondall, Fitzgibbon, Taigum and Bracken Ridge. If you are a business owner or operator and are interested in being a voice/forming a representative group for the businesses in your suburb to encourage growth, collaboration and success, the Chamber would love to hear from you. Your role will be to report back to the Chamber with news, updates, challenges and achievements at General Meetings, so we can work together in supporting and celebrating local businesses. Please email your interest to membership@sandgate.org.au.

Boost for Historical Society

Congratulations to one of the Chamber's honorary members, Pam Verney from the Sandgate Historical Society & Museum, on the recent grant approval. This timeline will provide the Museum with the support required to continue to grow and tell the story of our community's history and heritage.

Events and Important Dates

Join us for the Chamber Social Drinks at Mr Henderson on Wednesday 30 October from 5.30pm. This event is open to non-members who would like to meet other small business owners. The next Chamber General Meeting will be held on Wednesday 27 November from 6.30pm at the Full Moon Hotel.

Q & A With New Member Astute Consulting Services

Welcome to one of our new Chamber members, Kate Witteveen from Astute Consulting Services in Bracken Ridge, who offers coaching and training in careers and leadership. We caught up with Kate for a quick chat.

What do you love about doing business in the bayside? I see a great sense of optimism in the bayside community, and I love the energy that comes from that optimism. My clients are motivated to find ways to excel in their lives and in their careers, and it is a privilege to accompany them on that journey.

What's the number one challenge customers come to you with? Customers come to me with a desire to find ways to improve their quality of life and well-being, while succeeding in their careers.

How do you help them solve that particular problem? I help my clients to identify what is most important to them, what is getting in their way, and what they can do to maximise their potential.

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The Bard Comes to the Bay



Cast members Eugene Gilfedder and Laura Keneally.

Story **Brooke Jacobson** Photo **slapics**

Something might be rotten in the state of Denmark (or so they say in *Hamlet*), but local theatre fans are certainly rejoicing as the **Brisbane Shakespeare Festival** returns to Sandgate this month.

Festival founder, Gary Thorpe, said this year's production, *Hamlet*, was regarded as the greatest of William Shakespeare's dramas, and was relevant to today's world of political upheaval.

"*Hamlet* has a strong message about the love of power and the destruction it can bring," he said.

"It is a message that is just as relevant today as it was 400 years ago.

"Shakespeare lived in dangerous times; the times of Elizabeth I. There was a constant threat of war, religious tension and widespread paranoia, especially about foreigners. Sound familiar?

"*Hamlet* is a play that everyone should see, as it tells us so much about the human condition."

The cast is lead by Tama Matheson, the artistic director of the festival, who is returning from performing in London, to play *Hamlet*. The cast also includes Eugene Gilfedder, one of Australia's greatest Shakespearean actors and who has won many awards here in Queensland, and interstate.

The Sandgate Library will host a special interactive, magical-themed Shakespearean story time for children aged 3 to 12, on Saturday 19 October.

"Kids' Classic Shakespeare is very popular – this year, kids can explore Shakespeare's world of witches in the play *Macbeth*," Gary said.

"The kids will be able to take part in the famous scene, 'bubble, bubble, toil and trouble' and add some of the ingredients to the witches' brew."

Gary said the festival started 13 years ago, with the aim of introducing the great plays of Shakespeare to people, in free performances and in an informal setting.

"This is an opportunity to experience one of the great theatre events for free in Sandgate's Einbunpin Lagoon park, and we encourage people to come early," he said.

There will be music and sword fighting demonstrations, before *Hamlet* begins at 2.30pm.

www.brisbaneshakespearefestival.com.au
or phone 3847 1717.

Hamlet in the Park
Sunday 20 October from 1pm
Einbunpin Lagoon, Sandgate.

Kids' Classic Shakespeare Storytime
Saturday 19 October 10.30-11am
Sandgate Library
1 Seymour St, Sandgate.

SHAKESPEARE BY THE BAY SANDGATE

SATURDAY 19 OCTOBER

Sandgate Library 1 Seymour St, Sandgate



10.30am KIDS' CLASSIC SHAKESPEARE FREE!

Join us by the cauldron for this interactive story, exploring the creepy world of Shakespeare's wicked witches from **Macbeth**. Presented by **Nadine Kelly** and **Maxine Mellor**. Recommended age: 3-12 yrs

SUNDAY 20 OCTOBER

Einbunpin Lagoon Park Cnr Lagoon St/Brighton Rd

Sausage sizzle, cakes and drinks provided by the Shorncliffe Pottery Club.
Bring thine own rug or chair for comfort! **Free facepainting for kids.**



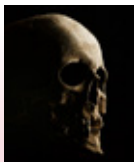
1pm QLD WIND ORCHESTRA FREE!

Shakespeare's plays traditionally kicked off with a trumpet fanfare. Let the **Queensland Wind Orchestra** energeise you for the day!



1.45pm SWORDPLAY FREE!

Watch authentic Shakespearean swordplay by **Prima Spada** and learn about the skills and weaponry used in historical fencing.



2.30pm HAMLET IN THE PARK FREE!

Experience Shakespeare's greatest tragedy about the Danish prince, directed by **TAMA MATHESON** and **TABATHA MCFADYEN**. Featuring **TAMA MATHESON** as Hamlet and **EUGENE GILFEDDER** as Claudius.

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Music By The Sea

► 5 October: Jeff Lang

Described in the media as a musician who has music dripping from his fingers, Jeff Lang brings his gutsy and melodic brand of rock, blues, folk and impro to Sandgate.

Saturday, 5 October, 7.30pm

Sandgate Town Hall

Tickets: musicbythesea.com.au



Orava Quartet

► 2 November: Orava Quartet

With their super-smart identical suits, pencil-thin ties, and even a couple of mop tops, it's not such a stretch to liken the lads, from Brisbane-based Orava Quartet, to the image of the Beatles.

The young guns of the chamber music world, Daniel Kowalik (violin), Karol Kowalik (cello), Thomas Chawner (violin), and David Dalseno (violin) will certainly dress to impress when they deliver a wicked classical program in Sandgate.

Q: You've been likened to a boy band. What's the story on your style and age?

Q: What's in store for our Music By The Sea audience?

A: "We'll be performing Schubert's iconic 'Death and the Maiden'. At the end of Matthias Claudius's poem, which Schubert had set as a 20-year-old in 1817, Death cradles the Maiden in his bony embrace. Her fear, in the first verse, of encountering his tomb-cold touch is mirrored by his desire for her in the second.

"When Schubert returns to the song in 1824 and starts work on the string quartet, he has become acquainted with pain and disease during the bouts of the syphilis that he knows will kill him. He turns the song into a set of variations, preceding it with a ferocious Allegro, and following it with a Scherzo and a Finale that has been described as 'the dance of the demon fiddler' and 'a dance with death'.

"We'll also present Ave Verum Corpus, by English composer William Byrd, and the motet, O Magnum Mysterium, by Thomas Luis De Victoria, the most famous composer in 16th century Spain.

"We'll also be playing the much loved and adored Mozart 'Hunt' quartet."

Orava has been described as the most exciting young quartet on the block. Both the Pope and Queen Sophia of Spain have sat in audience. Now there's an invitation for you!

