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GUIDE

FREE SEPTEMBER 2021

**ROCK YOUR
BOBBY SOCKS
OFF AT
SPRING BALL**

**Wildlife
Crossings
Sought in
Gateway
Upgrade**

**ICEWORLD PUTS
A SPRING IN
SKATERS' STEPS**

**FIND!
TRADES
SERVICES**
SECTION
INSIDE

photo Bruce Redman





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SPRING SWING BALL

Lulu Divine and Jake Maloney

Story Alyssa Mackay Photo Bruce Redman

The Sandgate Bowls Club will be blooming with spring fever when live band Seven Deadly Swings, DJ Jukebox Jimmy, and pin-up model and host Lulu Divine hit the stage for a swing and rockabilly-themed extravaganza.

Event organiser and CEO of Rockabilly Australia Pty Ltd Jake Maloney said the ball would kick off a string of weekly Variety Friday events for September at the bowls club.

"Not only will this event consist of fantastic music that will make you feel as if you've been transported back to a time of bobby socks and pompadours, it will also include a pin-up parade," Jake said.

Jake, who is also the lead singer of Seven Deadly Swings, said the bowls club was a fantastic venue for the ball.

"It's got huge potential to get the whole community engaged and working together for the greater cause of live music," he said.

Seven Deadly Swings are a seven-piece neo-swing, jump blues, rockabilly, rock and roll band who will get the audience dancing to a mix of original music and popular covers.

The pin-up parade will be hosted by 4017's very own Lulu Divine, who has been mentoring pin-ups for almost eight years.

Lulu said the Sandgate Town Hall was home to the Sandgate debutante ball in the 1950s and 1960s. "The Spring Ball is looking to bring life to the lovely history of Sandgate by featuring the Spring Ball Pin-Up Parade; an opportunity for entrants to showcase their favourite spring ball gowns, personalities and, most importantly, have fun," she said.

"I'm hoping this event brings smiles and laughter to Sandgate. Having grown up in 4017, I am particularly passionate about rejuvenating our economy and seeing nightlife return to our beautiful seaside suburb."

The parade will feature up to 12 finalists selected by a panel of seasoned pin-ups. The finalists will compete in two categories, with three entrants taking home overall titles.

Variety Fridays will continue throughout the month with blues rock band The Hipshooters on 10 September and a Rockabilly Night with Jake and the Cadillacs on 17 September.

To register for the Pin-Up Parade email luludivineproductions@outlook.com. Tickets to the ball are \$20 per person and can be purchased online at www.trybooking.com/BSUAF

**Spring Ball
Friday, 3 September, 6.30pm-10.30pm
Sandgate Bowls Club
9 Burnett Place, Sandgate.**

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GOT A CREATIVE IDEA? WORKSHOPIT!

Story **Emma Sanders**

Photo **Isabella Lightfoot**

Adding another string to the creative bow that is the 4017 region, Workshopit is a brand new business that combines creativity and community by connecting workshop instructors and participants.

Workshopit is a space where people can get together to learn, create and connect through a wide range of workshops. Situated perfectly in Deagon's creative hub, Workshopit's neighbours include Wallflower, Arthouse Northside, Mancini Art Gallery and Sheeno's Coffee Shop.

Owners Kyrle Spillane and Kate Bishop said the workshops would launch mid-September, giving vendors and participants an all-inclusive event experience.

"We wanted to bring something to the community to enable people to connect during these COVID times," Kyrle said.

"There was no single workshop venue in the area for either instructors or participants that covered a broad range of themes, so we decided to create one, partnering with people who are passionate about their skill or interest and want to share it with our community."

Workshopit provides the venue, marketing and ticket sales, and the instructor or educator brings their passion and materials. Participants simply book their chosen workshop through Workshopit's website, then attend and enjoy.

Kate said the workshops gave the community a chance to connect with others, and participants could return to experience something different each visit.

"There are workshops for everyone, whether you want to learn something new, create something with your bare hands or just hang out and have fun with your friends or meet new ones," she said.

Upcoming creative workshops include planter box making, cheese making and gut health, with more being added all time. "We also plan to have something for the children over their school holidays," Kate said.

"Kyrle and I are two friends who had a small idea that will hopefully grow into something positive for all the community, and we are so excited to be able to join with talented educators bringing fun and good times to everyone."

For info on available workshops or delivering a workshop visit www.workshopit.com.au.

Workshopit
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THE BLOODY LONG WALK COMES A LONG WAY

Story *Patricia Higgins*

A journey of seven hours, 35 kilometres and nearly 47,000 steps from Sandgate to the Story Bridge, the Bloody Long Walk is a worthy challenge for any fitness and charity-minded participant.

The Mito Foundation's fundraiser started in 2013 with a single event in Sydney and is still going strong, with some 950 people expected to attend in September.

Mito Foundation project manager Jane Hudson said the walk was part of an Australia-wide initiative supporting families impacted by mitochondrial disease, which is a potentially fatal genetic disorder that robs the body's cells of the energy they need to function properly.

"The money raised via The Bloody Long Walk allows

us to fund research and run support programs for those with the disease, plus also further education, advocacy and awareness," she said.

Jane said the fundraiser had grown over the years to encompass one event in every mainland state.

"Our first Brisbane event was in 2014 and with the exception of 2020 (due to COVID restrictions), we have brought the event to Brisbane every year since and have a strong local supporter base."

To register for the walk, volunteer to assist, or donate, visit www.bloodylongwalk.com.au.

Sunday, 5 September, from 8am
Curlew Park, Sandgate



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Backyard Bonanza ***Save The Date***

The Bracken Ridge Central Lions Club team is busy planning all the exciting entertainment and activities for the 2021 Backyard Bonanza. The event is free and will be held on **Sunday, 24 October from 9am to 2pm at McPherson Park, Bracken Ridge.**

Bracken Ridge Central Lions Club president Louise Gordon said the club was planning a huge family fun event for this October, after missing 2020 due to COVID.

“We are thrilled to showcase the local schools, organisations and headline band Aussie Aussie Aussie on our stages,” Louise said.

“A special well-loved kids character will make an appearance this year and the Youth Stage is back featuring our amazing local talents. The miniature train rides will be out on the tracks along with food, markets, amusements, science shows, a petting zoo and plenty more free activities for the whole family.”

Check out the full program of entertainment and activities in next month's Sandgate Guide!

The Backyard Bonanza is proudly presented by the Bracken Ridge Central Lions Club and supported by the Lord Mayor's Community Fund, Bracken Ridge Plaza and Bracken Ridge Tavern.

Sunday, 24 October, 9am-2pm
McPherson Park
Bracken Ridge





ICEWORLD PUTS A SPRING IN SKATERS' STEPS

Story *Emma Sanders*

Brisbane's weather is warming up, so if you are looking for ways to cool off this spring school holiday season, Iceworld Boondall has loads of activities on offer.

Located on Sandgate Road, Iceworld Boondall has an Olympic-sized ice rink, cosy coffee shop and a fully-stocked skate shop.

Ice Skating Queensland sport and business development manager Andrew Leventis said the popular school holiday venue was all about ice skating, laughter, good food, music and a tonne of fun.

"People have such a blast ice-skating," he said.

"It is obviously very appealing when it is hot outside – it is only 10 degrees inside our facility

– and from the amount of return customers we have, you can see how addictive it is."

Andrew said Iceworld's daily school holiday public sessions were extremely popular with the whole family and a highlight of the holidays. As well as regular evening and weekend times, there are school holiday sessions from Monday to Friday, from 10.30am to 12.30pm and 1pm to 3pm

"You don't need any experience to step out onto the ice – we have floor guards who assist people who are struggling and you can always just hug the wall for a bit while you get your confidence up," Andrew said.

"We also have penguins – not real ones – that are a supportive piece of equipment for younger kids to give them more confidence when they are learning."

There are plenty of reasons to visit the centre outside the school holidays as well, including an expansive venue space, ice sports and the highly popular birthday parties.

"Our major learn-to-skate program runs during each school term and is known as Iceworld Skate School. People who come to a public session and love skating often end up attending these skate school programs and learn all the basics and how to improve their skating skills," Andrew said.

"There are classes for all levels and ages, from beginner Tiny Tots classes to adult classes for beginners with no experience, which are in huge demand."

For information visit www.iceworld.com.au.

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DANCE YOUR COVID BLUES AWAY

Staying active has never been more important than now at keeping us healthy physically and mentally. Co.As.It Community Services is helping people to get active and stay active with free Latin dance classes.

Conducted in a COVID-safe environment at the newly renovated Amici House in Bracken Ridge, the dance classes are for anyone aged 16 and over looking to meet new people, have fun, and improve their fitness.

Professional Latin dance teacher Rafael Pitarello will instruct the classes and said dancing helped to improve coordination, memory, endurance and flexibility.

"Most importantly, it makes your heart happy," he said. "I guarantee, you will see a huge difference in your overall mood, decrease stress levels, and a boost to your overall well-being."

The classes will run weekly starting from Wednesday, 1 September, with two sessions to choose from – 10.00am to 11.00am and 11.15am to 12.15pm.

