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WhatSUP in Sandgate?

Story *Jodie Woodward*

Stand up paddle boarding (or SUP) has become increasingly popular. Northside local Simon Prosser loves the sport so much he has started his own SUP business.

Bringing a wealth of SUP experience to his venture, WhatSUP Tours and Training, Simon also has a genuine love for the sport and a desire to pass his knowledge on to others. He started out as a casual paddler before becoming one of the first BriSUP Club members and then racing and touring extensively both here and overseas.

"I want to educate people not only about paddle boarding but also about the areas they are paddling through on my tours," Simon said. "I feel education is important due to the rapid growth of popularity of SUP. The open water can be dangerous if not treated with respect. Also, as the sport uses repetitive movement this can cause injury if done incorrectly for a long period of time."

For the ultimate peace of mind, WhatSUP Tours and Training is ASI accredited and abides by the high international standards for SUP school operations. It offers both group and private lessons, as well as local guided tours and board hire. Simon said his lessons are aimed at anyone who wants to give SUP a try, while technical lessons can assist those who already have some experience.

"It's a great sport with so many benefits," he said. "Not only can you escape and relax on the water but also experience nature's beauty from a different perspective. The best part of it all is, if you learn how to paddle correctly, you also get a great workout. You just need the right technique."

"The best place to paddle in Sandgate is along the foreshore, of course. Launching from Shorncliffe Pier at Moora Park, you can paddle to the bridge at Decker Park or head to the mouth of Cabbage Tree Creek and paddle to the marina or up Nundah Creek to explore."

Simon wants people to know they can say hello and give him feedback anytime they see him out and about. He's always happy to chat – especially about SUP.

For more information, go to:
www.whatsuptoursandtraining.com.au



Simon Prosser



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LOCAL ATHLETE'S OLYMPIC DREAM

Matthew Lydement

Story **Alyssa Mackay**

Photo **Australian Weightlifting Federation**

Northside weightlifting champion **Matthew Lydement** will realise his Olympic dream competing in this year's Games.

Matthew, 27, makes his Olympic debut in Tokyo as part of Australia's largest weightlifting team since Sydney 2000.

Matthew said he first became interested in weightlifting after watching videos on YouTube.

"I thought it was super impressive and working in the fitness industry I thought it would be a good skill to learn," Matthew said. "At the time I was working in Albion when a weightlifting gym opened down the road and the coach was Damon Kelly. After my first competition I fell in love with the sport and wanted to improve."

Two-time Olympian Damon Kelly became Matthew's coach and the rest, they say, is history. Matthew has now been weightlifting for nearly eight years, competing since 2015, and representing Australia since 2017.

"I have the current Commonwealth and Australian snatch record of 166kg and the Australian record total for the 109kg weight class of 356kg total," Matthew said.

The qualification process for the Games began more than two and a half years ago. Matthew said it was a long, uncertain process.

"With being unsure around my spot I was relieved to find out, then once we had the announcement day, that was when the realisation of what I had achieved set in," he said.

"I am excited about having the opportunity to represent my country and family on the biggest stage of my sport, and to share a platform with some of the biggest athletes in the world."

Matthew grew up in Boondall, attended St Patrick's College in Shorncliffe and played cricket for Sandgate Redcliffe Cricket Club. "I am very proud to be from the Northside," he said.

Matthew said the best thing about weightlifting was that it was a journey of growth, both physically and mentally. "Training can be gruelling and a challenge, but it's very satisfying and for the most part it's a competition against yourself, and all about self-improvement," he said.

Matthew hopes to hit two personal bests at the Games. His current personal bests are 167kg for snatch and 190kg for clean and jerk.

The weightlifting competition runs from 24 to 28 July and 31 July to 4 August at the Tokyo International Forum.

A NEW PLACE FOR FURRY FRIENDS TO PLAY

Dogs looking for new pals will be wagging their tails with glee when they discover a dog off-leash area is underway in Fitzgibbon.

Pooches and pups will soon be running free in a dedicated off-leash park at the Telegraph Road sports precinct.

Bracken Ridge Ward Councillor Sandy Landers said that since becoming a councillor, one of the most frequent requests she had received was for a new off-leash park in Bill Brown Reserve.

“At the 2020 election, I committed that I would work to secure the required funds and I’m excited to see this project come to fruition within the first 12 months,” Sandy said.

“Like our other great parks, dog off-leash areas are another way to bring people together with many friendships forged. In these difficult times, they can provide a great support network for people.”

The dog off-leash park will be located south of the netball courts and will have designated areas for small and large dogs to play separately, with the small dog area being approximately 1300sqm and the larger area approximately 2500sqm.

Plans for the future of the precinct include installation of more park furniture, a toilet block, and other special features.

For more information about the launch of the dog off-leash park, keep an eye on Councillor Lander’s Facebook page.



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CARDIGAN BAR CHANGES HANDS

New owner Adam Christy and outgoing owner Brett Johnson.

Story Brooke Jacobson

Photo Bruce Redman

One of Sandgate's favourite watering holes, the Cardigan Bar, is welcoming new owners.

Adam Christy and Perrie Bourke are taking over, and said they couldn't wait to dive in.

"We have been involved in the Cardigan Bar for many years in one way or another," Adam said.

"It's a great music venue and music is a big part of our lives. My musical pursuits have been nurtured and advanced by the venue and I would love to continue this."

While there will be no immediate changes to the layout of the Cardigan Bar, there could be a new look in the future.

"We want to work in it as it is currently, and see what changes – if any – would best help us to achieve our goals," Adam said.

"We have three points of interest directing the focus of our efforts at the venue, and those are music, creativity and connection.

"The changes we will focus on initially are simply these – to provide a consistent and diverse range of entertainment and creative activities,

support developing musicians, and offer a safe, vibrant and happy place for people to come and connect with each other."

Outgoing owner Brett Johnson said he had loved being a part of the Sandgate community.

"I have to pinch myself sometimes that I was able to follow my dreams and I will look back on the bar with fond memories in years to come," he said.

"I pay tribute to Chris and Abby who had the foresight and courage to start the Cardigan Bar.

"Nine years ago there wasn't a lot of choice in Sandgate. Various bars have popped up as a result and that's a great thing."

Adam said the Sandgate bar scene was looking up and in the wake of COVID, there was nowhere better to be than your local pub.

"Local is as cool as it gets in my opinion," he said.

"We love the local venues that are already here and are excited about the prospects of new venues starting like Bluenose Betty at the old billiard hall.

"I don't know who first said it but 'a rising tide lifts all ships'. We believe local is where it's at."

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BRILLIANT ENERGY AT LOCAL SCHOOLS

Photo **Bruce Redman**

Sandgate State School recently had 108 solar panels installed as part of the Queensland Government's Advancing Clean Energy Schools Program.

Member for Sandgate Stirling Hinchliffe said the program was helping reduce energy costs to Queensland Schools.

"It is also helping to create valuable jobs in the renewables industry right here in Sandgate," Stirling said.

"The Advancing Clean Energy Schools Program is installing a virtual solar farm atop of Queensland schools and contributing enough solar generated electricity to power 25,000 homes.

"This will save Queensland schools \$70 million each year on energy costs."

Principal of Sandgate State School Angela Bell said the savings would assist the school to redirect costs straight to students.

"In 2020, our school spent over \$35,000 on electricity, so it's really exciting we'll be able to redirect that money straight back into learning," Angela said.



Under the program, teachers will also gain access to the Solar Schools website, which provides curriculum programs to get students learning about the environment and renewable energy."

The program will deliver a contribution of approximately 61.4 megawatts (MW) of solar to Queensland's 50 per cent renewable energy sources goal by 2030 to reduce emissions, address climate change, create new jobs, and diversify the economy.

The program will continue to be rolled out across the 4017 with Brighton State and Shorncliffe State Schools already completed, and work to commence on Bracken Ridge State High, Bracken Ridge State and Sandgate District State High Schools soon.



*Sandgate State School students
Callum and Theipica, and
Principal Angela Bell.*



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SPECIAL PLACE IN SANDGATE TO HONOUR GRACE

The work of a much-loved local historian has been recognised with a special plaque on a bench near the Sandgate Post Office Hotel.

A life member of the Sandgate and District Historical Society, Grace Beecher and her research work will be celebrated by all who visit the bench, located in a newly refurbished garden area.

Deagon Ward Councillor Jared Cassidy said he had been approached by the society president Pam Verney about installing a commemorative plaque to honour Grace.

“Grace is known for her tireless historical research work and promotion of the history of the local area,” Jared said.

“I recently signed off on a project to upgrade the park area next to the Sandgate Post Office Hotel in Rainbow Street. I thought this would be a great opportunity to place Grace’s plaque on a bench in this rejuvenated area. It’s a lovely place to sit and enjoy the twinkling fairy lights at night.” The garden area was recently upgraded with works being done under the Suburban Enhancement Fund. This included re-turfing between the road and footpath and creating two new planted areas.

The new plaque is the second in the local area to recognise Grace’s contributions, with another plaque on a bench outside the Bracken Ridge Library.

Music BY THE SEA

► August: Sharon (cello) and Slava Grigoryan (classical guitar)

Australia's favourite classical music couple, Slava and Sharon Grigoryan, bring their magic to Sandgate with a concert of Vivaldi, Granados, Cawrse, and a taste of their album – *Our Place*.

Sharon and Slava Grigoryan
Saturday, 7 August, 7.30pm
Sandgate Town Hall

► September: Riley Lee (shakuhachi) and Takako Nishibori (koto)

Shakuhachi master Riley Lee said, "After over a year of virtually no live performances, I am looking forward, more than I can express, to performing in this Music By The Sea event.

"The intimate space and the overall environment is a perfect place to share our music-making again, and in the same room with real people. Hurrah!"

Sharing his deep wisdom of the craft, Riley explained that he and koto player Takako Nishibori would perform contemporary compositions and well-known traditional pieces, both duets and solos, from the 18th century and earlier.

