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Amber Manning, Jacqueline Long and Hannah Milton will be celebrating Ladies Day and the Roosters.

CELEBRATING THE LADIES

Story **Aleasha Bliss** Photo **Bruce Redman**

n the words of Beyonce – "who run the world? Girls". The Brighton Roosters Rugby League Club agrees, and is hosting a ladies day event to celebrate and acknowledge the women in the community, and to encourage more women's interest in rugby league.

Although the day is celebrating all things female, the goal is to raise funds to make some much-needed renovations and upgrades to the 52-year-old football club.

One of the club coaches and head of events subcommittee Tim Williams said this was the club's first ladies day, and they hoped to make it an annual event if it was successful. "Erin from Serene Spaces is organising massages, make-up tutorials and will make sure all the ladies are pampered and having a great time," Tim said. "Wild Cherry Events is catering the day with their specialised hot and cold platters."

Tim said to frock up as there would be a bestdressed prize on the day, along with raffles, a silent auction, and many other giveaways.

We've been pretty lucky to get a lot of donations on board from different businesses," Tim said. "There's been photographers and florists, and some different businesses around that have contributed some nice prizes together."

There are two different ticket packages available for the ladies day event. They both include entry and food; the \$99 ticket includes an alcoholic drink package, where the \$79 package caters to the non-drinkers.

Live music on the day is still to be announced and the grade A players will be proudly wearing pink socks for their game on the day.

The Brighton Roosters are also looking forward to showing off their new concrete deck that is being constructed with a federal grant they were awarded this year.

"We've got a great little community down here in Brighton, Sandgate, and the 4017 area," Tim said. "We are encouraging anyone that's local to come down and attend, whether you're interested in football or not.

"The event is about raising funds but also to acknowledge the women in the community."

To enjoy a pamper and a wine or two, round up your girls and book your ladies day event tickets at www.eventbrite.com and search Brighton Roosters Ladies Day 2021.

Brighton Roosters Ladies Day 2021 Saturday, 7 August, 3:00pm-7:30pm Brighton Roosters Junior Rugby League Club Stanley Terrace, Brighton



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SPOON DISPLAY CAUSING A STIR

Story Brooke Jacobson
Photo Isabella Cate

here's more than a teaspoon full of love in the 4017's latest attraction. Spoonarama – Queensland's largest display of souvenir teaspoons – has opened at Round Table Coffee in Bracken Ridge.

Owner Jeremy Jucha said the teaspoon collection "kind of happened by accident". "We've been here seven years now and we've always had souvenir spoons at the café," he said.

"They became a bit of a talking point and people just kept on donating them to us – whole collections sometimes, from their grandmother's house or their parents."

The café had a three-day souvenir teaspoon exhibit a couple of years ago, and now Jeremy has expanded into a space next to the café, making it a permanent display.

"So far, we're up to about 12,000 spoons," Jeremy said.

"People ask me all the time what they're worth, but their value to me is really in where they came from and who they belonged to."

The teaspoons are displayed in a range of different sections including schools, states, holiday spots, and international spoons from locations including Europe, the US and New Zealand.

"We have a rack of our favourite spoons as well, ones that have a sentimental meaning for us," Jeremy said.

"It's taken my wife Allie and I about 250 hours to get the whole together and we will add more as time goes on.

"I've been contacted by a bloke in Perth who has 15,000 spoons and another bloke in Sydney who has twice that.

"If we were able to get those collections, we'd have to think about expanding again – and that's getting into Guinness World Record territory."

Jeremy added spoon collecting was becoming a dying art form, with one of the oldest teaspoons in the collection dating from the 1920s.

"It's just not something you see much of anymore, there even used to be spoon clubs although they've all finished up now," he said.

"It used to be that you would do a big drive, pull up in every little town and buy a spoon at each stop."

Local teaspoon fans will be able take home souvenir Spoonarama t-shirts, tea towels, and of course, teaspoons.

Spoonarama is open Mondays, Wednesdays and Fridays from 10am to 2pm, and on Saturdays from 8am to noon at Round Table Coffee, 3/67 Gawain Road, Bracken Ridge. Entry is free.





Learn to Skate

Skatewell Skateboard Coaching is holding a skateboarding class for all levels at the Bracken Ridge Skate Park on Sunday, 4 July from 9.15am. Experienced coaches will run the lesson showing participants the basics of skateboarding through to performing tricks for more confident riders. Cost is \$28 and bookings are required. Visit Skatewell Skateboard Coaching of Facebook for more information and to register.

Don't Toss It, Repair It

Don't throw out your broken items, why not just fix them? Repair Café is a free meeting place all about sharing repair skills together. Visitors bring broken items, team up with a volunteer fixer and mend the item together. Typical items you can bring include clothing, electronics, electrical appliances, blunt knives, or something requiring a minor mechanical repair. The next Repair Café will be held on Sunday, 18 July, 2.00pm-4.30pm at the Sandgate Community Centre, 153 Rainbow Street, Sandgate.

Beginner Fishing Lessons

If you've always wanted to take your kids fishing and are not sure what to do to get started, then this program is for you. The Kids and Families Fishing Lesson by 2 Bent Rods will show you and your kids how to fish. The lesson is very handson and everyone will be shown how to use the equipment and will receive help to correct their technique. Get tips to help make your next fishing adventure more successful. All bait and fishing equipment provided.

Kids and Families Fishing Lessons will be held on Sunday, 4 July and Saturday, 17 July at the Shorncliffe Pier.

2 Bent Rods will also host Fishing for Beginners for Brisbane City Council Chill Out on Saturday, 10 July at Bald Hills Boat Ramp. This program is for 10-17 year olds only.

Bookings are essential for all programs. Visit 2 Bent Rods on Facebook to find out more and to make your booking.



SANDGATE'S NEWEST CLUB UPDATE

Story **Aleasha Bliss** Photo **Bruce Redman**

new club is set to open at the end of the year to replace the old Sandgate RSL Memorial Club (also know as Club Sandgate), with renovations currently underway.

The Sands Social will be the newest club in town and internally it will be very different to what was once there.

Kedron-Wavell Services Club marketing manager Brendan Wilson said the club now had its liquor licence approved and if all goes to plan, a November opening was on the horizon.

"Inside will be full new fit outs of kitchens, gaming, floors, dining rooms, and cafés," Brendan said. "It's going to be basically a whole new club on the inside

"The exterior of the club won't be changing too much, just a coat of paint and a couple of signs here and there," he said. "We will put in new gardens and make it look pretty on the outside again."

Brendan said it was all systems go at the moment now the license was approved. The entire internal club is already gutted and in the process of its major makeover.



We are going to create more of a hospitality venue for everybody," Brendan said. "We want to create a place where people can come time after time, have some dinner, have some drinks and catch up with friends.

"It's really a community space that we believe has been somewhat missing in that area since the RSL closed down a couple of years ago now. There has definitely been sort of a want and a desire for that club feeling again - that sense of belonging and community. We want to be able to offer that to people."

Brendan said it would be a very exciting place for the locals and beyond to visit as it would be like nothing they had been to before.

"The Sands Social is not going to be a generic club," Brendan said. "It's not going to be a cookie cutter club; you're not going to walk into an RSL club." It's going to be very much a hospitality venue with a community mindset in its heart.

"We definitely want to involve as many local outlets as possible - the butchers, the hairdressers, the local schools, the Chamber of Commerce; and we really want to embed The Sands Social in the Sandgate local area."

There will be more exciting updates closer to The Sands Social opening.





Story Alyssa Mackay Photo Bruce Redman

lans are afloat to establish a dedicated canoe access point into Cabbage Tree Creek, meaning paddlers will no longer have to struggle to find a nearby car park.

Developments are underway to improve the existing launch site, allowing easier access to the creek and better safety for paddlers.

Deagon Ward Councillor Jared Cassidy said he had received the concept plan for the enhanced access point, which is to be established at the end of Curlew Street.

"The area at the end of Curlew Street was home to the Hutchison Slipway for many years," Jared said. "It remained largely inaccessible to locals and after years of disrepair, it was eventually converted back into parkland in the 2000s.

"Throughout 2020, when we initially went into COVID lockdown, more people started to discover activities in their local area. I started getting more requests for better access to this canoe ramp, so we started the planning process."

The concept plan includes vehicle access from the end of Curlew Street to a new car parking

area near the ramp, as well as a turnaround for vehicles.

Local kayaker Cam Boon said he was excited to hear that the plans were being drawn up to allow better access to the canoe ramp.

