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GUIDE

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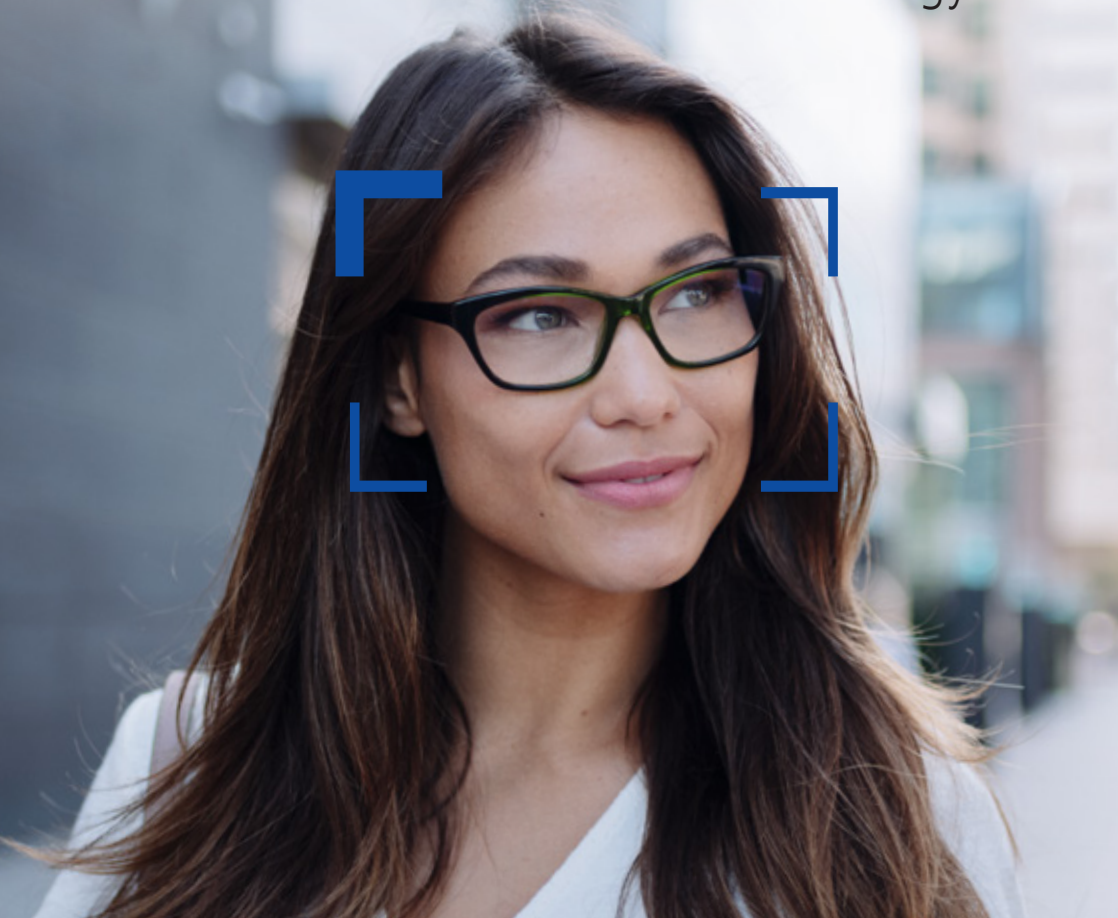
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Contents

- 6 **YEAH! YOUNG TALENT UNPLUGGED**
Get ready for a supercharged night of music and raw talent with up-and-coming musicians.
- 10 **ROOSTERS NEGOTIATE LEAGUE PATHWAY**
The Brighton Roosters get new affiliation with the Redcliffe Dolphins, where they'll field BRLA Grade and Reserve Grade sides.
- 18 **MEET THE CANDIDATES**
Hear from Deagon Ward and Bracken Ridge Ward candidates in their own words.
- 26 **HARMONY & WELL-BEING FAIR**
Explore your spiritual side in one of Sandgate's most picturesque settings.
- 28 **DINING GUIDE: ALL FIRED UP**
Baysiders can now experience the thrill of the teppanyaki grill right on their doorstep.
- 40 **MEET GENRE-JUMPING ELLA FENCE**
Ella Fence loves to explore and experiment as she creates music that crosses genres.
- 44 **MARCH WHAT'S ON**
Calendar of Gigs, Events and Notices.
- 81 **MARCH TIDE TIMES**

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From left, Garry Hunt, Frank Frikker and Josh Culross.

YEAH! YOUNG TALENT UNPLUGGED

Story *Sally Gordon* Photo *Pete Johnson*

Get ready for a supercharged night of music and raw talent when up-and-coming musicians from around the area perform at a special Unplugged Café youth event at SANDBAG.

A monthly musical staple in Sandgate for the past decade, Unplugged Café is held on the first Friday of each month at the SANDBAG community centre. For a small fee, locals can enjoy live music and relaxed vibes.

To celebrate Youth Week (1-9 April), SANDBAG has organised a special Unplugged event on 3 April that will showcase young talent in the area. The night will feature performers and musical acts from the northside of Brisbane, with performers aged 12 to 24.

Neighbourhoods and Community Program Coordinator at SANDBAG Erin Williams said guests could expect a great night of live music and fresh new talent.

"There'll be a variety of music genres on the night including blues, rock, folk and everything in between," Erin said.

"The idea for the night is in keeping with the theme of Youth Week this year, 'Yeah the Youth',

which we've interpreted as one that celebrates what young people have to offer.

"We want to give young people a chance to showcase their unique talents and skills."

Erin said that during Youth Week, SANDBAG also would be running a number of workshops and offering mentoring opportunities for young musicians.

"These may include the same musicians that performed at the special youth Unplugged event, but also will be open to other local young musicians," she said.

"Workshops will be facilitated by established musicians and cover topics such as songwriting, music and technology, and tips on breaking into the music industry."

Erin said details for the workshops and mentoring opportunities would be released closer to the event.

For performers or bands interested in playing on the night, contact Erin on 07 3869 3244 or email ewilliams@sandbag.org.au

Entry on the night is \$3 for concession, \$6 for non-concession. Meals are available for \$10 and dessert for \$5. Drinks are also available.

SANDBAG's Unplugged Café - Youth Week Event
Friday 3 April - 6.30pm for a 7pm start
153 Rainbow Street, Sandgate



ANITA EAST

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As a Nurse Practitioner of cosmetic injectables and aesthetic medicine, Anita East, BSc, MA, MSN, has now performed more than 18,000 treatments on people worldwide. Anita is a resident writer for The Cosmetic Surgery Magazine and is often called upon to present at cosmetic medicine conferences throughout Australia.

On originally developing a foundation in cardiac medicine, Anita decided to move to the UK and follow her dream of performing and the arts. Alongside furthering her career in cardiac medicine and dermatology, she studied and sang with English National Opera and completed a Master of Acting at Central School of Speech and Drama. Anita worked as a TV presenter for Sky Sports and the BBC, and did acting stints in The Bill, Neighbours and Offspring. She performed in various films, TV commercials and West End theatre productions.

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It was actually on a filmset 15 years ago that saw Anita in the hair and makeup department overhearing a tense conversation between the director and makeup artist. The lead actress had turned up on the first day of the film shoot with grossly overfilled lips and a completely frozen and expressionless face. Anita vowed on that day to make it better. To somehow make cosmetic injectables look natural rather than scary and overdone, which thanks to reality TV, was just starting to become the rage. She set out on her mission as soon as the film shoot wrapped 6 weeks later.

Anita is known for creating Beautiful Unique Faces™ rather than the grossly overfilled and frozen faces that sadly, are becoming commonplace.

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Artist impression: Intended for inspiration only

Neighbourhood Plan: A Turning Point for Sandgate

■ This month, the *Sandgate Guide* highlights the view from the *Advance Sandgate Districts Association* on how the new proposed Neighbourhood Plan could benefit our community into the future.

Good planning and a calm, rational public discussion are the keys to maintaining our precious lifestyle. The “business as usual” approach will not serve our area into the future.

Sandgate and surrounds are hot property right now, with people flocking here from around Australia and overseas for their city sea-change.

And it's no wonder. From the natural beauty of Bramble Bay, RAMSAR wetlands and large green spaces, to social attractions like the Shorncliffe marina, pier, golf club and Deagon racetrack, there's so much to see and do.

The area also has an enviable public transport system, diverse school options, a public library, sports fields and clubs, a central shopping hub and a blossoming arts and music scene.

But a limited supply of housing and growing demand can only mean one thing - escalating property prices. That's good news for people already in the market but bad news for those looking to get in. It's even worse for renters with many being priced out of their budgets.

Single mums and dads with children want affordable housing, retirees want to downsize without moving out of the area, pensioners who can no longer afford the maintenance of a timber and tin home want more modern options in the place they know and love, and visitors and tourists need short-term accommodation.

While this might sound like a problem, it's actually a symptom of our area's success. It needs careful management to ensure that we can continue to enjoy the lifestyle we love, even as our region continues to grow and succeed.

That's why our community called on Council to develop a new neighbourhood plan. We need to be in control of our own future. If we bury our heads in the sand and pretend we don't need to adapt, then population growth and development will get away from us.

The last Neighbourhood plan for the area was 20 years ago. Brisbane has changed – for the better – in the last two decades. And while the pace of change in Sandgate has been gentler, our lives and the way we live them are being dramatically reshaped.

More and more people don't want to mow or maintain a big garden. Many people prefer to eat out with friends than entertain in a large home. They love the share economy and UberEats and more than anything they need to be fully wified.