"These works have no western musical influences," Riley said. "Yet, they are well-known in part because they still appeal to 21st century audiences and so continue to be performed.

"An example of this is a solo that I will be playing, belonging to the shakuhachi honkyoku repertoire. Honkyoku refers to a group of about 200 pieces and variations created, transmitted and performed largely within the context of Japanese Zen Buddhism.

"They are of course music, but they also function as Suizen (literally 'blowing zen'), a type of sonic meditation that also focuses on that universal door into transcendental spirituality – the breath."

"A famous saying that refers to playing (and listening to) honkyoku is Ichi On Jō Butsu — 音成仏. The literal translation only hints at its meaning: one sound becoming Buddha."

Riley's invitation said, in short, that those who attend this concert will be able to appreciate music spanning centuries. And that exemplifies both the traditional and the contemporary, all within a most enjoyable program.

Riley Lee and Takako Nishibori
Saturday, 4 September, 7.30pm
Sandgate Town Hall
Book online: www.musicbythesea.com.au

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MARQUEES FOR LOCAL CLUBS

Member for Sandgate Stirling Hinchliffe MP is supporting local clubs, community groups and organisations that have struggled to fundraise during COVID. His office recently purchased 11 new marquees and is offering to give them away to community organisations to assist with future events and fundraising activities. If your club, group or organisation would be interested in receiving a free marquee, please contact Stirling's office on 3639 9100 or email: sandgate@parliament.qld.gov.au.

THE SUBURBAN FOOTBALLER COMEDY NIGHT

Tom Siegert, aka The Suburban Footballer, is coming to The Sandgate Hawks to offer up a one-and-a-half hour comedy show and a few extra surprises. Tom will provide a performance that guarantees a laughter-filled and memorable night. He is a brilliant comic performer, and a great storyteller with a style that is warm, charming and inoffensive, with audiences appreciating his hysterically funny routines and talking about them for days after. Friday, 30 July, 7:00pm - 11:30pm
Sandgate Hawks Football Club
12 Lemke Road, Taigum

UNPLUGGED CAFE

Come along to the August Unplugged Cafe and enjoy live music and entertainment. Attendance numbers have now increased, but book your seat to avoid disappointment. There is a set list of performances for the evening: Christopher McHugh – singer/songwriter; Trevor Holden – spoken word of the classic, old style; The Pluck Upz – local ukulele big band; and Jim Hanson Band – performing rock of the sixties/seventies. Cost is \$6. Bookings can be made via www.eventbrite.com.au by searching August Unplugged Cafe, or tickets can be purchased at the door. Meals and drinks will also be available to purchase at the door. Friday, 6 August, 7:00pm
Sandbag Community Centre
150 Rainbow Street, Sandgate

BE COUNTED WITH THE 2021 CENSUS

Story Alyssa Mackay

It's Census time again and this year you can complete your form before Census night. Census night is Tuesday, 10 August, and Australian households will be preparing to answer questions about their living conditions and circumstances.

However, this year you can complete your Census form as soon as you receive your instructions, as long as you know who will be home on Census night.

The Australian Bureau of Statistics (ABS) conducts a Census every five years, asking questions about household composition, country of birth, languages spoken at home, religion, work, education and age.

This year the Census will also be asking questions about military service and long-term health conditions.

Data collected from the Census is used by governments, businesses and not-for-profit organisations to make decisions about infrastructure, education, health care, transport and community services.

Australians are required by law to complete the Census and must list all the people staying in their household on Census night, including babies and visitors. If you are away from your usual place of residence, you must enter your temporary address into your form.

Field staff will visit retirement villages and aged care facilities during the Census period to ensure everyone is counted.

The Census form is online now and instructions on how to complete the form will be available early this month.

For more information about Census, including help and support options for those requiring assistance go to: census.abs.gov.au



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PLAYGROUPS MORE THAN JUST FUN FOR KIDS

Community playgroups are a place where long-lasting friendships can be made, and not just between the children.

Playgroup Queensland runs several playgroups in the 4017 area, giving parents and carers the chance to share ideas and experiences while the children are busy learning to share toys.

Save the Children Australia team leader Dean Wrobel said that playgroups like Play2Learn at Bracken Ridge were an essential part of any community.

"Playgroups offer children, parents and carers a safe place to connect with others in their local community," Dean said. "Additionally, our early childhood educators who facilitate our playgroups are able to assist families by connecting them with numerous community service organisations and support services."

Laura Glynn from Shorncliffe Playgroup agreed that playgroups helped families to feel more connected to the local community.

"They are a great place to meet other families with young children who live nearby," Laura said. "When playgroups are held in school buildings, as Shorncliffe is, they can also help families start to feel part of those communities too."

"It helps them to build up their own support networks, especially if they are new to the area or don't have much family locally."

Not only do playgroups provide vital parent-to-parent support networks, particularly for those who might be struggling, they also promote

parent-to-child bonding. Dean said playgroups were a great way for parents and carers to strengthen their relationship with their child by engaging in play.

"Playgroups are such a great setting for children to learn through play, and we know that this is exactly how young children learn and develop," Dean said. "Having parents and carers attend playgroups with their children encourages them to engage in their child's learning and development."

"The educators facilitating the playgroup can also pass on valuable information, resources and ideas for parents and carers to take home and continue the learning and development with their children."

Playgroups aren't just for mums and bubs – dads, grandparents and carers are welcome too. "Playgroup is open to anyone caring for babies, toddlers, or pre-schoolers, whether they are a mum, dad, grandparent, nanny or other carer," Laura said.

Play2Learn Playgroup is held every Tuesday at 12pm in the park behind Bracken Ridge Library, 77 Bracken Street. For more information contact Dean on 0411 668 852

Shorncliffe Playgroup is held every Friday at 9am in the OSHC Building at Shorncliffe State School, Yundah Street. For more information email boulton_laura@hotmail.com

To find a playgroup in your area visit Playgroup Queensland.

EINBUNPIN LAGOON REVITALISATION PLANS DELAYED

Story Jodie Woodward

Plans to revitalise Einbunpin Lagoon have been put on hold. Councillor for Deagon Ward Jared Cassidy said he was disappointed to learn the cost of the project had increased, and the Lord Mayor had decided not to proceed with funding this year.

"Despite this setback, I still believe this is a very important project and I will be seeking further information on the possible staging of this project or other things that may be done in the interim." Jared said.

"I have recently asked about the removal of the trees within the lagoon, which are an introduced species, and one of the major problems with water quality is the ibis droppings.

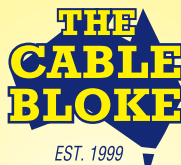
"I am also pursuing other ways the water quality can be improved, like small fountains to help aerate the water.

"I think the Einbunpin Lagoon should be the centrepiece of our community. It's a place where we celebrate so many community events and people love to just spend time. One of the best and easiest ways of helping to revitalise Sandgate is to revitalise the lagoon."

Jared said he would be asking the community to come on board with a campaign to show the Lord Mayor and Council how important this project was to our local area.

To keep up to date, visit jaredcassidy.com.au

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Anita with her daughters
Daisy, 7 and Agatha, 9.

THE BEAUTY OF BEING YOURSELF

Story **Brooke Jacobson**
Photo **Bruce Redman**

Sandgate businesswoman Anita East has one purpose in life – to empower women and girls by teaching them to see their own beauty at all stages of their lives.

That purpose has been recognised by the AusMumpreneur Awards, with Anita nominated in a number of categories. The awards recognise “the best and brightest” mums in business, who have had success in their profession, product development, innovation or customer service.

The mother of two said she was very excited. “It’s amazing, but also I’m quite nervous – Rochelle Courtney has won this award previously and we all know what an amazing job she has done here in Sandgate creating Share the Dignity,” Anita said.

“It’s an honour to be nominated among these incredible women.”

Not only does Anita own and run Anita East Medispa, she’s also an award-winning author, recently publishing her book *Beautiful Unique Faces*.

She is nominated for the national AusMumpreneur of the Year; as well as the state-based Women’s Champion award; Women Will Change the World award; and the Health and Wellbeing Business award.

In the People’s Choice voting category, Anita is nominated for the Making a Difference Health and Wellbeing award.

Despite being in the business of beauty, Anita believes true loveliness comes from within. “Women and girls have so many external influences telling them how they should behave, and look, and think,” she said.

“There are 7.8 billion people in the world and not one of them has your exact, unique beauty.

“What I’m doing differently in this space is I’m asking my colleagues to stop telling women what they need ‘fixed’. New lips are not going to make you happy.

“I’ve had a lot of women come up to me in the street here in Sandgate after reading my book and say ‘thank you, for the first time in my life I have felt beautiful’. Or they say, ‘I had no idea there was anything beautiful about me’. And that’s the reason I do this.”

Anita is currently writing a second book aimed at teenagers, and she is hoping to start speaking to school groups. “We have to teach girls that they are worthy of love and they should love themselves,” she said.

The AusMumpreneur Awards will be announced at a gala dinner at the AusMumpreneur conference and retreat on the Sunshine Coast in September.

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A WORD FROM OUR REPRESENTATIVES

Cr Jared Cassidy



Our community came together to support the naming of Peebo & Dagwood Place along the Sandgate Foreshore. I was humbled by the outpouring of support for this place naming in honour of two amazing blokes, Peter and David

Bissell, and the work they did as Peebo & Dagwood over 20 years. They brought joy to so many people through clowning and importantly raised awareness of the importance of organ donation.

We will be holding a celebration down at Peebo & Dagwood Place at the end of Fifth Avenue in the coming weeks. Keep an eye on my Facebook page for more information.

Over the coming year we will see a number of local upgrades including pedestrian safety improvements at Tenth Avenue and Beaconsfield Terrace, safety upgrades along Church Road in Taigum, a new small dog off-leash area at Decker Park and a playground upgrade at Arthur Davis Park next to the Sandgate Pool.