"I got a kayak at the start of 2020 and have loved using it in Cabbage Tree Creek, but accessing this ramp has been difficult if you can't get a park nearby," Cam said.

"Having a dedicated canoe ramp will make it much easier for people to get in and out of the water without having to battle for space with boaties at the other ramps."

Jared said the next phase of the project was a detailed design.

"The area is contaminated land, being a former dump site, so that will put up some challenges," Jared said. "However, this is a project that has been a long time coming and will be of great benefit in giving locals a new dedicated access point to Cabbage Tree Creek for paddling."

It is expected that the detailed design will be completed within the next financial year, with construction to follow shortly afterwards.

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Conservation biologist Dr Richard Fuller

50 years of Keeping Sandgate Beautiful

Story Linda Read

alf a century ago a group of Sandgate residents, passionate about protecting Sandgate's natural and built environments, got together to form the Keep Sandgate Beautiful Committee.

This year, that group – now known as the Keep Sandgate Beautiful Association (KSBA) – is celebrating 50 years of working with governments, other organisations, and the 4017 community to preserve and enhance the area's unique character.

To celebrate, KSBA is hosting a public lecture next month called Make Space for Nature, by renowned conservation biologist Dr Richard Fuller from the University of Queensland. The lecture has particular reference to the Sandgate area.

KSBA secretary Jenny Carey said the aims of the association were: to enhance the natural beauty of the area; to promote the conservation of natural environment; to foster balanced development; and to encourage community concern and involvement.

She said that recently, the group had been proactive in responding to the proposals around the Sandgate Area Draft Neighbourhood Plan, the Shorncliffe Escarpment Plan, and the Gateway Motorway Upgrade.

"Our president is Linda McMahon, who does a wonderful job liaising with government, organizing grants and meeting with the community," Jenny said.

Community members are encouraged to be involved by attending one of the regular meetings or 'habitat groups'.

"Currently KSBA has a Habitat Group that meets every Wednesday morning at Dowse Lagoon to revegetate the edge of the lagoon with a diversity of native shrubs," Jenny said. "This is to negate the need for spraying and to encourage more small birds around the lagoon. Already a more diverse range of birds has settled into the new plantings.

"We work with Birds Queensland at Dowse Lagoon and hold two bird walks each month, led by experts from Birds Queensland. The results of these bird surveys are collated and used to guide further plantings around the lagoon."

The association also meets once a month at the Sandgate Museum.

Public lecture by Professor Richard Fuller To celebrate KSBA's 50th anniversary Wednesday, 28 July, 7.00pm Sandgate Town Hall Book through Eventbrite (limited seating)

For more information go to the KSBA Facebook page.

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Story Aleasha Bliss

riday nights are set to go live at Sandgate Bowls Club with the club's Hot August Nights ready to launch. The variety nights will each have a different theme and will have huge acts ready to entertain the community.

Rockabilly royalty Slim Gritty will be launching the recurring event on 6 August, Seven Deadly Swings will be performing on Freaky Friday, Ludy Sigrist will perform his Neil Diamond tribute show on the third Friday of the month, and the last Friday of the month will have a 70s disco vs rock show featuring Chi Chi Band.

Jukebox Jimmy will be hosting and DJing at each event, and said it would be a great night to come and enjoy what the Sandgate Bowls Club could offer the community.

"This is a venture for entertainment principally for the Sandgate population, but we wish to expand the invite to Brisbane," he said.

Sandgate Bowls Club functions manager Steve Walsh said the club was completely run by volunteers and was Sandgate's best kept secret.

"We have a big timber dance floor that's about 200 to 240 sqm," Steve said. "It's the biggest dance floor in Sandgate. We've got a



stage, a fully licensed bar, and all the facilities to create a really good atmosphere.

"We have a really vibrant music culture in Sandgate and so we'd like Friday nights in Sandgate to be the night that people think about going to the bowls club for a beer, some live entertainment, and a dance.

"Everyone can expect a really fun night. They can let their hair down and get rid of the stresses of the week. Have a couple of quiet cleansing ales and kick off the weekend in style."

The night will also have barbecue meals with a choice of steak, chicken or hamburgers,

and vegetarian and vegan options will be available for patrons also. Each of the events will include prizes and giveaways, and some of them will have prizes for best dressed.

Tickets will be \$20 per person and need to be pre-purchased from 1 July at rockabillyaustralia.com or by phoning Jake Maloney on 0413 388 528.

Hot August Nights Friday nights from 6 August doors open at 6:30pm Sandgate Bowls Club



Maree Stephenson with her fat-tyre bicycle called Banjo.

Story Jodie Woodward

aree Stephenson has always loved a challenge. In May this year, she set out on an attempt to cross all 10 Australian deserts on her fat-tyre bicycle called Banjo – a feat that will take 139 days.

"Challenges bring out the best in me as a person and human being and let me learn more about myself especially under pressure and out of my comfort zone," Maree said.

Maree's challenge is raising money for Beyond Blue, a charity close to her heart.

"A series of difficult events over the last 10 years have taken a toll on my mental health and I have struggled with anxiety and depression over this time," she said. "I was ready for another challenge to help me move through this stage in life and be my best self for my family."

The community of Sandgate has been a significant support to Maree both to prepare for and during her challenge. She received donations of essential items from local businesses before she set out. Then, when she needed help to purchase a two-way communication, tracking and SOS device, and pay for the satellite and

Telstra subscriptions, she turned to her local community again.

"Being a Sandgate girl, my plan B was to approach at least 10 businesses in the Sandgate community who know me well. This process was amazing as each of the businesses were happy and excited they could support our cause."

Support came in from a number of local business including Chemist Warehouse Sandgate, Laurels Beauty Salon, Ironwood Cottage Organic Whole Foods, Fiona Green Podiatry, Market Square Meats, Sandgate Real Estate, Bruce Connolly Builders, Sandgate Wreckers, Terry Duffy Optometrist, and Sandgate Automatics. And she has had constant support from her parents along the journey too.

"Mum and Dad have lived in Sandgate for 56 years," Maree said. "Their support is remarkable and fuel for my soul. They are sending my postal packs to towns in time for me to collect and make sure they're packed with love and care and other essentials items - like Minties."

Maree will complete her challenge on 17 September in Birdsville. To keep up-to-date on Maree's journey or to donate to her cause visit the10desertchallenge.com



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Mikaela Demaio and Kay Navarro are ready for some Harry Potter Trivia fun.

Photo Bruce Redman

hether you are a witch, wizard, or a muggle, you do not need to attend Hogwarts to be schooled in all things magic. The Full Moon Hotel is hosting a themed Harry Potter Trivia night fit for the whole family this month.

Full Moon Hotel marketing manager Kay Navarro said diehard Harry Potter fans were going to love this themed trivia night and encouraged everyone to come dressed in their favourite costume to have the chance to take home a magical prize.

"We'll have a best dressed prize, a winning team prize and some for impersonations, and then we'll have kids prizes as well," Kay said. "We are looking into some kid-friendly Harry Potter competitions for the younger ones so it's a bit more interactive for them on the night.

"Everyone can just have fun and really show their love for Harry Potter. They can do their Wingardium Leviosa impersonations and really just hone in on how amazing the Harry Potter franchise is. It is a one time, one night thing, so come in and have a laugh and do some trivia."

Kay said typically their trivia nights were held on a Thursday night, but given the success of their Seinfeld-themed event last year, they thought the Wednesday evening might give some newcomers a chance to attend, and school holidays would allow the parents to bring their children.

"It builds more of a community by doing themed trivia, every once in a while," she said. "Especially because Harry Potter is just such a huge fan favourite even 10 years after the franchise has finished."

Wednesday is also schnitz night at the hotel, with all schnitzels priced at \$16 from 5:30pm. They also have an extensive kids' menu to keep the mini witches and wizards happy and full.

"We will have a themed special cocktail, and it is free to play trivia," Kay said. "We are expecting it to book out as most of our trivia nights do, so bookings are required to lock in your spot."

Catch up on all your Harry Potter knowledge prior to the event as magic spells are cheating and will not be allowed on the night.

Phone to book your seats on 3869 0544

Harry Potter Trivia Night Wednesday, 7 July, 7:00pm The Full Moon Hotel



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Story Brooke Jacobson

he staff at Toothkind are smiling extra wide this year as the popular dental surgery marks 10 years in business.

Business manager Mel Carter said the days of dentistry being "scary" were long gone and their aim was to make patients feel as comfortable as possible.