Saturday, 2 November, 7.30pm

Sandgate Town Hall

Tickets: musicbythesea.com.au



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CHRISTMAS SHOPPING

Wednesday 4th December

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If you have an event that you think is worth a photo, call me on 0449 660 473



Shorncliffe State School celebrated its 100 year anniversary with a fete and an historic and wonderful Maypole Dance performance by students in front of an appreciative crowd of school community members and past pupils.



Sandgate Paddling Club is 25 years old and club members got together to celebrate with breakfast and cake at Voluntary Marine Rescue (VMR) Sandgate.



Guitarist Angus Beeney, of band 'Pier Pressure', plays up to the crowd at the inaugural Sandgate Youth Festival held in Einbunpin Lagoon Park.



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NEWS BEAT

Sandgate Library Upgrade

■ Brisbane City Council is pleased to advise works to upgrade the Sandgate Library will start this month. The project is expected to be completed by end of this year, weather and construction conditions permitting.

The works will involve a reconfiguration of the existing spaces to create a new reading lounge, children's library and more efficient back-of-house area, as well as an internal refresh of the interiors with new wall painting, carpet, a drinking fountain, furniture and shelving. New library signage will also be installed.

Construction will take place between 7am and 5pm, Monday to Sunday, weather permitting.

Movies in the Park

■ The big screen is coming to Bayside parks this month with a series of outdoor movie screenings.

Cr Jared Cassidy secured funding for four outdoor moving sessions to be held at Einbunpin Lagoon Park and Decker Park over coming months. The first movie will be on Saturday 26 October at Einbunpin Lagoon Park and will have a Halloween theme.

Construction Underway at Hawks Grounds

■ Local eagle-eyes may have noticed a bit of activity at the Sandgate Hawks Football Club grounds in Taigum lately.

Construction works have begun to upgrade the club's change room facilities, with completion expected in early 2020. The club's original change rooms were built by volunteers more than 40 years ago. The club obtained funding for the project from federal, state and local government, as well as AFL Queensland.



Water & Wind Sunday Social Races

Do you love being out on the water with the wind in your face, enjoying the smell of the fresh, salty air? Have you always wanted to try your hand at a little friendly competition? If so, the Brisbane Wind & Kitesurfing Club's social race meets may be just what you're looking for.

Organised by Sandgate's Surf Connect Watersports Centre, these social races take place on the first Sunday of every month. They were created to foster community engagement, encourage more people to get out on the water, and entertain spectators.

As the owner and chief instructor at Surf Connect, Padi Kotwall is excited to invite all wind-propelled toy enthusiasts out to these races.

"Windsurfers, foilers, twin tips, slaloms and even dinghies and catamarans are welcome," Padi said.

"All levels and all ages can participate, but you must have your own equipment.

"Even if you're not participating, everyone is welcome to come and watch. There will be prize giveaways, a free BBQ, and fun for the whole family."

It is \$25 to enter and free for all spectators. Visit www.surfconnect.com for more details.

Social Races
First Sunday of each month through until May
Sandgate Beach (between Seventh & Eighth Avenues on Flinders Parade)
Racing 1–3pm

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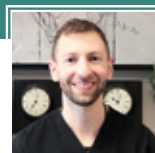
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Hype About Hemp



Barbara Syassen and Karen Cooper from Thr333fold with hemp oil.

There is a lot of hype around hemp with it popping up in markets and shops recently.

Story & Photo Renee McKeown

Since hemp was legalised for consumption in 2017, it has attracted people who are looking to the plant to supply green alternatives, from building their brains and bodies to construction and fuel.

Thr333fold collaborator, Barbara Syassen, said people come from all over Brisbane to buy hemp oil at their monthly High Vibe Collective Market at Einbunpin Lagoon.

She is part of the Global Hemp Movement, but said that even with the legalisation, this country had lot of catching up to do.

"Australia is quite slow; about 25 years behind other countries," she said.

"[Locally] there's a buzz about it, they're very much into green and alternate living.

"It's sustainable; the plant itself is eco-friendly, good for the environment.

"They (the hemp products) are made out of the hemp seeds they're used for healing: Omega 3, antioxidants, and amino acids, which are what our body uses to make protein.

"It helps with body building to arthritis to joint pain and weight loss."

Ms Syassen said hemp was very diverse and could also be used to create home insulation, carpet and clothing, better than traditional materials.

"Cotton requires a lot of water, but hemp doesn't require as much or the space to grow," she said.

"Nature has so much to give us and if we can focus on green, eco-friendly things it's great for the environment."

The success of the green movement led to Ms Syassen's decision to open a storefront, and so the Thr333fold collaboration started.

"We branch out in so many areas," she said.

Karen Cooper started the store in 2013. She is the managing director of the collaboration as well as being the resident intuitive reader, and is also a radio personality.

The third collaborator is Robbie Thompson, who runs markets and 'awaken the third eye' workshops and plays 432hz guitar music.

Ms Syassen also does aromatherapy, massage, yoga, reiki, writing and helps children connect with nature.

**Hemp Oil at High Vibe Collective Markets
Next Market Sat 27th Oct, 9-1pm
Einbunpin Lagoon, Sandgate
Thr333fold is at 3 Sixth Ave, Sandgate**



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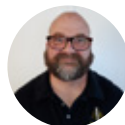
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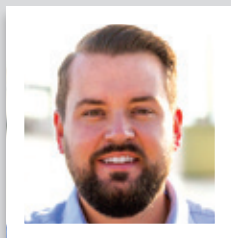
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A WORD FROM OUR REPRESENTATIVES

Cr Jared Cassidy



September has been a bumper month with an amazing array of community celebrations and events. I've attended and supported the Zillmere Festival, Shorncliffe State School Centenary, Salvos Taigum Twilight Markets, Sandgate Hawks Junior Presentation,

Sandgate Paddling Club 25th Anniversary, Yarrageh Drama Festival, Sandgate Youth Festival, and Bramble Bay Deadly Runners, to name just a few.

October is an equally busy month in the local calendar. I am proud to be sponsoring many and varied events including the Expressions Exhibition, Brighton Bulldogs Football Club Gala Day, Moreton Bay 100 Charity Ride, Sandgate District State High's Connections Concert and Diwali Festival of Light Celebration. Our local community is so lucky to have such a diverse range of events in their neighbourhood, and I'm really proud to be supporting them all.

The mozzie season is already upon us and I've been keeping the pressure on Council to ensure the ground spraying program is fully supported this season. Locals will remember what a horror last year's season was and I'm working to ensure Council's spraying program meets its targets this year.

Stirling Hinchliffe MP



October always promises exciting events for our community.

I'm proud to be sponsoring the Shorncliffe Potters annual art exhibition,

'Expressions'. You can catch the opening night at the Sandgate Town Hall on 10 October from 6pm or drop by and check out the works of local artists from 9am-10pm on October 11 & 12.

Local artists have been busy preparing everything from pottery and sculptures to paintings, photographs and much more.

We'll also be marking 20 years since the Parish of Saint Paraskevi first hosted the Greek Affair & Multicultural Festival to give the community a better understanding of Hellenic culture through a day of celebration.

I'm looking forward to joining everyone for a day of good food, music, dance and cooking demonstrations. The celebration takes place on Saturday 12 October from 10am-4pm at the Parish on Church Road, Taigum.

Cr Amanda Cooper



Following the tremendous success of the pest fishing event in Harold Kielly Park earlier this year, 2 Bent Rods will be holding another pest fishing event at Canterbury Park, Bald Hills on 12 October from 9am – 2pm.