We have an opportunity with our neighbourhood planning process to accommodate these new trends. We can future-proof our community - attracting new industries and businesses to our area that will generate new local jobs, especially jobs for our youth.

We also have a responsibility to limit urban sprawl. With its current population of 2.4 million set to increase to 4.2 million by 2050, Brisbane needs to intensify its land use.

We cannot keep cutting down trees and spreading out. The responsible, sustainable option is to go up. The footprint is already cleared, so we need to make better use of it.

City planners all over the world recognise this fact and they intensify on transport corridors. That is the responsible thing to do. We need to consolidate and share resources better.

The alternative is to live in a clogged metropolis of solid residential sprawl from Noosa to Coolangatta, and out to Toowoomba.

That's not how we want to live. We need to control and plan for that growth, so we can protect the lifestyle we treasure.

Any proposed development needs to include strict guidelines around new parking, roads and infrastructure. It also needs to be sympathetic to our coastal aesthetic.

New building designs should be environmentally conscious, with communal spaces for recreation. We need to think about electric car charging stations, shared transport options, sustainable water practices, and much more.

We can achieve all this, and do it well, with strong planning guidelines and good local consultation.

We have the opportunity. It's time for our local representatives to step up and make a positive contribution to the debate.

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From left, Co-Captain Brody Baker, Coach Dylan Slater, and Co-Captain Michael O'Keefe.

ROOSTERS NEGOTIATE LEAGUE PATHWAY

Story *Wayne I Flack*

Photo *Peter Ross Murray*

For a club that turned 50 and also secured club of the year in 2018, its latest venture has the coop crowing.

The mighty Brighton Roosters have entered into an affiliation with the Redcliffe Dolphins, where they'll field BRL A grade and reserve-grade sides.

Brighton Roosters president and A-Grade coach Dylan Slater said he was approached last year by Redcliffe Dolphins general manager of football Grant Cleal, with the proposal of being one of two feeder clubs to take over the running of the Dolphins' Brisbane Rugby League sides.

"He liked what we're doing here, not just on the field but what we do behind the scenes, and when he asked me would we be interested I wasn't shy in saying yes," Dylan said.

"The key element means we'll be able to cater from under 6s through to BRL A-Grade, but more to the point, our little pocket in the north-east

district will have a direct pathway all the way to the game's elite level."

The teams will comprise players who've grown from Roosters' junior ranks, former Sandgate High and St Patrick's College students, Australian service men, other BRL clubs and a Cook Islander international.

There's also an opportunity to witness two players from the Canberra Raiders system, both looking to reignite their careers. One of them, Ryan Cronin, has a well-known surname in league circles. Dolphins Intrust Super Cup players could also drop back throughout the season.

Dylan said this was basically going to be a reserve-grade competition for the Intrust Super Cup, with Dolphins coach Adam Mogg looking over the players first-hand.

"We're getting 40-plus men turning up for our training sessions and they are tearing the house down," he said.

"The support network and guidance a professional entity like the Redcliffe Dolphins is able to provide us is reflecting in the attitude from juniors right through to our seniors."

The BRL will hold a three-week pre-season competition starting on 14 March. The Roosters' first game of the BRL 18-round season will be an away match against Beenleigh on 4 April.

Support your Roosters this season – search Facebook 'Brighton Roosters JRL'.

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Blingo BINGO Bushfire Appeal

Story *Nadia Chapman*

The Blingo Bingo Fundraising event this month will be a game night not to be missed, with loads of goodies up for grabs and with all proceeds from the event going directly to bushfire services.

Organiser Renee Tapa said the event was a fun way to get the local community together to support a good cause.

"Not only does the local community come together, but local businesses do too," Renee said.

Alongside bingo, there will be raffles and high-end prizes to be won throughout the night.

"We have scent bundles and massage vouchers, \$950 photographer packages and thousands of dollars of Park Lane jewellery," Renee said.

The most important part, however, is the cause behind the event – as tickets, raffles and proceeds from food and drink sales will be going towards a bushfire organisation.

"We want to donate directly to whichever organisation is helping out the families on their rebuild," Renee said.

Tickets are essential and only cost \$25 each. Book tickets by searching for Blingo Bingo Bushfire Appeal on www.eventbrite.com.au

Saturday 28 March, 6.30-9.30pm
Sandbag Community Centre

Park Lane Jewellery will be up for grabs.



'Silvery Moon' Shines on Shorncliffe Pier

Story *Linda Read* Photo *Paul Neil*

Hosting more than 700 people for dinner may seem like an impossible feat – unless it's the annual Long Table Dinner on the iconic Shorncliffe Pier. That's because this is no ordinary dinner.

Hosted by the Sandgate and Districts Chamber of Commerce and now in its fifth year, the Long Table Shorncliffe Pier event is a fine-dining experience that attracts diners from far and wide.

This year's theme is 'By The Light Of The Silvery Moon'.

As they sip pre-dinner drinks at dusk, guests will be entertained by local musician Nik Phillips, and later, they'll be treated to the hip sounds of five-piece covers band, Central Sound Machine.

The Sandgate and Districts Chamber of Commerce president, Bill Gollan, said the event was an opportunity to "highlight and showcase the beautiful area we live in".

"The beauty is that it's one big long table," he said.

"We love big groups, but also if one or two people want to come, don't be afraid – the Sandgate hospitality is on show."

The Long Table Shorncliffe Pier
Saturday 7 March, 5pm-10.30pm
Gates open 4.30pm

Shorncliffe Pier

Tickets: Single – \$180.00 pp; 8+ – \$175.00 pp

*Includes 3-course meal, beverages and entertainment.
For more information go to www.sandgatechamber.com.au/events/the-long-table-dinner/*



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Music BY THE SEA

► March: The Necks - jazz improvisation

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Saturday 7 March - starts at 7.30pm
Sandgate Town Hall

*Lloyd Spiegel, acoustic
blues guitarist*



► April: Lloyd Spiegel - acoustic blues guitarist

He's lauded as an acoustic blues master, and in a fizz of writer's creativity, a fret board wizard. But in true secular blues style, Lloyd Spiegel stands on the spirituals of social worker and truth seeker.

Q: The tag 'social worker' makes a surprising appearance in the midst of accolades including Australian Guitar Magazine's Top 50 guitarists of all time. What role does this play in your profile?

A: I've always felt like the best part of my job is connecting with people. There's no delusion of rock stardom or changing the world with me. I just figure my job is to take the eclectic group of people in front of me on a ride, get them smiling and tapping their feet. If people leave happier than when they came in, I get to know I've mostly done good in the world.

Q: How did taking counsel from the founding fathers of modern blues deepen this understanding?

A: Since my days of working with those blues legends in the States I've been on a mission to bring blues music out of pubs and into theatre-style settings. That's where I can really connect and break down the clichés of what people think the blues is. Blues music belongs to all of us and the most common thing I hear from first time audience members is, "I don't like blues, but I loved that!" What I hear is, "I had a preconceived idea of what blues is and I've learned a lot more tonight."

Q: You've worked with the likes of Ray Charles, Bob Dylan and Etta James. What are they like as people?

A: It's an interesting thing to meet your heroes. The most inspiring thing is that most of those people are just who they present themselves as. When an artist of such stature is humble and kind and still enjoys music as just music, it reminds me that a great artist is ultimately still just an artist.

Saturday 4 April - starts at 7.30pm
Sandgate Town Hall
Tickets: musicbythesea.com.au

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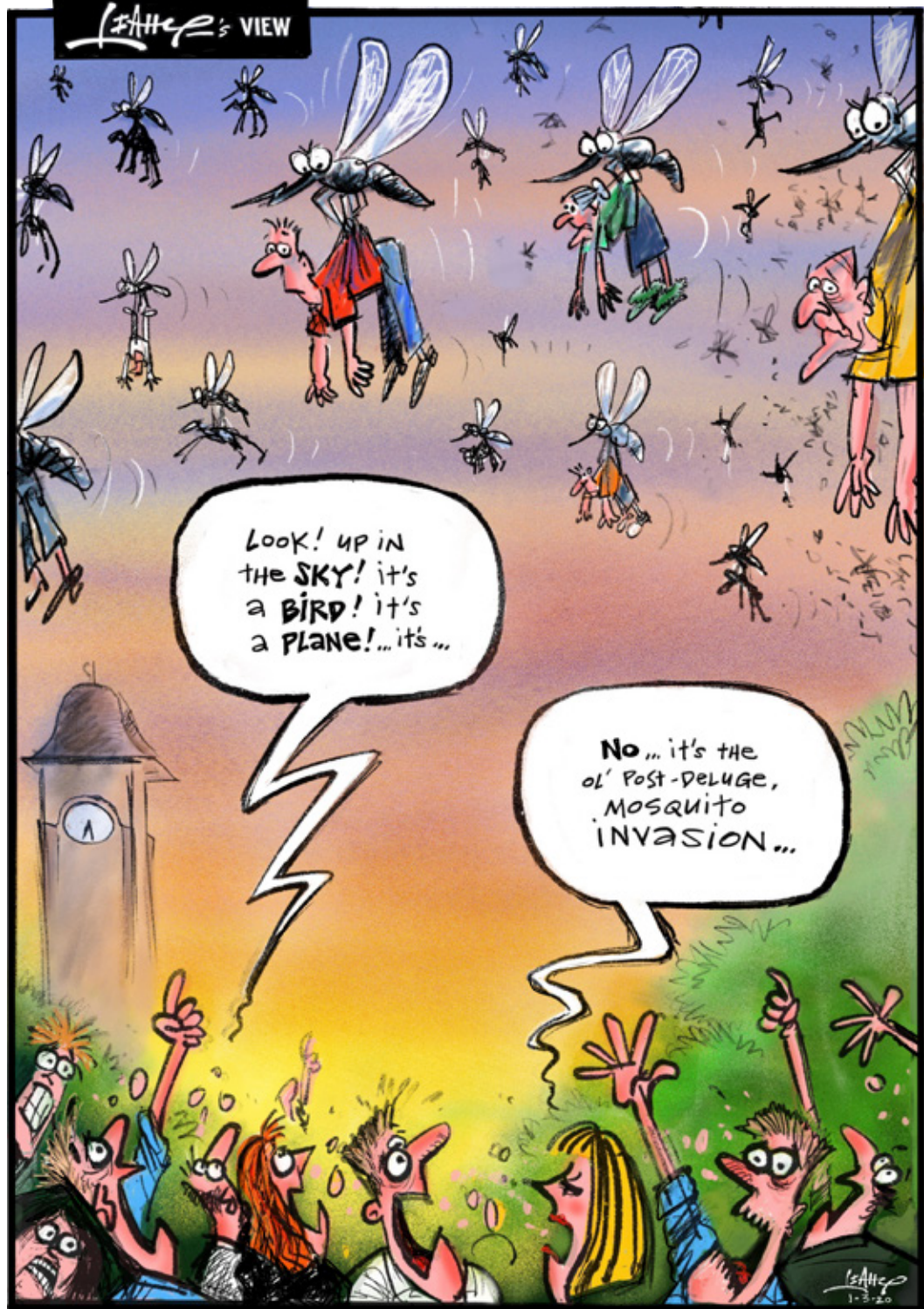
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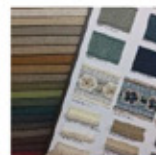
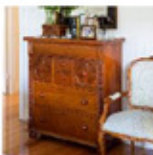
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Meet the Candidates