You don't need a partner or any experience to join the class – just comfy clothes, comfy shoes and willingness to learn something new.

Rafael said he would have participants shimmying in no time.

"Everyone feels welcome at the classes."

The Latin dance classes are free, however, bookings are essential. To find out more and to reserve a spot, contact Co.As.It. Community Services on 3624 6100.

Latin Dance Classes

Every Wednesday morning from 1 September

10.00am-11.00am and 11.15am-12.15pm

Amici House

**294 Bracken Ridge Road,
Bracken Ridge**

Co.As.It. is a charitable organisation that delivers in-home aged support services for the elderly, clinical, domestic duties and personal care including social group and individual activities, NDIS services with a focus on assisting culturally and linguistically diverse communities in southeast Queensland. These dancing classes are part of Co.As.It.'s commitment to encourage wellness and mobility amongst our community.



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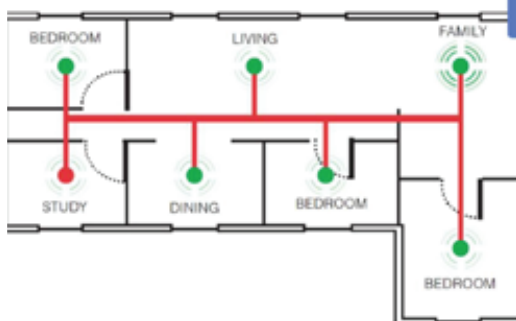
Alarms must be installed in all bedrooms, hallways (leading to bedrooms) and at least one on every floor.

The smoke alarms must also interconnect with every other alarm so that when one goes off, they all go off, giving everyone extra time to escape.

All other dwellings must transition to full compliance by 2027.

Don't leave it to the last minute!

WHERE SMOKE ALARMS SHOULD BE INSTALLED



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Zillmere Festival

Zillmere Festival event organisers made the decision to postpone the September festival due to the impact of recent COVID restrictions. Not all is lost for the northside multicultural community event with it being rescheduled to Saturday, 27 November. Keep an eye out for more information coming in future issues of the Sandgate Guide.

R & B Popup Dance Fitness

Join R&B Dance Fitness for an epic dance fitness class. Instructor Gillian will showcase R&B's new programs that will be launching soon, along with a sneak peek of new tracks that are yet to be released. Grab your girls and get ready to have the most fun you're ever going to have working out. Due to restrictions, there are limited spots, so get in quick. Tuesday, 21 September, 6.30-7.30pm. Sandgate Town Hall. Bookings essential via www.eventbrite.com.au and searching R&B Dance Fitness Sandgate.

Open Mic at Mr H

Open Mic Night returns to Mr Henderson. Local musicians, from professionals to beginners, are encouraged to turn up with up to three numbers to perform. It's a great opportunity to network with like minded people. Mr Henderson is an encouraging place to show-off new or old ideas, and is a safe place to road-test ideas and workshop songs. A PA system and some chords are supplied, but performers should bring instruments and gear as required. Arrive by 6.30pm to sign up. Last Thursday of the month, the next Open Mic is 30 September.

Balls Out Bingo

This is not your nanna's bingo! Balls Out Bingo is hosted by Candy Surprise on the fourth Thursday of the month at the Brighton Hotel. Next bingo night is on 23 September from 7pm. Bookings required. Visit the Balls Out Bingo Facebook page and search for Brighton Hotel.

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KERBSIDE COLLECTION RETURNS

Story Alyssa Mackay

The kerbside collection service is back in 4017, just in time for residents to get stuck into their spring cleaning.

Council paused the service last year due to the impacts of COVID-19 but it returns this month, a year ahead of schedule.

Bracken Ridge Ward Councillor Sandy Landers said the annual collection was an easy way to get rid of items like furniture and white goods.

"We have a fleet of compactor trucks that go to the suburbs due for collection and the team on

board efficiently collect any items placed neatly on the kerbside," Sandy said.

Residents can put out items like baths, laundry tubs, sporting equipment, televisions and computers, fridges and stoves, and small household appliances like fans and toasters.

"But please don't put things like bricks, concrete, gas bottles, car parts or tyres out for collection," Sandy said.

"Most items that are unacceptable for kerbside collection can be taken to our resource recovery centres or eligible items can be disposed of on free hazardous waste days."

Residents living in Sandgate, Brighton and Deagon should have their items ready to be picked up by 13 September. Collection begins in Bracken Ridge and Shorncliffe on 4 October and Boondall on 11 October.

The full collection schedule is available online at www.brisbane.qld.gov.au

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A CLASSIC GAL JOINS SANDGATE'S BAR SCENE

Story *Emma Sanders*

So you need to unwind, perhaps with a drink? Betty's a beauty you need to spend some time with.

Set in the historic 1922 Sandgate Billiard Saloon, Bluenose Betty is a family business and the passion project of father and son owners Darrin and Ryan Northey.

"After stumbling across this incredible historic building, we could instantly see how we could bring Bluenose Betty to life in this area," Ryan said. "This is a place to disappear from the real world, be yourself and kick back with great company in an awesome atmosphere.

"Customers have been blown away by the design, intricate details, great food, the huge

range of drinks (let's be honest, grown ups should have a candy store as well) and the all round atmosphere."

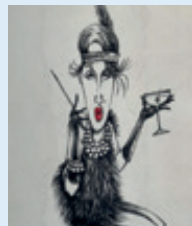
Ryan said his and father Darrin's greatest joy was the look of surprise and awe on customers' faces when they walked in for the first time, and left beaming after a great night.

"There are some wonderful places to visit in Sandgate and we were determined to bring something new and fresh that complemented the area that the locals would love and call their own," he said.

"From the front door all the way through to our amazing beer garden hideaway out the back, Bluenose Betty is something we are incredibly proud of and feel is a special part of the community."

For more information or to enquire about function options available visit www.bluenosebetty.com.au.

Bluenose Betty
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BUSINESS TIPS

with **Brad Flynn**

Who is Watching You?

As humans we tend to be good at having expectations of others, with a propensity to remind them when they don't meet our standards and judge them for not doing so.

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If you are getting a pay rise, congratulations. If the outlook isn't so certain, here are three questions

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1. What opportunities I am not pursuing because they are outside my comfort zone?
2. Is there a gap in my knowledge that is stopping me from getting ahead?
3. What do I need to do consistently to recharge myself so I can perform at my best?

It's hard - and often not pretty - to step outside our comfort zone, but it is the only way to get the things we really want in our jobs, business and life. If they were inside our comfort zone, we would already have them.

The funny thing about taking that first step, though, is that it is never as bad as we fear it will be.

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A WORD FROM OUR REPRESENTATIVES

Cr Jared Cassidy



The last few months have been challenging for residents and small businesses alike, with lockdowns and restriction in place to limit the spread of Coronavirus. These actions have been necessary to ensure the health and safety of the

community, but I know it has made life difficult for people.

I've been advocating for more support for residents finding it hard to pay their rates on time, and with Council's annual small business fees. If you would like assistance, please don't hesitate to contact my office on ph. 3667 6011.

I have received such great feedback about this year's Einbunpin Festival. Some community groups have reported that they had their best fundraising effort of any year. We showcased our community, and while it was touch-and-go with the organising, I'm so glad we were able to host what is the Northside's biggest community festival. We have already started planning for our 30th festival due to be held on the last Sunday in July 2022.

We have secured funding for a full refurbishment of the Arthur Davis Park playground next to the Sandgate pool, and I'll be seeking community feedback on this project soon.

Stirling Hinchliffe MP



The Queensland Government is delivering an extra \$163.7 million to create an additional 351 new hospital beds across Queensland's hospital network.

Locals in our community have approached me in the past few months telling me stories

of how, like all States and Territories, strained our health services have become as we continue our fight against COVID-19.

It's no secret our health system has become strained at a time when resources are prioritised for Queensland's pandemic response, especially with the Delta strain posing a significant threat to Queenslanders.

That is why the Queensland Government is increasing capacity at our health services, which will ensure we can relieve pressure on some of the state's busiest hospitals, including the Prince Charles Hospital and the Redcliffe Hospital.

This additional investment of new beds in our health services is roughly equivalent to delivering a new major hospital.

For locals in the Sandgate electorate, it means 68 new beds will be added to the Metro North Health and Hospital System, allowing Queenslanders to continue to access the quality health care they need.

Cr Sandy Landers



The Hoyland Street upgrade between Kluver Street and Bracken Ridge Road is now complete, five months early and under budget.

This upgrade was jointly funded by the Schinner Council's Better Roads for

Brisbane program and the Morrison Government's Urban Congestion Fund.

This upgrade was done by local workers and involved widening the two-lane section of Hoyland Street into four lanes, improved pedestrian and cycling facilities,

new LED lighting, smoother roads and clearer line marking.

The Bracken Ridge Road, Hoyland Street and Strathpine Road corridor sees an estimated 20,000 trips each day. This upgrade will help locals get home quicker and safer.

I would like to thank residents and businesses for their patience and cooperation while these important safety upgrades were completed.