The event will be strictly managed under a Biosecurity Queensland pest fishing permit and will create awareness of noxious fish species, such as Tilapia and Carp. There will be

education sessions provided, as well as trained helpers to assist you in correctly disposing of catches.

Registrations are essential, and tickets are \$5 per person. Worms will be available to purchase on the day and funds raised, with registration, will be used to re-stock the pond with native species. Rods are also available for a gold coin donation, but booking these is encouraged.

For further information please phone my office on ph. 3667 6000 or visit the event page on Facebook by searching for 'Canterbury Park Family Pest Fishing Competition' as places are limited.

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Lunch & Dinner **GREEK** FESTIVAL WINNER

Story **Sally Gordon**

This year, locals will have even more time to enjoy the delicious food and wine, entertainment and hospitality on offer at the **Greek Affair and Multicultural Festival**.

Organisers have decided to host the popular Taigum event on Saturday 12 October, with the program of events running from 10am to 8pm on the grounds at the Parish of St Paraskevi.

Parish of St Paraskevi Secretary, Maria Comino, said normally the festival was held on a Sunday, but this year organisers had decided to host it on a Saturday and run it into the evening.

"By the time it gets to the afternoon on a Sunday, people start thinking about getting ready for work or getting children ready for school, so by having it on a Saturday - guests can come and relax into the evening," Maria said.

"Plus, if anyone has to work on a Saturday and miss lunch, they can come afterwards and enjoy dinner."

Festival goers will be able to enjoy mouth-watering moussaka, halloumi cheese, spanakopeta (spinach pie) and pitta wraps. Red and white Greek wine will be available, as well as an assortment of soft drinks.

For the sweet tooth, there will be home-made honey puffs, baklava, shortbread biscuits, Grecian (Turkish) delights and galaktoboureko, which is made with layers of golden-brown crispy phyllo, sprinkled with melted butter and filled with creamy custard.

It's not all about the food though, with plenty of entertainment and cultural activities on offer including music, dancing, church tours and cooking demonstrations.

Guests will be treated to a live band, as well as Greek, Indian, Cypriot and Middle Eastern dancing throughout the day, and music into the night.

Cooking demonstrations will be hosted on-site at the Taigum Child Care Centre.

Maria said a representative from the Asia Minor Greek Historical Society would lead one of the cooking classes, alongside a few other Greek cooking experts.

A gold coin donation will be required on entry and guests will also receive a program for the day. There is plenty of free parking on the church grounds.

Greek Affair and Multicultural Festival
Saturday 12 October, 10am - 8pm
The Parish of St Paraskevi, 241 Church Road,
Taigum.

Melbourne Cup



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WHAT'S *Hot* AROUND TOWN



Above: Jim Hansen and his band at a previous Unplugged.



Left: Death by Carrot (from left) Luna, KC, Cosmik and Satin.

What do you get when food, music and Elvis Presley collide? Hint: the answer isn't deep-fried peanut butter and bacon sandwiches. It's actually the theme of two of the biggest nights of entertainment in Sandgate this month.

Okay, full disclosure, one of the acts is more Black Sabbath than Elvis, but food and music certainly get a nod when the aptly named Death By Carrot brings its unique brand of 'stoner rock' and riffs to Mr Henderson on Saturday 5 October.

KC, from the band, describes the band's music as "groove-based musical style with melody and harmony on top of droning foundations".

"Consider a rock and roll tree. If you look at the branch that came off Black Sabbath meeting the Pink Floyd side of things, we'd like to think we're an offshoot of that.

"We encourage folks to jump into the jams... rappers, didj players, fire twirlers, live art... like our recent Steppenwolf party at the collectively-run gallery, Flow Space. Kade Valja painted live to the riffs; we collaborate and together we evolve."

So where did the name 'Death by Carrot' come from?

"Death By Carrot is a way of analysing the carrot and the stick metaphor."

Now back to Elvis. This month's Unplugged Café, on Friday 4 October, will feature Jim Hansen and his band playing 'Good Rockin' Tonight – The Sun Sessions' with the songs of Elvis Presley, 1954-1956.

Garry Hunt from SANDBAG said the musical line up would include Harvest, performing acoustic, classic tunes from Neil Young, and Jess Martyn on keyboard/vocals playing soulful ballads.

"So there will be dancing towards the end of the night and people are encouraged to 'frock up' in their best rock and roll outfits and join in the fun," he said. "There will be a prize for the best dressed rock and roller. People who are attending for the first time will be surprised by the great community atmosphere and the fantastic local talent on display."

Food will be provided by Agnes Lunani, who has been involved with SANDBAG's Green P Farm and Global Kitchen. She will be cooking some traditional Kenyan Dishes.



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Tips for saving money on purchasing hearing aids

1. Get the facts - Don't buy a hearing aid if you do not need one.

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If you do need a hearing aid, should you get one aid or two? The price for two aids is usually twice the price of one. The nature of the hearing loss eg conductive hearing loss, does not require the most advanced hearing aid features, so choosing high-end technology level hearing aids is a waste of your money, if you don't need it. Very often, a free hearing test does not give you the full picture about your hearing loss. Getting an accurate hearing test is more important than saving money on the hearing test so you do not end up paying more on the hearing aid price.

2. Match to your needs, not what the clinician wants:

ACCC has noticed some clinicians seem to favour the high-end products putting stress and pressure on their clients to respond to their recommendations. Choose an ethical audiologist who gives you options that match your hearing needs. Don't be afraid to seek a second opinion. For example, a 90 year-old man living in a nursing home, hardly able to walk without a walker, does not need a pair of expensive waterproof hearing aids designed for swimming, water sports and outdoor activities. It's a waste of money to buy features which you do not need.

3. Get hearing aids that actually work

Choosing the correct brand and technology level, selecting the correct hearing aid features and style, carefully programming the hearing aid settings, determining the sound quality and ensuring successful outcomes are more important in a hearing aid than how expensive it is. A higher technology hearing aid does not always perform better than a lower technology hearing aid.

4. Are you getting an older model?

As an unsuspecting client, are you purchasing an older model hearing aid? Ask questions. You should not invest in an older hearing aid if a newer, better performing model has already been released.

5. Pricing

ACCC encourages clients to research the price. Don't assume a bigger hearing aid retailer always offers the lowest price. Some hearing clinics quote 30-40% higher for the same products than the prices offered at Sandgate Hearing.

6. Used hearing aids

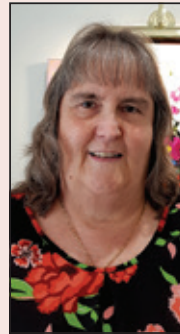
Don't purchase used hearing aids online or wear a deceased family member's or friend's hearing aid. They won't match your hearing levels and it may even harm your hearing. Hearing aids are medical devices. You need to see a professional.

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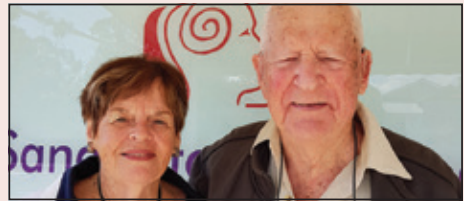
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Theresa White, Stafford



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Barbara & Colin Barker, Kippa Ring

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What's On.