LOCAL ELECTIONS 2020



Cr Jared Cassidy

Labor Candidate for Deagon Ward

I'm born and bred in our community. I grew up here, like generations of my family before me. Something I learnt from my parents and grandparents was the value of working in the community, whether it was the local swimming club, veterans support or in small business.

Over the past four years as your local Councillor, I have worked hard alongside the community to secure funding for local projects like the upgrade to Lemke Road, upgrades to the Sandgate Pool and Library and the new Boondall Wetlands Environment Centre. Working together we have seen \$250,000 in grant funding for deserving community groups.

We are well underway to fixing the Einbunpin Lagoon, with detailed plans just months away. I want to see this amazing space become a better community asset for generations to come.

I will spend the next four years alongside Pat Condren as Mayor restoring funding for our suburbs. We will tackle the 2000km of broken footpaths, boost the mosquito spraying budget, invest in the upgrade of the Brighton Foreshore and get behind our struggling sporting clubs. We will rewrite the book on Neighbourhood Planning giving the power back to the people and supporting small businesses by axing the dining tax.

With your support on March 28, we will see an unprecedented investment in our outer suburbs, like they deserve.



Kimberley Washington

LNP Candidate for Deagon Ward

I am an on-the-ground local, interested in one thing – making the area better for everyone. I was born and raised in the 4017 as part of the very large McKeown family with the milk runs and Sandgate Yellow Cabs.

My husband and I bought here in 1999 and are now raising our three children and running a small local business. I understand the pressures of work and family, doing homework after a day at work, balancing budgets, managing staff and clients, squeezing tuckshop and volunteering around the edges.

Unless you've walked in people's shoes, how can you understand them? I know how to listen, and I get things done. I can say with sincerity that I am not in this for me, but for our community.

A few key policies:

- Mobile office in every suburb, every month (I will come to you);
- Consult the community on improving the park around Einbunpin Lagoon;
- Improve Brighton foreshore like Sandgate;
- Improve the local area through better signage and streetscaping;
- BMX pump track for our kids.

I will work with, not against, the Lord Mayor to deliver a cleaner, greener local area, to revitalise our local village precinct and support small businesses. More life in our local area means more opportunities to connect, work and relax in the places that make this community great.

Words above are supplied by candidates and are unedited.

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Kimberley WASHINGTON

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Jared Cassidy
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Meet the Candidates



Anthony Walsh

Greens Candidate for Deagon Ward

Deagon Ward is a great place to live, work and play. It deserves a Councillor who is a genuine local, who understands the area and who will represent your interests. I have been an active member of this local community for over 30 years. I'm running for Deagon Ward to give a voice to our community. People in Deagon Ward tell me they are sick of important decisions about our community being dictated by the vested interests of wealthy political donors, developers and corporations.

Deagon Ward has areas of incredible beauty and ecological significance. They face threats like never before due to continued inaction on climate change and the interests of developers being considered before those of the community.

As Councillor, I will put the interests of the community first by increased democratisation of council and planning. My priorities include: Creating a more transparent and fairer process of community consultation for any planning proposals; providing safer streets, including better bicycle paths and 40 new safe crossing to make it safer for everyone in our community to walk and cycle; focusing on local community amenities, including music, theatre and the arts; protecting our beautiful natural environment and local wildlife; developing a real plan for protecting us from the effects of climate change especially on our low-lying bay-side suburbs.

I'm part of this community. I WILL SERVE YOU.



Cath Palmer

*Labor Candidate
for Bracken Ridge Ward*

My name is Cath Palmer and I'm the Labor candidate for Bracken Ridge Ward. My family has lived in Bracken Ridge for three generations. I went to school locally and I'm raising my own family of five boys here, with my husband Brad.

I worked as a print journalist for over 25 years and was a journalist/editor on the Northside Chronicle, so I've been deeply embedded in this community virtually all my life.

Labor's Lord Mayoral candidate Patrick Condren and I want the council's focus to be returned to the suburbs and the residents.

We need our broken footpaths fixed, better mosquito control, improved bus services for Bald Hills and Fitzgibbon, upgraded cycling and pedestrian infrastructure at the Barfoot St bike tunnel and Harry Kirby Park.

This council isn't listening to us. They ignored our 2000-signature petition to rehome the Bramble Bay Pony Club and instead evicted them from their Telegraph Rd home of 40 years.

People deserve a say in how they want their neighbourhoods to grow. Labor has pledged to overhaul the City Plan and swing the pendulum back from developers.

Residents should be at the heart of every decision council makes, and if I am elected in March, I will listen to and work with our community to make sure we are heard in City Hall.

Words above are supplied by candidates and are unedited.

LOCAL ELECTION 2020



Cr Sandy Landers

*LNP Candidate
for Bracken Ridge Ward*

I'm a Brisbane girl who has lived the majority of my life on the Northside. I was raised in Brighton, attended Bracken Ridge State High School and have since raised my two children, Courtney and Jordan, in the district.

After obtaining a Bachelor of Arts Degree and Post Graduate Degree in Teaching, I taught in our state schools for over 20 years, including several local schools.

One of my core values is development of community and I've been investing time and energy into every community I've lived in. From playgroups, schools, scouts, music and community groups; to being a JP and to rolling up my sleeves with the hundreds of other Brisbanites as part of the mud army following the 2011 floods.

Prior to becoming a Councillor, I gained extensive experience working in state and federal governments and I understand what is required to get things done. Council has delivered some brilliant facilities in the Bracken Ridge Ward in recent years with even more exciting projects on the horizon. By tackling congestion hotspots, continuing to support small business and creating more ways for residents to enjoy the outdoors, I want to continue making the Bracken Ridge Ward the best place in Brisbane to live, work and raise a family.



Kathryn Fry

*Greens Candidate
for Bracken Ridge Ward*

I have spent my life in this area. While we may be on the outskirts of Brisbane City Council, I fear this means we have been forgotten about.

As a real estate professional, I have helped so many people into the homes of their dreams within this area. Proximity to motorways, Sandgate foreshore and the choice of so many great local schools mean we are no longer Brisbane's best kept secret!

As our population grows, we are seeing an increase in development that doesn't facilitate our lifestyles. People tell me that they're concerned about the future and losing the character of our area.

Our infrastructure hasn't kept up. We are suffering the consequences of previous poor planning. We must improve safe access to and from schools and improve accessibility to public transport. I am committed to this as I am currently engaging with stakeholders regarding the upgrades outside Bracken Ridge State High School.

We are so lucky to have the best of all of it: a wonderful, relaxed lifestyle and the capacity to build our lives within a few short kilometres of the city.

We should all have a say in how our communities are shaped. I will work diligently and with integrity to improve consultation and transparency around decisions that affect you. I will serve YOU!

Words above are supplied by candidates and are unedited.

SocialSnaps by PAUL NEIL

If you have an event that you think is worth a photo, call me on 0449 660 473



Nick Chong is now a new Australian citizen after he and his family attended the 2020 Australian Citizenship Ceremony on Australia Day at Sandgate Town Hall.



Deb Ryan and Carolyn Toka from Poly Va'a Shorncliffe Outrigger Canoe Club prepare for the first race of the Australian Outrigger Canoe Racing Association season at Shorncliffe's Moora Park Beach.



St Pat's Old Boys, from left, James Hastie, Tristan Sayers and Patrick Milward from Senior 2019 return for their College Scholars Assembly 2020 to celebrate St Patrick's College academic achievements with their school community.



Steve and Kim Phillips and their toddler Finn were out for a lovely morning tea together at Wired Owl Cafe, Sandgate.