Council's Seniors Celebration Donation program is now open for applications. This grant provides between \$100 and \$300 to senior groups and organisations towards the cost of activities such as social outings, bus trips and Christmas parties. Online applications can be found on my website, sandylanders.com.au or give my office a call on phone 3667 6000.

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fall in love with our new deli, with cured meats sliced to order. We've got everything you need for the perfect platter, plus a fantastic selection of Australian and imported cheeses.

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Good farming practices are important to us. That is why all of our Woolworths branded fresh chicken is ethically raised and RSPCA Approved. Delivered fresh to our store, our Whole Fresh Chickens are perfect for the next time you want to cook a roast from scratch. Simply marinate and season to your liking and roast!



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A shining star of our fresh new store, the bakery is your one-stop shop for gourmet loaves, perfect pastries and custom-made cakes. It's pretty easy to find too, just follow that moreish smell of baked bread.

The team are not just baking the bread but offering to slice it too. If you love a good loaf, you won't be disappointed. We use only the finest ingredients in our in-store range with Australian wheat flour.

The bakery also has a mouth-watering selection of cakes and pastries. Using decadent recipes and quality ingredients, the custom-made cakes are sure to impress guests of any age. If you have a celebration coming up (or perhaps just a sweet tooth) you can order a custom-made cake over the counter. Ask our bakers about flavours, sizes, decorations or custom messages.





FREE GUY

Story *Nick Allford*

Imagine, you're loving life, working in a bank, but it happens to get robbed daily – which is to be expected when you're living in a computer game (legally distinct from *Grand Theft Auto*).

This is a regular occurrence for Guy (Ryan Reynolds), who is blissfully unaware that he's a collection of ones and zeros, until he realises there's more to artificially generated life than being shot at and thrown out of windows.

Although it bears a striking resemblance to *The Lego Movie*, it still feels wholly original and is ultimately escapism in its truest form. I haven't laughed so hard and as regularly in ages – and we all need a laugh at the moment.

Most of the big laughs are due to Reynolds' ad-lib delivery. There's not many people who could

carry off a cheery upbeat tempo for an entire film (maybe Hugh Jackman), but Reynolds nails it.

Newcomer to the big screen Jodie Comer flips from in-game bad ass to computer nerd with ease, bringing real charm and the occasional one-liner at Guy's expense. The rest of the cast really make the world come to life, with more cameos than a series of *The Simpsons* – just wait until you see Channing Tatum go full 'Fortnite'.

With an M rating, it's not specifically targeted at kids but anyone from the age of 10 and up will have the time of their lives. It's a cliché, but there's something for everyone.

Don't be fooled by its guns, gaming and explosions – *Free Guy* is actually a romantic comedy in disguise. The relationships between friends and lovers add a real sense of warmth that I wasn't expecting.

It loses a little momentum when flipping between the gaming world and real life, but never enough to put you off. There's usually a zinger or a heat seeking missile just around the corner – either way you'll be entertained.

If you can, go and watch this on the big screen. It's one of those films that fills the theatre with belly laughs and a feeling of collective joy.



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FERNWOOD PLACE PARK TO RECEIVE UPGRADE

Taigum residents have something to look forward to with Fernwood Place Park set to be transformed into an exciting space the whole family can enjoy.

Brisbane City Council has allocated \$700,000 in the 2021-22 budget for enhancements to the park, designed to meet the recreational needs of the community.

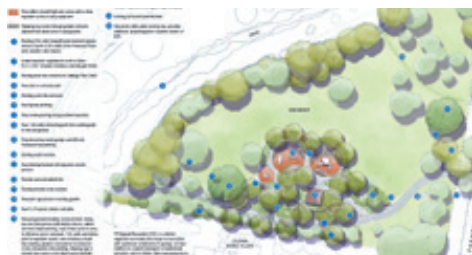
Deagon Ward Councillor Jared Cassidy said the park had been earmarked for a major upgrade this financial year.

"As Taigum has seen increased development over the last few years, new parks like this are essential to provide the kind of community facilities residents in our suburbs deserve," Jared said.

"The upgrades that residents will see include new tree plantings, all-abilities access to playgrounds, natural elements, new pathways, and a new shelter and seating. There will also be two brand-new play areas for kids to enjoy, including a playground, which will be connected to a new forest grove informal play space with sensory elements.

"This new style play space for children will be much more than the traditional playground we are used to, and will give families plenty of reasons to get into the great outdoors."

Acting Environment, Parks and Sustainability chair Tracy Davis said construction on the new playground was expected to start next year.



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PLAYGROUND OVERHAUL AT ARTHUR DAVIS PARK

Locals are being invited to have their say about new playground equipment at Arthur Davis Park.

Deagon Ward Councillor Jared Cassidy said the playground, located on the foreshore at Flinders Parade, was due for an upgrade.

"The playground at Arthur Davis Park is a very well used family playground, so this upgrade will be very welcomed by the community," Jared said.

"I will be seeking feedback from the community on what sort of equipment they would like to see in the new playground. If you prefer a slide over a climb, or maybe a swing instead of guarding a fort, we want to know."

An online and paper survey will be launched soon, and Jared encouraged locals to contact his office with their thoughts.

He said the upgrade would involve a total playground replacement.

"The shade sails and all-abilities play equipment will be retained, which is important as this swing was installed with the support of the community through crowdfunding and fundraising, and was spearheaded by locals Mark and Tamara Wecker," he said.

Timeframes for the project are to be confirmed later in the financial year.



Rosalie Gilbert

THE VERY SECRET **SEX LIVES** OF MEDIEVAL WOMEN

Story Jodie Woodward

Have you ever wondered what life was really like for women in medieval times? Author Rosalie Gilbert has spent so much time thinking and talking about it that she's written a book to fill us in on all the juicy details.

"I'm a history geek through and through," Rosalie said. "I'm a lifetime member of the Friends of the Abbey Museum of Art and Archaeology and a member of the Queensland Living History Federation, so my passion for history is quite strong."

"The more I learned about medieval women, the more I learned that what most people think to be true isn't! While looking at matters of health and hygiene, I came across a lot of information about their sex lives, which was all the more astonishing for being true. I don't like to keep that kind of thing to myself."

Rosalie's book *The Very Secret Sex Lives of Medieval Women* examines how medieval women dealt with many areas of their private lives, often in ways that remain relevant to women today.

"Many history books are full of facts and figures and jargon, which is familiar to those who have studied the topic, but can be dry or tedious for the general reader," Rosalie said.

"My book has the feel that you might be talking to a friend about really cool or astonishing or awful things that you've just heard. It has a slightly companionable feel to it, and it is suited to people who are interested in medieval women but don't want to read a thesis."

In her talk at Sandgate Library, Rosalie will share herbal manuscripts, court cases, medical treatises, and religious documents in a factual and funny talk.

"You might not be sure what to expect, but you sure will leave with a whole new perspective on our sisters from the past. Some things change and some stay the same – come and find out what. It's suitable for all types of people and is tastefully presented with a light sprinkle of Horrible Histories-style humour, and pictures."

This event is free, but registrations are required via Sandgate Library. For more information about Rosalie, go to www.rosaliegilbert.com.

Meet Rosalie Gilbert

Friday, 10 September, 3.30pm–4.30pm

Sandgate Library

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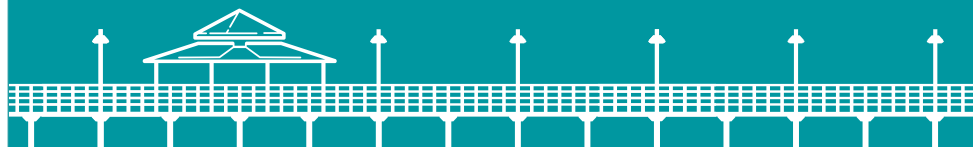
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A woman with long brown hair, wearing a green tank top and blue jeans, is lying on her stomach on a large black tray. She is smiling and looking down at a baby who is sitting on the tray. The baby is wearing an orange long-sleeved shirt and is playing with food. There are several small metal bowls and some food on the tray. The background is a dark, draped fabric.

SANDGATE'S FIRST DINE-IN EARLY LEARNING EXPERIENCE

Story **Alyssa Mackay**

Imagine relaxing with a delicious meal while your child enjoys a crèche play session in the care of qualified early childhood educators.

Wonder Play Sensory and Flinders Seafood and Bar at Sandgate have collaborated to create a unique dine-in early learning experience, allowing parents some much-needed time to themselves.

Business owner and educator Alana Clignett said Wonder Play Sensory was about making things easier for families with young children and valuing the importance of play in a child's life.

"The dine-in early learning experience is really up to the individual families' needs," Alana said. "Some families may have children that don't enjoy sitting to eat, and they can play in the studio with qualified educators. Others may prefer to utilise both café and studio facilities, meeting with friends for a coffee in the studio while their children play.

"Families have expressed their interest in accessing crèche sessions to get some work done and families have attended play sessions with their children and ordered lunch for after."

Structured sensory play sessions are available for children from birth to five years of age. Parents

can book crèche play sessions for up to three hours. The studio also hosts birthday parties and once-a-month date nights for parents.

Alana said the Wonder Play Sensory studio was located behind the dining area at the bar.