"We like to listen to our patients, and we explain everything to them as we go," she said.

"When kids come in they love having the TV on the ceiling above them, and all our dentists do a great job making them feel safe."

They were also the only dentist on the northside of Brisbane to remain open during COVID last year for emergency cases. "We were seeing patients from all over Brisbane during that time," Mel said.

Mel said regular visits to the dentist were vital for good health. "It's so important to have a healthy mouth, because an infection in your mouth can affect your whole body," she said.

"In fact, heart health, and the health of your teeth and mouth, are very closely linked.

"It's really important to see the dentist every six months. They won't just clean your teeth, they'll also keep an eye out for concerns like oral cancer."

Mel said staff would be celebrating the 10-year milestone with a party later in the year.

Toothkind is located at 97 Braun Street, Deagon



➤ July: Umberto Clerici (piano) and Daniel de Borah (cello)

Master musicians Umberto Clerici and Daniel de Borah perform works from the Romantic era by Mendelssohn and Chopin.

July: Umberto Clerici and Daniel de Borah Saturday, 3 July, 7.30pm Sandgate Town Hall Book online: www.musicbythesea.com.au

August: Sharon (cello) and Slava Grigoryan (classical guitar)

Guitar wizard Slava Grigoryan said good old Plato knew what he was talking about when he uttered the words, "Music gives a soul to the universe, wings to the mind, flight to the imagination, and life to everything." Spoken by one who knows, Slava added that the quote was a beautiful summation of what it's about.

And when Australia's favourite music industry couple Slava and Sharon Grigoryan perform in Sandgate, these heady elements will merge in a much-loved, mixed genre playlist.

It includes the Italian composer Antonio Vivaldi, who was known as the Red Priest because of his reddish hair (such a good fellow, he gave musical training to female wards at a home for foundlings); the Spanish nationalist Enrique Granados (the Spanish do guitar so well); awardwinning South Australian Anne Cawrse PhD (one to watch); items from the Grigoryan's own album Our Place; a commission composed by Slava (hot off the press); and items yet to be decided.

"We love all the music on the program," Slava said. "There's a connection with it all in a similar way we have a connection with each other."

"I've played in Sandgate many times over the years, and audiences know what I do. This will be the first time Sharon will be there. She's an extraordinary musician, and the cello works wonderfully well with the guitar. It feels incredibly natural to perform together.

"We're very fortunate we found each other, both as musical partners and in our own personal lives as well. And being able to share the communication we share with others is a real honor."

Sharon and Slava Grigoryan
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JARS OF GOODNESS

Story Brooke Jacobson

ne of the sweetest and most eagerly anticipated stalls at the Einbunpin Festival is the Nashville State School jams and preserves stand.

The school has taken part in the festival for a decade and in the past six years, has become famous for selling jams and preserves.

Abby Harvey has been the driving force behind the stall and said the Einbunpin Festival meant more to Nashville than a simple fundraiser.

"For us, it's about showing off how wonderful Nashville State School is," she said.

"There is a lot of thought that goes into decorating our stall, and we always have some of our dedicated teachers there to answer questions about our school and our kitchen garden program."

Nashville sells between 1200 and 1500 jars during the one-day festival.

"Every jar is homemade by parents or family members of the school," Abby said.

"Their time and ingredients are all donated, whether the ingredients are purchased, or they come from the school gardens, or they're grown by our families."

The stall features a wide variety of flavours from plain strawberry jam, to champagne and vanilla bean jam, quince jelly, tomato kasundi, lemon curd, marmalade and spicy Indian lime pickles.

"In the past couple of years, we've had nearly 90 different preserves," Abby said.

"It takes a team to bring everything together and we're lucky to have that at Nashville State School."

Healing from Abuse

Story Alyssa Mackay

ealing from past abuse may be possible in ways you haven't considered before. A local kinesiologist is inviting members of the community to the Bracken Ridge Library this month for a talk about healing from abuse.

Holistic Kinesiologist Michelle Pantges said attendees would learn about the impact of abuse, suppressed emotions, the role of the subconscious mind, and how healing is possible.

"We can be impacted by abuse in many ways, including feeling there is something wrong with us," Michelle said. "Feeling alone or powerless, that no-one understands us, low self-worth, lack of confidence, anxiety, depression, as well as trust and relationship issues."

Michelle said her own experiences led her to explore kinesiology and the other healing modalities in which she practices. She has now been practicing kinesiology for ten years.

Michelle said anyone who is interested in healing from their experiences should attend the talk.

"I have helped a lot of people who have suffered different forms of abuse, using kinesiology," she said. "Most people report feeling less stressed, lighter and more empowered in themselves."

"By attending the talk, you may come away with knowledge on how to move forward."

Those interested in attending must contact Michelle directly on 0417 612 803. Numbers are limited due to COVID-19 restrictions.

Healing from Abuse Saturday 31 July, 11am-12pm Bracken Ridge Library 77 Bracken Street, Bracken Ridge.





A WORD FROM OUR REPRESENTATIVES

Cr Jared Cassidy



The 29th Annual Einbunpin Festival will be held on Sunday, 25 July at Einbunpin Lagoon Parkland. The festival runs from 9am to 4pm. The theme Celebrating our Community is very

fitting as it is a fantastic opportunity for community groups and organisations, schools, businesses, and individuals from the local area to showcase the fabulous area that we live and work in.

The whole family can spend the day out in Sandgate. Whether it's watching the acts in the Festival Arena, Acoustic Stage or Youth Stage, strolling through the many market stalls or grabbing something delicious to eat from one of the food vendors, there is always plenty to do and enjoy. The famous Mullet Toss will be happening once again in the Festival Arena, along with the Egg and Spoon races.

For the first time we will be closing part of Lagoon Street to allow the inclusion of some amusement rides. There will be a giant slide, rock climbing, and the ever popular jumping castle. The rides will add another fun dimension to the festival.

Stirling Hinchliffe MP



Like many in our community I await with bated breath for the 2021 Einbunpin Festival, which will be held on Sunday, 25 July at Einbunpin Lagoon Parkland.

After an incredibly difficult time for our community

over the last 17 months, I know this will be a fantastic opportunity for community groups, organisations, schools, businesses and individuals to showcase our beautiful bayside.

For the community to come together and show off the vibrancy and artistic talents found in 4017 and surrounds. It's a great chance to learn more about our local community, and catch up with friends.

In a first for the festival, I am honoured to sponsor the closure of Lagoon Street to enable a number of changes ensuring the festival will be greater than ever before.

Following last year's Virtual Einbunpin Festival, I know Councillor Cassidy has worked closely this year with the Festival Committee to make a number of changes. There will be a new layout, and more activities and entertainment, making it a fabulous day out for the whole family.

I look forward to an enjoyable day with some fantastic winter weather and spending time with the Bunpin.

Cr Sandy Landers



Despite unpredictable weather, Hoyland Street upgrade has continued to progress rapidly. Work on Norris Road and Barbour Road intersection is also on track to be completed by late 2021.

I am pleased to advise that Brisbane City Council is now in the planning phase to upgrade Beams Road between Lacey and Handford Roads. Four traffic lanes including widening the culverts at Cabbage Tree Creek, safety improvements at various intersections including

signalising Beams and Dorville Roads intersection; a centre median; and public and active transport improvements are all part of the preliminary design consideration. For updates and notification of information sessions visit brisbane.qld.gov.au and search Beams Road Upgrade. The project is jointly funded by Council as part of the Better Roads for Brisbane program and the Australian Government as part of the Urban Congestion Fund.

Don't forget Backyard Bonanza is back this year at McPherson Park, Denham Street, Bracken Ridge on Sunday, 24 October. Interested stall holders can email Bracken Ridge Lions Club at brackenridgebyb@gmail.com









We look forward to caring for your loved ones!

"Our desire is to provide quality support and services to our most vulnerable community members Our team has years of experience providing community services in aged, disability and mental health care. We look forward to caring for your loved ones." — The Brisbane North Care Team

Services

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We are family-owned and operated and are here to support you and your loved ones to remain living safely and independently at home.

> You can contact us directly on 07 3518 8820 or email us at care.bn@rightathome.com.au



Story Jodie Woodward Photo Hayley Hatton

ocal singer songwriter Grace Spinks is set for a busy month. She's releasing her new EP Shelter in the Rain and debuting her new performing name, Mackenzie Grace.

"I think Mackenzie Grace, which is my middle and first name, captures my musical style and vibe more," she said.