The Sandgate Youth Festival, which showcases local musicians, will be held in October this year. Keep an eye on the Sandgate Youth Festival Facebook page on how to get involved.

Stirling Hinchliffe MP



August is Queensland Multicultural Month, the state's largest celebration of our cultural and linguistic diversity. There are few better examples of this remarkable diversity than our own local community.

According to the 2016 Census, almost one-in-four Sandgate electorate residents were born

overseas; 10.7 per cent were born in an English-speaking background country, the top five being New Zealand, England, South Africa, Scotland and Ireland; 13.7 per cent were born in a non-English speaking background country and the top five are India, Philippines, Fiji, China and Papua New Guinea; and 14.6 per cent of Sandgate residents speak a language other than English at home, with the most common being southeast Asian languages.

This August, the Census will again be conducted. Census data provides a snapshot of the nation and informs government, community and business, which is why your participation is vital in ensuring comprehensive statistical collection.

I am very proud that people from all over the world have come to call our bayside community home. I hope you join with me this August in celebrating our rich diversity and take part in some of the great activities happening for Queensland Multicultural Month.

Together we can make Sandgate and Queensland a united, harmonious and inclusive place where everyone belongs. Learn more about Queensland Multicultural Month here: www.cyjma.qld.gov.au/campaign/multicultural-queensland-month

Cr Sandy Landers



This Budget I have been working hard with Lord Mayor Adrian Schrinner to deliver for the Bracken Ridge Ward. The 2021-22 Budget will fund better and safer roads, park upgrades and many more exciting projects. Something I am looking forward to is the

refurbishment of Zillmere Library, which I committed to in the 2020 election. Funding has been allocated in this suburban-focused budget to ensure it continues to be a vibrant, active, welcoming, comfortable, and safe hub for our community to meet.

This month has also seen the installation of new toilet facilities at Bill Brown Reserve to support the new netball courts and dog off-leash area that is now open for local fur babies.

I am happy to announce that kerbside collection is back earlier than expected. By putting it on hold during COVID, we were able to re-direct \$6 million into helping our sporting clubs, community groups, and small businesses through this difficult time. Please visit Council's website to find out when your expected collection day is and remember to wait until formally notified before placing items outside. www.brisbane.qld.gov.au/clean-and-green/rubbish-tips-and-bins/rubbish-collections/kerbside-large-item-collection-service



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Hotel general manager TJ Marshall with team members from two rally cars, Peter Batson, Donna Smith and Scott Hutchison

Story *Jodie Woodward*

Photo *Bruce Redman*

International Beer Day is a world-wide day for beer lovers everywhere to celebrate everything they love about their favourite amber liquid. Events will occur in pubs, breweries, and backyards all around the world, including right here in Sandgate.

Sandgate Post Office Hotel general manager TJ Marshall said the hotel would be celebrating the international event by showcasing some great local brews and raising money for charity while they're at it.

"We are using the International Beer Day as an excuse to drink some cool local beers and raise money for a good cause," TJ said.

TJ said the hotel would have a selection of beers from Slipstream and Ballistic with a representative for the beers there to talk all things beer and brewery. Attendees can settle in with a favourite brew or try something new.

"There will be nothing too crazy and 'out there' craft wise, just some super tasty local brews," he said. "Perhaps something that people may not have tried. My personal favourite is the Oaked XPA from Ballistic."

The charity component of the event will raise money for two teams competing in the 2022

Road Boss Rally. Monies raised will go to GIVIT – a not-for-profit charity organisation that uses donations to fill real, and often urgent, needs in communities. They work with charities, community groups and people in need, especially in times of disaster.

"We are raising money for two teams – the Old Bulls Racing and the FlaminGo Bling," TJ said.

"We have worked with the guys from Old Bulls Racing for the last year and a bit to help out their team where we can. This seemed like a good opportunity to fundraise for two teams," TJ said.

This International Beer Day event will celebrate not only the much-loved beverage but also the community in which it is served and shared. If you're thinking about heading along, TJ said it should be a simple decision to make.

"It's on a Friday afternoon, food and beer is provided, and it's for a good cause. Why wouldn't you come?"

To find out more information or to purchase your ticket, visit the Sandgate Post Office Hotel Facebook page or www.sandgatepostofficehotel.com.au.

International Beer Day event
Friday, 6 August, 6:00pm
Sandgate Post Office Hotel



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Brisbane Says Trial is Good to FOGO

Story *Alyssa Mackay*
Photo *Bruce Redman*



Cr Jared Cassidy

Budget funding has recently been secured to trial the disposal of food organics and garden organics (FOGO) in Brisbane City Council's green-lidded bins.

The 14-week pilot study comes off the back of a FOGO for Brisbane campaign by Labor for Brisbane and will include vegetable waste only.

Deagon Ward Councillor Jared Cassidy said FOGO was the recycling of the 21st century.

"It takes organic waste out of landfill and composts it on an industrial scale," Jared said. "Here in Brisbane, a full FOGO system would mean up to 80,000 tonnes of organic waste would be recycled instead of going into landfill."

"That means more jobs for Brisbane residents than traditional landfill, less carbon emissions from our dumps, and we will be creating a valuable compost that can be used or sold."

The city-wide campaign began in June 2020 and received thousands of survey responses and petition signatures from residents keen to reduce their impact on the environment by introducing a FOGO service to Brisbane.

"The single biggest thing a council can do to reduce carbon emissions is to invest in FOGO," Jared said. "It's more effective than solar panels or electrical vehicles. For residents, all it means is using the green bin for kitchen waste as well as garden waste."

Residents with green-lidded bins currently use them to dispose of grass clippings and garden waste. The FOGO pilot will mean residents can also dump their fruit and vegetable scraps into these bins, and not their red-lidded bins.

Jared said that while the pilot trial was a step in the right direction, he would continue to fight for a full FOGO service for every Brisbane household so that residents could reap the rewards of the initiative.

"There are over 70 councils around Australia with a FOGO system in place, and we think Brisbane should be at the forefront, not following along," Jared said. "So, this trial is a step in the right direction, and we'll be pushing for a full rollout."

The FOGO pilot study is set to occur this financial year and will be available to all Brisbane residents who have green-lidded bins.



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SocialSnaps by PAUL NEIL

If you have an event that you think is worth a photo, call me on 0449 660 473



Local Sandgate boy Teddy and Mum and Dad stop for a photo while visiting Grandma and Grandad on the farm during the school holidays.



Sandgate's Greg Rostron and his mate Mick turned 50 and had a crazy dream come true when the Hoodoo Gurus played at their fabulous joint birthday party.



I found Greg Egan entertaining the crowd with soulful tunes at Eclectea Bar and Restaurant at Brighton.



Louise, Patrizia and Nook are keen for the mask mandate to end but still have a great time at their Yarn at 360 Degrees Social Group (every Thursday about 1:30pm if you are keen) at Cafe Bohemia in Sandgate.

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HISTORY



Cremorne on Flinders Parade, c. 1940.

TAKE A WALK THROUGH SANDGATE'S HISTORY

If our local buildings could talk, imagine the tales they could tell us about Sandgate's early history.

The Sandgate Historical Society will be taking a stroll through time this month, with a guided tour of several properties built in the late nineteenth century when Sandgate was a booming seaside resort.

President of the Sandgate and District Historical Society and Museum Pam Verney said the Historical Homes Guided Walk would begin at the Sandgate Memorial Park.

"We go down Second Avenue and along Flinders Parade, come up Fourth Avenue, along Brighton Road, and finish back near the memorial park," Pam said.

"We pass several heritage-listed buildings including the Sandgate Town Hall, the former Sandgate Baptist Church, Rothsay, The Cottage, Torquay, Meridian, and Cremorne. We cover nearly 100 years of styles of architecture."

One of the highlights of Pam's guided walk is Meridian on Flinders Parade, built in 1885 with the intention of becoming a hotel. Pam said the home was once owned by Edward and Margaret Dyer.

"It's had a transitional life, as most of the big places in Sandgate have," Pam said. "It was a residence, then a boarding house, then flats, and back to a private residence again."

"When the Dyers lived there, there was no ladies bowling club. Edward Dyer started the Sandgate Bowls Club in 1914 and women couldn't play there, but he had a bowling green beside the house where the ladies played."

The opening of a rail line from Brisbane to Sandgate in 1882 saw the construction of many fine homes in the area, particularly on Flinders Parade with its views overlooking Bramble Bay. On the guided walk, Pam will share the history of some of these beautifully restored homes, including Cremorne, an eye-catching house with Art Nouveau elements.

"Cremorne has a lot of history tied back to Brisbane because the family who named it also operated the Cremorne Theatre in South Brisbane," Pam said.

While tour-goers won't be able to go inside the privately-owned homes, there may be a small treat in store. "We usually have morning tea on the veranda of one of the older houses on the beachfront," Pam said.

The walk is an easy, two-hour walk. Admission is \$25 per person, which includes morning tea. Bookings are essential and can be made by contacting Pam on 0410 327 095.

**Historical Homes Guided Walk
Saturday, 28 August, 9:30am-11:30pm
Starting at Sandgate War Memorial Park
8 Seymour Street, Sandgate**



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CRIME NEWS

A Police operation targeting road users saw 30 infringement notices issued for offences such as speeding on roads like the Deagon Deviation in July.

Concerningly, there were more traffic accidents recorded in Sandgate for July than in June. So what to do at a traffic incident?

Everyone hopes that they never have to go through the pain and suffering of a traffic accident. But if you do, these few simple hints may help you in coping with the problem.

If you are involved in a traffic accident where someone has been killed or injured, you **MUST** remain at the scene. Police will conduct an

investigation and you will need to provide a statement at the scene. If the incident is minor in damage with no person injured, then Police do not need to attend and all information should be given to insurance for investigation. Details required will include: registration number, vehicle make and colour, driver's licence details, (other person's) full name and address, all contact numbers including email, insurance company, details of any damage point/s on their car, time and date, and witnesses who attended at the scene, if any.