"I had been looking around the local area at potential shop fronts and studio spaces that would be suitable and enquired whether the bar area that wasn't in use could be hired," she said.

"Steven, the co-owner of Flinders and dad to two young children himself, met with me to discuss business plans and gave the go ahead to set up a studio."

Alana said Wonder Play Sensory was more than just a crèche.

"Our educators have qualifications in early education, first aid, asthma and anaphylaxis, child protection training and national working with children checks," she said.

"Wonder Play Sensory seeks advice from play therapists, psychologists, yoga instructors and occupational therapists to inform planning of play sessions. The physical environment has been set up to promote wonder, interest and joy."

For session timetables and bookings go to www.wonderplaysensory.com.au.



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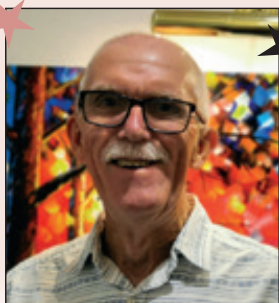
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Brian Larter, Sandgate



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Lorraine & Colin Costner, Strathpine



A far cry from my previous aids...

Now I can hear much better. I've turned down my TV volume from 31 to 15. These hearing aids are a far cry from my previous ones, with which I only heard background noises! I think Ronnie Lam is a detailed and caring person. I'd recommend anyone with bad hearing to visit Sandgate Hearing.

Jimmy Patterson, Sandgate

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ONE NIGHT ONLY TO TAKE IT TO THE LIMIT

Story **Jodie Woodward**

Looking for that peaceful, easy feeling? Or do you feel like you should be dancing? Geebung RSL will soon get you in the mood for either at their Eagles and Bee Gees Tribute dinner and show.

Geebung RSL CEO Greg Hurley said the club was a strong supporter of the local music industry with weekly live entertainment on Friday, Saturday, and Sunday evenings. Over the past 12 months they have also introduced quarterly dinner and show tribute nights, like this one, to their entertainment schedule.

"It has been a breath of fresh air for our club members and our staff," Greg said. "The club has received several follow up phone calls and emails from patrons who have attended a dinner and show event to relay their gratitude and thanks to the club and the artists for providing such a great value-for-money night out."

Greg said the music of the Eagles and Bee Gees appealed to all generations of music-lovers.

"You relate to the music, whether it's seeing them live in concert at some point in time, hearing

them on the radio, as the background music in classic movies, or maybe you just had a teenage crush on Don Henley or the Gibb Brothers," he said.

"Of course, the Bee Gees (the Gibb family) are a famous local commodity, having grown up in the greater Redcliffe area."

The event includes a two-course dinner, a glass of sparkling wine on arrival, and plenty of music.

"The first half of the show is devoted to the Eagles while the second half of the show breaks into the Bee Gees' classics. So, make sure you bring your dancing shoes ready to boogie the night away," Greg said.

"It's always great to see the audience slowly unwind as the night goes on, until they can't help themselves but to get up and dance the night away – in these challenging COVID times it is so important to get out and socialise with family and friends and let your hair down."

It's sure to be a fun night of familiar tunes that bring back some good memories.

To find out more, go to www.geebungrsl.com.au.

Eagles v Bee Gees Tribute Dinner and Show

Saturday, 18 September, 7pm

Geebung RSL

Cnr Newman Rd and Collings St, Geebung



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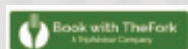
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What's On. SEP.

01 WEDNESDAY

📅 **BALLET FOR SENIORS**

SANDGATE TOWN HALL 10AM - 11AM

Always wanted to learn ballet? Ballet for Seniors classes commence at the Sandgate Town Hall on Wednesday, 1st September, 2021. No experience necessary. Licensed providers of the Queensland Ballet's Ballet for Seniors Program. Bookings essential Ph: 0403 168 158

02 THURSDAY

📅 **BOOKS ANON. BOOK CLUB**

ECLECTEA 6:30PM - 10PM

First Thursday of every month: Details can be found on Eclectea's Facebook page.



03 FRIDAY

🎵 **DJ GALLEON**

PHOENIX BAR & LOUNGE 6PM

🎵 **UNPLUGGED CAFE**

SANDGATE COMMUNITY CENTRE 7PM

04 SATURDAY

🎵 **JOSH NEEDHAM**

PHOENIX BAR & LOUNGE 8PM

05 SUNDAY

🎵 **NATE DANIELS**

SANDGATE POST OFFICE HOTEL 2PM

🎵 **TUNES ON THE TURF**

ECLECTEA 3PM

🎵 **WILKO**

PHOENIX BAR & LOUNGE 3PM

10 FRIDAY



🎵 **BRETT WHITMORE**

SANDGATE POST OFFICE HOTEL 5PM



11 SATURDAY

🎵 **SATURDAY ARVO SESH W MAK & FRIENDS**

ECLECTEA 4PM

12 SUNDAY

🎵 **NEIL BAIN**

SANDGATE POST OFFICE HOTEL 2PM

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🎵 **WILKO**
 PHOENIX BAR & LOUNGE 3PM

🎵 **TUNES ON THE TURF**
 ECLECTEA 3PM

🎵 **JOSH NEEDHAM & LEESH**
 PHOENIX BAR & LOUNGE 10PM

17 FRIDAY

🎵 **DJ GALLEON**
 PHOENIX BAR & LOUNGE 6PM

18 SATURDAY

🎵 **ANGUS HALL**
 ECLECTEA 4PM



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19 SUNDAY

🎵 **DARYL JAMES**

SANDGATE POST OFFICE HOTEL 1PM

🎵 **DANNY MOSE**

SANDGATE POST OFFICE HOTEL 2PM

🎵 **TUNES ON THE TURF**

ECLECTEA 3PM

🎵 **WILKO**

PHOENIX BAR & LOUNGE 3PM

21 TUESDAY

FULL MOON

RISE TIME 5.11PM



22 WEDNESDAY

🎵 **SUNDAY SOUNDS - JOHN MALCOLM**

QUEENSLAND CRUISING YACHT CLUB 2PM

24 FRIDAY



🎵 **NOAH - MUSICAL THEATRE**

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25 SATURDAY

🎵 **HISTORIC HOUSES OF SANDGATE WALK**

SANDGATE WAR MEMORIAL PARK 9:30AM - 11:30AM

Accompany a Sandgate Museum historian on an informative journey to view the architectural beauty and history of houses throughout the streets, avenues and beachfront. Walk includes morning tea in an historic house on the beachfront with views to Bramble Bay. Cost \$25 Bookings 0410327095

🎵 **POT PLANTS - CACTUS & ADANSONII**

ECLECTEA 5PM



26 SUNDAY

🎵 **EMO BAND**

PHOENIX BAR & LOUNGE 3PM

🎵 **TUNES ON THE TURF**

ECLECTEA 3PM

30 THURSDAY

🎵 **LAURIE'S BEACH WALK**

FLINDERS PARADE OPPOSITE OLD BAPTIST CHURCH 9AM - 11AM

Discover the web of life along the Sandgate foreshore and tidal flats. Discover soldier crabs, where stongrays feed, shell house worms, moon snails and more. Free but bookings essential. Contact Pam Verney 0410327095

🎵 **OPEN MIC AT MR HENDERSON**

MR HENDERSON 6:30PM



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7am Sandgate Park Runners get started on their 5km morning run on a gorgeous Saturday morning on Sandgate Waterfront.



Mackenzie Grace (with mic) and her support artists Josh, Niv and Ella launch Mackenzie's new EP with a concert at Sandgate Bowls Club.

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Bottlemart

Wildlife Crossings Sought in Planned Gateway Upgrade

Story *Alyssa Mackay*

Wildlife movement solutions that provide safer transport paths for local kangaroos and other animals will be assessed in the planning stages of a \$2.1 billion upgrade to the Gateway Motorway and Bruce Highway.

Conservation groups in 4017 have presented their views to the project team on how a proposed upgrade to the motorway between Bracken Ridge and Pine River would impact existing wildlife habitats.

Jacky Overington from Brighton Kangaroos said she hoped wildlife bridges would be built as part of the project, particularly for eastern grey kangaroos and wildlife living in the Tinchy Tamba Wetlands.

"There is an opportunity during this road project to restore the ability of wildlife to move between remnant bushland safely and in a way that means we never have to see a traffic crash with a kangaroo again," Jacky said.

"There are approximately 280 kangaroos living in Tinchy Tamba and smaller mobs in Deagon Wetlands, Peace Park and Brighton Wetlands."

Jacky said Brighton Kangaroos and other groups had been invited to participate in community consultation.

"We went to the meetings and presented our information. We gave them the data about how many kangaroos we know have been hit on the Deagon Deviation in the last couple of years, which is something that's completely avoidable," Jacky said.

"We would like them to build an overpass for our animals rather than send them into a little pocket or let them cross roads where they get run over."

A Transport and Main Roads spokesperson said an environmental assessment would be completed as part of the business case phase.

Photo of a local Eastern Grey Kangaroo by Therese Hollan



"Investigations made, as part of our planning, will confirm fauna in the local area and potential preferred wildlife movements in relation to the project footprint," the spokesperson said.