Grace's musical journey began at a young age, and she describes her family as "super musical". "We've always played music around the campfire and there's always been a lot of music in my home, so it was pretty natural for me to start writing music when I was little," she said. "I've been doing little performances since grade six, performing at the Einbunpin Festival and busking around Sandgate, and now I play at markets on my weekends and perform at Brisbane festivals and functions.

If you haven't yet heard Grace play live, you can listen to her songs on Spotify and other music streaming services. She said her style falls somewhere between acoustic indie-pop and folk. "I grew up listening to Taylor Swift and still love her now," she said. "Throughout high school my biggest musical influences have been Dodie Clark and Rex Orange County, two amazing indie musicians."

Grace has her sights set on a long musical career, with plans to study music next year and become a performing musician. "My biggest passion in music is composing and beyond anything, I hope my music connects with people," she said. "The best part of performing my music is hearing what people hear in it that maybe I don't, and how they interpret my writing. I can see myself writing for my own shows, other musicians or maybe even for theatre."

For now, her EP launch will feature some other young local talent including Josh Crawford, Nivrithi Bhaskar, and Ella Jones.

"I will be playing my full EP set with a band – my first ever headlining performance of all original music. The bar will be open and there will be barbecue food for sale throughout the night provided by the Sandgate Bowls Club, and it's set to be a super fun night."

Instagram and Facebook @MackenzieGraceMusic.

Mackenzie Grace EP launch Saturday, 17 July, 6.30pm Sandgate Bowls Club

Peaceful Hub Brighton turns 2

& to celebrate we're drawing 1 Reiki Session per week in July sign up to win www.peacefulhub.com.au



Join us in our Studio for group Yoga - Gentle, Pregnancy, Restorative, Meditations. Medicine Drum Sound Bath. Women's Circle, Chakradance, Cacao Ceremony & various Workshops

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EINBUN

Story Jodie Woodward

ince 1992, the Einbunpin Festival has celebrated all the things that make the Sandgate community special. Last year's event was a virtual one but this year, the festival is back in its original format.

Councillor for Deagon Ward Jared Cassidy said he was pleased the festival could return to its usual form.

"The local community has been hurting in many ways due to the pandemic," Jared said. "This will give schools, community groups, and local businesses a chance to do some much-needed fundraising as COVID cancellations have meant many fetes and events have been unable to take place. These events are often the biggest fundraising events of the year, particularly for schools."

The day includes activities for everyone including stalls, performances by locals, and games and activities. For the first time there'll also be a partial road closure in Lagoon Street, which will allow for the inclusion of some amusement rides including a giant slide, jumping castle, and rock-climbing wall.

"It's a great chance to learn more about our local community and catch up with friends," Jared said. "Over the past few years now we have refocused the activities on family-friendly and free events so everyone can enjoy them – and they have been immensely popular. It's the best community festival in Brisbane."

Jared said the festival continued to provide an opportunity for the community to come together and show off the artistic talents found in the area.

Musical acts on the day will include Simian Sick, Supercharge, and Fifth Dynasty. There'll also be



FESTIVAL IS BACK

a range of local school choirs and ensembles to keep the music flowing. Attendees will be able to visit stalls from Nashville State School, St Kieran's Primary School, Sandgate State School, Brighton State School, Sacred Heart Primary School, Shorncliffe Potters, Queensland Country Women's Association, and Jabiru Playbus. There'll also be a pop-up library and storytime in the playground.

"Bring your family and friends and be ready for a full day out," Jared said. "There will be entertainment all day, plenty of food and stalls to keep the whole family entertained and happy for the whole day."

For info, visit: www.einbunpinfestival.org.au

Einbunpin Festival Sunday, 25 July, 9.00am-4.00pm Einbunpin Lagoon, Brighton Road, Sandgate



EINBUNPIN FESTIVAL PROGRAM





FESTIVAL ARENA

ENTERTAINMENT FROM 8.30 AM TO 4 PM

Official Opening at 10.30 am Pete Vance performing the famous Einbunpin Festival Song.

Community Choirs, Local School Choirs, Jazz Ensemble, Dance Troupe and Drum Corps.

Local Bands, Dance performances and a Drag Performance!

ACOUSTIC STAGE

Throughout the day there will be a lineup of talented acoustic artists performing on the Acoustic Stage in Lagoon Street.

Come along and chill out in this relaxing zone at the Festival

YOUTH STAGE

From 9 am to 4 pm pull up a hay bale at the Youth stage and enjoy some local youth talent. Line up for this year includes:

DUBLIN ROSE

PIFR PRESSURE

SHORF THING

SIMIAN SICK

FIFTH DYNASTY

DR SHAKYHANDS

JOE BEVERIDGE AND MANY MORE!

ALL DAY ACTIVITIES

Free Putt Putt, Free Photo Booth, Giant Slide, Jumping Castle, Rock Climbing Wall, Egg and Spoon Races, Mullet Toss and over 100 food and market stalls. Kim Mancini's art activities for kids (and the big kids too).





Sunday 25th July, 9am - 4pm

Einbunpin Lagoon Parklands Brighton Rd, Sandgate www.einbunpinfestival.org.au























What's On. JULY

01 THURSDAY

▲ LAURIE'S BEACH WALK

SANDGATE FORESHORE 9AM - 11AM

Discover the web of life along the Sandgate foreshore and tidal flats. Discover the soldier crabs, where stingrays feed, the shell-house worms, moon snails and more. Waterproof shoes preferable. Free but bookings are essential. Contact Pam Verney on 0410327095

□ OPEN MIC AT THE CARDIGAN BAR

CARDIGAN BAR 7PM

Q2 FRIDAY

JOASIS MAK
ECLECTEA 4PM

DJ GALLEON

PHOENIX BAR & LOUNGE 6PM

■ SLEEPY BRUNETTES

CARDIGAN BAR 7PM



□ UNPLUGGED CAFE

SANDGATE COMMUNITY CENTRE 7PM

IBEN STEWART DUO

FULL MOON HOTEL 8PM

03 SATURDAY

☐ SATURDAY SESH W MAK & GEOFF

ECLECTEA 5PM

THE DIRTY DUKES

CARDIGAN BAR 7PM

J UMBERTO CLERICI & DANIEL DE BORAH

SANDGATE TOWN HALL 7:30PM



J DJ DOLLYPOP

PHOENIX BAR & LOUNGE 8PM

DAY OF EMBERS

FULL MOON HOTEL 8PM

04 SUNDAY

MONTANA

Full Moon Hotel 2pm

TUNES ON THE TURF - OPEN MIC

ECLECTEA 3PM

J WILKO

PHOFNIX BAR & LOUNGE 3PM

STONED AND SOBER

CARDIGAN BAR 4PM

08 THURSDAY

JOPEN MIC AT THE CARDIGAN BAR

CARDIGAN BAR 7PM

09 FRIDAY



JOASIS MAK

ECLECTEA 4PM

J DJ BOOGIESHOES

PHOENIX BAR & LOUNGE 6PM

JLA BOUM

FULL MOON HOTEL 8PM

10 SATURDAY

A SANDGATE VILLAGE MARKET

EINBUNPIN LAGOON, 70 BRIGHTON ROAD SANDGATE QLD 4017 8AM - 12PM

Local Community Eco Market

ICELTIC SESSIONS WITH

BLARNEY STONE CARDIGAN BAR 3PM

CALEB CASWELL

ECLECTEA 4PM

STATE OF APPALACHIA

CARDIGAN BAR 7PM

TOM ROBERTS DUO

FULL MOON HOTEL 8PM

J DJ DOLLYPOP

PHOENIX BAR & LOUNGE 8PM

1 SUNDAY

J WILL DAY

FULL MOON HOTEL 2PM

JWILKO

PHOENIX BAR & LOUNGE 3PM

IT TUNES ON THE TURF - OPEN MIC

ECLECTEA 3PM





15 THURSDAY

JOPEN MIC AT THE CARDIGAN BAR

CARDIGAN BAR 7PM

16 FRIDAY



JOASIS MAK

ECLECTEA 4PM

J DJ GALLEON

PHOENIX BAR & LOUNGE 6PM

□ DAN FERGUSON & FELICITY KIRCHER

FULL MOON HOTEL 8PM

17 SATURDAY

SATURDAY SESH W GREG EGAN

ECLECTEA 5PM

70'S FEVER - 1970'S DRESS UP NIGHT

CARDIGAN BAR 7PM



SCARLETT GUNNER DUO

FULL MOON HOTEL 8PM

18 SUNDAY

□ PERCY ROBINSON DUO

FULL MOON HOTEL 2PM

TUNES ON THE TURF - OPEN MIC

ECLECTEA 3PM

WILKO

PHOENIX BAR & LOUNGE 3PM



22 THURSDAY

OPEN MIC AT THE CARDIGAN BAR

CARDIGAN BAR 7PM

${f 23}$ friday



OASIS MAK

ECLECTEA 4PM

DJ GALLEON

PHOENIX BAR & LOUNGE 6PM

AMY VARLEY DUO

FULL MOON HOTEL 8PM

24 SATURDAY

I HARVEST DUO

ECLECTEA 4PM

FULL MOON

RISE TIME 5.18PM

IC&C

FULL MOON HOTEL 8PM

J DJ DOLLYPOP

PHOENIX BAR & LOUNGE 8PM



25 SUNDAY

JWILKO DUO

FULL MOON HOTEL 2PM

IT TUNES ON THE TURF - OPEN MIC

ECLECTEA 3PM

JEMQ BAND

PHOENIX BAR & LOUNGE 3PM

■ WEST TEXAS CRUDE (WTC)