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Living Balance Health

Pam Hird (Naturopath), Simone Sutherland (Clinic Owner)

Well-being Warriors

Story *Emma Harley*

Sandgate's Beyond Evolution Health relaunched this month with a fresh new name, Living Balance Health, and an exciting new bayside location.

Owner Simone Sutherland said the business had grown and evolved considerably since its launch in 2011 on Sandgate's Fifth Avenue, and the time was right to expand and revitalise. "Over the last two and a half years we have grown beyond our walls, with up to 10 different practitioners sharing the space," she said.

"Our new larger, refurbished space will help us all grow, and provide a fantastic asset to the community."

Perched on the corner of Lascelles and Wickham Streets in Brighton, Living Balance Health is a multi-practitioner wellness centre, incorporating a boutique coffee shop with natural therapy products and gifts. "Currently we offer remedial massage, psychology, naturopathy, acupuncture, Chinese herbal medicine, kinesiology, pranic healing, a psychic/medium, and in the future, hypnotherapy," she said.

"We can support our clients' entire journey in one place, working with their nutrition, mental, emotional and physical health. I will also be running a community start-up program where locals can sell their handmade products in a dedicated space in the shop."

● 144 Lascelles Street, Brighton
P. 0437 642 849

QCYC Open Mic Night Sessions

The Queensland Cruising Yacht Club (QCYC) music sessions bring a great new addition to the vibrant local entertainment scene.

QCYC provides a relaxed comfortable environment for people to enjoy listening to music, and if they feel inclined, to make music.

The open mic night sessions are held on the last Thursday of the month at 7pm, and will feature a guest artist each month. It's the perfect opportunity to listen to a variety of acts from near and far, and for any aspiring performers to have some fun 'on stage' in a welcoming and friendly environment.

For the upcoming open mic night, guest performers will be Sarah and Maggie Moro, also known as the 2Moros. Growing up in a singing family, the 2Moros have that unique familial vocal sound that is heard with the likes of the Dixie Chicks or the Webb Sisters, and together with their instrumental arrangements, they work their sound into a selection of songs from across the spectrum, from contemporary to classics.

Open Mic Night featuring The 2Moros

Thursday 26 March, 7pm
QCYC Sinbad St, Shorncliffe



Sarah and Maggie Moro



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Reverend
Annie Bonnick

Annie Bonnick, said the day promised to be fun, informative and entertaining, with many different types of psychic readings and alternative healings on offer.

"I've even got a person who can read the energy of people's animals," she said.

"And I'm hoping to get an aura photographer. Some people work with psychic reading or evidential readings [where the message contains evidence that it is really your loved one communicating].

// *Psychic readings are typically messages that come through from any number of realms – angelic, spirit guides, or ancestors."*

A range of alternative healing practices such as reiki, massage, and sound healing will also be offered, as well as a line-up of expert guest speakers. There will also be a Shamanic drumming demonstration – an ancient healing technique that harnesses the energy created by the sound of the drum.

With spiritual sustenance well provided for, nourishment for the body will be taken care of by the Sandgate Girl Guides, who will be catering for the event with a range of home-made goodies.

Reverend Annie said the Girl Guides' hut was the perfect setting for both the fair and the Church's congregation, because of its situation between two lagoons.

"There are a lot of healing emotions in water," she said.

"The other thing is the energy – because of the Girl Guides, there is a lot of young, vibrant energy there."

For more information, contact Reverend Annie Bonnick on 0422028559.

Harmony and Well-Being Fair

Saturday 14 March, 9am-3pm
Church of United Spiritualism
55 Burnett Place, Sandgate
(in the Girl Guides' hut)

GETTING IN THE *Spirit*

Story **Linda Read**

Photo **Peter Ross Murray**

Have you ever wondered what your aura looks like? Or perhaps wanted to get a message from the spirit realm?

If so, you may find the answers at the Harmony and Well-Being Fair on Saturday, 14 March, which will offer visitors the chance to explore their spiritual side in one of Sandgate's most picturesque settings.

Held at the Girl Guides' hut on the shaded edge of the iconic Dowse Lagoon, the fair is being hosted by the Church of United Spiritualism Australia's Sandgate branch, which congregates each week in the same location.

The Sandgate branch's minister, Reverend


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Local DINING GUIDE



ALL FIRED UP

Teppanyaki at the BRT

Bayside food lovers can now experience the thrill of the flame-filled theatrics of a teppanyaki grill right on their doorstep.



Chef Grant Faraway
pictured above,
and right.



Story Emma Harley
Photo Ben McShea

The Bracken Ridge Tavern has added Yōshoku to its stable of dining options, a teppanyaki restaurant that offers all the flames, food flinging and family fun you can get from the genuine Japanese cuisine experience.

Bracken Ridge Tavern marketing manager Grace-Adele Sutherland said the new restaurant had been greeted with open arms and open mouths from bayside diners.

"At Yōshoku, you get to enjoy this Japanese adaptation of Western food, which dates back to the Meiji era," she said.

"You can choose to sit down and enjoy the teppanyaki experience or if you rather, order from the yakitori menu where you will enjoy Japanese-style skewers cooked over charcoal.

"Yōshoku is proudly run by head chef Grant Faraway, who has over 20 years' experience. Grant specialises in Japanese cuisine and with a five-star hotel background, you can be sure he will provide you with an experience you won't forget."

Yōshoku's menu is a veritable feast of fresh produce, seafood and meats theatrically flipped and flung from the grill — a dining experience families and keen foodies will relish, Sutherland says. "You get to choose how many options and what options you would like to eat," she said.

"From fresh seafood including prawns, scallops and bugs to delicious beef, chicken and vegetarian options, there are choices for everyone. The food is cooked right in front of your very eyes — you may even have to catch it at some point."

And if the feedback is anything to go by, Yōshoku is a flame-grilled hit with diners. "So far all of the feedback has been extremely positive and quite a few groups have come back again," she said.

"Ben White, General Manager at The BRT, has travelled to Japan multiple times and fell in love with the theatrics of the teppanyaki experience.

"When the opportunity arose Ben jumped at the chance, in the hope of creating a fun, exciting and engaging environment where families could spend quality time together while enjoying dinner and a show."



Yōshoku
The Bracken Ridge Tavern
154 Barrett St, Bracken Ridge
P 3269 7011

Visit thebrt.com for more information.

Local Dining Guide



BAAIA



BRACKEN RIDGE TAVERN



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94 Flinders Pde, Sandgate
Foreshore

Modern Australian

3269 7510

BAAIA

Feature: Creative, fresh, seasonal food, coffee and homemade cakes on the water front. Open for coffee, breakfast, lunch and snacks from 7am. Eat in or take away. Dog friendly.

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154 Barrett St, Bracken Ridge

Ribs, Surf & Turf, & Steak

3269 7011

BRACKEN RIDGE TAVERN

Feature: Panama Jack's Restaurant has a wide variety of meals to suit all tastes, including gluten free dishes. Our signature dishes: PJ'S Ribs, Surf & Turf, and Steak & Rib Combo are legendary.



196 Brighton Tce, Brighton

Family Bistro

3051 7646

BRIGHTON HOTEL

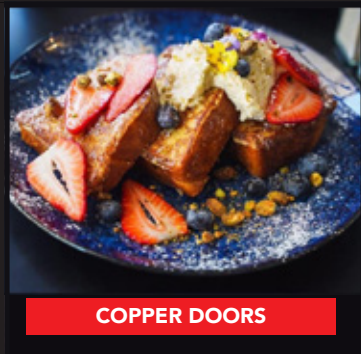
Feature: 1950s style family bistro, and home of the \$10 roast, the Brighton Hotel strives to offer the best service and value in town. Offering home cooked style meals at great prices! From a Traditional Roast to Fisherman's Basket or a Succulent Lamb Shank, there is something for every member of the family.



COFFEE WARDEN



COOL BEANS CAFE



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74 Ward St, Brighton

Café

0424 420 863

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Friday to Sunday : 5am – 1pm



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Beaconsfield Terrace, Brighton

Café

3269 1964

COOL BEANS CAFE

Feature: Cool Beans Cafe now open. Located walking distance to Brighton foreshore, Cool Beans Cafe offers great value all day Breakfast and Lunch menu, fresh juices, fine quality Tea and DiBella coffee. Gluten free options are available. Open 7 days a week from 6am, indoor seating, wheelchair accessible and pets welcome.

Copper Doors



19 Brighton Road, Sandgate

Casual Dining

3269 4666

COPPER DOORS

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Fully licensed we are also the perfect venue for that special private function.

Local Dining Guide



CYPHER COFFEE



ECLECTEA



MOMENT BISCUITS



6 Knox Street, Sandgate

Coffee Shop

0403 373 875

CYPHER COFFEE

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2 Queens Parade, Brighton

Wine Bar

0416 689 465

ECLECTEA

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Opening Hours: Thurs 3-7pm, Fri – 3-9pm, Sat/Sun 1-9pm



8 Queens Parade, Brighton

Coffee Shop

0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European style boutique biscuit shop, only a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, bagels, loose leaf tea, milkshakes, iced drinks & smooth Italian coffee.

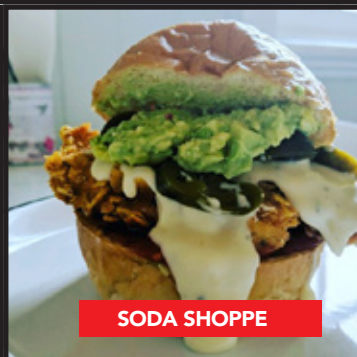
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Hotel

3869 0606

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Breakfast: Saturday and Sundays 8:00am – 11:30am
Lunch and Dinner: Tuesday to Sunday 10:00am – 8:00pm

Local Dining Guide



THE WIRED OWL COFFEE CO



THE WITCHIN' KITCHEN



VIET STREET EAT



227 Rainbow St, Shorncliffe

Specialty Coffee House

0413 849 814

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of Single Origin coffees. Tantalising treats and teas are also on the menu.