Senior Constable
Victoria Christensen

Data Source: www.police.qld.gov.au/maps-and-statistics

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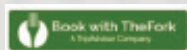
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Bayside Op Shop Day Trip

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St innies Lifeline and Antique stores for some serious browsing.

Morning Tea included but lunch at own expense \$45.00pp

SAT 18TH, TUE 21ST & THU 23RD SEPTEMBER

Toowoomba Carnival of Flowers Tours. Saturday 18th is

Grand Parade Day so morning tea is included but

lunch is at own expense with free time down town \$60.00pp

Tuesday 21st & Thursday 23rd morning tea

and lunch are included \$80.00pp

What's On. **AUG**

01 SUNDAY

🍷 3 HR WINE, DINE, PAINT & CREATE

SANDGATE TOWN HALL 1:30PM - 4:30PM

Enjoy a complimentary glass of Verve Alary sparkling wine while listening to live musician Ella Jones. Complete an all inclusive three-hour art workshop. Enjoy a grazing table with sweet and savoury bites. Receive a gift from host to guests. BYO more wine. Contact: www.lindaharrod-eaglesart.com

🎵 PERCY ROBINSON DUO

FULL MOON HOTEL 2PM

🎵 BELLA PATON

SANDGATE POST OFFICE HOTEL 2PM

🎵 SUNDAY SOUNDS - PHIL GALLETTY

QUEENSLAND CRUISING YACHT CLUB 2PM

🎵 WILKO

PHOENIX BAR & LOUNGE 3PM

🎵 TUNES ON THE TURF - OPEN MIC

ECLECTEA 3PM

🎵 SKY EATER

CARDIGAN BAR 4PM



★ MORETON BAY FOOD AND WINE FESTIVAL

APEX PARK, WOODY POINT 4PM

05 THURSDAY

🍷 BOOKS ANON. BOOK CLUB

ECLECTEA 6:30PM - 10PM

First Thursday of every month.

Details on Facebook

06 FRIDAY



🎵 OASIS MAK

ECLECTEA 4PM

★ HOT AUGUST NIGHTS - SLIM GRITTY P.40

SANDGATE BOWLS CLUB 6:30PM

🎵 UNPLUGGED CAFE

SANDGATE COMMUNITY CENTRE 7PM

🎵 ALEX CROOK

PHOENIX BAR & LOUNGE 8PM

🎵 HARRIS & WATERHOUSE

FULL MOON HOTEL 8pm

07 SATURDAY

🎵 SATURDAY LIVE MUSIC "MAK"

QUEENSLAND CRUISING YACHT CLUB 1PM

★ BRIGHTON ROOSTERS LADIES DAY 2021

BRIGHTON ROOSTERS JUNIOR RUGBY LEAGUE CLUB 3PM

🎵 CARDIGAN BAR BLUEGRASS JAM

CARDIGAN BAR 3PM

🎵 COOJEE TIMMS

CARDIGAN BAR 7PM

★ SHARON AND SLAVA GRIGORYAN

SANDGATE TOWN HALL 7:30PM

🎵 DJ DOLLYPOP

PHOENIX BAR & LOUNGE 8PM

🎵 SCARLETT GUNNER DUO

FULL MOON HOTEL 8PM

08 SUNDAY

🎵 NEIL BAIN

SANDGATE POST OFFICE HOTEL 2PM

🎵 C & C DUO

FULL MOON HOTEL 2PM

🎵 SUNDAY SOUNDS - FELLOW NOMAD

QUEENSLAND CRUISING YACHT CLUB 2PM

Come and enjoy some live music on the waterfront. The kitchen will be serving tapas until 3:30pm. You don't have to be a member - everyone is welcome.

🎵 WILKO

PHOENIX BAR & LOUNGE 3PM

🎵 TUNES ON THE TURF - OPEN MIC

ECLECTEA 3PM

🎵 MUSIC NO PASSENGERS

CARDIGAN BAR 4PM

13 FRIDAY



🎵 OASIS MAK

ECLECTEA 4PM

🎵 DAYS OF EMBER

SANDGATE POST OFFICE HOTEL 6PM

★ HOT AUGUST NIGHTS - SEVEN DEADLY SWINGS

SANDGATE BOWLS CLUB 6:30PM

🎵 ALEX CROOK

PHOENIX BAR & LOUNGE 8PM

🎵 JACK BRATT

FULL MOON HOTEL 8PM

14 SATURDAY



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Second Ave Sandgate

🎵 **SATURDAY LIVE MUSIC "MAK"**
QUEENSLAND CRUISING YACHT CLUB 1PM

🎵 **THE WALTERS**
CARDIGAN BAR 7PM

🎵 **CAINAN RUSSELL**
FULL MOON HOTEL 8PM

🎵 **DJ DOLLYPOP**
PHOENIX BAR & LOUNGE 8PM

15 SUNDAY

🎵 **JENNA BRIGGS**
SANDGATE POST OFFICE HOTEL 2PM

🎵 **JOSH LINCOLN**
FULL MOON HOTEL 2PM

🎵 **SUNDAY SOUNDS - RUSSEL & JULIAN**
QUEENSLAND CRUISING YACHT CLUB 2PM

🎵 **TUNES ON THE TURF - OPEN MIC**
ECLECTEA 3PM

🎵 **WILKO**
PHOENIX BAR & LOUNGE 3PM



17 TUESDAY

📌 **LAURIE'S BEACH WALK**
FLINDERS PARADE OPPOSITE OLD
BAPTIST CHURCH 9:30AM - 11:30AM

Discover the web of life along the Sandgate foreshore and tidal flats. Find soldier crabs, shell house worms, moon snails and where stingrays feed. Walks are free but bookings essential. Ph Pam 0410327095

20 FRIDAY



🎵 **OASIS MAK**
ECLECTEA 4PM

🎵 **DJ GALLEON**
PHOENIX BAR & LOUNGE 6PM

★ **HOT AUGUST NIGHTS - NEIL
DIAMOND TRIBUTE SHOW**
SANDGATE BOWLS CLUB 6:30PM

🎵 **SCOTT DAVY**
FULL MOON HOTEL 8PM

21 SATURDAY

🎵 **SATURDAY LIVE MUSIC "MAK"**
QUEENSLAND CRUISING YACHT CLUB 1PM

🎵 **DJ DOLLYPOP**
PHOENIX BAR & LOUNGE 8PM

🎵 **JACK BRATT**
FULL MOON HOTEL 8PM

22 SUNDAY

🎵 **SUNDAY SOUNDS - JOHN MALCOLM**
QUEENSLAND CRUISING YACHT CLUB 2PM

🎵 **RICHARD NEILL**
FULL MOON HOTEL 2PM

🎵 **BRETT WHITMORE**
SANDGATE POST OFFICE HOTEL 2PM

🎵 **WILKO**
PHOENIX BAR & LOUNGE 3PM

🎵 **TUNES ON THE TURF - OPEN MIC**
ECLECTEA 3PM

FULL MOON
RISE TIME 5.11PM



26 THURSDAY

🎵 **OPEN MIC AT MR HENDERSON**
MR HENDERSON 6:30PM

🎵 **OPEN MIC NIGHT**

QCYC 7PM

27 FRIDAY



🎵 **OASIS MAK**

ECLECTEA 4PM

🎵 **DJ GALLEON**

PHOENIX BAR & LOUNGE 6PM

★ **HOT AUGUST NIGHTS - 70S
DISCO VS 70S ROCK SHOW**

SANDGATE BOWLS CLUB 6:30PM

🎵 **BEN STEWART**

FULL MOON HOTEL 8PM

28 SATURDAY

🏠 **HISTORIC HOUSES OF SANDGATE WALK**

PARK 9:30AM - 11:30AM

Walk includes morning tea in an historic house on the beachfront with views to Bramble Bay. Cost \$25 Bookings Ph 0410327095