"This will be further assessed during the business case and we will look at ways the road can be designed to minimise impacts on wildlife and natural habitat.

"Community engagement will be ongoing with further active consultation sessions to be held as planning progresses. The feedback already provided by the community, including that from the Brighton Kangaroos, is being considered as part of the planning."

Jacky said she was hoping for the best outcome.

"We know our community loves our kangaroos and has an expectation of the State Government to ensure the future safety and survival of our wildlife," she said.

"I think the community has obtained some good outcomes for wildlife in the past four to five years and I hope we continue to see that into the future."

The business cases for the upgrades are to be completed in 2023.

The community can provide feedback by emailing the Gateway Motorway Bruce Highway Upgrade project team on GMBHU@tmr.qld.gov.au or calling 1800 607 755.

For more information about Brighton Kangaroos search Brighton Kangaroos 4017 on Facebook.



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Bec Daly

THE SWEETEST LIFE

Story **Emma Sanders**
Photo **Bruce Redman**

Sugary creations all tied up with strings, these are a few of Bec Daly's favourite things. Bec turned her love of baking into a successful business, Brighton's The Cookie Jar and More, and after two years trading, the future is looking sweet.

"Waking up every day knowing that I am doing what I love is not something that I take for granted," Bec said.

"To me, this is more than just baking a cake. It's getting to know my clients, caring about their events and watching them come together in celebration."

The Cookie Jar and More offers lovingly designed cupcakes, cakes and fondant cookies for every occasion imaginable, and Bec adores researching new techniques and creating unique designs for her customers.

"But mostly, I love getting to know people. I have been a part of so many life journeys, from engagements and weddings, which has then led to a baby shower, christening and then first birthday cakes," she said.

"I love watching people grow through their lives and being a part of that is something that I treasure."

Bec has always loved cooking, but it took a life-changing tragedy to convince her to follow her passion.

"In 2017 my sister Kate died suddenly, turning my entire world upside down. I started to question what I was doing with my life and if I was living the life I had always wanted," she said.

"I came across a picture Kate had designed 10 years earlier, which I took as a sign that I should pursue what I wanted in this short life, so I quit my job and stepped into the unknown with nothing but determination and the support of my family and friends."

Kate's artwork still hangs in Bec's cake studio.

"Every day I look at it and remind myself that because of my sister, I am now living the life I never thought I could," she said.

For more information and to view Bec's delicious creations, visit the Cookie Jar and More's Facebook page.

The Cookie Jar and More
P 0411 584 156



Local DINING GUIDE

COOL BEANS

CAFE

Shop 12 / 353 Beaconsfield
Terrace, Brighton

Café

3269 1964

COOL BEANS CAFÉ

Feature: Cool Beans Cafe located walking distance to Brighton Foreshore, offering great value all day breakfast and lunch menu, expert quality coffee, delicious range of smoothies and bagels available. Open from 7am, indoor dining wheelchair accessible and pets welcome.



6 Knox Street, Sandgate

Coffee Shop

CYPHER COFFEE

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Wine Bar

0416 689 465

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Local DINING GUIDE



196 Flinders Pde, Sandgate
(opposite pool)

Seafood, Burgers & Beers

3269 6903

FLINDERS SEAFOOD & BAR

Feature: Fish on Flinders is under new management and has been rebranded. Now Flinders Seafood & Bar, come down and try out Sandgate's newest hotspot for fresh seafood, yummy burgers, barista made coffee and ice cold beers, wines and spirits.



353 Beaconsfield Tce, Brighton

Pizzeria

3869 2282

LA PIZZERIA

Feature: We offer a wide range of Traditional Woodfire Pizzas, Pastas and Gelatos including Vegan and Gluten Free options. Phone us to place your pick-up or delivery order Tuesday - Sunday from 4:30pm.

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8 Queens Parade, Brighton

Coffee Shop

0430 753 768

MOMENT BISCUITS

Feature: Moment Biscuits is a small, European-style boutique biscuit shop, a short walk from the Brighton foreshore. Pop in 7 DAYS A WEEK from 5:30am to 11:30am for freshly baked treats, artisan bread and (almond) croissants, loose leaf tea, milkshakes, iced drinks and smooth Italian coffee. Follow us on Facebook and Instagram for the latest promotions.



115 Brighton Rd, Sandgate

Coffee Shop

0480 254 973

MUG SHOTS ESPRESSO

Feature: Join us from 5am every morning for our amazing coffee served by your favourite Baristas or come in after 8am and sit down with your friends and enjoy a comfortable air conditioned catch up in the Café. Remember we are your only local coffee roaster in the 4017 area. We specialise in Single Origin coffee, smooth blends, and expertise knowledge of all our beans.





154 Barrett St, Bracken Ridge
Bracken Ridge Tavern

Steak & Rib House

3269 7011

PANAMA JACK'S STEAK & RIB HOUSE

Feature: Panama Jack's Steak & Rib House at The Bracken Ridge Tavern has a variety of meals to suit all tastes including our signature ribs and Nolan's Private Selection steaks from the grill.

Hours: Sunday & Monday 11:30am – 9pm
Tuesday – Saturday 11:30am – 10pm.



6 Park Parade, Shorncliffe

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& Mediterranean**

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Sinbad St, Shorncliffe

Bar Restaurant Functions

3269 4588

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Local DINING GUIDE



7 Fourth Avenue, Sandgate
Homestyle Café
 3269 0318

SALAD DAYS

Feature: Open for breakfast, lunch, coffee, milkshakes and smoothies. Specialising in homemade lasagna, quiches, pies, sandwiches, burgers, and cakes. Catering available. Dine in or take away. Wheelchair accessible.

Open Monday to Friday 8am-2pm. Saturdays 8am-1pm. Facebook page – Salad Days Café



1 Bowser Parade, Sandgate
Hotel
 3869 0606

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1 Loudon Street, Sandgate
 (across from the town hall)
Sodas, Burgers and More
 0435 427 174

SODA SHOPPE

Feature: Old-fashioned soda shop with house-made sodas, shakes, smoothies, organic coffee, ice cream sundaes and house-made cakes. Our extensive menu includes burgers, deli sandwiches, chicken wings, BBQ smoked meats, salads and more. Dine-in, take-away and delivery. Fully licensed.

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227 Rainbow St, Shorncliffe

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0413 849 814

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Feature: At The Wired Owl, we love our coffee and are sure you will too. Try our delicious House Blend or weekly rotation of single origin coffees. Tantalising treats and teas are also on the menu.



227 Rainbow St, Sandgate

Café

3269 6970

THE WITCHIN' KITCHEN

Feature: Welcome to The Witchin' Kitchen. Owned and run by two local sisters, one an experienced chef, the other a final-year Naturopathy student. Our food is a celebration of delicious and nourishing wholefoods, that are seasonally and ethically sourced and carefully crafted into dishes to delight. Wednesday – Sunday, 7am – 1:30pm, closed Mondays and Tuesdays.



Bracken Ridge Plaza

250 Telegraph Rd,

Casual Dining

3261 6102

THREE WISE MONKEYS CAFÉ

Feature: Three Wise Monkeys Café is a local family-owned Café serving fresh and flavourful meals and Brisbane's favourite Campos coffee.

Come visit us for our well-renowned burgers and grab one of our delicious bubble teas on the way.

Fuel your day at Three Wise Monkeys Café, located in the Bracken Ridge Plaza. Open 7 days.



121 Brighton Rd, Sandgate

Vietnamese

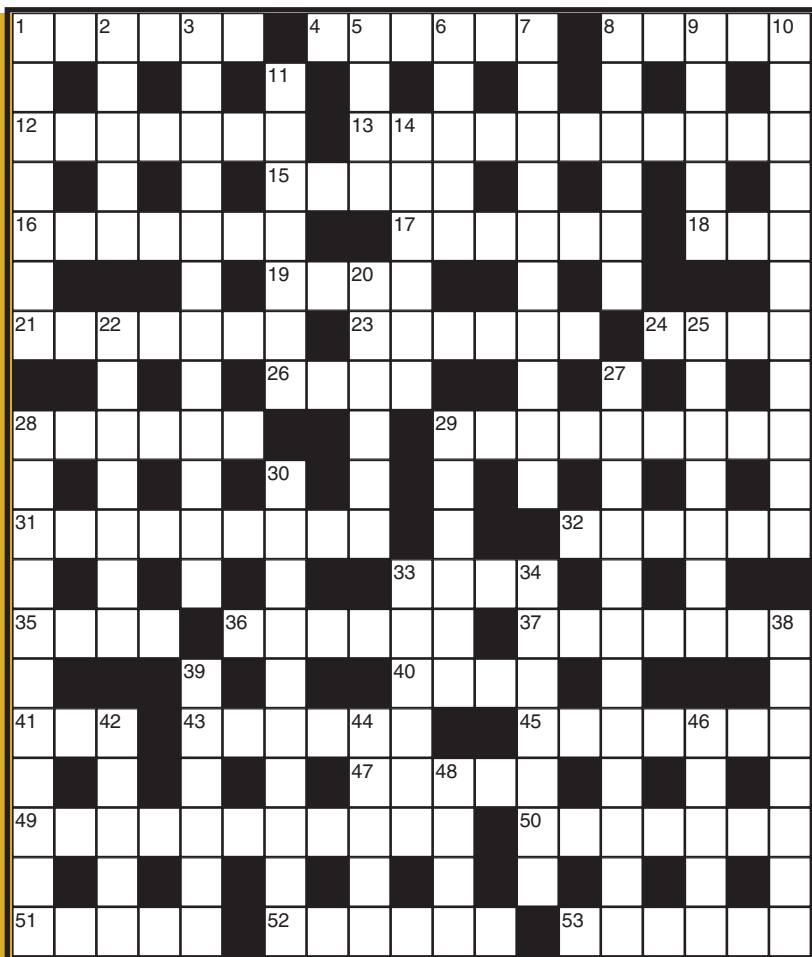
3869 3631

VIET STREET EAT

Feature: At Viet Street Eat, we offer a relaxed atmosphere with great, fresh and delicious meals that are MSG-free, gluten-free, dairy-free, nut-free and vegan. Some of our popular dishes are pho' beef, spicy vegetarian noodles, pork belly rice noodle salad, street rice, beef rendang with roti, pork belly banh mi and freshly made rice paper rolls.