227 Rainbow St, Sandgate

Café

3269 6970

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Open Tuesday-Sunday, 6:30-2pm.



121 Brighton Rd, Sandgate

Vietnamese

3869 3631

VIET STREET EAT

Feature: At Viet Street Eat, we offer a relaxed atmosphere with great, fresh and delicious meals that are MSG free, gluten free, dairy free, nut free and vegan. Some of our popular dishes are pho' beef, spicy vegetarian noodles, pork belly rice Noodle salad, Street rice, beef rendang with roti, pork belly banh mi and freshly made rice paper rolls.

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MS GALVIN
Principal

St John Fisher College

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ST JOHN FISHER COLLEGE

Phone: 3269 8188 @SJFCBrackenRidge
www.stjohnfishercollege.qld.edu.au



BEN GRAY
Principal

St Kieran's Primary School

St Kieran's Primary School is a vibrant school community that holds the value of working together to support the growth and development of each individual. Our school lives and breathes community where teachers, parents and students welcome friends, family and strangers with sincerity. It is a place where smiling faces shine brightly and where every day is an opportunity for everyone to achieve their full potential. To experience the journey that is St Kieran's join us for our Open Day on Thursday 12th March, 2020 9am -10.30.



ST KIERAN'S PRIMARY SCHOOL

15 Greenwood St, Brighton
Phone: 3269 5989



MRS CHRISTINE CLARKE
Principal

Mary MacKillop College

I love Mary MacKillop College. I consider it an infinite blessing and an immense responsibility to be its principal. At heart I am a teacher, deeply committed to inspiring a contemporary education that leads our MacKillop Women to life. I try so hard to be true to the example of St Mary of the Cross MacKillop. She gives me strength, keeps me grounded and stirs me to remain energetically focused on bringing out the very best in each MacKillop Woman.



MARY MACKILLOP COLLEGE

60 Bage Street, Nundah
Phone: 3266 2100

PRINCIPAL.



SCOTT PADGETT
Principal

Brighton State School

Now into my second year as Principal at Brighton State School, I feel privileged to be a part of such a fantastic school community. Our narrow and sharp explicit improvement agenda includes writing, student and staff well-being and a positive school environment. At Brighton State School we are united by our positive school culture, which is underpinned by our values and expectations of – Respect, Responsibility, Learning and Safety. I acknowledge that work around improving student outcomes is imperative however, also acknowledge that genuine levels of community engagement differentiate between good schools and great schools. Brighton State School is a great school moving to greater.



BRIGHTON STATE SCHOOL
2 North Road, Brighton
Phone: 3631 9111



MR CHRIS MAYES
Principal

St Patrick's College

St Patrick's College was established on the cliffs of Shorncliffe on 29 January 1952. From its beginning, it has become a significant and proud part of the Shorncliffe and Sandgate communities offering a holistic Catholic education to many local young men from Years 5 to 12. Over the decades, the College has become well-known for its excellence in education and our service programs which have shared much with our local community. We invite you to join us at our Open Day on Tuesday, 26 May, 2020.



ST PATRICK'S COLLEGE
60 Park Parade, Shorncliffe
3631 9000 | enrol@stpatricks.qld.edu.au



MELISSA BURKE
Principal

Bracken Ridge State School

At Bracken Ridge State School, we focus on educating the whole child. This aligns with our school values of "Integrity, Courage and Life-long Learning". Our emphasis on developing student success and well-being, in particular, our focus on teaching neuroscience, mindfulness and growth mindset, is the key reason why many parents choose to send their child to Bracken Ridge State School. In 2020, we will continue to relentlessly concentrate on improving student achievement across all curriculum areas to ensure that we provide high quality learning for our students.



BRACKEN RIDGE STATE SCHOOL
1 Binburra St, Bracken Ridge
Phone: 3869 7888

WHAT'S *Hot* AROUND TOWN



*Ella Jones (above)
Full Moon Hotel St Patrick's Day
event (left)*

Story **Jodie Woodward**

Summer might be officially over but there's still plenty going on in Sandgate to keep you entertained this month.

Celebrate the start of autumn with **Mr Henderson** as they take part in Brisbane's Annual Beer Week from 13-22 March. As part of the event, **Pint of Origin** sees one bar represent one Australian state for the week. Mr Henderson will be showcasing Queensland beers for the duration of the festival. Join them on 14 March for a charity event, raising money for Coastal Protection Core. For more information visit the Mr Henderson Facebook page.

If you're looking for a way to celebrate your Irish spirit, head to the **Full Moon Hotel** on 15 March for St Patrick's Day fun. The day will include live music by **The Mountain Band** – a four-piece blues band with Celtic folk vibes – starting from 2pm. Of course, Guinness will be on tap as well, and Irish fare will be on the specials board all weekend. For more information visit the Full Moon Hotel website or Facebook page.

Head to **EclecTea** on 21 March to see **Ella Jones**. An 18-year-old acoustic musician, Ella plays covers from the 60s to now. Her guitar playing and vocals bring a relaxed, cool and fresh sound. She shows a variety of styles in her repertoire and you can expect to hear covers of artists like Fleetwood Mac, Adele, Elvis Presley and Ed Sheeran.

"I'm looking forward to playing a variety of songs from my repertoire. My style of music will bring an acoustic and relaxed vibe to the already wonderful EclecTea," Ella said.

Finally, **Brighton Bowls Club** will host a **FUN-D Raising Day** on 29 March from 10am, raising money for locals to participate in the Jalopy Derby and Rural Run. The derby aims to raise as much money as possible for the drought-affected rural communities across Australia, supported by Rural Aid. The Brighton Bowls Club event will include beers, bowls, raffles, music and fun, as well as a lucky door prize and sausage sizzle. Entry is \$10 and you can find out more on the Brighton Bowls Club Facebook page.

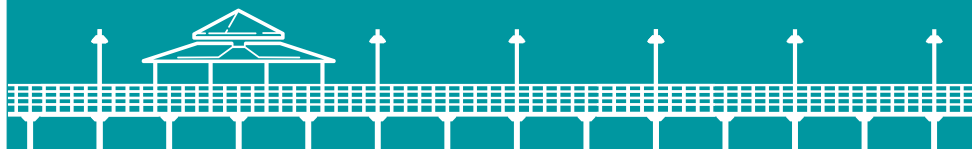
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MUSIC SPOTLIGHT



MEET GENRE-JUMPING *Ella Fence*

Story *Jodie Woodward*

Gold Coast's Ella Fence is an artist who loves to explore and experiment with music that crosses genres. She has performed in USA, Germany, England, Canada and Norway, as well as across Australia.

Ella said her love of singing and her drive to succeed started at a young age.

"My mum still has a picture I drew of myself in grade one with a microphone and I wrote, 'when I grow up I want to sing in front of 1000 people',"

Ella said. "Pretty crazy that I managed to achieve that in 2018 when I supported Kate Miller-Heidke and Regurgitator. My grade one self would be a very happy girl."

Her musical style has been described as genre-jumping, touching on pop and indie with plenty of electronic beats. The major focus of the songs, though, is on Ella's hypnotic vocals.



"I've been described as a musical shape-shifter, and I'd say that pretty much hits the nail on the head. I've always loved to create and apply myself to different forms of artistic expression and I think that's probably why I tend to genre-hop with my music these days, creating freely, without feeling like I need to put a boundary around my work," Ella said.

One of her recent accomplishments is the release of a three-track mini EP called All I Do is Think. Ella also supported Katie Noonan at her recent Music By the Sea gig where she joined Noonan on stage to sing Sweet One together.

"I've always really respected and admired Katie and being able to share the stage with her was fabulous," Ella said. "She is such a kind, generous and professional individual. It was an excellent experience."

When it comes to the future, Ella has some big plans too.

"In five years' time I would like to be doing what I'm doing but on a larger scale – playing to larger audiences, in bigger venues, going to more new places," she said.

You can catch Ella Fence in Sandgate @ the Cardigan Bar on Saturday 7 March from 7.30pm.



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Bottlemart

What's On.