01 TUESDAY

📌 SANDGATE MUSEUM HOLIDAY ACTIVITIES

SANDGATE MUSEUM, 150 RAINBOW STREET, SANDGATE 9AM -12PM

A visit to the Sandgate Historical Museum is the perfect family day out on the school holidays. Play with fascinating toys of yesteryear and take part in intriguing, fun filled games and puzzles. Enjoy amusing, hands-on activities for inquisitive kids and playful parents.

02 WEDNESDAY

📌 SANDGATE MUSEUM HOLIDAY ACTIVITIES

SANDGATE MUSEUM, 150 RAINBOW STREET, SANDGATE 9AM -12PM

A visit to the Sandgate Historical Museum is the perfect family day out on the school holidays. Play with fascinating toys of yesteryear and take part in intriguing, fun filled games and puzzles. Enjoy amusing, hands-on activities for inquisitive kids and playful parents.

📌 TRIVIA

MR HENDERSON 7PM

Trivia with Anthony from Focus Trivia and Comedy is back. Taking place the 1st Wednesday of every month at 7pm. Get some friends together and come down for a great night full of laughs and fun - Prizes, Pizza Specials, Craft beer, cocktails and of course the trivia host with the most- Anthony!!!

03 THURSDAY

📌 SANDGATE MUSEUM HOLIDAY ACTIVITIES

SANDGATE MUSEUM, 150 RAINBOW STREET, SANDGATE 9AM -12PM

A visit to the Sandgate Historical Museum is the perfect family day out on the school holidays. Play with fascinating toys of yesteryear and take part in intriguing, fun filled games and puzzles. Enjoy amusing, hands-on activities for inquisitive kids and playful parents.

📌 LITTLE MERMAID KIDS HOLIDAY CLASS

SANDBAG COMMUNITY HALL, 153 RAINBOW STREET SANDGATE 10AM -12PM

Paint with your kids or bring them along with their bestie for a school holiday Little Mermaid inspired class. Snacks, tea and coffee provided. Book: <https://www.apaintersdream.com/events/kids-workshop-little-mermaid>

🎵 OPEN MIC CARDIGAN BAR 7PM

04 FRIDAY



🎵 DANNY MOSE

SANDGATE POST OFFICE HOTEL 6PM

🎵 JOHN MCINNES

BRIGHTON BOWLS CLUB 6:30PM

🔌 UNPLUGGED CAFE

SANDGATE COMMUNITY
CENTRE 7PM -10PM

Bring your family and friends and enjoy
a night of outstanding music from local
musicians in a relaxed atmosphere.

🎵 CHRIS STEVENSON

FULL MOON HOTEL 8PM

🎵 MIKE LING & BEV DITTBERNER

CARDIGAN BAR 8PM

05 SATURDAY

★ CALLING ALL POTTERHEADS *p44*

THE COFFEE CLUB SANDGATE 5:30PM

🎵 THE MULHOONS

SANDGATE POST OFFICE HOTEL 7PM

🎵 LET THERE BE DRUMS - DAZ PODLICH

CARDIGAN BAR 7PM

🎵 MUSIC BY THE SEA - JEFF LANG

SANDGATE TOWN HALL 7:30PM

🎵 DAVE ORR

FULL MOON HOTEL 8PM

🎵 DEATH BY CARROT

MR HENDERSON 8PM

06 SUNDAY

★ MEANDERING MUDFLATS TOUR *p16*

FROM LOWER MOORA CARPARK 9AM

🎵 DREAM TIME KARAOKE

BRIGHTON BOWLS CLUB 1PM

★ WATER & WIND SUNDAY SOCIAL RACES *p44*

SANDGATE BEACH 1PM

★ CATCH A FISH WHILE CATCHING TIME *p44*

LOWER MOORA PARK, SHORNCLIFFE 2PM

🎵 FLATLINERS

SANDGATE POST OFFICE HOTEL 2PM

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🎵 **BEN STEWART DUO**
FULL MOON HOTEL 2PM

🎵 **HAYLEY MARSTEN**
MR HENDERSON 4PM

🎵 **ROCK AND ROLL SUNDAY**
W/- WEST TEXAS CRUDE
CARDIGAN BAR 4PM



10 THURSDAY

★ **ART LOVERS GO POTTY**
FOR EXPRESSIONS p9
SANDGATE TOWN HALL 6PM

🎵 **OPEN MIC**
CARDIGAN BAR 7PM

11 FRIDAY



★ **ART LOVERS GO POTTY**
FOR EXPRESSIONS p9
SANDGATE TOWN HALL 9AM

🎵 **KICKBACK**
BRIGHTON BOWLS CLUB 6:30PM

🎵 **DARCY**
SANDGATE POST OFFICE HOTEL 6:30PM

🎵 **DIVERSIONS**
CARDIGAN BAR 8PM

🎵 **ANDY SMITH**
FULL MOON HOTEL 8PM

12 SATURDAY

🎵 **FEEL THE POWER OF DRUMMING**
ARTRAGEOUS COMMUNITY
ARTS CENTRE 9AM

🔨 **GREEK AFFAIR MULTICULTURAL**
FESTIVAL p32
ST PARASKEVI PARISH GROUNDS
241 CHURCH ROAD TAIGUM FROM 10AM

★ **ART LOVERS GO POTTY**
FOR EXPRESSIONS p9
SANDGATE TOWN HALL 9AM

★ **BLULLDOGS GALA DAY** p14
WAKEFIELD PARK 2PM

🎵 **BLARNEY STONE**
CARDIGAN BAR 3PM

🎵 **ASA BROOMHALL AT CARDIGAN BAR**
CARDIGAN BAR 7PM



🎵 **TOM ROBERTS**
FULL MOON HOTEL 8PM

🎵 **THE LAZY HYENA**
MR HENDERSON 8PM

🎵 **ASA BROOMHALL AT CARDIGAN BAR**
CARDIGAN BAR 8PM

13 SUNDAY

🎵 **WOLF DUO**
FULL MOON HOTEL 2PM

🔨 **ROMANCE IN PARIS PAINTING CLASS**
SANDBAG COMMUNITY HALL, 153
RAINBOW STREET SANDGATE 2PM - 4PM

Explore your colour use with this Paris inspired painting class. Book: www.apaintersdream.com/events/romance-in-paris