CARDIGAN BAR 4PM

29 THURSDAY

JOPEN MIC AT THE CARDIGAN BAR

CARDIGAN BAR 7PM

30 FRIDAY



OASIS MAK

ECLECTEA 4PM

SKY EATER

CARDIGAN BAR 7PM

J DJ DOLLYPOP

PHOENIX BAR & LOUNGE 8PM

CHRIS AH GEE & JAZZELLA

FULL MOON HOTEL 8PM

31 SATURDAY

A GUIDED HISTORICAL WALK

BALD HILLS CEMETERY 9:30AM - 11:30AM

Join Sandgate & District Historical Museum researcher Pam Verney in discovering the secrets of our pioneers at the Bald Hills Cemetery. Tour includes a special opportunity to enjoy a short 'smoko' with the settlers. \$25 Bookings essential. 0410 327 095

JGEORGE HODGES

ECLECTEA 4PM

IMONTANA

FULL MOON HOTEL 8PM

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WHAT'S AROUND TOWN



Story Nadia Chapman

IPSO FACTO is back with a multi-instrumental performance for your Thursday night delight. Taking the stage at the Queensland Cruising Yacht Club on Thursday, 29 July, IPSO FACTO will mesmerise with their current stage sound.

One half of the duo, Peter Harvey, said that locals could expect to hear a mix of music across a range of genres. "[Locals will hear] originals drawn from existing published works or those yet to be released – featuring quirky ragtime, contemporary world music, folk, and soul," Peter said.

Locals can also expect select covers from the likes of Gillian Welch and Hank Williams. However, "most of our repertoire is original music," Peter said.

Both musicians, Peter Harvey and Phil Brown, have a broad background in recording and performance – with a mix of violin, acoustic guitar, and prolific songwriting that make up IPSO FACTO.

Peter said their favourite part about performing was the chemistry between the duo and the audience. "Playing music for people is always fun, and when the IPSO FACTO chemistry kicks in, the fun goes to another level."

IPSO FACTO will perform from 7pm onwards.



Make your Saturday afternoon great by coming down and listening to the tunes of Harvest Duo.

Performing at EclecTea on Saturday, 24 July, Harvest Duo will grace their turfed platform and play some relaxing tunes.

Primarily focussing on a fun and relaxed style and sound, the duo opt for a soft acoustic touch with their songs.

Locals can expect an afternoon full of delicious food, interesting drinks, and a Harvest Duo acoustic set.

Harvest Duo will perform from 4pm onwards.



Take some time off with the kids this weekend to watch this rendition of Disney's The Little Mermaid.

Premiering at Bracken Ridge State High School on Friday, 23 July and Saturday, 24 July, The Little Mermaid Jr is sure to cause a splash of excitement for the audience.

Locals can arrive from 5pm with dinner available for purchase from food trucks. There will also be pre-show entertainment each night.

The Little Mermaid Jr is based on the original Hans Christian Andersen story.

Bookings are essential. Find out more via www. trybooking.com

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118 Eagle Terrace, Shorncliffe PH (07) 3269 0083



BOTTLEMART SANDGATE

shop 1, 51 Brighton Rd. Sandgate PH (07) 3269 0890



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DINING GUIDE



74 Ward St, Brighton

0424 420 863

COFFEE WARDEN

Feature: We serve top quality coffee prepared using Lavazza's classiest coffee beans. We also take pride in providing excellent customer service. Our customers always feel welcomed and enjoy the atmosphere of our small café where they can meet friends and other locals. Hours: Monday to Thursday: 5am-2pm Friday to Sunday: 5am-1pm





Shop 12 / 353 Beaconsfield Terrace, Brighton

3269 1964

COOL BEANS CAFÉ

Feature: Cool Beans Cafe located walking distance to Brighton Foreshore, offering great value all day breakfast and lunch menu, expert quality coffee, delicious range of smoothies and bagels available. Open from 7am, indoor dining wheelchair accessible and pets welcome.





6 Knox Street, Sandgate **Coffee Shop**

CYPHER COFFEE

Feature: Need a coffee hit? Craving something sweet? Maybe something savoury? Cypher Coffee has you covered! Proudly serving 'Bear Bones' specialty coffee. Come and check out our delicious range of Byron Bay cookies, Turkish toasties, and more!

Conveniently located next to Sandgate train station. Open 7 days from 5.30am.



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SOCIAL SUPPORT







Local DINING GUIDE



2 Queens Parade, Brighton
Wine Bar

0416 689 465

ECLECTEA

Feature: Expect the unexpected: everything has a story. Fresh seasonal menu, small wineries and craft breweries. Cosy, bayside atmosphere.

Opening Hours: Thurs 3-7pm, Fri – 3-9pm, Sat/Sun 1-9pm





196 Flinders Pde, Sandgate (opposite pool)

Seafood, Burgers & Beers 3269 6903

FLINDERS SEAFOOD & BAR

Feature: Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.



353 Beaconsfield Tce, Brighton Pizzeria

3869 2282

LA PIZZERIA

Feature: We offer a wide range of Traditional Woodfire Pizzas, Pastas and Gelatos including Vegan and Gluten Free options. Phone us to place your pick-up or delivery order Tuesday - Sunday from 4:30pm.





8 Queens Parade, Brighton Coffee Shop

0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.



SANDGATE | BRIGHTON | DEAGON SHORNCLIFFE | BRACKEN RIDGE





115 Brighton Rd, Sandgate
Coffee Shop

0480 254 973

MUG SHOTS ESPRESSO

Feature: Join us from 5am every morning for our amazing coffee served by your favourite Baristas or come in after 8am and sit down with your friends and enjoy a comfortable air conditioned catch up in the Café. Remember we are your only local coffee roaster in the 4017 area. We specialise in Single Origin coffee, smooth blends, and expertise knowledge of all our beans.





154 Barrett St, Bracken Ridge Bracken Ridge Tavern

Steak & Rib House 3269 7011

PANAMA JACK'S STEAK & RIB HOUSE

Feature: Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Hours: Sunday & Monday 11:30am – 9pm Tuesday – Saturday 11:30am – 10pm.





6 Park Parade, Shorncliffe

Modern Australian & Mediterranean

0447 265 852

PREECE'S ON THE PARK

Feature: We are a family owned café open from 5:30am to 2:30pm Monday to Friday and 5:30am to 3:00pm Saturday and Sunday.

Serving fresh Merlo coffee all day with all home made treats, a massive selection of gluten free cakes too. And not to forget, we have the BEST vanilla slice.



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Local DINING GUIDE



Sinbad St, Shorncliffe

Bar Restaurant Functions
3269 4588

QUEENSLAND CRUISING YACHT CLUB

Feature: Sandgate's best kept secret right on the water. Fully licenced bar and restaurant. Modern Australian cuisine, extensive wine list and great coffee. Check out our website for opening times, events and function options. www.qcyc.com.au All public very welcome!





7 Fourth Avenue, Sandgate Homestyle Café

3269 0318

SALAD DAYS

Feature: Open for breakfast, lunch, coffee, milkshakes and smoothies. Specialising in homemade lasagna, quiches, pies, sandwiches, burgers, and cakes. Catering available. Dine in or take away. Wheelchair accessible.

Open Monday to Friday 8am-2pm. Saturdays 8am-1pm. Facebook page – Salad Days Café





SANDGATE POST OFFICE HOTEL

1 Bowser Parade, Sandgate Hotel

3869 0606

SANDGATE POST OFFICE HOTEL

Feature: Family friendly pub with all day menu, child's playground and drinks for all occasions. With our beautiful Chandelier room also available for functions hire, come check us out.