01 SUNDAY

★ **CLEAN UP AUSTRALIA DAY** P.56

SURF CONNECT WIND AND
KITESURFING SCHOOL 11AM

📌 **WATER & WIND SUNDAY
SOCIAL RACES**

SANDGATE BEACH 1PM

🎵 **THE MULHOONS BAND**

SANDGATE POST OFFICE HOTEL 2PM

🎵 **CAILLIN & VARLEY**

FULL MOON HOTEL 2PM

🎵 **MATHESON-BROWN**

PHOENIX BAR & LOUNGE 3PM



🎵 **MONTANA KENNEDY**

MR HENDERSON 4PM

04 WEDNESDAY

★ **INTERNATIONAL WOMEN'S**

DAY BUSINESS BREAKFAST P.58

BRACKEN RIDGE TAVERN 6:30AM



05 THURSDAY

🎵 **OPEN MIC**

CARDIGAN BAR 7PM

06 FRIDAY



🎵 **M+J ROCK**

SANDGATE POST OFFICE HOTEL 2PM

🎵 **MAC**

ECLECTEA 5PM

🎵 **JOHNY LAYTEX**

PHOENIX BAR & LOUNGE 7PM

🎵 **GIAN - AMAZING SOLO ARTIST -**

CARDIGAN BAR 7:30PM

🎵 **LINC PHELPS**

FULL MOON HOTEL 8PM

07 SATURDAY

🎵 **JOHN CLEAVE**
ECLECTEA 4PM

★ **THE LONG TABLE** P.12
SHORNCIFFE PIER 5PM

🎵 **ELLA FENCE**
CARDIGAN BAR 7.30PM



★ **THE NECKS - JAZZ**
IMPROVISATION P.15
SANDGATE TOWN HALL 7:30PM

🎵 **CFAM**
PHOENIX BAR & LOUNGE 8PM

🎵 **DAN LEWIS**
FULL MOON HOTEL 8PM

08 SUNDAY

🎵 **C & C DUO**
FULL MOON HOTEL 2PM

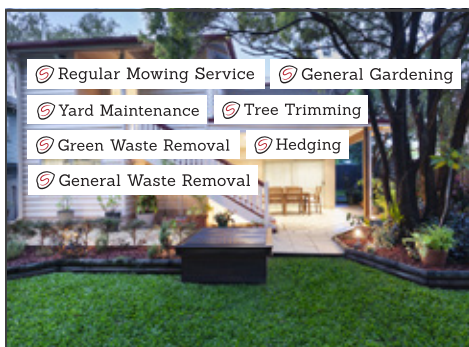
🎵 **WILKO**
PHOENIX BAR & LOUNGE 3PM

🎵 **MAGPIE SEASON**
MR HENDERSON 4PM

🎵 **TUNES ON THE TURF - OPEN MIC**
ECLECTEA 4PM

09 MONDAY

FULL MOON
RISE 6.07PM



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13 FRIDAY



🎵 MAC

ECLECTEA 5PM

🎵 NIKOLAINE MARTIN

SANDGATE POST OFFICE HOTEL 6:30PM

🏉 DERBY DAY - BRONCOS V COWBOYS

PHOENIX BAR & LOUNGE 7PM - 9:30PM

Brisbane Broncos vs North Queensland Cowboys | Live & loud on the projector

🎵 DJ BEVO

PHOENIX BAR & LOUNGE 7PM

★ PLAYHOUSE CREATURES P.58

SANDGATE TOWN HALL 7:30PM

🎵 MIKE LING & BEV DITTBERNER

CARDIGAN BAR 7:30PM



🎵 BEN JAM

FULL MOON HOTEL 8PM

14 SATURDAY

★ HARMONY AND WELL-BEING FAIR P.26

CHURCH OF UNITED SPIRITUALISM 9AM

🎵 MAC

ECLECTEA 5PM

★ PLAYHOUSE CREATURES P.58

SANDGATE TOWN HALL 7:30PM

🎵 MARK CHOMYN

FULL MOON HOTEL 8PM

🎵 THE LAZY HYENA

MR HENDERSON 8PM

🎵 DAN ENGLAND DUO

PHOENIX BAR & LOUNGE 8PM



15 SUNDAY

★ ST PATRICK'S DAY, THE MOUNTAIN BAND P.38

FULL MOON HOTEL 2PM

🎵 PHIL LEVY - IRISH BAND

FULL MOON HOTEL 2PM

★ PLAYHOUSE CREATURES P.58

SANDGATE TOWN HALL 2PM

🎵 JACK SWEENEY

PHOENIX BAR & LOUNGE 3PM

🎵 THE REGULATOR'S FT LIAM KELLIHER

CARDIGAN BAR 4PM

🎵 TUNES ON THE TURF - OPEN MIC

ECLECTEA 4PM

17 TUESDAY

🚩 LAURIE'S GUIDED BEACH WALK

FLINDERS PARADE, SANDGATE
10AM - 11:30AM

Discover the web of life along the Sandgate foreshore and tidal flats on a 'Ramble along Bramble'. See soldier crabs, shell house worms, moon snails, where stingrays feed and plenty more. Cost free. Bookings essential.

🚩 ST PATRICK'S DAY TRIVIA

BRIGHTON HOTEL, BRIGHTON 7PM

Best dressed prizes to be won. Grab your mates and make a team and have a Irish of a good time

20 FRIDAY



🚩 FOOD TRUCK FEST - SHORNCLIFFE

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NOM

Food Truck

🎵 MAC

ECLECTEA 5PM

🎵 ELLA FENCE

SANDGATE POST OFFICE HOTEL 6:30PM



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★ **LOVE PEACE AND HARMONY** P.56

WOMENSPACE 7PM

★ **PLAYHOUSE CREATURES** P.58

SANDGATE TOWN HALL 7:30PM

🎵 **JOHNNY LAYTEX**

PHOENIX BAR & LOUNGE 7PM

🎵 **QUINN MCHUGH**

FULL MOON HOTEL 8PM

21 SATURDAY

🎵 **ELLA JONES**

ECLECTEA 4PM

★ **PLAYHOUSE CREATURES** P.58

SANDGATE TOWN HALL 7:30PM



🎵 **TOM FOOLERY**

PHOENIX BAR & LOUNGE 8PM

🎵 **ECHOLON**

PHOENIX BAR & LOUNGE 8PM

🎵 **DARREN LAWRENCE**

FULL MOON HOTEL 8PM

22 SUNDAY

🎵 **NICK KOSCHEL DUO**

FULL MOON HOTEL 2PM

★ **PLAYHOUSE CREATURES** P.58

SANDGATE TOWN HALL 2PM

🎵 **DANNY MOSE**

SANDGATE POST OFFICE HOTEL 2PM

🎵 **WILKO**

PHOENIX BAR & LOUNGE 3PM



🎵 **TUNES ON THE TURF - OPEN MIC**

ECLECTEA 4PM

26 THURSDAY

🎵 **OPEN MIC**

CARDIGAN BAR 7PM

27 FRIDAY



🎵 **THE MULHOONS BAND**

SANDGATE POST OFFICE HOTEL 2PM

🎵 **MAC**

ECLECTEA 5PM

🎵 **DJ BEVO**

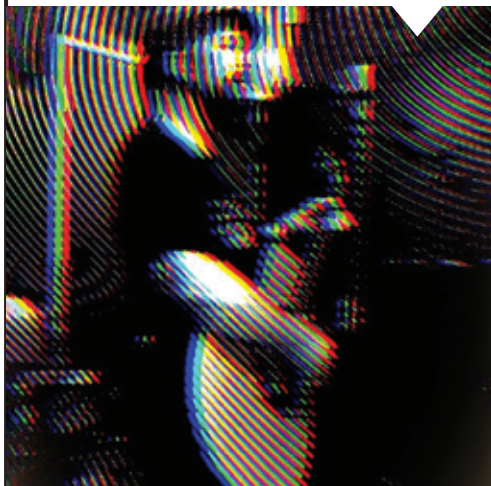
PHOENIX BAR & LOUNGE 7PM

🎵 **PEKO**

FULL MOON HOTEL 8PM

28 SATURDAY

🎵 **PHIL WEST**
ECLECTEA 4PM



★ **BLINGO BINGO FUNDRAISING** P.12
SANDBAG COMMUNITY CENTRE 6:30PM

🎵 **THE BENDS - 70S - 90S ROCK**
CARDIGAN BAR 7:30PM

🎵 **JACK MCKENNA**
FULL MOON HOTEL 8PM

29 SUNDAY

★ **FUN-D RAISING DAY** P.38
BRIGHTON BOWLS CLUB 10AM

🎵 **SHANE WILKINSON DUO**
FULL MOON HOTEL 2PM

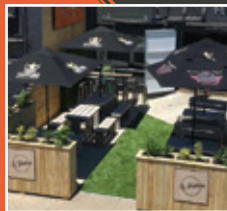
🎵 **R.S HENRY**
PHOENIX BAR & LOUNGE 3PM

🎵 **THE GO SETS**
CARDIGAN BAR 3PM

🎵 **TUNES ON THE TURF - OPEN MIC**
ECLECTEA 4PM

🎵 **LOCAL SHOWCASE**
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Road Safety Improvements for Flinders Parade

Pedestrian safety improvements are on the agenda for Flinders Parade and intersecting streets in Sandgate, after the Brisbane City Council notified residents of proposed changes to the area and conducted a community consultation during February.

Story *Jodie Woodward*

Infrastructure chair David McLachlan said Brisbane City Council is committed to ensuring people can travel around the suburbs safely.

"Council is prioritising pedestrian safety in Sandgate, with improvements to Flinders Parade including zebra crossings and pedestrian refuges to ensure residents and visitors are safe when walking to our fabulous foreshore," Mr McLachlan said.

Flinders Parade and intersecting streets in Sandgate were identified as an area in the local road network requiring improvements to enhance safety and accessibility for both motorists and pedestrians.

The Council's Proposed Improvements Include:

- Three zebra crossings with concrete islands on Flinders Parade;
- Pedestrian refuge and associated line marking to assist pedestrians crossing Flinders Parade;
- Three speed platforms along Flinders Parade;
- Two painted threshold treatments on Flinders Parade including painted speed limit road surface markings to reinforce the speed limit;
- Yellow stopping lines to improve visibility and formalise no-parking areas;
- Upgrading and installing kerb ramps and sections of the footpath;
- Upgrading street lighting; and
- Turfing.

Local residents were informed of the proposed changes through a letter campaign, and were invited to provide feedback to the City Projects Team on the proposal via email or phone call up until 12 February.

"An important part of Council's work to boost safety in Sandgate is community consultation," Mr McLachlan said. "We are dedicated to continually updating residents to ensure they can share their feedback and have their say on the proposed safety improvements."