🎵 **DARYL JAMES**

SANDGATE POST OFFICE HOTEL 2PM

🎵 **MAGPIE SEASON**

MR HENDERSON 4PM

🎵 **NICOLE CANAWAY**

CARDIGAN BAR 4PM



14 MONDAY

🌕 **FULL MOON**

MOON RISING 6:12PM



17 THURSDAY

🎵 **OPEN MIC**

CARDIGAN BAR 7PM

18 FRIDAY



🎵 **SEAN JACKSON**

SANDGATE POST OFFICE HOTEL 6PM

🎵 **ROMIO & JULIETTE**

BRIGHTON BOWLS CLUB 6:30PM

🎵 **CHRIS RAMSAY**

FULL MOON HOTEL 8PM

🎵 **CHEV WILSON**

CARDIGAN BAR 8PM



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19 SATURDAY

🎵 **FUSION X**
CARDIGAN BAR 8AM

★ **KIDS' CLASSIC SHAKESPEARE
STORYTIME** *p20*
SANDGATE LIBRARY 10:30AM

🎵 **SCARLETT GUNNER**
SANDGATE POST OFFICE HOTEL 6:30PM

★ **THE JANE AUSTIN BALL** *p44*
SANDGATE TOWN HALL 7PM

🎵 **PEKO**
FULL MOON HOTEL 8PM

20 SUNDAY

★ **POSTCARDS FROM A
MUSICAL HOLIDAY** *p44*
SANDGATE TOWN HALL 1PM

★ **SHAKESPEARE BY THE BAY** *p20*
EINBUNPIN LAGOON, SANDGATE 1PM

🎵 **PHUZZ DUO**
SANDGATE POST OFFICE HOTEL 2PM

🎵 **WILL DAY DUO**
FULL MOON HOTEL 2PM

🎵 **ZEKE FOSTER**
MR HENDERSON 4PM

🎵 **TAYLOR WILTON**
CARDIGAN BAR 4PM

23 WEDNESDAY

🎵 **SOCIAL BEER CLUB
EVENT - BLACK HOPS**
CARDIGAN BAR 7PM

24 THURSDAY

🎵 **OPEN MIC**
Cardigan Bar 7pm

25 FRIDAY



🎵 **MULHOONS BAND**
BRIGHTON BOWLS CLUB 6:30PM

🎵 **STATE OF APPALACHIA**
SANDGATE POST OFFICE HOTEL 7PM

🎵 **RYAN MUNRO**
CARDIGAN BAR 7:30PM

🎵 **JOSH LINCOLN**
FULL MOON HOTEL 8PM

26 SATURDAY

🎵 **OLD SCHOOL R N B DANCE PARTY**
CARDIGAN BAR 7:30PM

🎵 **SCARLETT GUNNER**
MR HENDERSON 8PM

🎵 **DARREN LAWRENCE**
FULL MOON HOTEL 8PM

27 SUNDAY

🦋 **BIRDS OF DOWSE LAGOON**
MEET AT CAR PARK NEXT TO SCOUT HALL,
BRIGHTON ROAD, SANDGATE 7:30AM

Bring your binoculars to see how many
different birds you can spot. Guided



walk finishes at the site where 900+ native plants were planted in 2018.

🚧 **WALK FOR PREMS**

ARTHUR DAVIS PARK, FLINDERS PARADE, SANDGATE. 8:30AM - 12:30PM

Walk around the park and foreshore. Bring a picnic & enjoy the kids entertainment. Tickets via walkforprems.org.au

★ **HYPE ABOUT HEMP** p28
HIGH VIBE COLLECTIVE MARKETS 9AM

★ **SWING-ALICIOUS HITS**
MCPHERSON PARK p6
MCPHERSON PARK 9AM

🚧 **BOOBS & BUBBLY BRUNCH**
MR HENDERSON, 69 BRIGHTON RD, SANDGATE 10:30AM - 12PM

In support of Breast Cancer Awareness Month and the Cancer Council. Tickets via eventbrite.com.au

🎵 **THE SESSION BAND - 50'S SWING**
FULL MOON HOTEL 2PM

🎵 **THE DIVERSIONS**
SANDGATE POST OFFICE HOTEL 2PM

30 WEDNESDAY

🎵 **GIN TASTING - REFER F/BOOK PAGE**
CARDIGAN BAR 7PM

31 THURSDAY

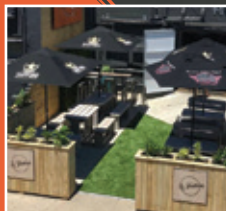
★ **SANDGATE'S OWN HALLOWEEN SPOOKTACULAR** p10
107 CLAYTON ST, SANDGATE 3:30PM

🎵 **OPEN MIC**
CARDIGAN BAR 7PM

★ **HAPPY HALLOWEEN!!!** p11

We have scoured the Bayside for details of spooky and scariest places for trick or treating and Halloween-related celebrations.

Mr Henderson.



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- > Cocktails
- > Beer Garden
- > Live Music
- > Food Trucks
- > Functions

Hours

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Friday: 2pm-late

Sat-Sun: 12pm-late

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Normally \$14.99



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Normally \$18.99



Grant Burge 5th Generation Pinot Gris & Chardonnay

2 for \$30
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Normally \$19.99



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Lagoon St, Sandgate
PH (07) 32698160

BOTTLERMART FULL MOON HOTEL
118 Eagle Terrace, Shorncliffe
PH (07) 3269 0083

BOTTLERMART SANDGATE
shop 1, 51 Brighton Rd,
Sandgate
PH (07) 3269 0890

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Bottlemart



Catch a fish while catching time

Story *Brooke Jacobson*

Northside kids are being encouraged to take their grandparents fishing at the Fish Wise GOLD'n'Kids event at Lower Moora Park, Shorncliffe, in October.

Run by 2 Bent Rods, the event is aimed at getting the younger and older generations together, to enjoy some time in the great outdoors.

Owner of 2 Bent Rods, Sam Beckman, said it was a popular outing.

"First off, there'll be a safety briefing and we talk about the kind of animals they might see around the Shorncliffe Pier, including stonefish and stingrays," Sam said.

"We also teach them how to catch their own bait – we go pumping for yabbies – and then we help everyone bait their hooks and cast their lines."

Sam added the event was about more than just fishing.

"Kids get a great deal out of it and they don't actually realise they're learning at the same time," she said.

"They need to get outside and connect with nature more... and it's a great way for the generations to connect as well."

The event is free, but people are asked to register via www.2bentrods.com.au or search for 2 Bent Rods on Facebook.

**The GOLD'n'Kids fishing event
Sunday 6 October, 2pm-5pm
Lower Moora Park, Shorncliffe**

Calling all Potterheads

Story *Sally Gordon*

Do you know your alohomoras from your sectumsempraspas? Or are you familiar with Quirinus Quirrell and his ally Lord Voldemort?

If you love the magic and mystery of Harry Potter then put Saturday 5 October in your diary – because The Coffee Club Sandgate is hosting a Harry Potter Trivia Night.

Dressing up as your favourite character is highly encouraged, as is table decorating.

Trivia fans can expect a specially themed menu for the night with the likes of coloured pizzas, to match each of the four Hogwarts School of Witchcraft and Wizardry House colours, alcoholic and non-alcoholic butterbeer, an assortment of cocktails and loaded shakes with exquisite toppings.

Owner of The Coffee Club Sandgate, Jeanine Berry, said prizes included a \$50 in-store voucher for the winner of the trivia night, plus prizes for trivia buffs who fly in second and third. The best-dressed guest and best-decorated table will also receive prizes.

"This will be our third Harry Potter trivia event...People just absolutely love it...[it's] a great night out for the family," Jeanine said.

It's free to attend with food available for purchase. Bookings are essential via The Coffee Club Sandgate on 07 3869 4688 or email jeanine@coffeeklubsandgate.com.au

**Harry Potter Trivia Night
Saturday 5 October
5.30-8.30pm
The Coffee Club Sandgate
11/6 Bowser Parade, Sandgate**

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Local DINING GUIDE



Baaia Grab n Go owner, Karen Broadhurst.

One Good Baaia Deserves Another

Story Emma Harley Photos Ben McShea

Everybody needs good neighbours, and one of Sandgate waterfront's most popular eateries is embracing the mantra quite literally.

Baaia, the bustling cafe that has become a favourite for locals and day-trippers, has expanded its footprint to take on the space next door with its offshoot, Baaia Grab n Go.

Owner, Karen Broadhurst, said when the opportunity arose to take over the shop next door, she jumped at it.

"The opportunity came up to take over the shop next door and we wanted an alternate to the existing Baaia," she said.