🎵 **SATURDAY LIVE MUSIC "MAK"**

QUEENSLAND CRUISING YACHT CLUB 1PM

🎵 **GEORGE HODGES**

ECLECTEA 4PM

🎵 **PEKO**

FULL MOON HOTEL 8PM

🎵 **DJ DOLLYPOP**

PHOENIX BAR & LOUNGE 8PM

29 SUNDAY

🎵 **WILKO DUO**

FULL MOON HOTEL 2PM

🎵 **SUNDAY SOUNDS - FIGTREE JAM**

QCYC 2PM

🎵 **EMQ BAND**

PHOENIX BAR & LOUNGE 3PM

🎵 **WEST TEXAS CRUDE (WTC)**

CARDIGAN BAR 4PM

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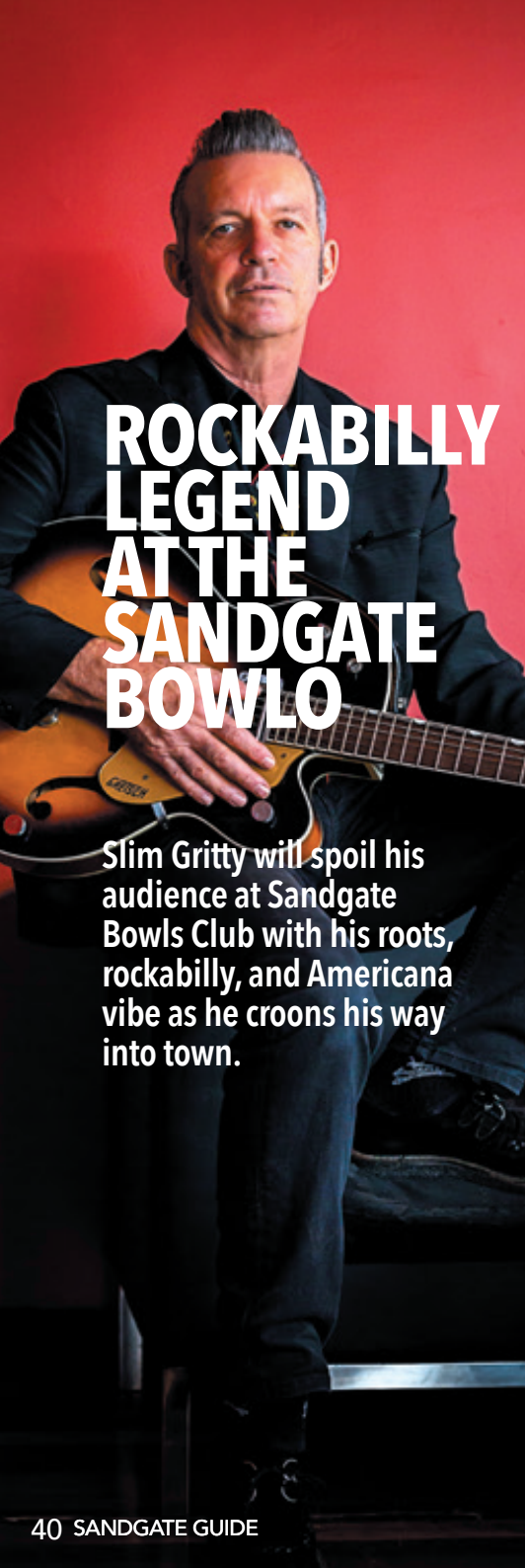
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A photograph of Slim Gritty, a man with short grey hair, wearing a dark jacket and playing a hollow-body electric guitar. He is positioned against a solid red background. The text 'ROCKABILLY LEGEND AT THE SANDGATE BOWLO' is overlaid in large, bold, white capital letters on the left side of the image.

ROCKABILLY LEGEND AT THE SANDGATE BOWLO

Slim Gritty will spoil his audience at Sandgate Bowls Club with his roots, rockabilly, and Americana vibe as he croons his way into town.

Story Aleasha Bliss

Slim Gritty is the first act for the Sandgate Bowls Club's Hot August Nights events, and he will also be releasing a six-track EP on the evening that will delight his rockabilly fans.

Slim Gritty, aka Tim Collett, has been in the music industry since he was 13 and has toured Australia, South East Asia, and Europe with his bands over the years.

He said his new EP *A Lil' bit Country* heavily draws on hillbilly and roots country-influences, unlike his prior EP that was a lot more pared back.

"This particular EP is a little bit of a journey away from what I normally do," Slim said. "I've pulled in other musicians that play fiddle, banjo and mandolin, so it has a sort of rockabilly rockin' beat on most of the songs."

Slim said that rockabilly had become quite in vogue again from its humble beginnings in the 50s, and many people saw rockabilly as a way of life, wearing the fashion, loving the music, and dancing to the beats.

"I'm pretty sure we're getting quite a high percentage of the dancing fraternity that loves rockabilly music to dance to," he said. "So, I cater to that audience – most of the material that I play is around the dance beats and stuff that they like."

He said he felt most alive when performing his new music, and an intimate venue was ideal for an EP launch as he could connect on a personal level with the audience.

"As an artist, this is your life, and it's a moment of reckoning when you are putting up new material," he said. "This is the true test to see how people respond to it as an artisan performer."

Slim said he was really looking forward to performing at Sandgate Bowls Club and was impressed with what the organisers were creating.

"I think it's a great new venture what the bowls club is doing," he said. "Creating another avenue around music and culture is a really good thing."

*Get your tickets to Slim Gritty here:
www.trybooking.com and search Hot August Nights at Sandgate Bowls Club.*

**Rockabilly Night: Slim Gritty
Friday, 6 August, 7:30pm-10:30pm
Sandgate Bowls Club
Keogh Street, Sandgate**

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Bottlemart

PODCAST OF THE MONTH

'Smartless'

Story Nick Allford

Mates taking the piss out of each other is funny – but way funnier when they're celebrity comedians.

Having appeared on enough podcasts themselves, comedic actors Sean Hayes (from *Will & Grace*) and *Arrested Development* stars Jason Bateman and Will Arnett thought why not give it a crack.

The bonus about being stars themselves is that they have a Rolodex of celebrity names that reads like an Oscars invite list. It's the first thing you notice when skimming through the episode titles, anyone from Will Ferrell and Robert Downey Jr. to Adam Sandler and Jennifer Aniston.

A nice touch is that only one of them knows who is going to join them as a guest, which means the other two aren't prepared and offer up more genuine questions rather than overthinking the interview. They may often regret their choices though, as the guests often reveal things that the hosts may not want to share (it's tough having celeb mates). As the guests are friends, you feel like they're sharing more than they normally would on a Hollywood talk show.

I recommend this podcast if you enjoy listening to friends spin a good yarn – who just so happen to be Hollywood movie stars.

Callout to Young Musicians and Performers

Story Alyssa Mackay

It's exciting news for young bands, dance groups, and solo artists, because the Northside's newest youth music festival is back.

Local young performers are being asked to refine their audition tapes for the third annual Sandgate Youth Festival, to be held in October.

Deagon Ward Councillor Jared Cassidy said the festival was a unique event on the Brisbane music scene.

"The festival gives young and emerging performers an opportunity to perform for their community and compete for some great prizes," Jared said.

"A few years ago, I joined forces with Brendon Hofmeier from local business Beat Connection to put this event together and it's gone from strength to strength, even during COVID.

"We are putting the call out for young performers to send in their auditions. The last two years has seen some amazing talent from solo artists to dance groups and bands. We know the competition will be hot this year."

All artists keen to make the grade must submit a performance of a full song by 15 September. The top eight acts will be announced on 23 September and will go on to compete at the festival on 23 October.

Last year, dynamic dance crew Fifth Dynasty took out the top prize of \$500.

Send a link with your audition to sandgateyouthfestival@gmail.com





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QWC WORKSHOP: CRAFTING CHARACTERS

During this Queensland Writers Centre workshop, learn how to get deep inside the minds of significant characters and better understand their motivations, choices and psychological state. You will write best by knowing your characters better. This is a free event organised by Brisbane City Council. Bookings via www.eventbrite.com.au by searching Sandgate QWC Workshop. **Saturday, 14 August, 10:30am - 12:00pm**
Sandgate Library

ALL LEVEL SKATEBOARDING CLASSES

In this all levels group class, learn to skateboard or further your skills with experienced skateboard coaches. Our classes every week have both Beginner and Intermediate coaches on board, providing you the opportunity to skateboard comfortably while learning new tricks. Cost is \$28. Suitable for kids aged six to adult. Bring a skateboard, helmet and water. Bookings via www.eventbrite.com.au by searching Skateboarding Bracken Ridge. **Sunday, 1 August, 9.15am - 10.30am**
Bracken Ridge Skate Park

HUMMINGBIRD HOUSE CENT AUCTION

Coles Bracken Ridge Plaza is helping to raise much needed funds for a worthy cause. The store will hold a cent auction over the weekend of 21 and 22 August with proceeds going to Hummingbird House, Queensland's only children's hospice, providing short-break stays and support for children with life-limiting conditions and their families. **21 & 22 August, 8:00am - 4:00pm**
Coles Bracken Ridge Plaza

DREAMERS WELCOME AT REGATTA

The tang of salt spray, the whip of the wind and the warmth of winter sun – there's nothing like it to lift one's spirit. And the best place to luxuriate in this feeling is, of course, on a vintage yacht.

For those of us still dreaming of when our ship comes in, the 2021 Vintage Yacht Regatta run by the Queensland Cruising Yacht Club allows you to get close to some magnificent watercraft as well as see them race.

Event organiser and Commodore of QCYC Harley Cowlshaw said the club, grounds and marina would be open to the public so people could walk around, see the displays, and enjoy the vintage vessels.

"It's a great opportunity to see all types of vintage, power, and sail boats up close," Harley said.

"Every year the Wooden Boat Association puts on a static display of finely crafted boats you rarely get to see.

"There are a series of races over the weekend too, and the best viewing is from Shorncliffe Pier."

The best times to see the fleet in port are before 9.30am each day and after 3pm following the racing.

For further information search Facebook for Vintage Yacht Regatta.

Ship ahoy, maties!

Vintage Yacht Regatta
Friday, 13 - Sunday, 15 August
Queensland Cruising Yacht Club
45 Allpass Parade, Shorncliffe





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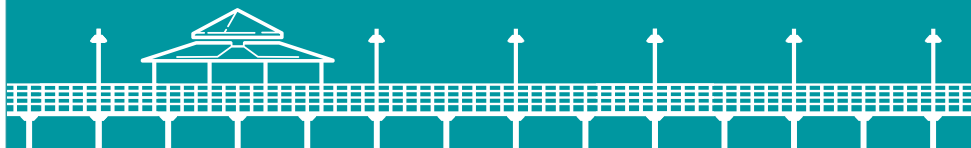
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Local DINING GUIDE



74 Ward St, Brighton

Café

0424 420 863

COFFEE WARDEN

Feature: We serve top quality coffee prepared using Lavazza's classiest coffee beans. We also take pride in providing excellent customer service. Our customers always feel welcomed and enjoy the atmosphere of our small café where they can meet friends and other locals. Hours: Monday to Thursday: 5am–2pm Friday to Sunday: 5am–1pm



Shop 12 / 353 Beaconsfield Terrace, Brighton

Café

3269 1964

COOL BEANS CAFÉ

Feature: Cool Beans Cafe located walking distance to Brighton Foreshore, offering great value all day breakfast and lunch menu, expert quality coffee, delicious range of smoothies and bagels available. Open from 7am, indoor dining wheelchair accessible and pets welcome.



6 Knox Street, Sandgate

Coffee Shop

CYPHER COFFEE

Feature: Need a coffee hit? Craving something sweet? Maybe something savoury? Cypher Coffee has you covered! Proudly serving 'Bear Bones' specialty coffee. Come and check out our delicious range of Byron Bay cookies, Turkish toasties, and more!