It is unknown exactly when the proposed works will begin, but Brisbane City Council assures residents they will be kept informed about the future works. The final design will need to be determined following the community consultation process, and the council will continue to notify local residents of any works as the upgrade progresses.

While community consultation on this particular project has now closed, you can find out more about Brisbane City Council's current road and intersection projects by visiting www.brisbane.qld.gov.au.

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Story **Brooke Jacobson**

TENNIS ACE RETURNS TO SCHOOL

Former Sandgate District State High School student and Australian women's tennis icon Wendy Turnbull popped into her alma mater recently to meet with the school sports captains and take a tour of the school's sporting facilities.

Ms Turnbull had a career highest WTA ranking of three in 1985 and won nine WTA singles titles and nine Grand Slam doubles titles. She also represented Australia at the 1988 Seoul Olympics and was captain/coach of Australia's Federation Cup team from 1985 to 1992.

Ms Turnbull has donated her original Sandgate High trophies to the school and her Australian Olympic team tracksuit. The school sports captains were delighted to meet Ms Turnbull and took turns holding her Olympic torch.

PLAYGROUP FOR LITTLE ONES

Sandgate State School's Little Pippis Playgroup has started up again. The playgroup is held on Wednesdays from 8.45am to 10.15am during school term, at the outside school hours building (YMCA) on Lagoon Street, Sandgate. Cost is a gold coin donation. Please contact the school for more information: 3869 7111.

MANY MAGDAS OF NORTH BRISBANE

Social media lit up across the 4017 recently after a meme titled "The Many Magda's of North Brisbane" was posted on a number of sites. The meme depicts Australian actress and comedian Magda Szubanski's many characters, including Sharon from Kath and Kim, as north Brisbane suburbs. The actress herself has commented on the post, tweeting: "Afraid I have no idea who did this but do you think it's accurate? Is there an

equivalent in every state? Career retrospective." It has certainly given locals a chuckle. Search local Facebook pages like Sandgate Mums or Find It North Brisbane and Moreton to take a look for yourself.

LIGHT IT UP

Councillor Jared Cassidy is asking locals for their opinion on more lighting in Sandgate's CBD.

A post on his Facebook page read: "Trees at the top of Brighton Road get lit by traffic lights, but would you like to see bud lighting in them? Or lit up with LED lighting? The other end of Sandgate has the fig trees with bud lighting (near the Post Office Hotel). Let me know what you think."

Cr Cassidy has also announced he has worked with the RSL to secure funding to light up the cenotaph, flag pole and two "iconic" trees in Sandgate's Memorial Park.

"This is going to make this space not only really special during the day but also all night for you to enjoy," he said.

If you'd like to see more lighting in the trees around Sandgate's CBD, get in touch with Cr Cassidy's office.

CANNED FOOD DRIVE SAVES FINES

More than 21 tonnes of canned food was donated for people in need during Brisbane City Council's library amnesty, held just before Christmas.

It was the tenth year the event has been held, allowing people to donate tinned food in exchange for having their library fees waived. More than 3400 lost library books were also returned to shelves across the city.

More than \$213,000 in fees were waived and the donated food helped Foodbank provide 39,000 meals in Brisbane.

Would you like to contribute to Bramble Bites?

Is there something happening in the 4017 community you'd like to share? What are you talking about on social media or at the school gate? Email Brooke to be included in the next Bramble Bites at: brookejacobson@gmail.com



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Leahy Ready To Draw Our Crowd

You may not recognise his face, but you will almost certainly know his signature.



Story Emma Harley

His cartoons have made Brisbane laugh, cry, ponder, and debate the big issues for the last three decades. Now, the Sandgate Guide is delighted to welcome the celebrated Courier-Mail cartoonist and new bayside resident, Sean Leahy, to its pages.

Sean will have a cartoon in each edition of The Sandgate Guide, where he'll tackle local issues that cut to the heart and soul of the community.

"I am very excited about being a part of a publication that makes such a great contribution to the community," he said.

"I moved to Brighton two months ago and really love this part of Brisbane. Everywhere I went, The Sandgate Guide caught my attention, so I rang Dominic, (the publisher) and we met for a coffee. I asked if he could use a local topical cartoon and to my surprise, he offered me a full page."

Sean's career has seen him travel the world as a cartoonist, and his resume is impressive, to say the least.

"It's been a fascinating journey," he said.



I worked in the offices of the Boston Herald during a US presidential campaign, spent time with (The Simpsons creator) Matt Groening and the writers and the voice actors of The Simpsons at their studio in Los Angeles and learned a bit about drawing animation from a West Australian animator Mike Jones, in Minneapolis.

"I also worked on an animation of my political cartoons with Joe Brumm, the local creator of Bluey. I've been sued by Joh Bjelke-Petersen (unsuccessfully) during the Fitzgerald Inquiry and published several books."

Despite becoming a local resident only recently, Sean said he had already fallen in love with the area.

"Seriously this would have to be the friendliest town I've ever lived in," he said.

"From the man and woman in the street to business owners, people chat in shops, walking the dog, fishing off a pier. It's a refreshing delight."

Sean's new business, ArtaZen, is also running an art, creativity and well-being workshop at the Brighton Wellness Hub, 25-26 April, 9.30am to 3pm.

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Last year's Surf Connect's Clean Up Australia Day event.

CLEANING UP OUR OWN BACKYARD

Story *Brooke Jacobson*

Environmental issues are increasingly taking centre stage and for one local business, there's no better place to start being green than right here in the 4017. Sandgate's Surf Connect Wind and Kitesurfing School is hosting a Clean Up Australia Day event and is encouraging locals to come along.

Surf Connect's director, Padi Kotwall, said they had been the organisers of the beach clean up for a number of years. "By doing this together, we not only make Sandgate, but Australia a better and cleaner community and country to live in," he said.

"If we all do a little, the environment will be much cleaner and tidier, giving everyone a much better and healthier society to live in."

He said that being out on the water on a daily basis, he saw the impact people were having on the environment. "Every day we see plastics and other rubbish washed up on the shore," Padi said.

"It's really important that everyone takes their rubbish away."

Please bring a hat, sunglasses, gloves, sunscreen, a bag, and a good rake if you have one. There will be a sausage sizzle from 1pm. Email info@surfconnect.com or see the Surf Connect Wind and Kitesurfing School Facebook page for more information.

Clean Up Australia Day
Sunday 1 March, 11am-1pm
Surf Connect Wind and Kitesurfing School
170 Flinders Parade, Sandgate

What the World Needs Now

Story *Linda Read*

What if one song could change the world? That may seem like a tall order, but that's exactly what the Love Peace Harmony Foundation — a non-religious organisation that aims to achieve world peace through singing — believes is possible.

This month, the singing event is coming to Sandgate's Womenspace, and will focus on healing Australia's people, animals, and environment.

Love, Peace and Harmony is a song that "carries the high frequency and vibration of divine love, forgiveness, compassion and light", according to the foundation's website.

Certified Master Teacher of Tao Academy Christine Battello, who is leading the Sandgate event, said the evening would begin with an explanation of the song, followed by a group singing and a meditation.

"It's a healing song," said Christine.

"We have the intention that we're going to change negative messages to positive messages; that we're going to heal the land of Australia.

"The intention is to heal all the people of Australia, our wildlife, our waterways, our rivers, our oceans, and also to bring love, peace and harmony to the emotions of the people attending the event."

For more information, phone Christine Battello on 0410981624.

Love Peace and Harmony
Friday 20 March, 7.15-8.15pm
Womenspace
11 Second Avenue, Sandgate



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TUESDAY 24TH MARCH

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Morning tea and Lunch included \$80.00pp

TUESDAY 28TH APRIL

Heading West today to the City of Toowoomba visiting the Cobb & Co Museum and travelling on the new Second Range Crossing offering views never seen before!

Morning Tea and Lunch included \$80.00pp

TUESDAY 26TH MAY

We travel out to the Scenic Rim today enjoying the scenery around Boonah & visiting the Kooroomba Lavender Farm for lunch

Morning Tea and Lunch included \$80.00pp



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Helen Royle and Stanislaw Wisniowiecki
star in *Playhouse Creatures*.



Playhouse Creatures Sandgate Theatre

Story *Brooke Jacobson* Photo *Peter Murray*

Sandgate Theatre's latest production promises a bawdy romp through history with a dash of feminism thrown in.

Directed by Catherine O'Neill, *Playhouse Creatures* is set during England's Restoration era, when King Charles II returned from exile and allowed women to act on the stage for the first time.

Actress Patricia Bromley said the play was "very emotional" in parts. "It's a real roller coaster," she said. "The characters you see in this play are real people from history, they're not made up.

"And the women you see in the play are fighting for their rights; they're still really being put down by men, even though they're now allowed to act on the stage."

One of the most famous Restoration era actresses was Nell Gwyn, being portrayed in *Playhouse Creatures* by Michelle Whitmore. Other characters from history include the Earl of Rochester, played by Stan Wisniowiecki, and Ms Bromley's character, Mrs Betterton.

"*Playhouse Creatures* includes several excerpts from famous plays of the day," Ms Bromley said. "It's a history lesson, but in a fun way."

The play is not suitable for children. Tickets are \$22 for adults, \$18 concession. To book, phone: 0491 740 240 or visit: trybooking.com/BHTGM

Playhouse Creatures
13, 14, 20 and 21 March at 7.30pm
15 and 22 March at 2pm
Sandgate Town Hall

International Women's Day Business Breakfast

Story *Jodie Woodward*

Celebrate this year's International Women's Day at Zonta Club of Northside's business breakfast. Club president Ruthie Adams said STEM advocate Catherine Web was set to deliver an inspiring speech as the guest speaker.