"We are so busy on weekends with takeaways that the dine-in customers are often left waiting for coffees. Now there is no waiting or congestion.

"There's totally separate food and coffee machine but the same great coffee and amazing staff. You can still order a takeaway coffee from the existing cafe and pick it up next door."

Just because it's designed to be a quickfire version of the original doesn't mean there's any less choice on the menu, with a great range of takeaway items perfect for a cracking waterfront picnic.

"We have Baaia Bowls, amazing salad bowls with your choice of chicken, salmon or tofu, and Bagel Boys bagels and toasted wraps with five different fillings to choose from," she said.

"We have smoothies designed for various tastes and dietary requirements. Our wraps and bagels are also available gluten free. We also have cakes and breads, everything is takeaway and served with biodegradable utensils.

"We even offer picnic blankets to borrow to take to the waterfront."

It appears the grab and go nature of things has resonated, with Karen reporting that the feedback has been overwhelmingly positive.

"We've had really positive feedback, but we really invite customers to tell us what they want as well," she said.

"The community has been amazing, we have met so many people since moving here and they are all so supportive of our business."

You can find out more about both venues at the Baaia Facebook page.

Baaia Grab n Go
94 Flinders Parade
Sandgate
P 3269 7510



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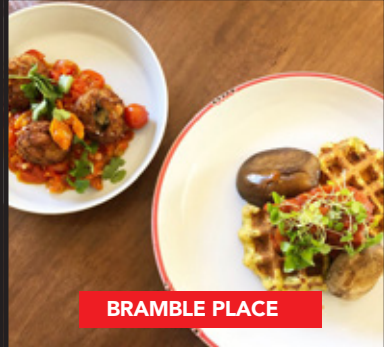
Local Dining Guide



BAAIA



BRACKEN RIDGE TAVERN



BRAMBLE PLACE



94 Flinders Pde, Sandgate
Foreshore

Modern Australian

3269 7510

BAAIA

Feature: Creative, fresh, seasonal food, coffee and homemade cakes on the water front. Open for coffee, breakfast, lunch and snacks from 7am. Eat in or take away. Dog friendly.

Tapas and Live music Sundays 2-4pm. Fully licensed.



154 Barrett St, Bracken Ridge

Ribs, Surf & Turf, & Steak

3269 7011

BRACKEN RIDGE TAVERN

Feature: Panama Jack's Restaurant has a wide variety of meals to suit all tastes, including gluten free dishes. Our signature dishes: PJ'S Ribs, Surf & Turf, and Steak & Rib Combo are legendary.



1 Loudon Street, Sandgate

Cafe

0435 427 174

BRAMBLE PLACE

Feature: Bramble Place is a cosy café with indoor seating located across from the Sandgate town hall. New breakfast, lunch and dinner menus offer delicious everyday options as well as daily specials. Fully licensed.

Breakfast: Tue 7:00am – 11:30am, Breakfast and Lunch: Mon, Wed-Fri 7:00am – 3:00pm, Sat 7:30am – 3:00pm, Sun 7:30am – 2:00pm, Dinner: Fri-Sat from 5:30pm

Local Dining Guide



CHARLIE'S AT BRIGHTON HOTEL



COFFEE WARDEN



COOL BEANS CAFE



196 Brighton Tce, Brighton

Family Bistro

3051 7646

BRIGHTON HOTEL

Feature: 1950s style family bistro, and home of the \$10 roast, the Brighton Hotel strives to offer the best service and value in town. Offering home cooked style meals at great prices! From a Traditional Roast to Fisherman's Basket or a Succulent Lamb Shank, there is something for every member of the family.



74 Ward St, Brighton

Café

0424 420 863

COFFEE WARDEN

Feature: We serve top quality coffee prepared using Lavazza's classiest coffee beans. We also take pride in providing excellent customer service. Our customers always feel welcomed and enjoy the atmosphere of our small Cafe where they can meet friends and other locals.

Hours: Monday to Thursday : 5am – 2pm
Friday to Sunday : 5am – 1pm



Shop 12 / 353

Beaconsfield Terrace, Brighton

Café

3269 1964

COOL BEANS CAFE

Feature: Cool Beans Cafe now open. Located walking distance to Brighton foreshore, Cool Beans Cafe offers great value all day Breakfast and Lunch menu, fresh juices, fine quality Tea and DiBella coffee. Gluten free options are available. Open 7 days a week from 6am, indoor seating, wheelchair accessible and pets welcome.

Local Dining Guide



CYPHER COFFEE



MOMENT BISCUITS



POST OFFICE HOTEL



6 Knox Street, Sandgate

Coffee Shop

0403 373 875

CYPHER COFFEE

Feature: Cypher Coffee tucked away right next to Sandgate train station.

Discover our selection of toasties, sweet treats & specialty 'Bear Bones' coffee. Dedicated kids area, pet friendly and service with a smile!

Present Seniors Card between 10am-1pm weekdays for 10% discount. Open 7 days 5.30am - 1pm.



8 Queens Parade, Brighton

Coffee Shop

0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European style boutique biscuit shop, only a short walk from the Brighton foreshore. Pop in weekdays from 5:30am to 11:30am for freshly baked treats, loose leaf teas & smooth Italian coffee. Now also open Saturdays & Sundays from 7-11am!

Follow us on Facebook for the latest promotions.



1 Bowser Parade, Sandgate

Hotel

3869 0606

SANDGATE POST OFFICE HOTEL

Feature: The Sandgate Post Office Hotel, family friendly pub with all day menu, child's playground and drinks for all occasions. With our beautiful Chandelier room also available for functions hire, come check us out.

Head to our website for more information
www.sandgatepostofficehotel.com.au



SUCCULENT MARKET CAFE



THE WIRED OWL COFFEE CO



THE WITCHIN' KITCHEN



2270 Sandgate Rd, Boondall

Café

0478 747 862

SUCCULENT MARKET CAFE

Feature: At Succulent Market Cafe you will find that distinctive flavour that only house-made can offer. Most of our menu items are made from scratch, with lots of love and passion. Come and try the difference.

Open: Monday to Saturday 7 AM to 3 PM serving Breakfast and Lunch.



227 Rainbow St, Shorncliffe

Specialty Coffee House

0413 849 814

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of Single Origin coffees. Tantalising treats and teas are also on the menu.



227 Rainbow St, Sandgate

Café

3269 6970

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Open Tuesday-Sunday, 6:30-2pm.

Festival Made for Kids



Story Jodie Woodward Photo MBRIT

It's time for kids and families to prepare themselves for a day of fun, excitement, and adventure. Moreton Kids Festival is returning to Strathpine this year and promises to be just as exciting as ever.

Chairman of Moreton Bay Region Industry and Tourism, Shane Newcombe, said the event was run in conjunction with Moreton Bay Regional Council to create a low-cost event for families with young children.

"We are very excited for the third year of Moreton Kids Festival and are looking forward to having families come together for a full day of family fun that won't break the bank," Mr Newcombe said.

The festival features five interactive worlds for kids to explore, including Green Kids, Active Kids, Fun Kids, Creative Kids and a new world for this year – Innovative Kids. Here, children can engage in virtual reality, robotics activities and augmented reality. There's a range of activities on hand in each world, as well as roving performers, markets, food trucks, and live stage shows.

"This year we have not one, but two hit stage shows on the Strathpine Centre Main Stage

– Elmo and Cookie Monster, and Spider-Man Appreciation Day," Mr Newcombe said.