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Local DINING GUIDE

EclectTea



2 Queens Parade, Brighton

Wine Bar

0416 689 465

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Opening Hours: Thurs 3-7pm, Fri - 3-9pm,
Sat/Sun 1-9pm



196 Flinders Pde, Sandgate
(opposite pool)

Seafood, Burgers & Beers

3269 6903

FLINDERS SEAFOOD & BAR

Feature: Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.



353 Beaconsfield Tce, Brighton

Pizzeria

3869 2282

LA PIZZERIA

Feature: We offer a wide range of Traditional Woodfire Pizzas, Pastas and Gelatos including Vegan and Gluten Free options. Phone us to place your pick-up or delivery order Tuesday - Sunday from 4:30pm.

**UNDER NEW
MANAGEMENT**



8 Queens Parade, Brighton

Coffee Shop

0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.



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115 Brighton Rd, Sandgate
Coffee Shop
0480 254 973

MUG SHOTS ESPRESSO

Feature: Join us from 5am every morning for our amazing coffee served by your favourite Baristas or come in after 8am and sit down with your friends and enjoy a comfortable air conditioned catch up in the Café. Remember we are your only local coffee roaster in the 4017 area. We specialise in Single Origin coffee, smooth blends, and expertise knowledge of all our beans.



154 Barrett St, Bracken Ridge
Bracken Ridge Tavern
Steak & Rib House
3269 7011

PANAMA JACK'S STEAK & RIB HOUSE

Feature: Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Hours: Sunday & Monday 11:30am – 9pm
Tuesday – Saturday 11:30am – 10pm.



6 Park Parade, Shorncliffe
**Modern Australian
& Mediterranean**
0447 265 852

PREECE'S ON THE PARK

Feature: We are a family owned café open from 5:30am to 2:30pm Monday to Friday and 5:30am to 3:00pm Saturday and Sunday.

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Local DINING GUIDE



Sinbad St, Shorncliffe
Bar Restaurant Functions
3269 4588

QUEENSLAND CRUISING YACHT CLUB

Feature: Sandgate's best kept secret right on the water. Fully licenced bar and restaurant. Modern Australian cuisine, extensive wine list and great coffee. Check out our website for opening times, events and function options. www.qcyc.com.au
All public very welcome!



7 Fourth Avenue, Sandgate
Homestyle Café
3269 0318

SALAD DAYS

Feature: Open for breakfast, lunch, coffee, milkshakes and smoothies. Specialising in homemade lasagna, quiches, pies, sandwiches, burgers, and cakes. Catering available. Dine in or take away. Wheelchair accessible.

Open Monday to Friday 8am-2pm. Saturdays 8am-1pm. Facebook page – Salad Days Café



1 Bowser Parade, Sandgate
Hotel
3869 0606

SANDGATE POST OFFICE HOTEL

Feature: Family friendly pub with all day menu, child's playground and drinks for all occasions. With our beautiful Chandelier room also available for functions hire, come check us out.

Exceptional pub food, Gluten free options, fine wines and a large selection of beers.



1 Loudon Street, Sandgate
(across from the town hall)
Sodas, Burgers and More
0435 427 174

SODA SHOPPE

Feature: Old-fashioned soda shop with house-made sodas, shakes, smoothies, organic coffee, ice cream sundaes and house-made cakes. Our extensive menu includes burgers, deli sandwiches, chicken wings, BBQ smoked meats, salads and more. Dine-in, take-away and delivery. Fully licensed.

Open Lunch and Dinner: Tues to Sun 11:00am - 8:00pm





227 Rainbow St, Shorncliffe

Specialty Coffee House

0413 849 814

THE WIRED OWL COFFEE CO

Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of single origin coffees. Tantalising treats and teas are also on the menu.



227 Rainbow St, Sandgate

Café

3269 6970

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Wednesday – Sunday, 7am – 1:30pm, closed Mondays and Tuesdays.



Bracken Ridge Plaza

250 Telegraph Rd,

Casual Dining

3261 6102

THREE WISE MONKEYS CAFÉ

Feature: Three Wise Monkeys Café is a local family-owned Café serving fresh and flavourful meals and Brisbane's favourite Campos coffee.

Come visit us for our well-renowned burgers and grab one of our delicious bubble teas on the way.

Fuel your day at Three Wise Monkeys Café, located in the Bracken Ridge Plaza. Open 7 days.



121 Brighton Rd, Sandgate

Vietnamese

3869 3631

VIET STREET EAT

Feature: At Viet Street Eat, we offer a relaxed atmosphere with great, fresh and delicious meals that are MSG-free, gluten-free, dairy-free, nut-free and vegan. Some of our popular dishes are pho' beef, spicy vegetarian noodles, pork belly rice noodle salad, street rice, beef rendang with roti, pork belly banh mi and freshly made rice paper rolls.



BRAMBLE Bites



Story *Brooke Jacobson*

TEA AND HISTORY

Sandgate and District Museum will be holding mornings with Devonshire tea, served with ample amounts of free history, on the last Thursday of each month at 10am. The first event will be held on 26 August. Local historians will address topics including local residences, identities, businesses and the lifestyle of Sandgate's bygone era. Bookings are essential as numbers are limited. To book, phone the museum on a Wednesday or Sunday on: 3869 2283 or by email: info@sandgatemuseum.com.au

FRUITFUL SUBURBS

If you've got spare home-grown produce, you might like to join Fruitful Suburbs. It's a group of like-minded gardeners who meet on the first Sunday of every month at Apex Park in Brighton

at 9.30am. If you enjoy meeting people, picking up some interesting gardening tips and sharing, please feel free to join. Members share plants and produce from their own garden or kitchen, and enjoy a cup of coffee and a snack. The group operates on the "crop swap" principle of sharing and caring – no money changes hands, just some wondrous fresh fruit, veggies, plants, cuttings and home produce. Search Facebook for the group Fruitful Suburbs for more information.

BECOME A LION

The Brisbane Bramble Bay Lions Club is a service club formed to assist the residents of Sandgate, Shorncliffe and surrounding areas, and they're looking for more members. The club has been involved in helping local primary schools and they work closely with our state and local members to assist the community in many different ways. If you're looking for a way to help out your community please contact David Whiffin on: 0401 719 931 or whiffo@tpg.com.au

TODDLER TIME

If you're looking for something fun to do with your toddler, try the First 5 Forever Toddler Time at Bracken Ridge Library. Sing, clap and dance to action rhymes, which will help develop pre-literacy skills. Held every Wednesday from 9.30am to 10am, Toddler Time is free but bookings are a must. To book, search www.eventbrite.com.au for First 5 Forever Toddler Time Bracken Ridge.

NATURE JOURNALING

Artist Sandra Pearce is offering a nature journaling class at the Boondall Wetlands Environment Centre. Held on 1 August from 10am to noon, the class will help you take some time out to observe and sketch nature. To book, search for the event at: www.eventbrite.com.au

SOFTBALL SIGN-ON

The Brighton Roosters Softball Club is having its summer sign-on day on Wednesday, 4 August from 5.30pm to 8pm, at Brighton Roosters football club on Tenth Avenue, Brighton. Softball is open for men and women, and boys and girls from ages five and up. For more information go to: www.brightonsoftball.com.au or call Tracey on: 0417 700 198.

ROCK ON SENIORS

Seniors, are you ready to rock? If you've been interested in learning the guitar, this class is for you. Learn basic chords, strum patterns and the structure of songs at a free class at Bracken Ridge Hall on 4 August from 1pm to 2.30pm. This is a GOLD event suitable for seniors. To book, email dale.v.music@gmail.com

HOW TO MAKE VEGAN CHEESE

Learn how to make vegan cheese at a new course being held in Brighton. Presented by permaculture teacher Elizabeth Fekonia, you will learn how to craft real, cultured, non-dairy cheese using the art of fermentation. The course features two workshops and you can book places for one or both. On Sunday, 15 August from 9.30am to 12.30pm, you can learn about making cheddar, brie, havarti, vegan butter and cultured buttermilk, sour cream, cheese spread and coco-yoghurt. On the same day, from 1.30pm to 4.30pm, you can learn about making halloumi, meltable cheddar, blue vein, camembert, mozzarella, and a rich creamy pasta sauce. The workshops will be held at Living Balance Health Café, 144 Lascelles St, Brighton. Tickets are priced from \$79.18 - \$140. To book, visit: www.eventbrite.com.au and search Vegan Cheese & Cultured Non-Dairy Brighton.

Would you like to contribute to Bramble Bites?

Is there something happening in the 4017 community you'd like to share? What are you talking about on social media or at the school gate? Email Brooke to be included in the next Bramble Bites at: bites@sandgateguide.com.au



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KEEPING YOUR LAWN WEED & BINDII FREE

Russell Smith

Story **Jodie Woodward**

Photo **Bruce Redman**

Bindii weeds are a common lawn complaint for many Australians. Coochie HydroGreen franchise owner **Ian McLeod** said not all lawns had or would get bindiis but preventing them from growing was always a good idea.

"The secret is to keep your lawn thick and healthy all year round – that is the best preventative to most weeds, as a thick lawn will block the growth of weeds and bindiis," Ian said.

If you find bindiis in your lawn, they can be removed by pulling them out at the root – usually when they have grown big and started to flower, but before seeding. Ian said it was great to do after rain when the ground was softer. Bindiis can also be treated with herbicide, which is best done in late winter and early spring before the seeds germinate. Knowing which product to use, though, can be confusing.

"You can be overwhelmed these days with so many products available to treat lawns," Ian said. "You must read and understand the labels of the numerous and various products from fertilisers, weed sprays, grub, pest and fungicides products.

"We offer a weed spraying service to effectively control bindiis which target broad-leaved plants but not grasses."

Ian said mowing grass to a higher level would also allow more competitive plants to thrive in the area. Bindii weed favours compacted ground, so aerating the soil should also reduce the presence of the plant.