"We encourage girls to strive for the top," Ruthie said. "Cathie is a great mentor and recently won a high-performance award in her field."

Another highlight of the event will be the presentation of the Young Women in Public Affairs and Community Award, where three young women will compete for a \$1000 prize pool.

"They will be presenting a two-minute speech as to why they are the best candidate, outlining their leadership and community service," Ruthie said.

The breakfast is sponsored by PandaPearls and The Bracken Ridge Tavern and all proceeds will go towards a bursary for a local girl to stay at school for grades 11 and 12.

Tickets are \$50 per person or \$500 for a table of 10. For more information visit Zonta Club of Northside Inc's Facebook page or book tickets at www.trybooking.com/BIEER
**International Women's Day
Business Breakfast
Wednesday 4 March, 6.30-8.30am
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REDCLIFFE

Cast of Redcliffe Musical Theatre's production of *Mamma Mia!*



Story **Sally Eberhardt**

Redcliffe Musical Theatre proudly presents *Mamma Mia!* and promises an uplifting experience full of fun, laughter and maybe a few tears. Twenty-two iconic ABBA hits are scattered throughout this glorious musical.

Madeleine Johns, president of Redcliffe Musical Theatre, said the show had great singing, great dancing, and a feel-good happy story based on a situation we are all familiar with – a wedding.

"*Mamma Mia!* is one of the world's most loved musicals – it's happy, vibrant, and who doesn't love ABBA," Madeleine said.

"Audiences will experience sheer joy, high energy, and a nostalgic glimpse into the past through the ABBA sound-track.

"The set will be a high point of the production – we are building this ourselves."

Mamma Mia! is set on a small Greek island where Sophie dreams of a perfect wedding, including her father giving her away. Sophie's quest to discover the identity of her father brings three men from her mother Donna's past back to the island they last visited 20 years ago – and mayhem ensues.

The Redcliffe Musical Theatre cast of *Mamma Mia!* has a stellar line-up:

Meg Kiddle brings her own magic to the role of Donna through her great vocals and delightful stage presence.

Sophie is played by Georgia Burnett, whose powerhouse vocals and effervescence bring the main character to life. Georgia has just returned from a year-long stint working for Disney in the US.

Charlie Harrison is the charismatic performer playing Sam, and Matt Leigh uses his rich vocals to delightfully portray Sky.

David O'Keeffe plays Harry, and James Reid plays Bill – both are RMT regulars that audiences love to see on stage.

Madeleine said volunteers were welcome to help "behind the scenes" on costumes, props, make-up or front-of-house. For further information, contact info@redcliffemusicaltheatre.com.

Come along to the celebration of love, laughter, family and friendship that is *Mamma Mia!*

For more information and tickets go to www.redcliffeentertainmentcentre.com.au/Events/Mamma-Mia

Mamma Mia!

Evening sessions:

13, 14, 20 & 21 March – 7:30pm

Matinee sessions:

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HISTORY

Sandgate, a matter of time

Story *Hellen White*



The current Sandgate Town Hall is the second in the town, after the first one, a wooden structure in Kate Street, Shorncliffe, was burned down in 1910.

Designed by well-known architect Thomas Ramsay Hall in 1911, it was decided that the second town hall should be more centrally located on what is now Brighton Road. The builder was Mr J Gemmell, who took 11 months to complete the construction. The design was unlike others of the time. Rather than incorporating classical elements, Hall's design showed more of the 'Arts and Crafts' movement of the time.

It was constructed with a tall clock tower at the corner. However, for over 10 years after the building was finished, it was a clock tower without a clock (Several prominent residents even offered subscriptions for the purpose of purchasing a clock).

The current clock, with four faces, was cast in 1877 by Gillett and Bland's steam clock factory in Croydon, London.

Serving as a memorial to Governor Blackall, it was originally given to the residents of Ipswich; it was installed in their School of Arts building. At the time of the federation, the city fathers decided that a newer and more prominent post office clock would serve the town of Ipswich, and the clock was removed and put into storage, to be forgotten for many years.

In 1913, Mr F J Bright Snr, head of Herga & Co, a Brisbane jeweller and watchmaking company, bought the clock and stored it under his family home at Nundah, where it lay abandoned for about ten years.

Mr. Bright Snr eventually sold the clock to the Sandgate Town Council in about 1923. The clock has two 20-inch chiming bells and one 26-inch strike bell. Both the time and the bells were driven by weights and had to be wound every three days. It is now run by satellite, dramatically reducing the effort to keep it running and on time.

Mr Alan Bright Jnr helped to install the clock in June 1923, and assisted in maintenance and repairs until his retirement in 1966.

This beautiful landmark remains a focal point of the Sandgate village.

With thanks to the Sandgate & District Historical Society & Museum Inc.



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De Gee Group Builders owner Josh de Gee with daughter Melikah de Gee

Research before you renovate

Story **Lyndal Magee**

The new year — a time for celebrating, entertaining, and making plans. House plans, that is.

De Gee Group Builders owner, Josh de Gee, said February and March were busy months for those in the building trade, with a significant increase in enquiries at this time of year. However, he said while this could be an exciting time to embark on new projects, it paid to do your research first.

"It's a bit of a catch 22," he said. "On the one hand, you don't want to go to the expense of having plans drawn up too early in the process, but on the other hand, it's really helpful to have a good idea of what you want before you meet with a builder."

Driving around the local area and looking online at properties for sale were good ways to get ideas, he said.

"It helps if people can start with a wish list," Mr de Gee said. "This should ideally include two or three things you won't budge on, and a couple of things you'd be willing to sacrifice if necessary."

Shorncliffe-based business owner, Kim Alexander of Kim Alexander Builders, said local home owners typically underestimated costs by up to 30%.

"I can't tell you how many times I see people and they've got these beautiful plans, and then you price it and they're very disappointed," Mr Alexander said.

He also stressed the importance of shopping the real estate market before embarking on renovations.

"It's worth doing, no matter your situation," he said. As well as being a useful way to source inspiration, renovators are more likely to be able to withstand the annoyances of renovating if they've ruled out selling their home first."

Mr Alexander said that once you've decided you're staying put, speak to a few builders to get different opinions and most importantly, to establish whether they're the right person for you.

"It's so important to find someone you can work well with and who's on the same wavelength," he said.

Mr de Gee said the right builder was one that you could be open and honest with from the outset. He also advised looking for a builder who was upfront about the costs involved.

"Choose wisely," he said. "Once you start working with a builder, look for a detailed breakdown on your quote to ensure you minimise any hidden costs."



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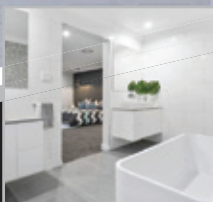
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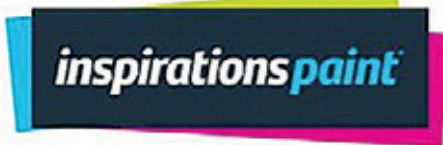


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TIME M
1 0119 2.00
0725 0.85
SU 1316 1.86
1944 0.71

2 0209 1.96
0821 0.95
MO 1405 1.73
2034 0.77

3 0316 1.96
0937 1.00
TU 1517 1.63
○ 2143 0.80

4 0436 2.01
1107 0.96
WE 1647 1.62
2303 0.75

5 0551 2.15
1229 0.84
TH 1805 1.70

6 0014 0.65
0653 2.31
FR 1335 0.70
1909 1.83

TIME M
7 0118 0.51
0747 2.48
SA 1429 0.56
2005 1.96

8 0214 0.39
0836 2.60
SU 1518 0.44
2055 2.10

9 0306 0.29
0922 2.68
MO 1602 0.36
2143 2.21

10 0356 0.23
1006 2.70
TU 1644 0.31
○ 2230 2.31

11 0443 0.23
1049 2.64
WE 1723 0.30
2315 2.36

12 0530 0.29
1132 2.51
TH 1801 0.33

TIME M
13 0002 2.38
0618 0.42
FR 1214 2.32
1838 0.40

14 0049 2.34
0709 0.58
SA 1259 2.09
1916 0.50

15 0140 2.27
0808 0.74
SU 1453 1.86
1959 0.62

16 0241 2.19
0921 0.86
MO 1453 1.68
● 2055 0.73

17 0354 2.13
1047 0.89
TU 1618 1.59
2211 0.80

18 0512 2.14
1207 0.82
WE 1743 1.63
2334 0.79

TIME M
19 0619 2.19
1307 0.73
TH 1849 1.74

20 0045 0.72
0713 2.26
FR 1354 0.64
1938 1.86

21 0138 0.64
0758 2.30
SA 1434 0.59
2019 1.96

22 0222 0.57
0836 2.33
SU 1509 0.55
2055 2.05

23 0300 0.53
0911 2.33
MO 1540 0.53
2126 2.11

24 0334 0.51
0942 2.31
TU 1608 0.51
● 2158 2.17

TIME M
25 0407 0.51
1011 2.28
WE 1635 0.50
2229 2.22

26 0440 0.53
1039 2.22
TH 1701 0.50
2301 2.24

27 0513 0.58
1108 2.13
FR 1728 0.52
2335 2.24

28 0548 0.66
1137 2.02
SA 1756 0.57

29 0009 2.21
0624 0.74
SU 1209 1.90
1825 0.63

30 0047 2.16
0706 0.83
MO 1246 1.78
1900 0.70

31 0133 2.11
0759 0.90
TU 1337 1.66
1947 0.78



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