Exceptional pub food, Gluten free options, fine wines and a large selection of beers.





1 Loudon Street, Sandgate (across from the town hall) Sodas, Burgers and More

0435 427 174

SODA SHOPPE

Feature: Old-fashioned soda shop with house-made sodas, shakes, smoothies, organic coffee, ice cream sundaes and house-made cakes. Our extensive menu includes burgers, deli sandwiches, chicken wings, BBQ smoked meats, salads and more. Dine-in, takeaway and delivery. Fully licensed.

Open Lunch and Dinner: Tues to Sun 11:00am - 8:00pm



SANDGATE | BRIGHTON | DEAGON SHORNCLIFFE | BRACKEN RIDGE





227 Rainbow St, Shorncliffe **Specialty Coffee House** 0413 849 814

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of single origin coffees. Tantalising treats and teas are also on the menu.





227 Rainbow St, Sandgate Café

3269 6970

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen, Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Wednesday - Sunday, 7am - 1:30pm, closed Mondays and Tuesdays.





Bracken Ridge Plaza 250 Telegraph Rd,

Casual Dining 3261 6102

THREE WISE MONKEYS CAFÉ

Feature: Three Wise Monkeys Café is a local familyowned Café serving fresh and flavourful meals and Brisbane's favourite Campos coffee.

Come visit us for our well-renowned burgers and grab one of our delicious bubble teas on the way.

Fuel your day at Three Wise Monkeys Café, located in the Bracken Ridge Plaza. Open 7 days.





121 Brighton Rd, Sandgate

3869 3631

Vietnamese

VIET STREET EAT

Feature: At Viet Street Eat, we offer a relaxed atmosphere with great, fresh and delicious meals that are MSG-free, gluten-free, dairy-free, nut-free and vegan. Some of our popular dishes are pho' beef, spicy vegetarian noodles, pork belly rice noodle salad, street rice, beef rendang with roti, pork belly banh mi and freshly made rice paper rolls.





oodies rejoice. Your taste buds are going to be tantalised over three days at the Moreton Bay Food and Wine Festival. Enjoy the wonders of Moreton Bay's renowned local produce and celebrate with a drink, tasty bites, and some celebrity chefs in the brand-new location at Apex Park, Woody Point.

BACK

This year's event is set to be huge, with every Festival Precinct ticket including cooking demonstrations by the best in the business -Matt Golinski, Dominique Rizzo, and Alastair McLeod.

The festival will also have pop-up bars and live music, and a new Home, Garden and Lifestyle pavilion will be on show with gardening guru Costa Georgiadis sharing his expert gardening skills and passion for sustainability on Sunday.

To get the festival started, Friday night is the Festival Launch Party with band Funk'n'Stuff and DJ sets to set the party tone. Traders in Purple are hosting the event to prep for the tasty days to follow with roving performers,

bringing this event back after COVID-19 forced them to cancel last year's plans.

"We're proud to present such a well-loved event for locals and visitors," Shane said. "If the previous festival's success is anything to go off, combined with the fact that everyone is itching to get out and enjoy our beautiful region, we are expecting huge crowds this year.

"There's something to satisfy everyone's palate. Whether you catch a ride with your girl gang, are an avid foodie, need a fun date idea or want to enjoy a few beers with the boys - the MBFW weekend has got you sorted.

"The region's local produce is the true star of the show. It is celebrated and showcased all weekend long in the Festival Precinct; everywhere you look you'll find some of the region's local produce and proud producers on display."

Due to COVID-19, the festival site will be operating at a lower capacity to keep COVID safe procedures. Tickets must be purchased online to secure a space.

Find out more information and buy tickets via: www.moretonbayfoodandwine.com.au

Moreton Bay Food and Wine Festival Friday, 30 July to Sunday, 1 August **Apex Park, Woody Point**

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Social Snaps by PAUL NEIL

If you have an event that you think is worth a photo, call me on 0449 660 473





I found Lindsay and Nicky, ordering beers at the bar, ready for an afternoon of fun at Mr Henderson Bar in Sandgate.



Grant, Sean and Lizzie take a verandah seat overlooking the ocean for the Sunday afternoon session at Full Moon Hotel, Sandgate.



Eva, Adam and Gavin are having a drink on a gorgeous weekend afternoon at Cardigan Bar, Sandgate.



Dave and Craig celebrate as the hooter goes for another great win for Sandgate Hawks AFC Seniors team against Kenmore Bears AFC.

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BRAMBLE

Story Brooke Jacobson

SUN SHINES ON SANDGATE

State MP for Sandgate Stirling Hinchliffe has announced that 108 solar panels have been installed at Sandgate State School as part of the government's Advancing Clean Energy Schools program.

Other local schools included in the program are Bracken Ridge State School, Bracken Ridge State High School, Brighton State School, Sandgate District State High School, Taigum State School, and Norris Road State School.

SHORNCLIFFE PARK LIGHTING

Council is upgrading public lighting to enhance safety and amenity at Frank Doyle Park in Shorncliffe. Up to 17 existing light poles will be removed and replaced with 18 new LED lights and poles. Works will take place on the pedestrian foreshore footpath from the corner of the Jetty Street car park and along Friday Street adjacent to the car park at the jetty. Construction is due to be finished by late July or early August, weather permitting. Council would like to thank residents for their patience while the project is completed.

AUSTRALIAN OF THE YEAR

Do you know someone in the 4017 who deserves to be honoured at the highest level? Nominations for the 2022 Australian of the Year are now open. There are four categories – Australian of the Year; Senior Australian of the Year; Young Australian of the Year; and Local Hero. For more information go to: www. australianoftheyear.org.au

DECKER PARK UPGRADE

A group of 4017 residents is calling for an upgrade of the Decker Park car park. A petition

is being circulated on social media calling for improving safety by clearly designating car park bays and more clearly defining signposted areas of the car park, which will contribute to the overall safety and amenity of the park. You can find a link to the petition on Councillor Jared Cassidy's Facebook page.

SKATE OVER FOR BREAKFAST

The Boondall Synchronised Ice Skating Club's weekly breakfast barbecues are back. Come along to Iceworld at Boondall on Saturday mornings from 8.00am to 11.30am for baked goodies, bacon and egg sandwiches, a sausage sizzle, and hot and cold drinks. All funds raised go to supporting the club.

STRETCH AND PAINT THESE SCHOOL HOLIDAYS

If you're looking for a school holiday activity with a difference, why not try yoga with a feathery twist? Ainsley at Being Grounded is offering a workshop with Manko the Macaw, a fully registered therapy pet. Children aged 5 to 12 years can enjoy some fun, bird-inspired yoga poses and connection exercises, followed by a painting activity with Bec from A Painter's Dream. Morning tea is included. Cost is \$49 per child. To book, go to: www.beinggrounded.com.au.

CAN YOU HELP?

SANDBAG is looking for donations of the following items: small breakfast cereals; small long life milk; fruit juice poppas; tinned spaghetti; noodles; noodle cups; pasta; rice; cup of soup; small tins of tuna; tins of soup; deodorant; and canned diced fruit. Please take your donations to SANDBAG at 153 Rainbow Street, Sandgate. Call them on: 3869 3244 if you need more information.

Would you like to contribute to Bramble Bites?

Is there something happening in the 4017 community you'd like to share? What are you talking about on social media or at the school gate? Email Brooke to be included in the next Bramble Bites at: bites@sandgateguide.com.au

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8TH ANNUAL 4017 COMMUNITY EXHIBITION





allery 4017 at Artrageous Arts, the art hub of Brisbane's Northside, is excited to announce the opening of its eighth annual community exhibition this month.

After the cancellation of last year's competition due to COVID, the gallery is expecting a record number of entries for this year's event.

Artists across a range of disciplines are expected to participate, with a first prize of a solo exhibition in 2022, valued at \$500, on offer.

Artrageous Arts secretary Panayiota Harmantzis said they couldn't wait to be able to host the exhibition this year.

"Last year, Artrageous Arts was closed during the time the Annual 4017 Community Exhibition was usually held," Panayiota said. "Gallery 4017 is eager and excited to be hosting the art competition again."

Panayiota said this year's competition will be judged by professional artist and gallery owner Pete Martin, of Martin Galleries. "Each year, Artrageous invites an art professional, artist, gallery manager or teacher to judge the competition," she said. "We are privileged and delighted to have Pete Martin as our judge this year. Pete will also graciously give feedback to those competitors who wish to seek his advice."