"Winter in the subtropics is a very dry time of the year, and you still need to ensure a lawn has plenty of the fundamentals such as energy, nutrition, and wetting agents applied to keep it alive and then to really thrive in the spring," Ian said.

If DIY lawn care is not solving your lawn problems, it's probably time to call in a professional.

"We know weeds, we know pests, we know lawns," Ian said. "This is our business, and if you have lawn problems you need to call us to correctly identify the problem (at no charge) and offer a practical solution to control and fix with our proven products."

To book a consultation or for more info on caring for your lawn, go to: coochie.com.au

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ACROSS THE BRIDGE

TASTES OF MORETON BAY



Jackson Burr, Nikora Rimene

Photo Bruce Redman

Get ready to enjoy all that Moreton Bay has to offer with the Tastes of Moreton Bay. This six-week food festival is celebrating all the region's local produce and businesses by creating numerous unique food and drink events that will please your taste buds and inspire you to admire the amazing tastes that are grown in your backyard.

Here are a few of the many events taking place on the Peninsula:

Trawler to Plate Experience

Morgans Seafood is taking its customers behind the scenes for the Tastes of Moreton Bay with a trawler-to-plate experience recurring on four Tuesdays of the festival's duration.

This unique seafood event has been designed to teach seafood lovers how their tasty delicacies from the sea end up on their plates from start to finish – and includes a lovely seafood lunch to complete the experience.

Gin and Gypsy Jazz Dinner

Get fancy at Tempest Seafood Restaurant and Teppanyaki Grill for the Tastes of Moreton Bay as they host a gourmet five-course seafood dinner, paired with boutique gin and live entertainment.

Tempest Seafood Restaurant and Teppanyaki Grill owner Lina Scardoni said she is excited to be a part of Tastes of Moreton Bay and to showcase the seafood from the region.

Brews, Chews & Talkn' S#*t

One of the more relaxed, yet information-filled events of Tastes of Moreton Bay is one for the local beer lovers.

Cactus Jack's is teaming with George D'Ath from Horny Wombat Brewing for an afternoon of laughs, brews, and food. George will be entertaining the guests with chats on all things beer and will even talk you through the brewing process.

Find out about all the foodie events on offer at www.visitmoretonbayregion.com.au/tastes/home

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MESMERISING MOSAICS ON DISPLAY

Story *Jodie Woodward*

The ancient art form of mosaic is alive and well due to a dedicated group of local artisans. Every Saturday they smash, crack, cut and shape their way through piles of tiles and old crockery to produce colourful and imaginative artworks at Artrageous' Mosaic Club.



Mosaic Club facilitator Anne Gadsby said her love of mosaic began due to a fondness for gardening and creating art from throwaway items.

"Mosaics are the perfect art form to indulge this – broken china, leftover bits of stained glass, old retro tiles, new tiles, shells, stones – all come together to create art to embellish any spot in your garden or home," she said.

The mosaic technique uses small pieces of tiles, stone, china or glass to make an image or design, and has been developed for many different surfaces. Mosaic Club focuses on garden art – pots, pavers, garden plaques, tables, statues, and bird baths.

Every year the club holds an exhibition to showcase their work to the local community. Visitors can peruse the creative displays and pick up a gift for a loved one or something special to brighten up their own home or garden.

"Our mosaic exhibition varies year to year due to the continual creativity and diversity of work produced by our members," Anne said. "It is always a pleasure to be able to showcase this body of work to the public."

Once you're done perusing the mosaics at the exhibition, you might even be inspired to learn the ancient art yourself. In that case, Anne can also point you in the right direction as she runs a beginner mosaic class on Friday mornings from 10am to 12pm.

"When trying mosaics for the first time you need to understand the medium – cutting, designing, the importance of grouting and sealing," she said. "Once these basic principles are achieved you can mosaic almost anything."

"Mosaic club is one of Artrageous' very successful fundraisers. I and the Artrageous committee would love to thank and congratulate all the members that attend regularly and make this so worthwhile, creatively and financially – it's a win-win for everyone."

For more info, go to www.artrageous.org.au

Annual Mosaic Club Exhibition
Saturday, 7 August, 2:30pm - 4:00pm
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Jade Wall

JADE SHINES BRIGHT ON THE OLYMPIC DIAMOND

Story *Alyssa Mackay*
Photo *Softball Australia*

Softball has returned to the Olympics for the first time since 2008 and Redcliffe Leagues outfielder Jade Wall is all set to compete on sport's biggest stage.

A former Deagon resident, Jade makes her first Olympic appearance in Tokyo as one of 15 players for the Australian softball team, the Aussie Spirit.

Jade, 32, said she felt emotional when she found out she had been selected to compete.

"I felt a flood of emotions like the pressure valve had been released," Jade said. "I had been waiting 13 years for this opportunity and it is the most unbelievable feeling I have ever felt."

Jade has been playing softball for 23 years and has a long list of achievements to her name.

"I have represented Queensland in every age group from U16 to opens and I debuted for Australia in 2009," she said. "In 2009, I played

professionally in Italy for a team called Bollate. I have represented Australia at US World Cups, Canada Cups and three World Championships in the Netherlands, Canada and Japan."

While Jade currently lives in Sydney, she has solid ties with the Sandgate and Redcliffe communities. She moved with her family to Deagon more than ten years ago and around the same time joined the Redcliffe Softball Association.

"I still represent Redcliffe at the Queensland Women's State Titles," Jade said.

Jade's father John Wall said before Jade got on the plane to Tokyo she visited her family in Deagon and they went down to the local nets to practise.

"I said to Jade, 'remember the days of batting practice at Curlew Park?' Sandgate has had a big part in getting her where she is now," John said.

The Australian Spirit haven't played any international competitions since 2019 and are looking forward to competing again.

"We are all so excited to play against the best teams in the world and best of all, play for our family and friends who have been on this long journey with us," Jade said.

"We have only ever had one goal in mind since we started this journey and that was hunting for gold."

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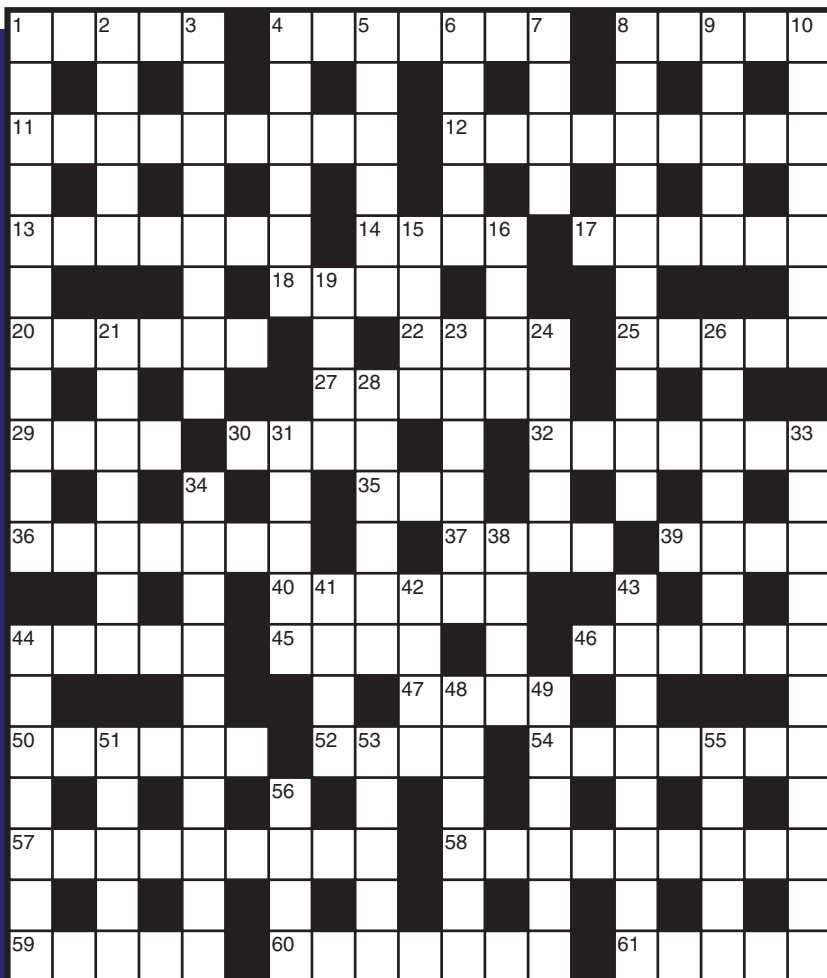
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ACROSS

- 1 Organic matter in soil
- 4 Presupposed
- 8 Loop with a running knot
- 11 Asian archipelago
- 12 Chinese philosopher
- 13 Poetic word for the sun
- 14 Manoeuvre
- 17 Scene of a Russian war
- 18 Panache
- 20 Octave
- 22 Crammed
- 25 Foyer
- 27 Part of a meal
- 29 Thin
- 30 Type of shark
- 32 Feral horse
- 35 Operated
- 36 Pasta cases
- 37 AD: _____ Domini
- 39 Tightly closed hand
- 40 Fertile
- 44 Fastened
- 45 Storage tower
- 46 Weep noisily
- 47 Small child
- 50 Cost of repairs
- 52 Sheds tears
- 54 Exhausting city life
- 57 A great number
- 58 Shiite leader
- 59 Grating
- 60 Inflamed
- 61 Senior

DOWN

- 1 Stylist
- 2 Beer glass
- 3 Sacredness
- 4 Ingest
- 5 Shellfish
- 6 Manly
- 7 Depression
- 8 Nullify
- 9 Hatred
- 10 Delight
- 15 Room below a roof
- 16 Christmas (arch)
- 19 Small bad
- 21 Mourned
- 23 Lavatory fixture
- 24 Citrus
- 26 Cruel and coarse
- 28 Usual
- 31 Elaborate solos
- 33 Social gathering (3-8)
- 34 Intricacy
- 38 Salamander
- 41 Tears
- 42 Explosive device
- 43 Refuge from danger
- 44 Percussionist
- 48 Jewish republic
- 49 Short trip for a task
- 51 Slays
- 53 Atlantic, Pacific, eg
- 55 Troubled
- 56 Rubbish

Solution in Back of Magazine. Distributed by Auspac Media.