THE BIG ONE CROSSWORD



ACROSS

- 1 Loses one's nerve
 4 Mental grasp
 8 Municipal town area; ____ centre
 12 Captivate
 13 Abolition
 15 Single
 16 Corroborate
 17 Male singers
 18 Litigate
 19 Insects
 21 Do
 23 One from Down Under
 24 Delay
 26 Gambol
 28 In one dimension
 29 Holiday house
 31 Crisp biscuit (6,3)
 32 Attacked by a crowd
 33 Recognised
 35 Hike
 36 Score one under par
 37 Peculiarity
 40 Cut back
 41 Operations (abb)
 43 Unbroken
 45 At an end (3,4)
 47 Abducted woman of Troy
 49 Locomotive (5,6)
 50 Yield (3,4)
 51 Beauty parlour
 52 Office worker
 53 Bizarre

DOWN

- 1 Stabs
 2 Unacceptable (3,2)
 3 Documents
 5 Cry of relief
 6 Apart
 7 Typified
 8 Vulgar
 9 Blood vessels
 10 Speculated
 11 Snooze
 14 Abates (4,2)
 20 Opening move
 22 Provide capital for
 25 Heard by the ear
 27 Gramophone (6-6)
 28 Guiding beacons
 29 Champion
 30 Unclear
 33 Playful girl (coll)
 34 Feminine
 38 Fibrous
 39 Metal merchants (3,3)
 42 Knife-sharpener
 44 Cheep
 46 String instrument
 48 Stages
 56 Rubbish

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We're Alive

Story Nick Allford

A podcast so good I'm relistening to it now!

With COVID-19 keeping most of us indoors, it can feel like we're living in a zombie apocalypse. And although this is the setting of the audio drama *We're Alive*, it's far from your typical, run-of-the-mill zombie story. It's a well written journey following a group of survivors trying to stay alive (while not getting eaten).

The horror aspect is downplayed. The story is more about the people and the choices they make – how far will they go to get out of a life-threatening situation?

The production value is equivalent to a Hollywood blockbuster, with sound effects and a musical score that helps fully immerse you in their broken world. There's a massive cast of talented voice actors who play their roles to a tee, making you hope they last to the next episode.

On the flipside, what writer/director Kc Wayland does well is write bad guys (and girls). You're just hanging for them to receive their comeuppance.

There are plenty of episodes to keep you occupied, which is great considering how bingeable *We're Alive* is. Each episode ends with a cliff-hanger moment to make you want to tap to the next chapter.

Check out *We're Alive* wherever you find your podcasts.

BRAMBLE *Bites*

Story **Brooke Jacobson**

YOGA IN THE PARK

Start your weekend with a really good stretch, with a free yoga class in Ferguson Park, 201 Barrett Street, Bracken Ridge. Classes are run every Saturday morning from 7.15am to 8.15am. Yoga is a great way to strengthen your mind and your body! For more information, see www.brisbane.qld.gov.au

CUTTING OUT PLASTIC WASTE

Member for Sandgate Stirling Hinchliffe has reminded residents that Queensland is introducing a ban on single use plastics from 1 September. Items included in the ban are straws, hot and cold drink stirrers, cutlery and expanded polystyrene takeaway food containers.

All Queensland businesses and not-for-profit organisations will be required to stop supplying banned single-use plastic items. To learn more, or if you have any questions, contact Stirling's office on ph. 3639 9100 or email sandgate@parliament.qld.gov.au.

READY TO RUN

Registrations are now open for the new season of Little Athletics. If your child has been inspired by the recent Tokyo Olympics and is looking to run or jump their way into the Brisbane 2032 Games, why not try Little Athletics? The season officially starts on 11 September. For more information, visit: www.aspleylittleathletics.com.

STUDENT & COMMUNITY ART SHOW

The Sandgate State School Art Show is being held on 15 October and the P&C is looking for your help. Are you an artist that could donate a piece of your work? Or do you have a work of art at home you'd like to donate? All funds raised will be going towards refurbishing the school tuckshop. There are some great incentives and thank-yous on offer for artists who donate to the show! The school is also interested in hearing from local businesses that might like to donate raffle prizes. For more information, email Eleanor eleanor.ogston@gmail.com.

SKATEPARK UPGRADES

Deagon Ward Councillor Jared Cassidy has announced there will be further upgrades to the Deagon Skatepark.

Funding has been allocated to replace and repair sections of the park that have become cracked and damaged.

"This is a great local project that will make the space more user friendly for locals and visitors alike," Jared said.

GET INTO THE GREAT OUTDOORS

The Boondall Wetlands Environment Centre is offering a Discovery Walk in the Wetlands guided walk on Saturday, 11 September from 10am to 11.30am. This is your chance to take a guided tour of the wetlands, learning about our amazing local flora and fauna. All children must be accompanied by an adult, and participants are asked to please bring drinking water and a snack.

This event is free, but bookings are a must. To book, search for the event at www.eventbrite.com.au The walk will start at the Boondall Wetlands Environment Centre, at 31 Paperbark Drive, Boondall.

Would you like to contribute to Bramble Bites?

Is there something happening in the 4017 community you'd like to share? What are you talking about on social media or at the school gate? Email Brooke to be included in the next Bramble Bites at bites@sandgateguide.com.au



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CRIME NEWS

Although Sandgate has come out of lockdown, crime continues to occur in the area. It has never been more important than now to secure your personal possessions.

When you next go shopping, think about how secure your personal items are, and refrain from doing the following:

- Carrying large amounts of cash on you.
- Lending your mobile phone someone to make a call on it.
- Leaving handbags or personal items in your shopping trolley.

Consider using a Radio Frequency Intercepting Device (RFID) to block another person from using a scanning tool to extract your money by

accessing the details on the chip of your credit or debit card.

Carry your money and credit cards separately from your bag (use a pocket or money belt).

Consider the type of bag you use and how you should carry it in order to make it harder for the thief to take it from you. Use a small bag with a zip and hold it close to and in front of you.

Opportunistic thieves will in some circumstances demand a victim to hand over items to them. If you are alone at night, wait in well-lit areas and, if possible, near other people.

Seniors, like everyone else, have the right to feel safe at all times. Research shows that those who appear confident and take security precautions are less likely to be victims of crime.

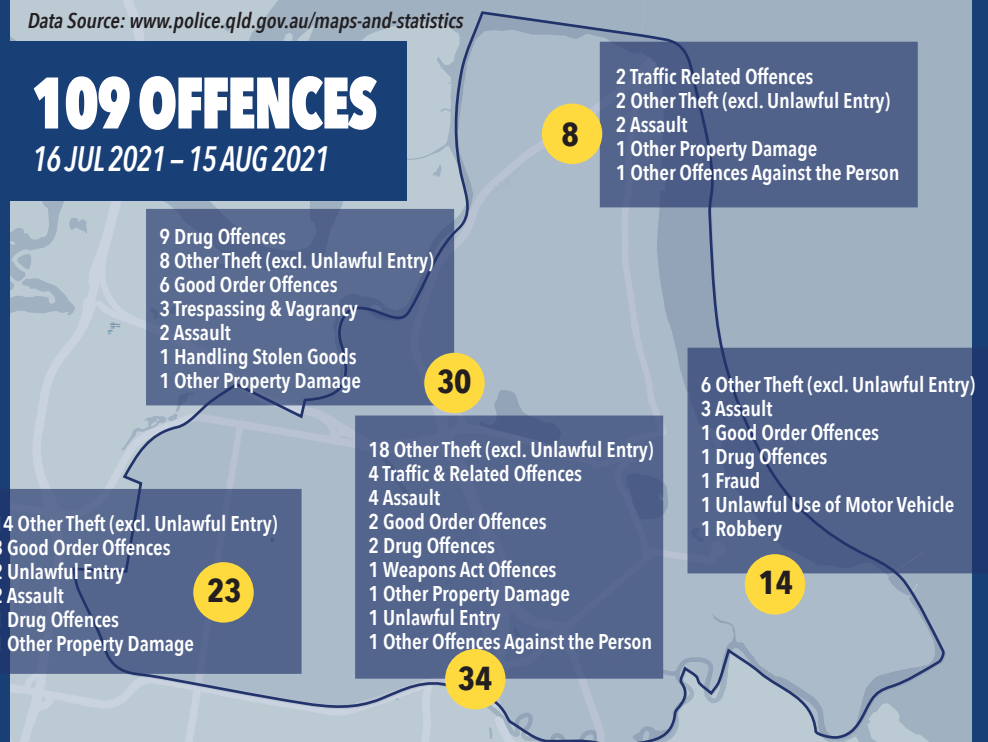


Senior Constable
Victoria Christensen

Data Source: www.police.qld.gov.au/maps-and-statistics

109 OFFENCES

16 JUL 2021 – 15 AUG 2021





WINE, DINE, PAINT AND CREATE

Story *Alyssa Mackay*

Enjoy a meal and drink while you create your very own masterpiece at a series of new art classes hosted by Sip 'n' Dip.