One of the highlights of the event will be the free amusement rides for kids running all day long in the Brisbane Kids Fun Zone. Another will be the NERF Battle Zone where kids can work their way through obstacles, test their aim at target practice and is "guaranteed fun for everyone."

If you're attending the event for the first time this year, you may like to rest up beforehand. "There is so much to see and do at Moreton Kids Festival, we recommend getting a good night's sleep the night before so everyone in the family can be ready to have a full day of fun," Mr Newcombe said.

To view the full program and book tickets to the event visit www.moretonkidsfestival.com.au

Moreton Kids Festival

Sunday 13 October, 9am-4pm
Pine Rivers Park, Strathpine
\$10 Adults, \$5 children,
\$25 family pass

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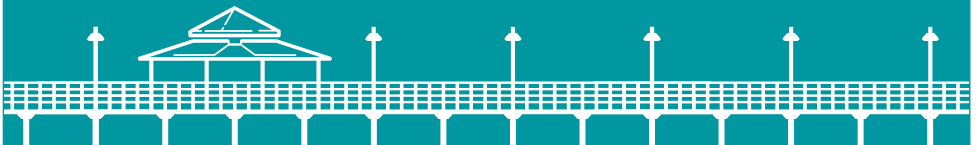
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Dolphins

The Bay's Spirited Seafarers

Story **Leanne Palmer**

Moreton Bay is home to a number of dolphin species, with two residing within its waters all year round—The Australian Humpback Dolphin (*Sousa sahalensis*), and the Indo-Pacific Bottlenose Dolphin (*Tursiops aduncus*). They are similar in length and weight, but quite different in their behaviour.

The Australian Humpback Dolphin is listed as a vulnerable species by the International Union for Conservation of Nature (IUCN), and is more restricted in its distribution. Numbers are estimated at only a few thousand individuals in total. Despite high human population densities nearby, in booming South East Queensland, Moreton Bay remains a stronghold for them, relatively speaking.

They are considered an 'inshore' species, preferring shallow water such as bays and river mouths. This preference puts them at greater risk of human activities. Shy and elusive by nature, their main threats are habitat loss and degradation, boating accidents and becoming entrapped in commercial fishing nets.

The Indo-Pacific Bottlenose Dolphin has a much wider distribution, right up into South East Asia, and the coast of east Africa, although insufficient

data is available to determine their conservation status. This is the species most frequently seen in captivity because of their ability to form bonds with humans and to be trained. They're also the ones you've probably seen riding the waves on surf beaches.

Not nearly as shy, and instinctively curious, they can be quite bold. They may come to investigate swimmers, kayakers and paddlers, or swim alongside boats, and are regularly spotted near the Redcliffe Pier and around Scarborough.

They are a delight to watch: relaxed yet nimble in their movements, aware of our presence, yet trusting in their safety, and instantly capable of bursts of speed to escape danger or to catch their prey.

Dolphin/human interactions have taken various forms throughout history, and in different parts of the world. In certain places they had an almost mythical status, and have captured our imaginations for millennia. Elsewhere they have been, and to some extent still are, an important part of the diets of many cultures.

They are undoubtedly intelligent, inquisitive, playful and complex creatures. Although they are quite well-researched, we still have so much to learn about them.



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Dell and Narda were among the seniors who enjoyed an afternoon tea and an introduction to the project.



Interactive Display Taps into Sandgate's History.

Story **Sally Gordon** Photo **Paul Neil**

A new creative project, set to bring the history of Sandgate to life through an interactive audio-visual display, is gaining momentum, as well as keen engagement from 4017 locals.

The community project, Sandgate: Voices from the Past, is the brainchild of local creative agency director, Catherine Cox. It will draw on the memories of people, with connections to the bayside town, from the 1920s to the 1950s.

The initiative proposes capturing the area's rich history through video interviews that will be displayed on an interactive touchscreen display.

Catherine said she had been thinking about producing a video about Sandgate's history for some time and that following a meeting with one of Sandgate's long-time locals, 105-year-old Lynda Paddon, the professional film producer felt compelled to move on the idea.

"The vision is to capture first-hand the history of the area using a series of video interviews with a

group of between 10 to 15 people," Catherine said. "We're looking to interweave the stories into key themes for the touchscreen display.

"The interviewees could be talking on a range of topics, such as what it was like to live in Sandgate during the war, or during the depression; the beach culture, or cinemas. It's about bringing these stories to life for people."

The interactive display is proposed to be built into a 1.8m high replica of the Hornibrook Bridge.

Catherine has teamed up with Sandgate and District Historical Society president, Pam Verney, and a documentary consultant to determine the scope of the project.

They recently made a detailed submission to the Brisbane City Council, for a history grant to fund the project. The Historical Society will find out in December 2019, if the submission was successful.

Regardless of the funding outcome, the initiative is already gaining pace. Project leaders recently hosted a joyful morning tea at the Historical Society, which was the project's first community engagement event.

Catherine is urging people, who have stories about Sandgate from the 1920s to 1950s, or who had business, family or social connections to the area during that time, to contact her at Abintra Creations - catherine@abintra.com.au or ph. 0402 341 614.



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Bites



Would you like to contribute to Bramble Bites?

Is there something happening in the 4017 community you'd like to share? What are you talking about on social media or at the school gate? Email Brooke to be included in the next Bramble Bites at: brookecjacobson@gmail.com

Story Brooke Jacobson

4017 GOING WILD

The wildlife in the Sandgate area seems to get wilder by the minute. One animal resident even now has his own Facebook page! Ziggy the black pig – often spotted on the Shorncliffe foreshore – is going viral on social media. Check out 'Ziggy Thepiggy' on Facebook to keep up with his latest adventures – how long can he stay a free pig?

Brisbane Backyard Bees found national and international media fame recently after removing a giant beehive from the ceiling of a Bracken Ridge home. More than 60,000 bees were discovered making their home in Laurel Loosham's ceiling. The hive was relocated and Ms Loosham became the lucky owner of 50kg of honey.

A family of ducks have made their home at the Sandgate Aquatic Centre. The ducklings have been spotted paddling around in the outside pool, prompting a Facebook post from the aquatic centre, which noted the birds must be "getting some tips from our learn to swim lessons".

LOCAL P&C WINS TOP AWARD

The Sandgate State School P&C was recently named the Band 8 P&C of the Year at the Queensland P&C of the Year awards. President, Kane Jacobson, attended the awards and accepted a trophy and a cheque for \$1500. Mr Jacobson said it was a team effort. "While this is titled a P&C of the year award, this award is the culmination of years of hard work," he said. "Thank you to everyone who has volunteered, written a grant application, sold a raffle ticket, bought a raffle ticket, turned up to a P&C meeting, shared an idea or attended an event.

"Whether we had won this award or not, it doesn't change that we are, and have been, achieving great things for our community and making a difference to the children in that community."

DOG BAITING CONCERNS

There have been a number of incidences of dog baiting across Brisbane, including some suspected cases on the northside. Police are investigating and Brisbane City Council has increased patrols in and around dog parks. Vets have said that if your dog displays any of the following symptoms, seek medical attention for them immediately:

- Excessive or unusual drooling
- Shaking
- Vomiting
- Loss of appetite
- Lethargy
- Difficulty breathing
- Irregular heartbeat.

Community members are asked to report any suspicious incidents immediately to police and council. You can contact CrimeStoppers on 1800 333 000.