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Augustus Davies portrait

'DIGGER' GUS DAVIES

Story Hellen White

Gus 'Digger' Davies, an ordinary man who lived an extraordinary life, was so well regarded that a park in Bald Hills was named in his honour.

Augustus (Gus) Hodgkinson Davies was born in 1885 in Port Douglas. When his aboriginal mother died within weeks of his birth, her employers, Mr and Mrs Thomas Clinton Davies, adopted him. Thomas was an accountant for the Queensland National Bank and he and his wife gave Gus a good life.

Christened into the Catholic church and educated to year 6 at various schools, he had a great love of nature and of sport. In fact he was rarely beaten in the 100 yard dash!

Gus was not afraid of hard work and wanted to progress through life in the best way he could. He took work wherever he could get it, including on cattle stations, as a trooper for the Native Police, a roustabout for the Royal Brisbane Show and became a roses judge, fish seller, boat hirer and road builder, to name a few of his occupations. He was modest, unassuming and charitable to those less fortunate than he. He promised, early in his life, never to drink, smoke or use foul language. He lived by this creed his whole life.

He met and married Esther Smith, daughter of a Scottish farmer who had land at Bracken Ridge. The couple went to live at Bald Hills and had two sons before Gus enlisted in the AIF in WW1. He joined the 41st battalion and was shipped overseas to Egypt and France. On his first leave, he visited his wife's family in England, where he was warmly welcomed. Gus was awarded the British War Medal and the Victory Medal.

On his return from the war, Gus was one of two aborigines granted a 99 year land lease at the Soldiers Settlement at Bald Hills. Esther also gave birth to four daughters in rapid succession. Gus continued to work hard for his growing family. He became known for hiring boats to fisherman at Deepwater Bend on the Pine River. His sign read, "Hire Your Boat from Digger Davies".

A familiar figure walking between Bald Hills and the City (he never owned a car), he always wore a suit and tie – but no shoes!

At the outbreak of WW2, Gus again enlisted. Too old to see service overseas, he nevertheless contributed to the war effort and served four years at the 1st Garrison Battalion, Graythorne. He was medically discharged in October 1944. Gus always proudly marched on Anzac Day.

On August 19th, 1955, Gus was walking along the river when he collapsed and fell into the river and drowned. This wonderful, kind soul was missed by so many that he had touched throughout his life.

With thanks to Sandgate Historical Society and Museum

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Beyond Sandgate

Mary Poppins House



Allora Autumn Festival



Sunflowers of the Darling Downs



THE BEST LITTLE TOWN ON THE DOWN

Story *Jenn Carrington*

Photos supplied by *Krissy Henry*

Head southwest from Brisbane towards the Darling Downs and you will come to tiny Allora, a quaint farming community first explored by Ernest Dalrymple and early European settlers in the 1840s.

The shepherds' crossing on Dalrymple Creek became a regular stopover, and soon a blacksmith's store was opened which then became an Inn. In 1859, the land was surveyed and today, Allora is still called home for many descendants of the original families who built the town.

For local resident and Allora Community Circle Club member Krissy Henry, living in Allora is the perfect, simple Australian country life.

"People have owned businesses in the town for generations, and there are people still living in the same houses from when the streets were even named," Krissy said.

"It has all that nostalgia, morals and values of quieter and slower times. Allora is really like days gone by. People have that picture perfect thought process on how they would like to raise their families, and Allora just has all those attributes."

With over 30 historic sites to visit in the town, Allora is a very pretty and one of the most historically interesting towns in the Darling Downs, with so many highlights including several churches, the Old Allora Shire Hall, now the Allora Museum, and the elegant timber-built banks.

Krissy said that people had come from far and wide to see the town's most well-known building, the famous Mary Poppins House at 61 Herbert Street. This charming house was built in 1879 and was both a home and the Australian Joint Sock Bank.

Mr Travers Goff was appointed manager of the Australian Joint Stock Bank in Allora. He arrived in the town in 1905, living in the Herbert Street house with his daughter, Helen Goff. Helen went on to write eight books about a whimsical English nanny called Mary Poppins under the alias PL Travers, hence the name now given to the house.

Krissy said that Allora also had fields of sunflowers that came out every spring, and was surrounded by the Goomburra national forest, which is great for camping with lots of waterfalls and ponds.

"There are also lots of four-wheel-drive parks, speedway events and motorbike tracks, glamping, farm stays, and wineries, which are just some of the amazing things to see and do that the Darling Downs has to offer," Krissy said.

There is no better way to explore Australian history than to visit the many country towns our state has to offer. Take a trip to Allora and find yourself transported back to our pioneer days. Allora is just 160km southwest of Brisbane, 60km south of Toowoomba, and 25km north of Warwick

For more information on things to see and do in this endearing Australian town, go to www.alloraqld.com.au

Local Cattle



AUGUST TIDE TIMES

	TIME	M
1	0246	1.76
	0929	0.64
SU	1606	1.88
	2212	1.01
2	0349	1.63
	1024	0.65
MO	1715	1.96
	2339	0.97
3	0503	1.57
	1122	0.63
TU	1815	2.07
4	0049	0.87
	0611	1.58
WE	1218	0.59
	1905	2.19
5	0144	0.76
	0706	1.62
TH	1309	0.52
	1950	2.29
6	0229	0.67
	0753	1.68
FR	1355	0.46
	2031	2.38

	TIME	M
7	0310	0.60
	0835	1.74
SA	1438	0.40
	2111	2.44
8	0349	0.55
	0915	1.80
SU	1519	0.36
	2148	2.49
9	0427	0.51
	0956	1.86
MO	1600	0.34
	2225	2.51
10	0504	0.47
	1037	1.91
TU	1641	0.34
	2301	2.50
11	0541	0.44
	1120	1.95
WE	1723	0.38
	2338	2.45
12	0617	0.43
	1204	1.97
TH	1806	0.46

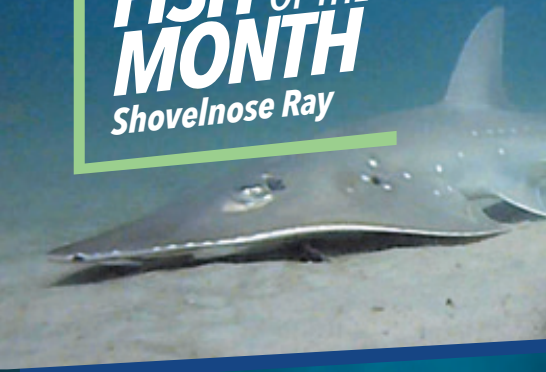
	TIME	M
13	0015	2.35
	0653	0.44
FR	1251	1.99
	1853	0.57
14	0057	2.20
	0732	0.45
SA	1344	2.00
	1948	0.69
15	0144	2.02
	0817	0.48
SU	1446	2.02
	2058	0.80
16	0243	1.84
	0914	0.51
MO	1600	2.07
	2225	0.83
17	0400	1.69
	1020	0.52
TU	1718	2.18
	2359	0.76
18	0523	1.64
	1132	0.50
WE	1829	2.31

	TIME	M
19	0115	0.63
	0640	1.67
TH	1242	0.45
	1930	2.44
20	0217	0.50
	0745	1.74
FR	1345	0.38
	2022	2.53
21	0308	0.42
	0838	1.82
SA	1439	0.33
	2108	2.57
22	0352	0.38
	0924	1.89
SU	1526	0.31
	2149	2.55
23	0431	0.37
	1006	1.94
MO	1608	0.32
	2227	2.50
24	0506	0.39
	1045	1.97
TU	1646	0.38
	2301	2.40

	TIME	M
25	0538	0.41
	1121	1.99
WE	1723	0.46
	2333	2.28
26	0606	0.44
	1158	1.99
TH	1759	0.57
27	0003	2.13
	0633	0.48
FR	1235	1.97
	1835	0.70
28	0033	1.97
	0702	0.53
SA	1315	1.94
	1917	0.82
29	0107	1.79
	0736	0.59
SU	1403	1.90
	2010	0.94
30	0149	1.62
	0820	0.67
MO	1504	1.88
	2124	1.00
31	0253	1.47
	0919	0.73
TU	1620	1.90
	2304	0.98

FISH OF THE MONTH

Shovelnose Ray



Responsible for quite a few 'shark' sightings, the shovelnose ray is sometimes called a shark due to the similar fins and body shape but with a head like a shovel.

Possessing no real teeth that can bite you, they are perfectly harmless, preferring to feed in the sand and weedbeds on crustaceans and shellfish

– but will also pick up your bait intended for other fish. Small ones up to 1m are quite tasty as long as the bloodlines and dark flesh is removed before cooking.

We get two main species that I know of in Moreton Bay – eastern shovelnose ray (*Aptychotrema rostrata*), growing to about 1.2m, and the giant shovelnose ray (*Glaucostegus typus*), which can get to 3m long.

A recent story from a good fishing mate who was on a day trip to the Tangalooma Wrecks in his boat had decided to throw a line in while his family went for a walk on the beach, with his wife stating she wasn't going in the water because she was scared of sharks. As she returned he was reeling in a shovelnose about 2m long, clearing everybody from the water, and she said, "trust you to do something like that!"

Then, years ago there were the locals that regularly fed one on a beach on Curtis Island, creating a legend about the big 'shark' that followed you along as you were walking the water's edge.

Peter Hansler is a local fish enthusiast. He can be contacted on phansler@hotmail.com. Or visit rainbowrunner.ausfish.com.au.

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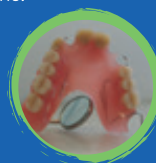
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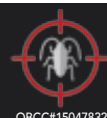
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