Regional operator for Sip 'n' Dip Brisbane North, Katie O'Brien, said classes began at the Brighton Hotel last month.

"We're bringing day and night classes to the Brighton Hotel to provide ample opportunity and selection for the local community," Katie said.

"Our day events consist of Learn to Paint classes with themes that focus on the scenic sights of the community. Our evening events offer a variety of resin, alcohol ink and Learn to Paint classes."

This month participants can try their hand at painting a moonlit lake, sunset and seascape, or create a set of resin cork coasters.

Katie said the classes catered to everyone.

"Even if you're not crafty, we offer expertise from our teachers and an environment of fun," she said.

Ticket prices include step-by-step guidance, art supplies, and a meal and drink package.

"Our venues often create a menu that is inclusive and affordably priced for our guests," Katie said. "Our focus is to provide an experience that is accessible to the everyday person and to bring art to the community."

For more information and to a book a session, go to www.sipndipbrisbanenorth.com.au

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STRING MUSICIANS REACH NEW HEIGHTS WITH SOAR

Looking for a Father's Day present to tug at Dad's heartstrings?

Cadenza Chamber Players return to Sandgate Town Hall this month with SOAR, a performance of moving, musical masterpieces from the string repertoire.

Artistic director and conductor Lucas D. Lynch said the title SOAR was chosen because it exemplified what the string section of an orchestra could do.

"This is a strings-only concert and the repertoire written for a string orchestra offers a wide variety of colour and musical options," Lucas said.

"When I spend time programming pieces for a

concert, I love to incorporate beloved works and works that have extreme emotions. Two pieces particularly stand out in this concert -- Barber's Adagio for Strings, which is up there as one of the most beautiful and heartbreaking pieces of music ever written. By complete contrast is the horrifying suite from Hitchcock's Psycho by Bernard Herrmann, which makes you never want to have a shower ever again!"

SOAR also features the world premiere of Sentiment for Strings, written by violinist and composer Jordan Hall.

Lucas said he loved Sandgate audiences.

"They are very appreciative of all types of music and have a special affinity towards the classical style. They are very supportive of young and passionate musicians."

**Tickets start at \$35.50 and can be purchased
at www.cadenzachamberplayers.com**

SOAR

**Sunday, 5 September, 3pm
Sandgate Town Hall**



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More Vaccines for Locals

Getting vaccinated is Sandgate's best defence against COVID-19 and to stop future lockdowns from being necessary.

There are 113 South-East Queensland community pharmacies that have now received AstraZeneca supplies from the Queensland Government, equipping them for COVID-19 vaccinations.

Member for Sandgate Stirling Hinchliffe said that following the August lockdown, there was a surge of locals seeking the vaccine.

"There are more eligible people coming forward to get vaccinated and this extra supply to our community's pharmacies will help to meet this growing demand," Stirling said.

There are two local pharmacies in 4017 which now offer vaccinations. These are: FriendlyCare Pharmacy on Hancock Street, Sandgate; and Good Price Pharmacy Warehouse on Braun Street, Deagon.

For more information visit covid19.qld.gov.au or call 13 42 68.

Father's Day Storytime

The Bracken Ridge Library will host a special Storytime on Saturday, 4 September from 10.30am - 12pm, with a focus on celebrating Father's Day. Children will also get to make a card. This is ideal for children aged 2-7 years. Bookings required. Phone Bracken Ridge Library on 3667 6060.

Australian Reading Hour

Australian Reading Hour is encouraging all Australians across the country to pick up a book and read for one hour on your own or with the children in your life. Take the opportunity to drop into your local library and pick up a great read. Take the time to learn, escape and relax and celebrate the benefits of reading. At Bracken Ridge Library, you can retreat into our special cosy reading room on the day, and we'll even give you an exclusive badge to take home to show off your reading chops. Ideal for all ages. Tuesday, 14 September, 10am-8pm

Music BY THE SEA

Eishan Ensemble



Story *Donna Phillips*

► September: Riley Lee (shakuhachi) and Takako Nishibori (koto)

Shakuhachi master Riley Lee said, "After over a year of virtually no live performances, I am looking forward, more than I can express, to performing in this Music By The Sea event."

Hear Riley perform on the shakuhachi (bamboo flute) together with Takako Nishibori on the koto, a stringed instrument she has spent many years studying with grand masters.

Riley Lee and Takako Nishibori

Postponed: New Date To Be Confirmed

Sandgate Town Hall

Book online: www.musicbythesea.com.au

► October: Eishan Ensemble

Middle Eastern jazz fusion comes to Sandgate with an 'on-tour' performance by Eishan Ensemble (Sydney), on 2 October.

If the beating heart of Persian music and the deep soul of jazz appeal to your musical senses, this experience may be just the ticket.

Persian-Australian composer and tar player Hamed Sadeghi, saxophonist Michael Avgenicos, bassist Elsen Price, and percussionist Adem Yilmaz are delighted to introduce you to

what the group describes as their "new language of music".

Like the beautiful Persian rose, this blend of two distinct genres is a symbol of something that unites people. And like the perfume maker, whose craft is in the mixing, Hamed said, "The most obvious common ground here is improvisation, then repetition. And it represents the emotion, feelings – sadness and happiness that you pour into your music."

Hamed said eastern music and jazz were opposites. "Jazz is vertical. They have sections of small pieces, and every section might have a different chord or feeling," he said.

"Middle Eastern music is horizontal. There's no harmony. The beauty is how you form your phrases. As long as we know where the melody starts and how it finishes it can go on as long as you want. The feeling stays the same."

So, how does it work, this music with the scent of Persian rose, infused with jazz? "Your body understands it. Your soul understands it. You try to play empty headed. You become very present to the musician next to you. You never know what's going to happen. This is the reality of life. We're leveraging the message of life through improvisation," Hamed said.

Eishan Ensemble

Saturday, 2 October, 7.30pm

Sandgate Town Hall

Book online: www.musicbythesea.com.au



A collage of food images including cinnamon rolls, a salad, a coffee, and a sandwich. The text is overlaid on a white and green background.

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1 0423 1.41 1032 0.74 WE 1733 1.98		7 0359 0.38 0938 2.00 TU 1547 0.29 ● 2200 2.50		13 0123 1.80 0742 0.49 MO 1426 2.12 2100 0.79		19 0245 0.37 0826 1.92 SU 1429 0.37 2046 2.43		25 0544 0.42 1200 2.11 SA 1811 0.68 2354 1.83	
2 0025 0.87 0547 1.46 TH 1142 0.68 1832 2.10		8 0435 0.33 1020 2.08 WE 1630 0.29 2236 2.46		14 0230 1.61 0841 0.57 TU 1543 2.12 ● 2235 0.79		20 0324 0.34 0906 2.00 MO 1513 0.35 2124 2.39		26 0611 0.48 1236 2.07 SU 1850 0.79	
3 0118 0.74 0645 1.57 FR 1241 0.59 1920 2.23		9 0511 0.30 1102 2.14 TH 1714 0.34 2314 2.37		15 0400 1.51 1000 0.62 WE 1703 2.17		21 0358 0.34 0943 2.06 TU 1551 0.38 ○ 2157 2.33		27 0026 1.67 0643 0.58 MO 1318 2.00 1937 0.89	
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5 0243 0.53 0815 1.80 SU 1419 0.39 2044 2.43		11 0620 0.34 1232 2.17 SA 1847 0.56		17 0109 0.55 0644 1.67 FR 1238 0.51 1915 2.37		23 0454 0.36 1052 2.13 TH 1701 0.50 2257 2.12		29 0205 1.39 0817 0.78 WE 1520 1.90 ● 2218 0.95	
6 0321 0.45 0857 1.91 MO 1503 0.32 2122 2.48		12 0033 2.01 0657 0.40 SU 1324 2.15 1945 0.70		18 0201 0.44 0739 1.81 SA 1338 0.42 2004 2.42		24 0518 0.38 1125 2.13 FR 1736 0.59 2325 1.98		30 0343 1.35 0937 0.82 TH 1640 1.94 2344 0.85	

FISH OF THE MONTH

Eagle Rays

Eagle rays seen in Bramble Bay.