Visitors to the exhibition will not be disappointed with the number and variety of artworks on display. "With two years of creative work in kitchens, loungerooms and garages, Artrageous expects a record number of entries for the event.

The exhibition will run from 9-31 July with an opening night event on Friday, 9 July. The deadline for exhibition entries is Tuesday, 6 July.

For further information email enquiries@ artrageous.org.au, or phone 3269 1535.

Annual 4017 Community Exhibition Exhibition open 9-31 July Opening: Friday, 9 July, 6.30pm - 8.30pm Artrageous Arts and Gallery 4017 82-88 Loftus Street, Deagon







Tanina Softa and Giacomina Mercati enjoying the Italian delcacies of Amici House Café.

AMICI HOUSE COMMUNITY CENTRE AND CAFÉ

Story Aleasha Bliss Photo Bruce Redman

racken Ridge Gospel Church has been converted into a beautiful community hub and café. Amici House has been designed to cater for the seniors and NDIS recipients in the community.

The multifunctional centre aims to aid CO.AS. IT clients with access to exercise classes, allied health services and social interaction, while the Amici House Café is a beautiful Italian-inspired community café that is also open to the public.

CO.AS.IT marketing and communication officer Grace De Maio said that this new centre was the biggest and best of the three centres that CO.AS.IT. owns.

"We offer our seniors social group activity centres to give carers a break, and to allow seniors to have a day where they're socialising," Grace said. "They have a beautiful lunch, and they have some sort of physical activity, and maybe craft or bingo.

"It was a beautiful Gospel Church in its day, with lovely grounds and gardens. It was on the market and the opportunity was to turn it into a community centre for our senior community but also for our NDIS community where we can run workshops and social gatherings.

"The land and the property sort of lent itself to having a beautiful café with a really large deck, and that became part of the renovation and redevelopment of the Gospel Church."

Grace said that although the centre was addressing the needs of seniors, it would also run community events throughout the year so the locals could enjoy the beautiful space.

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"The really exciting thing is that the café has got a really beautiful menu," Grace said. "The heritage of the senior management is Italian, so they're very passionate about their food and coffee. It's a really big menu for a little café and it has really beautiful food."

Amici House Café is open between Tuesday to Saturday, from 7am-2pm.

Grace said the centre already had physiotherapistled exercise classes in a Stay Active program that had grown dramatically this year, and could foresee all the services on offer getting utilised to capacity.

"It's really beautiful to see clients who experienced the centre on our open day love being a part of it, and for me to kind of witness how every penny is really spent on fulfilling the needs of the community."

Amici House Café Tuesday-Saturday 7:00am-2:00pm 294 Bracken Ridge Rd **Bracken Ridge**









L-R: Leslie Heagney, Children's Hospital Foundation; Craig Clarke, Woolworths Store Manager; Askara King with daughter Belinda; and Aleisha Lourigan, Hyundai Sales Consultant.

ne lucky Bracken Ridge resident has been left speechless after winning a prize valued at more than \$29,000 as part of the Children's Hospital Foundation's annual raffle in conjunction with Woolworths, drawn last month.

Aksara King walked away from the raffle with a brand-new Hyundai Kona 2.0P, including GSP, stamp duty, 12-month registration and dealer delivery.

Aksara was one of eight winners sharing in more than \$169,000 worth of prizes including four brand-new Hyundais (Tucson Active Auto, i30 Sedan Active Auto, Kona and a Venue), two \$10,000 Flight Centre Holiday packages, and two \$10,000 Woolworths gift card packs to purchase groceries for a year. Aksara also walked away with a \$500 Woolworths gift card.

Aksara said she truly couldn't believe she won, and that the prize was a welcome surprise from what she considered a simple way of giving back.

"I haven't stopped crying tears of happiness since the Children's Hospital Foundation first called me to tell me I had won the car," she said.

"I bought the ticket in the raffle to support sick kids as my daughter has diabetes, so I know how hard it can be when your child is sick, but I never thought that I would actually win." Her winning ticket was purchased during a regular shop at Woolworths Bracken Ridge, where she also picked up the car.

Children's Hospital Foundation chief executive officer Rosie Simpson said funds raised through the raffle would ensure Queensland's sickest kids received the very best possible care, allowing them to get better and go home sooner.

"The proceeds from the raffle will help us to support the care provided to sick and injured kids and their families, regardless of where they live throughout Queensland and Northern New South Wales," Rosie said.

"The support we receive from Woolworths' customers and team is invaluable and helps us to provide much-needed entertainment and support for kids in hospital, to fund vital new medical equipment, as well as support research into childhood nutrition through the Woolworths Centre for Childhood Nutritional Research.

"Through the generosity of Woolworths customers, more than \$60 million has been raised for this great cause over the past 34 years."

This year, the Children's Hospital Foundation raised almost \$400,000 through this raffle in Woolworths supermarkets.

To learn more about Children's Hospital Foundation, visit www.childrens.org.au

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CRIME NEWS

OCK IT or LOSE IT is a Queensland Police campaign to have owners of their motor vehicles stay in possession of these vehicles. Senior constable Vikki Christensen believes people should be aware of how accessible their car is when it is left unattended.

10 ways to prevent motor vehicle theft

- Always lock doors and windows when your car is unattended.
- Park your vehicle where it can be observed easily by yourself or others.
- Try to park your vehicle off the street, preferably in your yard or at a staffed parking area.

- If parking your vehicle on the street at night, select a welllit area.
- If you must leave valuables in your car, keep them out of sight.

Senior Constable

Victoria Christensen

- Secure your keys and ensure they are not left where a thief may access them.
- Have the VIN (Vehicle Identification Number) etched onto major glass components of the vehicle.
- Install an effective anti-theft device such as a fuel/ignition cut-out switch; an ignition shield; a visible locking device; or a battery isolator.
- Be aware that older cars are often targeted by opportunistic car thieves.
- Consider a car alarm.





THE HITMAN'S WIFE'S BODYGUARD

Story Nick Allford

his film doesn't pretend to be anything other than what it is – comedic, violent, unapologetically ridiculous, and an unrealistic sequel to another equally insane film. The first film was a good laugh, full of cheek and undeniable chemistry between Ryan Reynolds and Samuel L. Jackson.

The sequel decided to add Sonia Kincaid (played by Salma Hayek), a trigger-happy wild woman with a love for swearing and a loathing for anyone who insults her age. It was great seeing her in a rawer and ruder role, where she could unleash her comedic beast. It does exactly what it says on the tin – if you already love Reynolds'

iconic humour and Jackson's cussing, then you'll appreciate the addition of Hayek and the anger-fuelled brazenness she brings to the film. Reynolds continues his stellar portrayal of a loser who's capable of anything. There is a massive cast hidden throughout the movie with Morgan Freeman as a weird but wonderful addition, although blink and you'll miss his very limited screen time. There was little substance to this script and the plot was highly improbable, but it wasn't lacking in belly laughs. You'll be able to appreciate that the action (while far-fetched) was exciting and non-stop. The violence is cartoonish rather than gory, although if you have a weak stomach you might find a few scenes disturbing. The villains may have been stereotypical but they'll keep the viewer entertained - who knew Antonio Banderas and his silver locks could be so wicked? Hats off to Atli Örvarsson for carrying his musical flair across from the original film, and Terry Stacey did a decent job with the cinematography.

The first film isn't required viewing to enjoy the sequel, but if you're a fan of the original you're going to love this second take. For best results, experience it on the big screen not just for the action but to share the dumb laughs with a room full of strangers. For all its cheesiness I did thoroughly enjoy this film and would recommend it for a one-off watch and a bit of a giggle.





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Beryl Luttrell & friend Valerie Shaw,



Ronnie was so helpful...

We had the most professional service provided by Ronnie. I didn't think such care was possible. He has been so very helpful with instructions and has made the whole process smooth and successful. We can't thank him enough.

Edna Bryden-Brown and daughter Kay Brien, Deception Bay.



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won't regret trying him. Margaret and Brian Littlewood, Strathpine.

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- Tinnitus consultation







hat a great time of year, with crystal clear skies and calm clean water – and the fishing is even better. With the water temperature dropping, some fish species will move in closer to shore or up the estuaries and rivers, gathering together to spawn making them an easier target.

A few spots at Scarborough off the rocky walls, and even Suttons Beach, produce some decent snapper this time of year with fresh flesh baits of pike or mullet on a high tide. Berley works a treat too, but is not absolutely necessary.