MOSQUITO SPRAYING

It's been a hot start to spring and council have already started spraying for mosquitoes. Deagon Ward councillor, Jared Cassidy, posted on his Facebook page earlier that "aerial spraying will start over the Tinchi Tamba Wetlands, across Boondall and then further on, to the airport". Cr Cassidy also said he would be asking for regular briefings from council to keep on top of the ground spraying program.

TRAFFIC CALMING FOR BOONDALL


Residents in the Lyndhurst Road, Normanhurst Road and Aberdeen Parade area of Boondall were recently sent a survey from council, asking their opinions on the proposed traffic calming in those areas. Many residents have expressed concerns about the speed of drivers travelling on Lyndhurst Road, particularly in the hours when school children are about; and also the number of drivers who cut corners and speed along Aberdeen Parade near North Boondall and Boondall train stations. Traffic calming options could include speed bumps. For more information, contact Cr Jared Cassidy's office.



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Time m	Time m	Time m	Time m
1 0513 0.18 1120 2.35 TU 1740 0.34 2328 2.18	9 0055 0.60 0643 1.68 WE 1233 0.66 1857 2.12	17 0510 0.38 1128 2.21 TH 1748 0.60 2325 1.84	25 0111 0.36 0704 1.99 FR 1308 0.41 1918 2.40
2 0549 0.26 1205 2.32 WE 1828 0.48	10 0135 0.51 0725 1.82 TH 1322 0.58 1938 2.17	18 0541 0.43 1207 2.19 FR 1828 0.67	26 0201 0.25 0756 2.16 SA 1407 0.33 2008 2.41
3 0010 1.96 0624 0.36 TH 1252 2.24 1921 0.63	11 0211 0.44 0801 1.93 FR 1404 0.51 2015 2.19	19 0003 1.72 0615 0.50 SA 1250 2.15 1918 0.74	27 0245 0.18 0844 2.30 SU 1501 0.29 2054 2.36
4 0055 1.74 0702 0.49 FR 1343 2.15 2023 0.76	12 0243 0.39 0836 2.02 SA 1443 0.47 2048 2.19	20 0051 1.61 0659 0.58 SU 1344 2.11 2023 0.78	28 0325 0.15 0929 2.40 MO 1552 0.29 ● 2138 2.27
5 0149 1.55 0747 0.62 SA 1443 2.05 2141 0.82	13 0314 0.35 0909 2.10 SU 1520 0.45 2119 2.17	21 0158 1.52 0801 0.66 MO 1453 2.10 ● 2146 0.75	29 0402 0.16 1013 2.46 TU 1640 0.34 2221 2.13
6 0305 1.44 0849 0.73 SU 1554 2.00 ● 2301 0.79	14 0344 0.33 0943 2.16 MO 1557 0.46 ○ 2150 2.12	22 0329 1.51 0924 0.68 TU 1609 2.15 2307 0.64	30 0437 0.20 1057 2.47 WE 1728 0.42 2303 1.97
7 0437 1.44 1012 0.78 MO 1707 2.01	15 0413 0.32 1017 2.20 TU 1633 0.48 2221 2.05	23 0457 1.62 1048 0.62 WE 1720 2.24	31 0512 0.28 1141 2.43 TH 1816 0.53 2346 1.80
8 0006 0.70 0549 1.55 TU 1131 0.74 1807 2.06	16 0442 0.34 1052 2.22 WE 1710 0.53 2251 1.95	24 0014 0.50 0607 1.80 TH 1202 0.52 1823 2.34	



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So should we be worried? It's true that a couple of cities in the world have put a hold on making 5G available to its citizens pending further research. This includes Brussels, after protests from people who have concerns about the use of ultra high radio frequencies.

Here's a snapshot summary of the science: 5G uses ultra high frequency radio waves to transmit data. The higher frequency means more data can be carried, but the technology has less ability to pass through objects such as buildings, which is why a greater number of transmitters is required around our neighbourhoods.

People's concerns are around the fear of a type of electromagnetic radiation, which can damage atoms and create ions. This is called 'ionising radiation', and is known to cause cancer.

Scientists believe that the 5G radio frequencies exist on the spectrum of electromagnetic radiation that is 'non-ionising', meaning that, in theory, it does not damage atoms. Other frequencies in this range are already used in microwaves, TV's, FM radio and all existing mobile phones.

The people, who are worried about 5G, believe that this level of radiation may still be harmful to humans, and that a cautious approach may be more prudent in the implementation of large-scale projects that use the new technology. They worry about elements of the technology, which may affect children and old people particularly, such as cancer.

Some concerns also exist about the overall thermal impact of the large-scale use of 5G radio waves on the environment.

While the science community continues to research and develop the use of electromagnetic radiation in communication technologies, it's always a good idea to do your own research and draw your own conclusions on how these new technologies may affect you.

Future Waves

Story Philip Woods

Our communication platforms are expanding again and we are about to receive access to the latest 5G network, which promises download speeds of up to 1 gigabyte per second.

5G is currently rolling out across the country and many regions of Brisbane already have access to the super-fast network, with plans to have Sandgate online soon. Still, many people are worried about the possible effects on humans.



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In the party mood (from left) Vicki Kerkow, Ann Duggan, Susan Hale and Kerry Fiske, all from the Redcliffe Art Society, outside the Old Fire Station.

Story Donna Roberts Photo Ben McShea

The Old Fire Station will be 'ablaze' with action in November to celebrate its 70th birthday.

Kathy Collier from Redcliffe Art Society shared some interesting history of the notable structure.

"The construction of this building responded to the growing population's interdependence on the land, once seen only as a tourist destination," Kathy said.

"Post WWII, the community was in need of its own fire station to protect the needs of the local community."

The construction of the red brick building was completed in 1949 at a cost of 11,000 pounds.



This iconic building stands proud, tall, and midway on the highpoint of the Peninsula's earliest main road between Scarborough and Woody Point," Kathy said.

Redcliffe Art Society [RAS] moved into the Old Fire Station Art Hub in February 2015, and has continued to breathe new life into the old space, with over 400 members and 17 weekly studio art classes.

RAS also manages the Old Fire Station Art Gallery and Gallery Shop in the refurbished Redcliffe Fire Station.

On the same site, the Redcliffe Pottery Group has pottery studios, kiln, and display space.

The Redcliffe Art Society, with the support of the Redcliffe Pottery Group and Moreton Bay Regional Council will be welcoming residents and visitors to the 70th birthday event.

"There will be a barbecue providing food, and drinks will be available too," Kathy said.

"Members of both the art and pottery groups will provide demonstrations during the event and the Gallery and Gallery Shop will be open.

"Fire Station themed art from local primary school children will also be on display."

A fire engine and firemen from Kippa-Ring Fire Station will visit during the afternoon and evening, as well as the SES and volunteer Marine Rescue.

Fire Station memorabilia and historic photos will be on display, with some historic costumes available for photographic opportunities.

Bring the whole family down for this celebration of one of the Peninsula's most iconic landmarks!

Old Fire Station 70th Birthday

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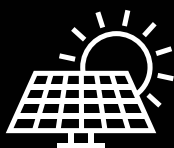


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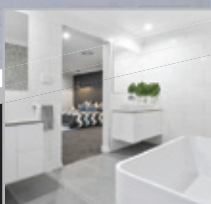


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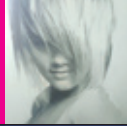
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