Story **Peter Hansler**

Often confused with a manta ray, the eagle ray is similar to a stingray except that their head has a snout a bit like an eagle's beak. However, their spine can still inflict damage if they are handled incorrectly.

Eagle rays can grow up to 3m across the wingspan and can potentially weigh over 200kg. They are active swimmers, and do not lie still on the seafloor. They are usually seen performing acrobatic jumps, with some people believing they jump due to either being chased by sharks, just to shake off parasites, or in the case of females, escape from unwanted male attention in breeding season. Still, harmless unless handled, they are foraging predators and are known to eat a variety of invertebrates and fish.

Around Bramble Bay and Redcliffe Peninsula, I have seen many spotted eagle rays and southern eagle rays, getting some fantastic drone footage when the water is clear. The accompanied pictures are in Bramble Bay on the Sandate/Brighton Foreshore.

Peter Hansler is a local fish enthusiast. He can be contacted on phansler@hotmail.com. Or visit rainbowrunner.ausfish.com.au.



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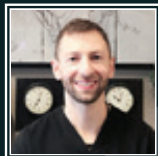


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Beyond Sandgate



LUXURY CAMPING AT LAMINGTON

Story **Jenn Carrington**

Photo *courtesy Nightfall Wilderness Park*

Forget the dust and damper, and be prepared for champagne and canapés, because when you mix camping and glamour, you get glamping, a luxurious way to experience the Australian countryside.

Nightfall Wilderness Camp manager and host Jaide Adermann said she and her partner Steve hoped every visitor to their park experienced the romance of coming off the beaten track to the Australian wilderness.

"Our air is fresh and clean, our mountain-stream water is pure and a lot of our food is homegrown," Jaide said. "Life is simple – in sync with the seasons, the environment, the wildlife and our close-knit community of like-minded folk.

"Nightfall really is a culmination of our vision to touch the earth lightly while creating a genuinely sustainable business."

Situated on 257 acres, Nightfall Wilderness Park uses only five acres for their four Safari eco-tents, catering for couples.

Operating since 2013, the park was specifically designed and landscaped for privacy, with each tent designed and built on site. They are exclusive to Nightfall, and use nano-technology canvas and sustainable materials.

"We take great pride in using non-toxic material wherever possible. Everything is done with our planet and environment in mind including our guests' health," Jaide said.

"Being on the edge of world heritage Lamington National Park and adjoining Christmas Creek, we are surrounded by an amazing local community that we consider, and as such all events held here are only for under 20 people. It's a relatively



untouched pocket of forest that we want to respect and leave as little a carbon footprint as possible."

Jaide said glamping at Nightfall is fully catered, another feature that sets it apart from other glamping sites.

"We provide all drinks, food and snacks. It's all organic, a lot is grown on site, locally sourced and specifically tailored to our guests' needs."

Nightfall also offers massage, facials, yoga, swimming in the crystal-clear creeks, private dining, backpacker picnics, bird watching, guided walks and hiking.

"Of course you can do as much or as little as you choose during your stay, and as hosts we delight in unobtrusively ensuring your every need is met."

With glamping peaking in popularity, Nightfall is fully booked well into 2022. If you would like to spend an evening star gazing with a glass of wine around the fire, whilst the Nightfall staff prepare their signature fire-cooked cuisine, you will need to plan well ahead for this enchanting and romantic getaway.

For more information go to nightfall.com.au, email steve@nightfall.com.au, or call 5544 8070.

HISTORY

THE SANDGATE RAILWAY

Steam engine; Sandgate station

Story Hellen White

The railway to Sandgate was built in 1882, so that the growing population of Brisbane could get to its favourite seaside township.

Sandgate was a popular destination, and as the number of day-trippers increased, locals lobbied for increased services. In April 1883, a committee was set up to urge the Minister for Works to extend the railway a short distance. Initially rejected, in 1889 funds were made available. In August 1896, the route was finally pegged.

On 1 May 1897, the extension of the Sandgate railway line from the old station to Shorncliffe was opened without fanfare, attended by the Railway Commissioner, his Deputy and the Chief Engineer. The new station was called Sandgate, while the old terminus station was renamed Sandgate Central.

The station design, by Queensland Railway's architect Henrik Hansen, was an adaptation of a standard design, with a larger waiting area to accommodate more visitors.

Close to the popular Sandgate Pier, the new station made seaside excursions easier. In 1899, the Swanbank Colliery's annual seaside trip saw over 400 workers and their families on board, with an additional engine needed. Picnickers headed for the beach beside the pier for games, concerts and speeches in the foreshore park. Dances at the town hall (then in Pier Avenue) added to the outing.

Many other companies, clubs and schools enjoyed similar excursions in the late nineteenth and early-mid twentieth centuries. On public holidays, record numbers flocked to Sandgate, and the town could not accommodate everyone who wanted to stay there.

Additions were made over the years – footbridge, parcel office, verandah. In 1938, the name of the station was changed from Sandgate to Shorncliffe, while Sandgate Central station became just Sandgate. This was done to avoid confusion, despite opposition from locals.

World War II broke out the following year. In 1941, after the bombing of Pearl Harbour, northern Australia was particularly at risk and air raid precautions were rapidly organised. Queensland's Premier William Smith ordered the construction of public air raid shelters. By March 1942, Queensland Railways had built shelters at larger stations, suburban commuter stations and stations with refreshment rooms. One was constructed at Shorncliffe for the protection of patrons and staff.

In 1945, air raid shelters were reused as bus shelters in metropolitan Brisbane, and the Shorncliffe station concrete shelter was converted to a men's toilet in the 1950s.

Shorncliffe Station is now a unique bayside suburban station, with the only surviving reinforced concrete railway air raid shelter in Brisbane.

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MAKE A SPLASH THESE SCHOOL HOLIDAYS

Get ready to take the plunge these school holidays when popular water park Aquasplash reopens with some exciting changes.

The Pelican Park site opens its gates on 18 September and promises to be even better than before, with plenty of new obstacles to tackle.

Business development manager Matt Devine said Aquasplash had massive plans for the site in the upcoming season.

"The park has never been this big before, and it is at least 100 per cent bigger than last year," Matt said.

"We have a range of new obstacles including, but not limited to, our very own Wipe Out balls challenge not seen at any water park in the country. The Beast is by far the largest on-water inflatable in Australia. It is a four-lane slide and it is awesome. Then there's The Lobster. Wait until you see that in the water."

Aquasplash has undercover seating for up to 250 people, and a new grandstand viewing area in front of the park.

Matt said all of the improvements had been made in response to community feedback.

"Aquasplash has been a great success over the past three years, and we will make it an even

bigger success during the next three," he said. "We want the site to be all it can be."

The improvements mean the park will be able to cater for parties, school events and end-of-year functions.

"We want to be a birthday party destination for Brisbane," Matt said. "So with any party booking over ten people, we have included exclusive use of your own undercover seating area and a four-burner BBQ for sausages and burgers."

Suitable for ages five and older, the park can be enjoyed by the whole family. Matt said there were many reasons families loved Aquasplash.

"Spending time together in the outdoors, exercising, and challenging themselves and each other to step out of their comfort zone," he said.

Matt said Moreton Bay Regional Council had been a close partner in the development of the Pelican Park site.

"Without their support, this would not be possible," he said.

Aquasplash will be open every day from 9am to 5pm. For more information or to purchase tickets go to www.aquasplash.com.au and follow Aquasplash on Facebook for giveaways and competitions.



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SANDGATE'S RENOVATION BOOM

A Local Builder's Tips for Homeowners

Story **Kelly Walker**

It only takes a short drive around Shorncliffe, Sandgate and Brighton to see that the construction industry is thriving. However for many local builders, this latest boom has come as a bit of a surprise.

Dane Watson, owner of Renew Builders, said the last year had been unlike any other.

"When COVID hit, I was sure that the construction industry was going to slow down or stop," Dane said. "To our surprise, it actually went in the opposite direction and has been one of the biggest construction booms in years."

While this growth spurt has sparked new confidence in homeowners, it hasn't come without challenges.

"The demand for materials has become so fierce that what used to arrive within three

days can now take up to three months," Dane said. "This just means that as builders, we have to be incredibly organized and very upfront with our clients about lead times and setting practical expectations."

Dane stressed that planning well in advance and being realistic about your budget was still the biggest factor in making your renovation a success.

"I always tell clients not to skimp on the planning process," said Dane. "It is highly advantageous for the client to have a designer and builder work in tandem so that plans can be drawn accurately, realistically and within the scope of the client's budget."

As a longtime Sandgate resident, Dane takes great pride in helping clients achieve their renovation goals – particularly when they're able to maintain the character and charm that our area is known for.

"I've lived in Sandgate since I was two years old and grew up seeing my father build and renovate homes here," said Dane. "I know that new homes have their purpose, but it's nice to see many families choosing to restore, extend or renovate when they can."

With an optimistic outlook for the building industry in Sandgate, Dane is looking forward to helping more families transform their homes. "For me, the best part about this industry is the relationships I build along the way," Dane said. "I see the future of 4017 to be very promising."



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