Sea mullet will come in close to spawn (these are the fish you see jumping most of the time up to a foot long) and are targeted by the cast-netters you see on the jetties, as well as the commercial netters on the beach. Being ocean-going fish, they are very clean and tasty and a great buy at your local seafood outlet.

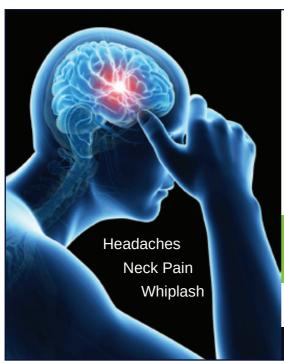
Tiger Squid – when the water is clear you will find these tasty creatures almost anywhere around the Peninsula at this time of year, with my preferred times being the start of the incoming tide from dead low. Casting prawn-style imitation jigs off the jetties or around the weedy and rocky patches from the shore, you will find them with persistence. Look for the ink stains on the ground where other people have caught them.

Flathead are around in numbers too with my preferred method of capture being soft plastic lures bounced up and down off the bottom when retrieved. High tide along Brighton foreshore is productive at times. Low tide walking the sandbanks around the river and creek mouths and even around the jetties on the sandy patches has also produced some good fish.

Jewfish, threadfin salmon and tailor also make more of an appearance and have all been caught from Shorncliffe Jetty recently.

I can't forget the humble whiting and bream, which also have been caught in good numbers lately with worms being my preferred bait if targeting the whiting specifically.

Peter Hansler is a local fish enthusiast who promotes and educates about our native fish and responsible angling via his website rainbowrunner.ausfish.com.au. If you have a question for Peter you can reach him via email at phansler@hotmail.com.





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JULY TIDE TIMES

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ACROSS

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4 Long meat pin 8 Sedimentary rock

12 Chinese food (6,5)

14 Termination

15 Slightly drunk

17 Reach a decision

18 Reveal 19 Mail carrier

23 Qualities

25 Beekeepers 28 Revelry

29 Country surrounded by

Senegal

30 Experience again

Solution in Back of Magazine. Distributed by Auspac Media.

32 Shredded

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41 Business

46 Great circle

48 Young girl

52 Demanding

53 Moving pack

54 Deep blue

35 German woman

44 Blanket-like cloak

34 Obsolete unit of distance

40 Traveller's fatique (3,3)

51 Branch of mathematics

55 Heavy rider or boxer

DOWN

1 Tact

2 Primary producer properties

3 Uluru, eg 5 Man's skirt

6 Thin strand

7 Naughty 8 Miscreant

9 Sky-coloured 10 Monocle

11 Crawl 13 Elevator

16 Smack 20 Imagery 21 Aussie nut 22 Laughing gas: ___

oxide 24 Enraged

26 Indefinite number

27 Of the heart

31 Australian parakeet

33 Ready to learn 36 Neck injury in a collision

37 Series 39 One proficient in yoga

42 Peddle (narcotics)

43 Shouts

45 W African republic 47 Contaminate

48 Large racing yacht 49 Run before a gale

50 Yin's opposite



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ST JOHN FISHER COLLEGE PROGRESS TO STATE **NETBALL FINALS**

t John Fisher College's junior and senior netball teams competed in the Vicki Wilson series held at Brisbane Netball Association, Bradbury Park las month. Despite rainy conditions, both the junior and senior teams were victorious, earning them a place in the Queensland state finals to be held in August.

Teams from across Queensland competed against one another within their school sport regions in Vicki Wilson Shield (grades 7 to 9) and Vicki Wilson Cup (grades 10 to 12) divisions, with the top 20 schools progressing to State Finals.

St John Fisher College junior team finished the preliminary competition undefeated, with the senior team showing plenty of heart and spirit to beat Wavell State High School in extra time in a thrilling final.

St John Fisher College netball coaches Bernie Toohey and Jacqui Bell said, "It is an amazing achievement to have one team perform at such a high standard, but to have both our juniors and seniors teams make it to state final is something as coaches, you only dream about."

St John Fisher College principal Cathy Galvin said that after the disappointments brought on by COVID in 2020, "it's heart-warming to see the girls out there competing with such grit and resilience to achieve what they were unable to achieve last year."

College captain Holly Megaw, who played in the senior netball team, said she was excited about the team's progression through to state finals.

"Through great displays of spirit and determination, both the junior and senior netball teams are now progressing to the state finals to represent the Met North region," Hollie said.

"I am honoured to be a part of St John Fisher College netball, and I cannot thank the coaching staff, parents, and the college enough for making this opportunity available to students. I encourage the community to follow the progress of both the junior and senior Vicki Wilson teams as they continue to represent the college this year."

The State Finals will be held on 5 August at Nissan Arena, Nathan, where the top 20 teams will fight it out to be crowned State Champions.

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Beyond **Sandgate**

RELIVING THE DAYS OF YORE

Story Jenn Carrington

or the last 32 years, The Abbey Museum of Arts and Archeology has been educating and enthralling visitors with its annual Medieval Festival. After being cancelled in 2020, the festival is back in July 2021 to wow the public with a three-day jampacked event, starting with a family fun day and then a weekend of medieval tournaments.

Abbey Museum marketing manager Michael Guarino said the intention of the festival was to provide as immersive of a medieval experience as possible.

"From the moment people walk in the gates, they will step back in time and experience what life was really like back in the middle ages," he said.

"All the hustle and bustle of the marketplace, all the unique types of vendors from food, craft, candle makers to weaving stalls, and things like custom hats, belt buckles and viking horns will all be on display."

Michael said the biggest attractions were the reenactments throughout the weekend.

"The lifeblood of the whole festival is the 800 re-enactors, the passionate people who assume these characters from 600-1600AD medieval Europe; and they're basically educating the public on how things really were," Michael said.

The event is tailored to young and old, and for the children there will be plenty of fun and games. During the family fun day, kids can learn how to play quoits, skittles, battledore and Nine Men's Morris. They can also have a go at balancing on stilts, making mini catapults, shield painting and decorating crowns and masks.



For a unique and intimate experience, visitors can watch the re-enactment of a 14th century knighting ceremony in the candlelit Abbey Church. This was known to take place on the eve of a tournament, joust or battle. The Abbey Medieval Festival recognises this tradition by holding the ceremony on the Friday evening. Then on the weekend, four competitions will take place. Cheer on the bravery as Archery, jousting, Turkish oil wrestling and skill of arms will be contested.

Thanks to the popularity of shows like Game of Thrones and Vikings, Michael said there had been a recent mainstream resurgence in interest in all things medieval, and they had more than 30,000 attendees in 2019. And thanks to the re-enactors and more than 200 volunteers who make this whole show operate," he said. "You will literally be transported back into this fascinating time."

The festival welcomes all, from young squires, fair maidens, crusaders, princesses, jesters and even knights in shining armour. To experience life from the Middle Ages in all its glory, jump online to purchase your tickets (due to COVID regulations tickets are not available at the door).

Medieval Festival Family Fun Day:
Friday, 2 July, 10.00am - 3.00pm
Tournament Weekend:
Saturday, 3 and Sunday, 4 July, from 9.00am
Abbeystowe
1.63 The Abbey Place Caboolture

1-63 The Abbey Place, Caboolture abbeymedievalfestival.com abbeymuseum.com.au

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Alan Menken

\$50

Howard Ashman & Glenn Slater

Doug Wright

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Family (2, 2)

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SHOWS

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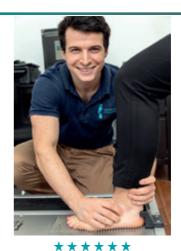
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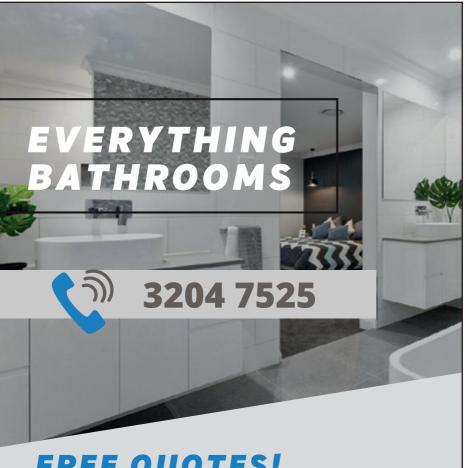












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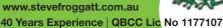
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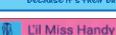
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